

108 學年度大華中學

閱讀心得優良作品集

悅讀
Reading

手繪插畫 王淑華

圖書館暨語文領域教學研究會 編印



悅讀

閱讀

中英文合輯

108 學年度大華中學閱讀心得優良作品集



Reading

*Reading fills us with joy, and
joy comes from reading.*

優良作品集

Ta Hwa High School

Ta Hwa High School

Ta Hwa High School

Ta Hwa High School

一種習慣成就一種力量

校長 張佩瑜

常和孩子們分享，在學生時代「讀書」、「考試」、「做學問」是三件不同的事，不經過定義思考，很容易混淆。提醒同學，定義不同，執行的方法也會有所不同，因此要思考什麼是「閱讀」？我想閱讀是一種通過和書本溝通的方式來學習的過程，透過閱讀審視問題、解決問題、思考人生、探索世界，建立了人生觀、世界觀。也因此英國哲學家培根曾說過：「閱讀並非為了辯駁，也不是為了輕信與盲從，而是為了思考與權衡。」因之閱讀能夠涵養能力，如果成為一種習慣，就會成就向上改變的力量。

約在 2014 年有篇〈德式閱讀的力量：一種習慣，改變一個民族〉的文章，以數據顯示德國在有系統的策略行動下，結合社會資源的推動，養成國人普遍的閱讀習慣。德國重視閱讀，成就了德國人文化覺知的能力，如果這是一種普遍存在的習慣，它的確改變並提升了一個民族。透過閱讀使人具備了整合判斷文書資訊進而解決問題，產生新知識，達到參與社會運作與貢獻社會的能力。在此番新冠病毒肆虐的防疫治療表現上，德國優異的成就，應是一項驗證。

學校教育發展，一切的根基即是閱讀素養的養成，閱讀使學習延伸且多元，閱讀和寫作相輔相成，是一體兩面的核心課程，是建構知識、成長智慧的根基。要提升閱讀素養，精煉寫作能力，不能只求改善學生認知技能，還要讓學生主動積極投入，內化成為習慣，因此閱讀及寫作推動需有系統及策略。在大華中學推動中英文閱讀與寫作所呈現的《悅讀》專刊，即是學校有系統、有計畫地展現語文教育及閱讀寫作的成果。當同學們將閱讀內化成為習慣，那將是提升自我的向上力量。

最後特別感謝國文科、英文科全體同仁積極參與閱讀寫作推動，出版優良刊物，成就大華學生閱讀習慣，透過閱讀，開闊視野，思考人生之路，涵養能力；透過寫作，分享經驗，展現文化覺知能力。我們堅信，一種習慣成就一種力量。

國文科閱讀心得優良作品集

得獎作品(1081015 期)：

那個時代的悲劇——永遠的 0	二年忠班 / 翁 羽.....1
白色恐怖下的思念	二年忠班 / 李妍萱.....3
找死專賣店 閱讀心得	一年忠班 / 張可欣.....5
沒有電視的年代：阿公阿嬤的生活娛樂史	二年勤班 / 黃煜晏.....7
飢餓遊戲讀書心得	一年勤班 / 饒欣倚.....9
偷書賊閱讀心得	一年勤班 / 卓 悅.....12
我決定我是誰	一年忠班 / 顏希純.....14

得獎作品(1090315 期)：

永駐挪威的森林	二年忠班 / 李妍菽.....17
生與死的課題-活著	二年忠班 / 翁 羽.....19
偷書賊	二年勤班 / 陳姿蓉.....21
如果天空知道讀書心得	一年忠班 / 饒欣倚.....23
悲慘世界閱讀心得	一年勤班 / 吳育衡.....26
雨樹之國	一年勤班 / 黃泓瑜.....28
悲慟的保存期限 讀後心得	一年忠班 / 侯馨恬.....30

讀書心得

妹妹的翅膀	一年仁班 / 徐子喬.....34
星空下的願望	一年仁班 / 陳幸竹.....35
情緒勒索	一年仁班 / 吳奕陞.....36
安妮的日記	一年仁班 / 施仁翔.....37
封神傳	一年義班 / 陳知妤.....38
奇蹟男孩	一年義班 / 吳禹謙.....39
亞森羅蘋—消失的王冠	一年義班 / 林承傲.....40
哈利波特—神秘的魔法石	一年義班 / 盧冠綸.....41
小人物大道理	一年禮班 / 張育睿.....42
小小媽咪的天空	一年禮班 / 紀俐安.....43
小婦人	一年禮班 / 李宥宏.....44
環保一年不會死	一年禮班 / 葉秉修.....45
詩魂	一年智班 / 陳昱霖.....46
贏家	一年智班 / 溫羿閔.....47
找死專賣店	一年德班 / 王之佑.....48

辛德勒名單-木箱上的男孩	一年德班 / 古湘渝	49
莎士比亞悲劇故事精選	一年德班 / 陳頌喬	50
危險心靈	一年德班 / 葉庭妤	51
歌劇魅影	一年德班 / 羅凡媚	52
陌生人	一年德班 / 林文山	53
在天堂遇見的下一個人	二年仁班 / 吳佩姍	54
蒼蠅王	二年仁班 / 林子薰	55
佐賀的超級阿嬤	二年仁班 / 陳思妤	56
16 號橡皮筋	二年仁班 / 傅禹桐	57
Starting Over 重啟人生	二年仁班 / 湯恩慈	58
一日一修煉	二年義班 / 溫珮絜	59
不要讓未來的你 討厭現在的自己	二年義班 / 鄭宇婷	61
白色巨塔	二年義班 / 梁睿玗	62
狗狗的守護者	二年義班 / 陳詠甯	63
阿湯的拐杖	二年義班 / 劉以心	64
歌劇魅影	二年義班 / 趙卿呈	65
繁花將逝	二年義班 / 謝昀熹	66
小王子	二年禮班 / 孫禎筠	67
少女不畢業	二年禮班 / 張綵庭	68
貓戰士外傳四-曲星的承諾	二年禮班 / 楊心慧	69
老人與海	二年禮班 / 盤柏毅	70
我想吃掉你的胰臟	二年禮班 / 黃鈺婷	71
青春第二課	二年禮班 / 李孟珊	72
青春第二課	二年智班 / 潘泓翰	73
小王子	二年智班 / 何心妤	74
好朋友	二年智班 / 陳沁筠	76
奇蹟男孩	二年智班 / 傅芷萱	77
奇蹟男孩	二年智班 / 楊詠婷	78
下流青春	二年德班 / 溫宜蓁	79
我決定我是誰	二年德班 / 葉品亨	80
那個年代 這些惦記	二年德班 / 陳亮宇	81
然後，沒有你的九月來臨了	二年德班 / 黃稚薰	82
后宮如懿傳(全)	三年德班 / 李修齊	83
一公升の眼淚	一年忠班 / 卓悅	85
在咖啡冷掉之前	一年忠班 / 蔡仲寧	87
21 世紀的 21 堂課	一年忠班 / 侯馨恬	89

第十二的天使	一年忠班 / 徐穰芸 91
82 年生的金智英	一年忠班 / 黃敏慈 93
最後一次相遇我們只談喜悅	一年忠班 / 劉諺昀 94
墨水心	一年忠班 / 蔡雯筑 96
不會游泳的魚	一年勤班 / 米家蓁 98
貓戰士外傳之 V-黃牙的秘密	一年勤班 / 張可欣 99
摯野	一年勤班 / 許少芸 101
噬罪人	一年勤班 / 連文瑜 102
人生不設限：我那好得不像話的生命體驗	一年勤班 / 黃清悅 103
她只是個孩子	一年勤班 / 黃萱庭 105
19 歲的追夢藍圖：這 8 件事讓我上常春藤名校， 把自己打造成未來需要的人才！	一年勤班 / 鄭宇桐 107
1Q84(Book1+Book2)	二年忠班 / 李妍菽 109
二十四個比利	二年忠班 / 李妍萱 111
1Q84(Book1+Book2)	二年忠班 / 吳采容 113
聊齋誌異	二年忠班 / 黃翊凌 115
穿條紋衣的男孩	二年忠班 / 鄧渝蓁 116
這一生，至少當一次傻瓜	二年勤班 / 胡丞希 117
偷書賊	二年勤班 / 陳姿蓉 119
夢幻花	二年勤班 / 陳映蓁 121
天空的眼睛	二年勤班 / 王乙因 123
我的天才夢	二年勤班 / 古羽妘 125
三人要守密，兩人得死去	二年勤班 / 黃煜晏 127
漢娜的遺言	三年忠班 / 王如芬 128
遺憾收納員	三年忠班 / 易子榆 130
殖民地之旅	三年忠班 / 陳雪倫 132
大江大海一九四九	三年忠班 / 羅沛如 134
What if ?	三年勤班 / 柯兆陽 136
人魚沉睡的家	三年勤班 / 曾敬中 138
沒有色彩的多崎作和他的巡禮之年	三年勤班 / 畢延碩 140
莊子-以自在之心開發無限潛能	三年勤班 / 劉 樺 142
詭辯	三年勤班 / 饒孝梅 144

英文科閱讀心得優良作品集

指導老師 — 徐瑞鎂老師

Wonder	國中部 三年德班 / 李修齊	149
Tuesdays with Morrie	國中部 三年德班 / 陳姿元	151
Animal Farm	國中部 三年德班 / 鍾元浩	153
Charlotte's Web	國中部 三年德班 / 周家彤	154
Twilight	國中部 三年德班 / 黃稔容	155
The Invisible Man	國中部 三年德班 / 林緯甄	156
A Christmas Carol	國中部 三年德班 / 方珮潔	157
Les Misérables	國中部 三年德班 / 許有暢	158
The Tales From Arabian Nights	國中部 三年德班 / 鄧佩芸	160
The Call of the Wild	國中部 三年德班 / 王小洋	161
A Christmas Carol	國中部 三年德班 / 陳羽貞	162
The Strange Case of Doctor Jekyll and Mr. Hyde	高中部 一年勤班 / 鄭宇桐	164
The Fourteenth Goldfish	高中部 一年忠班 / 鄭凱薰	166
A Midsummer Night's Dream	高中部 一年勤班 / 侯馨恬	167
Charlotte's Web	高中部 一年忠班 / 徐穰芸	168
The Pied Piper of Hamelin	高中部 一年勤班 / 黃泓瑜	170
The Old Man and the Sea	高中部 一年勤班 / 張鈞皓	171
The Shining	高中部 一年勤班 / 陳彥廷	172
The Little Prince	高中部 一年忠班 / 劉諺昀	173
Inkheart	高中部 一年忠班 / 蔡雯竺	174
Fahrenheit 451	高中部 一年忠班 / 蔡仲寧	175
The Kite Runner	高中部 一年忠班 / 顏希純	176
The Omega Files	高中部 一年忠班 / 許芳溶	177
Pride and Prejudice	高中部 一年忠班 / 饒欣倚	178
The Catcher in the Rye	高中部 二年忠班 / 李妍菽	180
The Minds of Billy Milligan	高中部 二年忠班 / 李妍萱	181
Anne of Green Gables	高中部 二年勤班 / 陳姿蓉	182
Jane Eyre	高中部 二年勤班 / 陳凱莉	183
Demian: The Story of Emil Sinclair's Youth	高中部 二年勤班 / 王乙因	184
The Catcher in the Rye	高中部 二年忠班 / 沈芳鈺	185
Thirteen Reasons Why	高中部 二年忠班 / 翁羽	186
The Danish Girl	高中部 二年忠班 / 張祐翔	187
The Catcher In The Rye	高中部 二年忠班 / 林品妤	188
The Secret Garden	高中部 二年勤班 / 陳映蓁	189
The Secret Garden	高中部 二年勤班 / 陳琳薇	190
Joker	高中部 二年勤班 / 范紫芸	191

Rewind	高中部 二年勤班 / 游柏成	192
The Examined Life – How We Lose and Find Ourselves	高中部 二年勤班 / 黃煜晏	193
The Wizard of Oz	高中部 二年勤班 / 陳苡軒	194
Black City	高中部 二年勤班 / 徐瑋成	195

指導老師 – 陳玟君老師

Of Mice and Men	高中部 二年忠班 / 吳采容	197
The Monkey's Paw	高中部 二年勤班 / 胡立武	198

指導老師 – 晏其方老師

Little Women	國中部 一年德班 / 王之佑	200
Harry Potter and the Chamber of Secrets	國中部 一年德班 / 田宏寬	201
British Life	國中部 一年德班 / 陳頌喬	202
Ring of Bright Water	國中部 一年德班 / 邱于恩	203
Alice in Wonderland	國中部 一年德班 / 方弈樂	204
Grandpa's Great Escape	國中部 一年德班 / 王凱同	205
The Knight at Dawn	國中部 一年德班 / 林守一	206
The Sheep-Pig	國中部 一年德班 / 倪珮瑀	207
Dragon Heart	國中部 一年德班 / 徐志衡	208
Frankenstein	國中部 一年德班 / 陳慶宇	209
A Christmas Carol	國中部 一年德班 / 黃柏榮	210
The Most Beautiful Heart	國中部 一年德班 / 羅凡媚	211

指導老師 – 羅曉筠老師

Biography of the World: The Father of Music-Baha	國中部 一年仁班 / 陳昱安	213
Warriors	國中部 一年仁班 / 劉宥辰	214
Sand and Stone	國中部 一年仁班 / 施仁翔	215
Sand and Stone	國中部 一年仁班 / 吳奕陞	216
Chinese New Year's Eve Reunion Dinner	國中部 二年仁班 / 謝程皓	217
Manners Around The World	國中部 二年義班 / 劉以心	218
The Road Less Traveled	國中部 二年義班 / 蕭優里	219
60 Days Without My Smartphone	國中部 二年禮班 / 胡立宏	220
Manners Around the World	國中部 二年義班 / 謝昀熹	221
60 Days Without My Smartphone	國中部 二年義班 / 吳承諺	222
DuckDuckGo.com	國中部 二年義班 / 黃泰翔	223
Make Your Dream Come True Day	國中部 二年禮班 / 李孟珊	224
60 Days Without My Smartphone	國中部 二年禮班 / 范峻瑜	225
The Road Less Traveled	國中部 二年禮班 / 林悅齊	226
Chinese New Year's Eve Reunion Dinner	國中部 二年禮班 / 楊心慧	227
60 Days Without My Smartphone	國中部 二年禮班 / 盤柏毅	228

Tidying Up 國中部 二年禮班 / 李宜庭 229

指導老師 — 李以英老師

Daddy Monster Monster Daddy	國中部 一年仁班 / 林怡玟 231
Sand and Stone	國中部 一年智班 / 張涵雅 232
The Three Little Wolves and the Big Bad Pig	國中部 一年智班 / 陳宇宏 233
Tangled	國中部 一年智班 / 陳璇甯 234
Percy Jackson	國中部 一年智班 / 黃靖恩 235
Little Red Riding Hood	國中部 一年智班 / 張景翔 236
Aladdin	國中部 一年智班 / 楊欣庭 237
Sand and Stone	國中部 一年智班 / 徐家立 238
Animal Farm	國中部 一年智班 / 林義儒 239
Let's Make Dumplings!	國中部 二年仁班 / 廖肯立 240
Let's Make Dumplings!	國中部 二年仁班 / 謝宇哲 241
Are Mice Nice?	國中部 二年仁班 / 周乾元 242
Make Your Dreams Come True Day	國中部 二年仁班 / 沈昀臻 243
60 Days Without My Smartphone	國中部 二年義班 / 劉彥辰 244
Tidying Up	國中部 二年德班 / 王予慈 245
Why Do We Say It ?	國中部 二年德班 / 鍾雨彤 246
60 Days Without My Smartphone	國中部 二年德班 / 王蓁言 247
Tidying Up	國中部 二年德班 / 游峻愷 248
60 Days Without My Smartphone	國中部 二年德班 / 黃稚薰 249
Tidying Up	國中部 二年德班 / 黃予孜 250
60 Days Without My Smartphone	國中部 二年德班 / 溫宜蓁 251

指導老師 — 張心怡老師

African Giant Frog 國中部 二年智班 / 徐生達 253

指導老師 — 許晃銓老師

60 Days Without My Smartphone	國中部 二年智班 / 陳沁筠 255
60 Days Without My Smartphone	國中部 二年智班 / 傅芷萱 256
60 Days without My Smartphone	國中部 二年智班 / 楊詠婷 257
60 Days Without My Smartphone	高中部 一年忠班 / 吳芸瑄 258
Coco Gauff: Tennis's Next Superstar?	高中部 一年忠班 / 陳敏瑄 259
Ice-making Submarines?	高中部 一年忠班 / 江彩灃 261
Alternatives to Plastic Straws	高中部 一年忠班 / 馮子維 262
The Secret Garden	高中部 一年勤班 / 吳侑霖 263
Iguazu National Park	高中部 一年勤班 / 曾金翎 264
Muhammad Yunus: Banker to the Poor	高中部 一年勤班 / 古沛民 265
60 Days Without My Smartphone	高中部 一年勤班 / 徐得順 266

優良作品集

Ta Hwa High School

Ta Hwa High School

Ta Hwa High School

Ta Hwa High School

悅讀

閱讀

中文精選

108 學年度大華中學閱讀心得優良作品集



Reading

*Reading fills us with joy, and
joy comes from reading.*

優良作品集

中學生網站
108學年度

全國高級中等學校
閱讀心得寫作比賽

1081015 期

Ta Hwa High School

Ta Hwa High School

Ta Hwa High School

Ta Hwa High School

那個時代的悲劇——永遠的 0

學校名稱：私立大華高中

年 級：二年級

班 級：忠班

科 別：

名 次：優等

作 者：翁羽

書籍 ISBN：9789866000898

中文書名：永遠的 0

原文書名：永遠の 0

書籍作者：百田尚樹

出版單位：春天出版社

出版年月：2013 年 11 月 6 日

版 次：初版

一、圖書作者與內容簡介：

百田尚樹是日本編劇作家。

男主角佐伯健太郎因司法考試落榜，某天被姊姊強迫調查關於他們的親外公—宮部久藏，佐伯健太郎因而去拜訪外公的戰友。有人說他是膽小鬼，也有人說他是天才戰鬥機駕駛者，更有人說他是偉人。但不可否認的是，他深愛著妻子和孩子，並迫切的希望回到他們身邊。這樣一個深愛家庭的人，怎麼會自願加入神風特攻隊呢？真相浮出水面後卻讓佐伯健太郎和姊姊經歷前所未有的衝擊，也從此讓他們決定繼續朝未來努力。

二、內容摘錄：

1. 「他沒有說愛，話說回來，我們這個年紀的人，很少有人會把愛掛在嘴上。宮部也一樣，他說，為了妻子，他不想死。」我點了點頭。伊藤繼續說：「在我們的世代，這句話就代表了愛。」(p.84)
2. 死很容易，活下去才更需要勇氣。(P.241)
3. 在這片晴空之下，我努力的活著。(P.309)

三、我的觀點：

我認為作者把宮部久藏這個角色塑造成一個很「複雜」的形象。

在旁人的眼裡，他是懦弱的。懦弱的不敢犧牲、不敢為國家奉獻、不敢赴死。但是，倘若他是一位懦弱的人，為何要來蹚第二次大戰的渾水呢？他大可不顧一切，安全的待在妻兒身邊，為什麼要參軍呢？在我看來，他並不懦弱，相反的，他很英勇。明明知道去了之後有可能回不來，卻依舊義無反顧地加入軍隊，為的只是保家衛國。內心想必是經過無數次的掙扎才做出這個決定。

在戰友眼裡，他是偉大而值得尊敬的。由於當時日本不斷催眠國民：為國家犧牲奉獻是榮耀的、是值得驕傲的。許多青年一頭熱的就參軍，甚至自願送死。然而，這種舉動，何嘗不是一種不負責任的行為？故事很前面就能知道，宮部久藏想要活著的原因，其實就是要回到他妻子跟女兒的身邊，然而他並不是只想要自己活著回去而已，他同樣的關心他的戰友以及學生，總是處處為他們著想，想盡辦法讓他們能夠活下去。是宮部久藏教會他們家人的可貴，點燃他們想一起活下去的信念。

在我眼裡，宮部久藏是勇敢的。他勇敢地作出參軍的選擇，勇敢堅持自己的理念，勇敢地想著活下去。其實我看到中間的時候一度很不解，一個如此愛自己生命的人，怎麼會自願參加必死無疑的神風特攻隊？後來，讀得越來越後面，才知道，原來是逼不得已的。身為所剩無幾的軍人，他們早已沒有選擇權。神風特攻隊的目的是要打進敵方的基地，需要高超技巧才能成功闖入。不知道該說宮部久藏是幸運還是不幸運。他對操控戰鬥機的天賦，讓他一路存活到現在。然而，正是因為這技能，讓他踏上一趟必死的爭鬥。其實他是有機會活下來的。在六輛戰鬥機中，有一輛引擎損壞，就是宮部久藏的那輛。通常這種情況，飛機可以選擇迫降，然而他卻選擇把它讓給一位曾經救過他一命的學生兵一大石，並告知他如果他成功倖存，請好好照顧他的家人。這位戰友一大石就是佐伯健太郎現在的外公。大石一直守著他對宮部久藏的承諾，不過這之中當然也有者他對松乃的愛意。大石的一生是宮部久藏的性命換來的，而他也用一生來感謝他。

讀到這裡，我鼻頭一酸。情景歷歷在目，我彷彿能看到那個場景、彷彿能看到宮部久藏眼裡的情緒。他釋懷了，關於生死、關於戰爭、關於這個世界。宮部久藏無疑是深愛著他的妻女，但也許是對於戰友的虧欠、身為長官的責任，因此把能夠活下去的機會，讓給了年輕有為的大石。就像書裡所說的：「死很容易，但活下去需要更大的勇氣！」宮部久藏就是那個比誰都勇敢的人。

「在這片晴空之下，我努力的活著。……」

四、討論議題：

當信念與社會衝突時，是否還要堅持己見？

白色恐怖下的思念

學校名稱：私立大華高中

年 級：二年級

班 級：忠班

科 別：

名 次：甲等

作 者：李妍萱

書籍 ISBN：9789869109345

中文書名：無法送達的遺書：記那些在恐怖時代失落的人

原文書名：

書籍作者：呂蒼一 / 林易澄 / 胡淑雯 / 陳宗延 / 楊美紅 / 羅毓嘉

出版單位：衛城

出版年月：2015 年 3 月 6 日

版 次：初版三刷

一、圖書作者與內容簡介：

本書陳述了許多在白色恐怖的威脅下被判死刑的受難者的故事及他們生前留給家人最後的遺書。看似呆板無聊的歷史事件藉由書中各個主角的遺書內容及自身故事的描述下引人入勝，讓人對原本在歷史課本上一讀再讀的二二八事件有了全新的思考及認知。

二、內容摘錄：

1. 許多事情都遺忘了，許多人又想努力記得，但「遺忘」與「記憶」彼此交錯下，能夠勾勒出的張張面容，卻又如此不同。---p. 185

2. 關於種種揣測、恐懼甚或憐憫，窸窣窸窣的細碎聲，如遠處田間悶燒的甘草，飛出點點星火，隨即消逝在蒼涼的大地上。---p. 243

3. 「真實總是逃離語言。各種色彩匯集之處會在視網膜留下白光，那張白紙不是什麼都沒有寫，而是要容納整個時代的種種，就必須認識到那份空白。」---p. 43

三、我的觀點：

「各位同學知道什麼是白色恐怖時期嗎？」站在講台前比手畫腳講得口沫橫飛的歷史老師向我們拋出了這樣的一個問題。相信白色恐怖時期對許多現代人來說，唯一的印象就是歷史課本上白紙黑字印得清清楚楚的事件，因為考試會考所以才勉強背下來的一個名詞吧。或許對於大部分的人來說那只不過是個考題的重點，但對曾經真正生活在那個時期的耆老來說可就不是這麼一回事了。那是個他們不需要特別記下來，甚至希望永遠記不起來的恐怖時期，我們這種生活在民主社會下的人們想都無法想像當時的社會究竟有多麼嚴苛。

在看完本書後，讓我對課本已經看過無數次的名詞更加深入了解並產生了興趣，甚至，在閱讀到一半時我的淚水不受控制的潸然落下。為了追求一個更好的社會、為了推翻獨裁的政府下的暴政、為了促進全體人民的利益，他們選擇勇敢挺身而出，為自己而戰、為人民而戰，就算犧牲自我、做好最壞的打算，也要堅持自己的理想與信念，捍衛自己所堅持的理念。那我們呢？

生活在民主社會下的我們在看到社會下許多不公正的事件發生時是否願意鼓起勇氣，為了正義挺身而出？又或者是因為事不關己而選擇忽視？身為高中生的我們也可以從身邊發生的事件，如：霸凌等事情開始做起，勇敢站出來為那些深受霸凌之苦的同學們發聲，就是我們目前能力範圍內能做到最棒的事。

另外，這些看似熱血無畏的鐵漢們內心深處其實也擁有著柔情的一面。透過遺書的呈現讓我們了解到他們對家人的眷戀及不捨，讓人不禁感嘆世道的無情。其中一位受難者郭慶在寫給妻子的遺書中寫到了這樣的一句話：「一個人總是有一天要死的，請您們不要過份傷心吧！」這句話深深地觸動了我的心，雖然知道自己即將面臨到死亡的脅迫，但卻因為怕妻子擔心所以刻意以輕鬆的筆觸寫下了這句話，這是多麼令人痛徹心扉的情景。

我們只需要花一點時間便能輕易地找到本書，閱讀與遺書相關的內容，但令人驚訝的是：書中的每封遺書原本是差點永遠無法得見世人之日的，這類反叛人物的遺書內容，在當時獨裁政府思想禁錮的統治下萬萬不可被洩漏出去的，因此也讓受難者的家屬們延遲了六十年，才讓這些險些被世人遺忘的遺書重新回到家屬手裡，讓世人釐清真相。當然其中還不乏各路單位的聲援、請求及家屬忙碌的奔波於政府陳情等艱辛卻鮮為人知的過程。

這些遲了六十年的遺書讓我們充分了解到讀歷史是為了能讓人了解真相並引以為戒。雖然這些遺書已經平安的被送至家屬手裡，但曾經發生在受難者身上的事帶給人們的警惕與省思卻會永遠的延續下去……。

四、討論議題：

如果你是生活在白色恐怖下的人，你會選擇勇於挺身而出，還是追求平安度日？

找死專賣店 閱讀心得

學校名稱：私立大華高中

年 級：一年級

班 級：忠班

科 別：

名 次：特優

作 者：張可欣

書籍 ISBN：9789573325659

中文書名：找死專賣店：你的人生很失敗嗎？有了我們，你的死保證成功！

原文書名：Le Magasin des suicides

書籍作者：尚·德雷 Jean Teule

出版單位：皇冠

出版年月：2009 年 8 月

版 次：初版

一、圖書作者與內容簡介：

尚·得雷擁有插畫家、電視人等多重頭銜。本書是他在研究十九世紀的詩歌時，從書評中看到「自殺小店」的標題，因而啟發靈感。

祖傳十代的屠家老字號「找死專賣店」有口皆碑，以販賣自殺產品聞名。大兒子文森得了厭食症；二女兒瑪蓮每天都想一死百了。在一片愁雲慘霧中，卻因屠氏夫婦試用了一款有洞的保險套下改變了。天生樂觀的小兒子亞倫似乎是上天派來提振屠家人精神的天使，他一旦將此世界的負面情緒去除，就達成任務了。

二、內容摘錄：

(1) P143 人生就是這樣。它不會多也不會少！它或許不能盡如人意，但它好歹也盡力了。我們不該太苛求人生，更別說想結束它了，還不如多看看事情好的一面。

(2) P167 這個發現了新大陸的水手，是否有一天該把他套上鐐銬，扔進海裡呢？他小小的鼻頭指向天際，夢裡是亮麗燦爛的天堂。他是無聊荒漠中的綠洲。他的頭枕在一個合成纖維枕頭上，不時抿抿嘴唇，沉醉在夢中的一場故事裡。眼皮上的睫毛又細又長，如月兒般柔和，他一切的一切

都散發著一股與這個時代格格不入的希望。這孩子能讓別人對未來懷抱憧憬，他就如流水般單純，讓一切事物都洋溢著他無憂無慮的快樂。

三、我的觀點：

當我讀完這本書，感觸很深，因為書中世界似乎是處於二十二世紀，那時地球已無臭氧層，放眼望去，到處都是從高樓跳下來自殺的人們，而不是遍地的花草樹木。每個人都認為這世界無藥可救了。這時我就十分納悶了，會無藥可救，還不都是因為人類的大肆破壞與污染！覺得沒救的話，為甚麼不去積極的想辦法解決自己所造成的後果，而是一味地自怨自艾呢？因此處於二十一世紀的我們，應深刻思考該如何減輕地球的負擔並付諸行動。

我最喜歡也最欣賞書中的亞倫，總是正面地去想一件事。就比如說，當新聞主播在播報荷蘭的防波堤被海浪沖垮，現在從海岸線一路淹到布拉格時，他果斷認為事情一定很快就會解決，那些泥沙會清乾淨的！如果是我，會馬上覺得「哎呀！防波堤要重建一定會很麻煩！」、「那些遭殃的住家真倒楣！」……等負面想法。若是我身旁能有個像亞倫的人在，每天必能過得歡天喜地，毫無煩惱。

「人生就是這樣。它不會多也不會少！它或許不能盡如人意，但它好歹也盡力了。」這是整本書中，令我深思的一句話，同時也覺得很有道理。雖然我現在只是個普通的高中生，尚未真正體會到人生真正的辛酸，但透過此書，我理解了生命的可貴性以及不可回逆性。一旦決定、鼓起勇氣踏上自殺這條不歸路，無論是誰都無法左右的。

令我最印象深刻的是有一個矮小的男人自殺，於是老闆娘露詩就向他推薦亞倫和文森共同製造的面具，那男人一開始不斷取笑放置於他面前的面具，說很醜、很呆、沒有人會想要，最後笑到心肌梗塞而死亡。但殊不知面具上只黏了一面鏡子……不知怎的，莫名覺得很悲傷，同時也深思了一項議題。一個人若是只在乎外表，而不去充實內涵，那活在這世上又有何意義？因外表而不停被攻擊的斐銀貞說了：「當你不再傷害你自己，就沒有人能夠傷害你。外表決定一切，但你決定你自己。」我相當認同這句話，也期望普遍大眾能不以外表去判斷一個人。如果我出生在故事中的家庭，必定無法像亞倫一樣，當個陽光男孩。可是我能播放歡樂的音樂給家人聽，如同劇情裡的「撲嚕，撲嚕，塔啦啦！」之歌。《找死專賣店》可能是想告訴我們世界正在毀滅，人類須加緊腳步去保護地球。「人人為我，我為人人。」地球都如此慷慨地給我們居住了，那為何不好好回報它呢？

這是一本很令人深思、想不斷回味的小說，其創意自殺產品有趣到我都想體驗看看了！當然不是自殺。佛教徒認為自殺仍是殺生，是犯了大罪！不能逃脫罪孽和痛苦，會墮落地獄的！既然都出生在此世，又何不盡情享受世界的美好呢？

四、討論議題：

- (1)如何減緩臭氧層的耗損與破壞？
- (2)我為甚麼活著？我該怎樣活著？

沒有電視的年代：阿公阿嬤的生活娛樂史

學校名稱：私立大華高中

年 級：二年級

班 級：勤班

科 別：

名 次：優等

作 者：黃煜晏

書籍 ISBN：9789862620649

中文書名：沒有電視的年代：阿公阿嬤的生活娛樂史

原文書名：

書籍作者：林芬郁/沈佳姍/蔡惠頻

出版單位：貓頭鷹出版

出版年月：2012年03月09日

版 次：初版

一、圖書作者與內容簡介：

在那個保守的年代裡，喝咖啡屬於高級休閒，「要不要來去喝咖啡？」其實是男生邀請女生約會的通關密語。《沒有電視的年代》以民國五十一年台視開播為年代畫分點，將十篇主題：廣播、電影、雜誌報紙、歲時節慶、廟會祭典、歌仔戲、布袋戲、上咖啡館、打牌和郊遊遠足，以淺顯的文字，搭配多幀珍貴的影像，帶領讀者回到「沒有電視」的年代，了解阿公阿嬤當年沒有電視卻同樣充滿趣味的的生活！

二、內容摘錄：

每一個族群都有特殊的風土民情，形成獨特的人文特色。p3

更不知道有多少人是在牌桌上和親人完成了情感交流呢。p131

你是否還記得生平喝到的第一杯咖啡是什麼味道？

作家痞子蔡曾寫過一篇名叫〈愛爾蘭咖啡〉的小說，心儀的女生喝了加入眼淚的咖啡，就能喝出思念發酵的味道。P133

三、我的觀點：

龍應台曾說過：「幸福就是，尋常人兒依舊。在晚餐的燈下，一樣的人坐在一樣的位子上，講一樣的話題。年少的仍舊嘖嘖喳喳談自己的學校，年老的仍舊嘮嘮叨叨談自己的假牙。廚房裡一樣傳來煎魚的香味，客廳裡一樣響著聒噪的電視新聞。」但是，在沒有電視的年代裡，如何得到這樣的幸福呢？

每一個年代裡最美好、最令人難以忘懷的回憶，在下一代看來也許是微不足道甚至不起眼的，但透過字裡行間細細的描寫，我們才得知原來阿公阿嬤的年代，也有他們為其熱血青春瘋狂的一面！以前買不起唱片卻想聽音樂時組成的「唱片欣賞會」；抑或是為了看歌仔戲風雨無阻而組成的「椅子會」……。那些年輕時拋頭顱灑熱血只為了一件小事、一首歌曲，甚至一部戲曲而烙印下的瘋狂足跡，在現代人們眼中看似是一齣齣令人發笑的小鬧劇，但對阿公阿嬤來說卻是難能可貴的舞台劇！

以前沒有電視的年代，聽廣播、閱覽雜誌、逛唱片行、與親朋好友相聚打牌……都是生活中不可或缺的樂趣；現在有了液晶螢幕的年代，滑手機、看平板、拍照打卡、與親朋好友互通電話……彷彿都成了稀鬆平常的無聊事了。在科技一日千里、隨時間般飛馳地演化的時代，人們的演變卻是愈來愈缺少人際互動，甚至對親人朋友都疏於關切，取而代之的是網路平台上活躍及科技產品間的資訊流通。對比以前阿公阿嬤的年代，現在的我們有了琳瑯滿目的科技產物，甚至是出國遊學到玩樂都可以來去自如，不費吹灰之力。而我們的快樂與他們相較之下，是否真有如此不同的差異呢？

也許是；也許不是。

無論如何，在沒有電視的年代而發展出的「椅子會」抑或是「唱片欣賞會」；比擬在有了科技躍進下的「音樂會直播」或「演唱會即時新聞轉播」，他們存在的價值與定義都是不可否認且一致的——為人們的生活增添娛樂！自古至今，娛樂的事物自始至終都存在於每一個世代，不論男女老少，不問貧富貴賤，娛樂是不容忽視且不可小覷的！它帶給苦悶的生活一點兒娛樂；它帶給乏味的光陰一點兒變化；它帶給枯燥的人生一點兒瘋狂；它，帶給了這個充滿波折的世界一點兒驚喜和歡愉！那些平凡的生活娛樂可以只是娛樂，但我相信它帶給人們的，其實是更多的快樂！

光陰的流逝下見證了每個年代不同於既往的生活娛樂，也許是平淡無奇的，又或是聲光效果兼備的。總而言之，我們要學習的，不是邯鄲學步地模仿前人的生活習性，而是學習他們從小地方就滿足的生活態度。因為一件小事、一首歌曲，甚至一部戲曲而產生的喜樂；因為聽廣播、逛唱片行，甚至與親朋好友相聚打牌的歡樂……於粟般的娛樂，卻能造出滄海般的快樂，何樂而不為之呢？就如林逋《省心錄》之言：「知足者貧賤亦樂；不知足者富貴亦憂。」

四、討論議題：

已經現代化的人們是否會希望回到以前那個沒有科技紛擾的年代？

飢餓遊戲讀書心得

學校名稱：私立大華高中

年 級：一年級

班 級：勤班

科 別：

名 次：特優

作 者：饒欣倚

書籍 ISBN：978986213136

中文書名：飢餓遊戲

原文書名：The Hunger Games

書籍作者：蘇珊·柯林斯

出版單位：大塊

出版年月：2009/08/25

版 次：初版

一、圖書作者與內容簡介：

蘇珊·柯林斯，一位美國電視編劇及小說家。其中最著名的著作為《飢餓遊戲》三部曲。

在北美洲，有個新建立的國家「施惠國」，有十二個行政區環繞著的一個燦爛的都城。而都城每年逼迫十二個區送出一對少年參加飢餓遊戲，以控制國家秩序。十六歲的凱妮絲，與母親及妹妹小櫻同住，自願代替妹妹參加獵殺遊戲。她在無意間成為一個有力的競爭者。凱妮絲她的智慧，面對種種無情的挑戰，甚至包括人性上的溫暖險惡，爭取到那唯一的生存機會。

二、內容摘錄：

1. 活在一個伸手按個鈕食物就會出現的世界，會是什麼樣子？如果食物來得如此容易，我每天為了生計花在森林裡的數個鐘頭，要拿來做什麼？P.75

2. 摧毀東西比弄出東西來要簡單多了。p229
3. 既然僅存的希望已被否決，從此我可不顧一切 P.321
4. 我花了許多時間來確保自己沒有低估對手，但我忘了，高估他們也同樣危險。p354
5. 我記得有關妳的每一件事。妳才是那個始終都沒在注意的人。p328
6. 我握住他的手，緊緊握住，準備好面對鏡頭，內心卻害怕著終得放手的那一刻。p406

三、我的觀點：

女主角凱妮絲所生存在的第十二區，是煤礦工業區。而國家供給的食物根本難以餬口，他們每天都必須面對生存最基本的條件——食物。但這或許是讓凱妮絲贏得最終勝利的最大原因，懂得在魚肉鄉民的社會中生存，讓她在遊戲中佔了優勢。凱妮絲和母親及妹妹小櫻一同生活，由於母親體弱多病，身為長女的她得接下養家餬口的重要任務。打獵、採集，甚至是進入禁區，她早已習以為常。但這艱困的生活環境也造就出了她堅忍不拔的個性及永不向命運屈服的志氣。而當在抽選飢餓遊戲的貢品時，第一次擁有抽籤權的小櫻竟被抽中，這時的凱妮絲也充分的展現了姊姊想要保護妹妹的心態，毅然決然的代替小櫻參與了這場荒誕的殺謬遊戲。

這本書最大的爭議點在於它的十三個行政區。實際上，這十三個行政區不僅代表了各個產業，也代表了社會階級。第一區：奢侈工業，第十三區：石墨工業，由此可見作者所要強調的強烈社會階級的對比。而這場荒謬的飢餓遊戲又是如何開始的？在施惠國建立後不久，負責供應都城各項天然資源與產品的十三個行政區發動叛變，進入施惠國歷史上的「黑暗時期」。然而，叛變迅速被都城以高科技與優勢軍力鎮壓，叛亂中心第十三區更被都城以核武器弭平，以示懲戒。而為了懲罰發動叛亂的各個行政區，都城要求所有行政區每年都必須派出一對少年少女「貢品」到競技場參加「飢餓遊戲」，同時透過電視轉播播出「貢品們」的比賽過程，藉以打擊行政區的反抗意識。除了比賽開始前六十秒不可踏離原地和吃人外，遊戲沒有任何規則，包括殺人也不受限制，而最後存活的貢品即為勝利者，而勝利者可以從此一生衣食無憂。但是，你贏了這場無情的殺戮後，難道能真的從此衣食無憂嗎？難道你不會想到你為了活命而被你殺害的另外二十三個人嗎？當你勝利的回到了都城，你能夠坦然的去面對死者的家屬嗎？而凱妮絲和比德的遊戲導師——黑密契，就是這個問題的真實寫照。他是第五十屆遊戲、第二次大旬祭時的勝利者。勝利之後，整日沉迷在酒精之中。所以，真的從此衣食無憂嗎？

這本書非常值得大家一看，雖然是描述一場冷漠苛刻的殺戮，但其中也包括了親情、友情，以及刻骨銘心愛情。首先，女主角為了保護妹妹小櫻而自願參與比賽的捨命精神就已值得我們學習，最後，她更為了家人勇敢地面對所有挑戰並贏得勝利，這股毅力就值得我們效仿。另外，在遊戲中，凱妮絲也面對了最悲慟的生離死別，小說中，一位年僅十二歲的小女孩小芸，是第十一區的女貢品。她在遊戲中與凱妮絲結盟，她本該是凱妮

絲的強勁對手，但凱妮絲卻無法自拔的喜歡上了小芸那純潔的童真，因為小芸的存在就像是她的妹妹小櫻一般，但小芸卻也遭受其他參賽者無情的殺害。死前凱妮絲為她歌唱，還以花裝飾她的屍體，死後她則悲痛萬分的發誓要替小芸贏得這場冷酷無情的遊戲。可見這場遊戲是多麼的殘暴冷血，而凱妮絲是多麼的善良，甚至在小芸過世後不禁落下了淚水。比德，故事中的男主角。家中開麵包店，且曾在凱妮絲垂死之際用兩條麵包救了她一命，他同樣也是第十二區的貢品。在遊戲開始時跟專業貢品結盟，但從中不停誤導他們有關凱妮絲的事，只為了保護她。他們也在遊戲中陷入戀愛，卻終究是一對悲劇戀人。比德對凱妮絲全心付出令我讚嘆，而凱妮絲在比德臨死之際救了他一命，兩人就這樣彼此互相扶持，最後遊戲結束後他們兩人也以勝者之姿重返第十二區。親情，愛情及有情這三個課題是我在凱妮絲身上學到最珍貴的東西。在漫漫的人生路途中，我們一定都會碰上，而凱妮絲的精神將會成為我最佳的典範，指引我步上正確的道路。

階級真的代表一切嗎？我覺得這是值得深思的問題。現今台灣社會中階級歧視或許已經不復存在，但在其他國家像是從前的美國，這其實都代表著不想被揭開的傷疤。從前美國的黑人在社會上的地位遠遠不及白人，他們甚至連大眾運輸工具也不能搭乘。在施惠國，他們甚至在各個行政區間設有通電鐵網，這是什麼樣的一個生活環境？而名利真的很重要嗎？在故事中，有些來自較富有行政區的供品是从小便接受訓練，只為了在遊戲中互相殘殺，換取名譽及榮耀，以及下輩子的衣食無憂。這或許是一件很光榮的事，但是這其中又摻和了幾條人命在裡面，這幾條人命又將造成幾個家庭家破人亡？名利之爭的後果，或許不是你我能夠去承擔的，那又何必去冒這個風險來換取那短暫的聲望呢？我認為人人生來平等，像是施惠國這樣不受現代思想所接受的國家本應不該出現。不論貧窮或貴賤，我們都應該要彼此互相尊重。尊重不同地方，國家甚至人種，種族隔離及歧視這類事不該再發生，希望大家看完這本書也能有此警惕。

四、討論議題：

1.施惠國舉辦飢餓遊戲這不人道的機制在當時的社會為何能被接受？是單單因為他的獨裁統治或有其他原因？

2.像凱妮絲的遊戲導師—黑密契，自從他贏得勝利回到勝利者之村後，成天藉酒精來麻痺自己，政府是否該為此事負上任何心理上的責任？為什麼？

優

良

作

品

集

偷書賊閱讀心得

學校名稱：私立大華高中

年 級：一年級

班 級：勤班

科 別：

名 次：甲等

作 者：卓悅

書籍 ISBN：9789866973420

中文書名：偷書賊

原文書名：the book thief

書籍作者：馬格斯·朱薩克

出版單位：木馬文化事業股份有限公司

出版年月：2007年7月

版 次：初版

一、圖書作者與內容簡介：

本書主角是位九歲的小女孩莉賽爾，她和弟弟在戰爭期間被迫與父母分離送至寄養家庭，弟弟不幸在路途中去世，喪禮中，莉賽爾撿到一本書，影響了她的一生。寄養家庭位於慕尼黑的貧民區，戰火時時威脅人命，生活苦不堪言。莉賽爾靠這本書向養父學習識字，在艱苦挨餓的生活中發現比食物更重要的東西——書。她忍不住開始偷書，用偷來的書學習文字，沉浸在文字的世界中，熬過現實的苦難，也運用閱讀文字的力量，幫助並寬慰同樣受難的人。

二、內容摘錄：

「在茫茫的雪地某處，她看見自己破碎的心，一分為二，兩片心都在白茫茫的世界裡燃燒跳動。」(P.24)

「我討厭文字，我也喜愛文字。我希望我發揮了文字的力量。」(P.461)

「我想說的是，我不斷地高估人類，也不停地低估他們，我想說的是，我很難給人類做出一個正確的評價。我想要問她，同樣是人，怎麼有人如此邪惡，又有人如此光明燦爛呢？人類的文字與故事怎麼可以這麼具有毀滅性，又同時這麼光輝呢？」(P.477)

「人類，在我的心頭縈繞不去。」(P.478)

三、我的觀點：

這本書以死神為敘述者，為讀者說明一個失去一切的小女孩如何藉由閱讀的力量來度過戰亂與艱苦的時代。是一個讓人覺得溫暖的故事，即便身處德國納粹統治的戰亂年代，也有許多充滿愛與關懷的事發生。

我很喜歡書中養父的角色。九歲的莉賽爾初來寄養家庭，又痛失親人，每晚惡夢連連，養父每每聽到她的夢魘，便趕來安撫她，陪伴她入睡。養父雖然貧窮且學識不高，仍竭盡所能的一字一句教莉賽爾認字讀書，帶領她進入閱讀的世界，在物質貧乏的生活中，盡力滿足莉賽爾對書的渴望。也在莉賽爾需要安慰的時候，說出最適合的話語，安定她的心，養父就如同冬日裏和煦的陽光，溫暖照耀著大地。再者，養父甚至在德國納粹屠殺數以百萬人的時代，幫助藏匿猶太人朋友之子，是個有情有義、守信重諾、品格高尚的人，連書中的死神前去收取他的靈魂時都稱他是道德最高尚的靈魂。在這個殘酷又戰亂的年代，養父的善良就像黑暗中的微弱燭光，讓人感到一絲希望。

書中的情節，令我印象最深刻的是鎮民遭到戰爭空襲，躲藏於地下室時，全都驚恐不已，透過莉賽爾的朗讀，將文字的力量帶給了每個人，不僅吵鬧的孩子安靜下來，也撫慰了大家惶恐不安的心靈。我想莉賽爾這麼做，是想帶領大家進入書中的另一個世界，暫時分散承受著壓力與緊張的注意力，原來文字的力量是可以讓人減輕壓力，撫慰人心的呀！

全書透過死神看著莉賽爾的一生，讓人了解閱讀的力量，以及如何藉此度過戰爭最艱辛的時代，也透過死神的視野看穿人類世界的邪惡與光明。讓我不禁思考，究竟是死神的出現帶來了死傷無數的戰爭，抑或是人類的好戰與殘忍，讓死神終日出現在世界各地，忙碌的執行他的工作。在書的尾聲，他想對莉賽爾說卻沒說出口的話，讓我印象深刻——「我想說的是，我不斷地高估人類，也不停地低估他們，我想說的是我很難給人類做出一個正確的評價。我想要問她，同樣是人，怎麼有人如此邪惡，又有人如此光明燦爛呢？人類的文字與故事怎麼可以這麼具有毀滅性，又同時這麼光輝呢？」這段話語總能讓我反覆再三的思考與回味，令人深省。

莉賽爾身處於二次世界大戰的年代，透過書中的描寫，讓我們真實體會到砲火下的人民如何生活在恐懼與堅定中，面對一波又一波猛烈的砲火來襲，仍舊順應這樣的日子，努力生活；反觀現在的我們，過著富足安逸的日子，真無法想像每日生活在戰火無情摧殘，且隨時有可能失去心愛的親人，我想終日身處在動盪不安的環境裏，一定會感到絕望，而現代的我們或多或少也會有各式各樣的煩惱與壓力，透過莉賽爾，我了解了在極度壓力下，如何找尋安定自我的方法，或許，就像莉賽爾想傳達的意念——「我討厭文字，我也喜愛文字。我希望我發揮了文字的力量。」

四、討論議題：

人們如何才能體會避免戰爭的重要呢？

我曾經到過柬埔寨，那是一個自然資源豐富的國家，我參觀了興建於十二世紀吳哥王朝鼎盛時期所留下來的文化和建築遺跡，可以想見，那是一個怎樣國富民強，金碧輝煌的時代，但是，中間歷經了戰亂以及近百年來各國的覬覦與掠奪之爭，再加上近四十多年前紅色高棉統治時期，讓這個國家迅速淪落為低度開發，百廢待興的景象。不禁讓我深思，戰爭真是一場浩劫，可以讓一個富強的國家與民族被摧毀殆盡。人類怎麼無法記取歷史的教訓呢？

優

良

作

品

集

我決定我是誰

學校名稱：私立大華高中

年 級：一年級

班 級：忠班

科 別：

名 次：甲等

作 者：顏希純

書籍 ISBN： 978957871018

中文書名：我決定我是誰：在負能量報表的路上，我不活在別人的嘴裡

原文書名：

書籍作者：鍾明軒 / 劉又綺 / 皮海屏

出版單位：大樂文化有限公司

出版年月：2019 年 4 月 29 日

版 次：初版

一、圖書作者與內容簡介：

鍾明軒，他從小就因為性別氣質被眾人嘲笑，他在小六時因為上傳一首歌，被一堆網友狂黑到爆紅，當時小名「煎熬弟」，但現在比較喜歡被叫「國際美人」。

他國中時頻繁遭遇校園霸凌、網路攻擊，甚至經歷與親人離別的傷痛……，導致他曾自卑到不敢抬頭看人、想趕快存錢去整形。

至今，仍有大批酸民朝他最脆弱的傷口狠狠踹一腳，但他不顧世俗的眼光，依舊活得精采、快樂。

二、內容摘錄：

與其事後不斷後悔還有什麼話沒說、什麼事沒做，不如趁還有機會的時候，好好表達愛意和謝意，不要再拿尷尬當藉口_P.102

過去無法改變，未來又太過遙遠，套用阿德勒心理學的論點：「關鍵不在於你經歷了什麼，而是賦予過去什麼，如何運用它。」_P.199

三、我的觀點：

在這本書中，鍾明軒說到：「做你覺得最舒服的樣子就好，不須理會別人的眼光！」生在這個世代的每個人，因為處在資訊爆發的時代，無時無刻都能接收到最新的資訊，所以很難不去理會在網路上那些會傷害你的話語。但每個人都是獨立的個體，想如何裝扮、打扮，都是自己決定的，不需要因為「那些人」的一言一語而產生一些負面的影響！就像鍾明軒去採訪教育部部長，部長所說的「要讓『那些人』改變是一段很長的旅程，但不能不啟動。」

「那些人」可能因為不理解，覺得不正常而產生了霸凌的現象，這時必須為自己挺身而出，就像 BTS 在聯合國演講時說的那句話；「speak for yourself」，為自己發聲，況且那些霸凌者講的那些傷人的話，所有的主詞都是「我覺得」，例如「我覺得他很 gay」、「我覺得他講話很衝」、「我認為他沒辦法勝任這個差事」，但是「我覺得」這三個字既不代表大家，也不代表我自己，但你覺得真的有他們說的那樣糟嗎？如果沒有，請自信的抬起頭來，告訴大家我也一樣，而且評定一個人，不是只看外表，而是要先去了解之後再決定對那個人的印象。

愛自己真的很重要，雖然亞洲國家幾乎的人都認為愛自己似乎是一件自私又不道德的事情，但你必須了解自我、接納自我、認同自己，活出一種積極主動、自我負責的生活態度，才能不用特地為了「那些人」的不理解而改變自己，因為每個人都有自己的完美，不需要特別把自己打扮成不屬於自己的樣子，如果連你自己都不愛的話，那會是可悲的，你會發現外面的世界是一團混亂，但你愛自己，將會發現這世界是如此的美好。

從自卑走到自信，其實最需要的不是醫生，不是朋友，也不是家人，而是你自己，他們並不能隨時隨地都可以陪在身邊，只有自己，每天一點一滴的進步，雖然有可能緩慢到連自己都難以察覺，但當你有一天可以走在路上時，發現自己不會再蜷曲縮成一團的時候，開始敢直視人的視線時，代表你成功了，實際上，只要從生活經驗中與自己對話的過程中，透過休閒娛樂，如閱讀、看電影等……慢慢的找出自己的信念和價值觀，那些將會是在這一輩子最重要的財產，比金錢更重要，且不再執著於「那些人」攻擊自己的種種原因，只是常常被外面的噪音干擾或是矇蔽了雙眼，一旦趕走了那些外在的影響，內心就會變得清新許多。

在臺灣實施真正平權、歧視相關的課題一直持續到存在，等到真正平權的那一天，還許走一段漫長且遙遠的路程，而現在絕對不可能白白的空等，等待那天的到來，鍾明軒在書中說：「如面對不平等的對待，不要當個默不吭聲、被欺壓的人，更不要當個會欺壓人的臭婊子。」必須面對黑暗，才知道未來可能要面對的問題，而不是當人性最醜陋的一面，才被嚇著。這些經驗會帶來成長的磨練，更具備成熟的眼光，有時候比苦苦相逼來得健康許多。

四、討論議題：

臺灣在民國 108 年 5 月 17 日成為了亞洲第一個同性婚姻合法化的國家，賦予了同性組成家庭的權利，但這就能讓這個社會放下種種歧視嗎？

優良作品集

中學生網站
108學年度

全國高級中等學校
閱讀心得寫作比賽

1090315 期

Ta Hwa High School

Ta Hwa High School

Ta Hwa High School

Ta Hwa High School

永駐挪威的森林

學校名稱：私立大華高中
年 級：二年級
班 級：忠班
科 別：
名 次： 優等
作 者：李妍萩
書籍 ISBN：9789571374673
中文書名：挪威的森林
原文書名：ノルウェイの森
書籍作者：村上春樹
出版單位：時報出版
出版年月：2018 年 07 月 27 日
版 次：三版

一、圖書作者與內容簡介：

村上春樹輕盈基調的作品寫作風格深受歐美作家影響，他少有日本戰後陰鬱沉重的文字氣息。

本書主角糾纏在情緒不穩定而且患有精神疾病的直子和開朗活潑的小林綠子之間，展開了自我成長的旅程。故事中出現了多重三角關係，小說中描寫年輕人在感情之中的掙扎，從中展現出一種迷惘感。小說設置在1960年代晚期，當時日本各大學罷課頻頻發生；書中刻畫了當時人們的偽善和軟弱，反映出在青年運動下學生的鼓動。

二、內容摘錄：

「生和死不是對立的兩極，死是以生的一部分而存在著。」----〔上〕，p.036

「自己能做的事情就發揮百分之百的力氣，想要的東西就拿，不想要的東西就不拿，如此活下去，如果不行的話，到時候再考慮。所謂不公平的社會反過來想的話也是能夠發揮能力的社會。」--〔下〕，p.079

「不管你擁有什麼樣的真理都無法治癒失去所愛的哀傷。不管什麼樣的真理、什麼樣的誠實、什麼樣的堅強、什麼樣的溫柔，都無法治癒那哀傷。」----〔下〕，p.117s

三、我的觀點：

一開始看這本書的時候，原本我以為《挪威的森林》就是淡雅的純愛戀，很多虐心的情節組合成的愛戀之類的書，殊不知其實它是激烈、沉重、寂寞，又帶有一點點讓人覺得不知所措的複雜情感交織而成的故事。我覺

得這是一本充滿生滅情感的哲學故事，也是本會發生在你、我周遭的生活故事。這部小說有一些病態的角色，病態的人格讓小說充滿異樣的氛圍，讀起來不會是快樂的，連愛情都顯得壓迫凝滯，但卻更加讓村上先生的文字魅力呼之欲出。

綠是我在這本書中最喜歡的角色，一個和直子可以說是完全相反的存，在，堅韌、活潑、有時會透露些許的脆弱，總是將自己所想直白的表達出來，常使人錯愕甚至厭惡，但是許多時候她所發表的言論卻又中肯的和她的形象有些矛盾。整個故事的背景，學運、改革、愛情、死亡，其實何嘗不是一個矛盾的存在？就連每個角色也都有其矛盾之處，只是呈現的方式不同而已。當綠面臨到世俗不解的流言，例如她的親戚對於綠在爸爸喪禮中沒有落淚這件事相當不解，但實際上她和姐姐為了照顧爸媽已經流光了眼淚，她們從不言苦、也不請求他人協助，因此姊妹倆可以選擇她們的方式表達對自己父親的愛，並不需要其他未歷經這段私人痛苦的人教導她如何表達對父親的愛，這需要很大的勇氣與堅持。堅信自己為自己而活就是綠的寫照，即使生活辛苦，但她依然表現活潑的一面並在苦中作樂，這樣的人生觀也是我一直想效仿的。

這本書中讓我深刻地感受到，人的死去，不是說消失就沒了，消失的只是屍體和靈魂，因為直子曾活在渡邊身邊，渡邊時時刻刻都能感覺到她存在的痕跡。如果對於生死感受可以像小林綠一樣，那一定要經歷許多無人理解的苦痛，小林綠她的父母、親戚一個個死去，到最後她根本麻木到哭不出來，但卻被親朋好友嫌沒血、沒淚。生死的本質就是這樣，我們都需要時間適應，第一次的失去心中必定濤瀾洶湧，脆弱的心經過幾次的鍛鍊，便能淡淡地看待生命的凋零。曾與我們共譜生命樂章的往生者都會在我們的內心深處棲息，也許某一天、某一時刻，他們會再探出頭來，為我們重新塑造一段不同於曾經真實經歷的生命回憶。

「生和死不是對立的兩極，死是以生的一部分而存在著。」渡邊在中學好友 kizuki 與初戀女友直子死亡時這段話重複的出現。村上陳述：「藉由生這件事同時在培育著死，那只不過是我們不得不學的真理的一部份而已，失去所愛的哀痛，只能走過那哀傷才能脫離哀傷。」他總是能夠將所有的人事物，以具體的外觀、行為表現、特徵呈現，對於生死的描寫細膩而鮮活地呈現出其特質，進而有了一個在人生當中特別的存在。

除了故事本身給人既淡然卻又壓迫的矛盾性感受，村上村樹總是用具體化的視覺、嗅覺、觸覺和味覺等感官描寫生命的特質，並且用第一直覺想到的實體物品，竭盡所能十分貼切的用文字去形容那些根本沒有形狀、沒有顏色、沒有味道的記憶和感情。他最具特色的就是他總能夠很準確地將人們內心深處的東西描寫出來，並不是單純膚淺的善惡、黑白，他所描述的，往往是人們內心的虛無、渴望、憧憬、矛盾……各式各樣的層面。很真實，卻很悲傷。

我們活著的時候總是會把死亡拒之於生命之外，只要靠近一點點，就會窘迫而無法接受。某些記憶及記憶裡的人其實也在我們生命中以各種速度、各種方式消失，若我們無法接受，其實是因為我們沒辦法認清記憶的死亡也是記憶本身的一部份。

一直活在過去，其實是因為我們沒辦法接受死亡的各種面向。若能接受死亡也是活著的一部份，正如道家所言「方生方死」，或許才是真的活在生命的當下吧？

四、討論議題：

如果你身邊也有像綠一樣深受憂鬱症困擾的朋友，你會怎麼幫助他？

生與死的課題-活著

學校名稱：私立大華高中

年 級：二年級

班 級：忠班

科 別：

名 次：甲等

作 者：翁羽

書籍 ISBN：9789861733012

中文書名：活著

原文書名：

書籍作者：余華

出版單位：麥田出版社

出版年月：2007 年 11 月 1 日

版 次：四版

一、圖書作者與內容簡介：

余華，是中國先鋒派小說的代表人。他的作品《活著》和《許三觀賣血記》同時入選百位批評家和文學編輯評選的「九十年代最有影響的十部作品」。

《活著》實際講述的是福貴的一生。他原本是地主的兒子，日子過得無憂無慮。然而，他嗜賭如命，不久便將家產敗光了。屋漏偏逢連夜雨，父親此時過世，而母親病倒。福貴為救母病去城裡抓藥，沒想到卻被政府抓去當兵。幾年後返家，卻得知身邊的親人都死了，唯一留下來的只有那隻和他同名的牛。

二、內容摘錄：

1. 人只要活得高興，窮也不怕。(p.49)
2. 可是我再也沒遇到一個像福貴這樣令我難忘的人了，對自己的經歷如此清楚，又能精采地講述自己。這樣的老人在鄉間實在難以遇上，也許是困苦的生活損壞了他們的記憶，面對往事他們顯得木訥，常常以不知所措的微笑搪塞過去。他們對自己的經歷缺乏熱情，用一、二句話表達了他們所認為的一切。(p.54)

3. 像我這樣，說起來是越混越沒出息，可壽命長，我認識的人一個挨著一個的死去，我還活著。(p.241)

三、我的觀點：

那是一個動盪不安的時代，是一個饑寒交迫的社會，是一個悲慘至極的人生…。

雖然書名叫《活著》，但從頭到尾貫穿劇情的卻是「死亡」。不管是最初父親的噩耗、當完兵後母親的逝世、妻子、兒子、女兒相繼離去，福貴生命中的溫情一一被奪走，生命留給他的只有痛苦。然而，他卻沒有選擇吊一根繩子結束自己的生命，而是活著，活給天上的家人們看。

很多時候，我會想「死亡」到底是什麼。有些人害怕它的來臨，試圖在生前掙扎，想盡各種方法，為的就是讓死亡晚點到來，甚至永遠不來。然而，到頭來，卻是一場空，因為死亡從來都不是我們能控制的。故事中的福貴，難道能預知父親的死亡？能控制母親的壽命？我想答案是：不可能。人們唯一能做的，就是「接受」。接受親人的消逝、接受生命的離去、接受命運的殘酷，繼續過著生活，像他們不曾消失一樣。書中有一段，福貴正催促著老牛耕田，然而口中卻叫著其他家人的名字。當旁人問他原因時，他說不想讓老牛因此而鬆懈，但我想是因為福貴知道，那些死去的家人一直都活在他的心中，一起耕田的時光，恍如昨日。

然而，卻有另外一群人不斷懇求死亡的到來。也許是深受憂鬱症、躁鬱症之苦，又或者是經濟問題、人際問題所造成的壓力，長期下來的壓抑，最終造成不可挽回的結局。在自殺之前，他們會不斷地尋找自我：「到底我活下來是為了甚麼？」、「存在的意義又是甚麼？」、「世界上有需要我留下來的理由嗎？」，他們忘了事物的本身就是意義的全部，活著就是為了活著。生活總是這樣，在順遂時給你一擊，不如意時卻又帶來安慰。很多時候，人們會覺得自己無法面對當下的痛苦，但你可能並非真心求死，只是覺得生存很難。你能想像嗎？當不知道焦慮感從何而來、甚麼時候來、怎麼排解，那些深陷痛苦之中的人會有多害怕？但其實人只要「活著」，就有希望。「活著」就是一種勝利，沒有比「活著」更好的事，也沒有比「活著」更難的事！死亡並不可怕，可怕的是沒有珍惜「活著」的時間，在死亡的前一刻，帶著遺憾，希望好好「活著」。

《活著》賦予人生許多意義，也教導那些困惑的人存活的真正理由，閱讀的過程中著實讓人感到充實，也讓人不禁佩服作者的生命智慧，並深陷在其文字魅力之中，無法自拔。對我來說，它不只是一本「書」，而是「人生導師」，是我成年的第一次洗禮，也使我更加成熟，讓我在未來成長的路途中不迷茫。也許有一天，我也能闡談自己的生命哲學，且自豪的說出：「余華老師，改變了我的一生。」

「活著，不管屈辱還是是風光；活著，不管甜蜜還是酸楚；活著，不管喜不喜歡願不願意都得活著。」……

四、討論議題：

關於活著，你的想法是甚麼？

偷書賊

學校名稱：私立大華高中

年 級：二年級

班 級：勤班

科 別：

名 次：甲等

作 者：陳姿蓉

書籍 ISBN：9789866973420

中文書名：偷書賊

原文書名：The Book Thief

書籍作者：馬格斯朱薩克

出版單位：木馬文化事業股份有限公司

出版年月：2007 年 7 月

版 次：初版

一、圖書作者與內容簡介：

主角莉賽爾和弟弟在戰亂中被迫送到寄養家庭，但弟弟不幸死在旅途中，莉賽爾在弟弟的喪禮中偶然撿到一本掘墓手冊，開啟他對文字的好奇心。之後主角被送往位在慕尼黑的寄養家庭，藉由養父的教導開始學習掘墓手冊上的內容和認字。

書成為了莉賽爾那黑白單調中的一點色彩。於是她開始偷書，從她竊得的書中幫助同樣和她遭受痛苦的人們。閱讀與文字所散發的力量，不禁連在殘酷戰場上收屍的死神也感嘆人性竟可以暴力殘酷也可以柔軟而真誠。

二、內容摘錄：

我覺得，人類很喜歡觀看毀滅性的場面，用沙堆城堡，用紙牌疊房屋，這是他們一開始會做的事。而人類最拿手的技巧，就是把毀滅性場面逐步擴大的能力。p.96

我認為完整無缺的夢比較甜美，但是我沒辦法幫人做美夢。p.21

那些靈魂總是輕盈，因為他們所付出的已經超過自己的人生，他們的生命已經找到更有意義的所在。p.464

同樣是人，為什麼有人如此邪惡，又有人如此光明燦爛呢？p.477

三、我的觀點：

這本書最具特色的地方是它是以死神的視角著墨，再藉由敘述主角莉賽爾的故事帶著我們一窺二次大戰德國的故事。死神以旁觀的方式，讓我們清楚了解人性的骯髒和純潔，暴力和溫柔，冷酷和溫暖。

整本書運用色彩的變換，帶出場景或者腳色心情。當中手風琴上的琴鍵，雲彩的變換，莉賽爾老死時天空的顏色，都能讓讀者更鮮活地看見故事背後那些作者想帶給我們的意義。

以二次大戰德國納粹為背景的故事《偷書賊》以細膩的筆觸，不帶批判的方式，慢慢帶出戰爭和人性的一面。戰爭的殘酷，足以摧毀數以萬計家庭的人生，因為人們的貪婪，導致多少的人倫悲劇發生，類似的故事在當時一定也是發生不少吧。人民能做的，也只剩在這個險惡的環境裡苟且求生存。無力去改變現實，心理的悲憤怨懟累積在每個人的心中。讀到這我開始可以理解為什麼主角身邊的人們總是冷酷，透過這樣的偽裝，他們內心被戰爭所帶來的創傷才能掩藏，才能不因為這個充滿炮火聲的世界又在一次受傷。

然而，莉賽爾從她竊得的書中幫助同樣和她遭受痛苦的人們，撫慰了當地居民的心，也漸漸改變了居民冷酷的性情。閱讀與文字所散發的力量，不禁連在殘酷戰場上收屍的死神也感嘆人性竟可以暴力殘酷也可以柔軟而真誠。

在那動盪不安的時代裡，愛仍存在在每個人的心中。透過文字，莉賽爾喚起鎮上居民的愛。原本只是女孩單純的求知慾引起對書的好奇，卻萬萬沒想到因為女孩朗誦，愛，隨著他清脆的聲音，影響了那些長期生活在恐懼下的大家，同時鼓勵了人們繼續不畏艱難繼續生活的動力。這就是文字的力量，它帶給人們在黑暗的生活中的希望。

文字是有溫度的，他能帶給人力量，能帶給人勇氣。他是一種傳遞愛的媒介。文字也是有傳承性的，藉由閱讀前人所寫的事物，我們能從中或的反思，進而檢討改進，使自己變得比以前更好。也就是說，文字能讓人改變，能讓人變得更好。

文字在這篇小說裡占了很大的篇幅。從小說一開始莉賽爾拿的《掘墓手冊》到後面他開始學著認字，甚至到後來他開始撰寫他自己的故事，都是因為他對文字的熱愛。文字也因此救了他一命，當天堂鎮上的所有人都葬身於轟炸後的廢墟中，只有他因為躲在地下室寫作而逃過一劫。

諷刺的是，文字也能帶給人們傷害。希特勒燒毀書籍，鼓勵了他的同胞去做無謂的殺害。那些殲滅和殺戮，是我們一輩子最深沉的痛！

這本書裡面的死神如同讀者，以第三者視角看著這一切發生，與一般我們印象中的死神不同，他是有溫情，有思想的。他總是收著好多人們的故事，那些故事都不太一樣，而那些故事卻都坦露出人性。在書中的最後一頁，死神說了一句意味深長的話：「人性，在我心頭縈繞不去。」人性，不論善惡，帶動了整本書的脈絡，也是當中最動人美麗的地方。

四、討論議題：

為什麼要讀書，最終目的為何？

如果天空知道讀書心得

學校名稱：私立大華高中

年 級：一年級

班 級：忠班

科 別：

名 次：特優

作 者：饒欣倚

書籍 ISBN：9789571378701

中文書名：如果天空知道

原文書名：We Own The Sky

書籍作者：路克·艾諾特

出版單位：時報出版

出版年月：2019/08/20

版 次：初版

一、圖書作者與內容簡介：

路克·艾諾特，在英國出生長大，目前已記者的身份在捷克生活。《如果天空知道》是他的第一部小說。

羅伯和安娜，一對渴望孩子的夫妻，好不容易迎來期盼已久的男孩——傑克。但卻驚覺傑克的平衡感出現異常，便帶他去就醫。不幸的是，傑克罹患了癌症。與病魔一日一日對抗著的傑克身體日漸衰弱，一張又一張的帳單並沒有替他們換來傑克的健康。傑克最終還是離他們而去。隨著傑克的離開，這個家也消失了……

二、內容摘錄：

1.令人不安的安靜，像鳥兒在日蝕之前的靜默。(P.11)

2.有那麼一刻，我只是站在那裡，對著陽光眨眼，看著川流的車輛繞著圓環呼嘯而過，歡樂，骯髒的倫敦喧囂。(P.47)

3.世界存在，只是存在於別的地方。那種感覺，就像我在水裡游泳，對水面上的狀況只有模糊的印象。(P.184)

4.安娜把一切都帶走了。門邊沒有小鞋，走廊沒有讓我不小心踩到的恐龍或樂高玩具。我再也聽不到傑克洗澡時唱歌的聲音，也聽不到他小腳踏在樓梯的聲音。(P.292)

5.我渾身發抖，不是因為冷，而是突然發現自己不堪一擊，那感覺太不舒服了。你以為堅實的東西，是那麼容易就瓦解，像一張就羊皮紙，瞬間碎成灰。(P.310)

三、我的觀點：

當我在閱讀這本書時，我的心情隨著情節內容而激盪不已。每個角色隨著立場的不同，各自呈現了鮮明的人物特色，而內心的掙扎及痛楚也描寫得讓讀者十分揪心。

我羨慕傑克擁有如此愛他的父母，儘管兩人愛他的方式不一樣。但上天並不會因為他擁有幸福美滿的生活就讓他長命，上天仍無情地帶走了這個無辜的小生命。而這就是本書最重要的課題——生命無常。儘管生命是如此的難以預測，它依舊擁有它美好的地方。雖然我們不可預測將來會發生什麼事，但我們可以避免事情的發生。但更重要的還是，讓每天的生活過得精彩充實，活久過好每一天。而羅伯和安娜這對夫妻，雖然個性迥異，卻成為對方完美的互補。羅伯擁有安娜沒有的熱情及感性，在傑克尚小時陪他玩上好幾小時的遊戲，在他生病時不願放棄任何希望，四處尋找醫生；安娜則擁有羅伯沒有的細心及理性，在傑克平衡感出有異狀時不放心的處處留意，在他臨終時學習選擇接受一切並放下。儘管美好的一切皆在傑克生病後逐漸瓦解，但這卻成為他們曾經擁有幸福時光時，最重要也最難得的一件事。

我景仰羅伯的執著，為了生病的兒子不顧一切的替他找尋療程，更隱瞞安娜並帶著傑克至布拉格接受昂貴的治療，這一切都是為了讓生病的傑克好起來。但他的執著卻也反將了他一軍。執著地固守自己的想法，在傑克死後，羅伯有了酗酒的習慣，有一天安娜正關心著喝醉的他時，他卻指責安娜對傑克的放下釋懷是不在意傑克，甚至說她應深感愧疚。這幾句話是多麼的傷人，尤其傷害了一位流產多次才守住唯一希望，一位非常愛自己孩子的母親。而羅伯過了多年糜爛生活後才發現他誤會了安娜，他的自以為是犯下了大錯，重傷了安娜也使這個家崩塌。

相對於羅伯，我更敬佩安娜，敬佩她對事實體悟的快速，敬佩她對羅伯無私的愛與包容，更敬佩她被狠狠傷害過卻仍然關心著傷害她的人。故事中，剛得知傑克生病的安娜，就像隻受傷的小動物，既敏感又脆弱，不像羅伯當時的堅強。但隨著病情蔓延的快速，安娜很快的釋懷了，因為她領悟到了最重要的一點，就是生命的不可回逆性。活著，是上天給予的恩賜，而當她今天要駁回這個恩典時，誰也阻擋不了。但這時的羅伯卻逐漸沉入悲慟中。在現實生活中，有成千上萬個與他們相符的例子，但大多數的人都和羅伯一樣，一開始無比堅強，但經過一次又一次的折磨後卻淪陷了，畢竟，淪陷比堅持來得容易多了。而當傑克死後，對精神崩潰的羅伯，

安娜仍給予他無微不至的照顧，甚至每日於午夜定鬧鐘查看羅伯的情況。但當時的她不僅僅得照顧丈夫，更得張羅傑克的葬禮。可見這段時間對她來說是如此的沈重難熬。分開後，安娜仍以網友的身份，默默的關心著羅伯，她在每一張羅伯上傳至網路上的照片給予鼓勵及回應，更以他人的身份傾聽羅伯的心事並開導他。這是多麼難能可貴的一件事。能放下過去一切仇恨，不計前嫌且無私的關心曾經傷害過你的人，這是最欣賞安娜的地方。

羅伯和安娜是本書的核心角色。他們對傑克的愛絕不亞於彼此，但作者也就充分的運用了這一點，將兩人看待這樁惡耗的行為描寫得淋漓盡致。從一位逃避事實並且過於樂觀的父親的角度去描寫一位天真無邪的孩子，身心從健康轉為虛弱的樣貌；也從一位認清事實且想讓孩子安祥去世的母親眼中，刻畫出了一位知道自己將不久人世的無助孩子。許多人都嚮往著將來結婚生子後的快樂生活，就像羅伯和安娜一樣。但誰能預料到，你那唯一的孩子竟會染上重病並離你而去呢？世事是不可預料且難以避免的，我們更沒有辦法去改變世界。而我們唯一能做的就是面對並解決它。我想，若今天換作是我，我會和安娜一樣，認清事實並接受它，也讓我的孩子能毫無遺憾且帶著美好回憶地離去。同樣的，在生活中，你往往會遇到一些不順遂或不如你所願的事情，而你能做的，就是盡你所能地將它的傷害降到最低，並且將它彌補到最完美，留下最少的遺憾。既然我們無法改變世界，那我們就要控制局面。這是我在本書中領悟到最重要且最關鍵的一個課題。

四、討論議題：

社會對於這種特殊疾病的孩童，是否應該提供醫療補助？而如何減緩家人的負擔？是否提供家人心理的諮商或輔導？

優

良

作

品

集

悲慘世界閱讀心得

學校名稱：私立大華高中

年 級：一年級

班 級：勤班

科 別：

名 次：優等

作 者：吳育衡

書籍 ISBN：9575457064

中文書名：悲慘世界

原文書名：Les Mis é rables

書籍作者：維克多·馬里·雨果

出版單位：志文

出版年月：2000年11月05日

版 次：初版

一、圖書作者與內容簡介：

悲慘世界為法國文豪維克多雨果的作品。雨果為法國浪漫主義的代表人物，一生創作眾多詩歌、小說及劇本、悲慘世界即為其中最著名的作品。故事講述尚萬強在生活環境充斥紛亂戰禍及人們追求自由的情況下，度過一生的故事。

二、內容摘錄：

- 1.主教：「尚萬強我的兄弟，你現在已經離去罪惡，歸向善良。我買的是你的心靈；我已經把他從黑暴的思想和頹廢的精神裡面就出來，交給上帝。」p.37
- 2.高貴的心就是至高無上的法律 p.109
- 3.泛著金色光輝的迷人淺棕色的頭髮、宛如大理石雕成的白皙額頭、玫瑰花瓣般的臉頰、流洩出微笑和溫柔的可愛嘴角。P.233

三、我的觀點：

在充斥紛亂戰禍及人們追求自由的環境下，尚萬強的一生窮困潦倒，嚴苛的法治致使他在牢中度過許多時間，縱使身陷絕望的深沼，也保持自身的高尚品德，拯救其他人，最終在晚輩的環繞下死去。縱使尚萬強人生中大部分時間充斥著黑暗，但是我想尚萬強是帶著快樂與釋然而死去的吧，不僅是因為最後得到他人的認可、感謝及諒解，更是因為他在周圍的後輩們身上看見了希望。他的意志將在他們的身上繼續熠熠生輝，生物總有凋零之時，然而意志將永遠流傳，留在他人的心中，縱使紛亂戰禍帶來一面混亂，人們追求自由沒有成果，前人努力的身姿也將銘刻在後人的記憶中，使後人繼續追尋前方的光明，這正是數千萬年人類所創造的希望。若我也身處黑暗，我是否也能看到希望，看到未來的光明？期許將來我的意志也能在他人心中留下痕跡。

然而，雨果寫下這本書的想法應是喚起人們對社會現狀的重視吧。回顧歷史上有許多人試圖用文學拯救世人，如胡適、魯迅，成功者卻寥寥無幾，如此，不禁使我思考：文學真的能救人嗎？

當我看到阿富汗飛機失事的新聞，當下的想法只是「這樣啊。」沒有惋惜、憤怒與悲傷，絲毫不帶任何感情。這樣的事並不少見，不如說時常發生，世界上時時刻刻有人邁向死亡，我們並不知情，也並不在乎，或許我們投入故事中虛構人物的感情，比起現實世界的其他人還多一些。這樣冷酷無情的世界，一篇文章、一本小說能喚起多少人決心改變，能喚起多少人關心世界？更何況，在現在這個資訊傳播越趨快速、人們生活越趨忙碌的時代，又有多少人能慢下來思考，自己當作娛樂消遣的作品中，含有什麼意義？

我想，用文學作品使人們覺醒的理想，在這個時代大概是無法達成的，文學已經成了消遣，看完小說之後會深入思考的人越來越少，雨果的理想要實現簡直難如登天。若是想要改變世界，拯救世人，或許我們應該直接付諸行動，比起呼喚別人，自己動身顯得更實際，更容易，也更可以幫助他人。

尚萬強一生幫助了許多人，卻不曾要求其他人效仿他不計回報的伸出援手。他一生被許多人陷害、誤會，即使一直以來無人認可他助人的行為，也不改他助人的想法。他的後輩們想必會時常回憶起他，並實行他助人的意志吧。我想，能喚起人們行動的不是一篇文章、一本書，而是身邊人物的行為、想法，那耀眼動人的身姿，才是使人覺醒，看見光明的原因。若是期望喚起他人，那就自己起身行動，讓他人看見自己的身姿，進而改變吧。

身姿，能夠影響身邊的人，使其跟上自己的步伐；著作，則是影響後世的人，即便難以成功，即使效果不大，雨果仍將他的意志，跨越時空傳承下來。

四、討論議題：

在資訊傳播快速的現代，人們過著分秒必爭的忙碌生活，或許僅有少數人願意慢下來理解作者所要傳達之意，究竟為了改變世界而提筆寫作有沒有超越實際行動的效益？

優

良

作

品

集

雨樹之國

學校名稱：私立大華高中

年 級：一年級

班 級：勤班

科 別：

名 次：甲等

作 者：黃泓瑜

書籍 ISBN：9789862270813

中文書名：雨樹之國

原文書名：レインツリーの国

書籍作者：有川浩

出版單位：新雨出版社

出版年月：2011 年 6 月

版 次：初版

一、圖書作者與內容簡介：

有川浩是以輕小說出道的日本女性小說家及輕小說作家，大部分作品懸疑色彩濃厚，獨特觀點使她的作品獲得高度的評價。

一個喜愛小說的男性「伸」，在名為「雨樹之國」的部落格裡與「瞳」相遇了。兩人透過電子郵件持續著你來我往的日子直到伸對瞳提出了在現實中見面的想法。伸在第一次見面時意外得知瞳一直想要隱藏的秘密——聽覺障礙。此後，兩人常因瞳的障礙發生爭執，隨著瞳的心漸漸成熟及伸的包容寬恕，瞳走出了自己封閉的世界。

二、內容摘錄：

回想起來，過去的他，總是執意要隱藏住自己失聰的事實；這次，或許是她頭一次認真思索自己「身為失聰者」這件事也說不定。(P132)

因為她們的耳朵有所殘缺，所以才會分外珍惜著文字，珍惜著自己目前所能擁有、視為第一母語的文字。她們慎重地使用著文字，真摯無偽地建構出屬於自己的論點。(P186)

先走下去再說吧，能走多遠就走多遠。(P221)

三、我的觀點：

此書為有川浩的著作《圖書館戰爭》系列中的作中作：同樣為聽障人士的毬江經友人介紹讀了這本《雨樹之國》，感同身受並深深愛上了此書。我非常喜歡有川老師的《圖書館戰爭》系列因此也讀了這本《雨樹之國》。

內容圍繞著聽障者與健聽人士的相處。瞳在網路虛擬世界中自由奔放，但當伸向她說想在現實中見面，她十分抗拒，伸卻還是希望可以見面。在會面即將結束之時，伸對沒聽到電梯超重鈴聲而被眾人注視的瞳怒吼，受夠了她一整天的怪異舉止，本人和網路上的相差甚遠。瞳低下頭道歉哭泣時，被長髮遮住的助聽器顯露出來。看到瞳受委屈時，我當下的反應矛頭都指向伸，沒理解瞳的難處還責備她，替瞳深感不值。在靜下心仔細思考後，雙方都有應該修正的地方。

瞳不希望伸因為知道了她聽力有問題而用異樣的眼光看她，或是過多的同情心對待她，因此並未向伸提起自己的障礙。人都有不想讓別人知道的祕密，可能出於各種因素而有難言之隱，但不好好說明，以後的相處會更加艱辛，甚至造成原本不該有的誤會。伸並未察覺瞳怪異行為的原因，不明白事情因果，一味地認為她的所作所為是故意的，讓難得的會面以難過收場。事物不可以只看表面，真正想了解一個人應該細心觀察對方的一舉一動。重要的事物，用肉眼無法看清，必須用心感受，只有真心才可看清事物的本質。自從見面之後，伸為了讓自己更接近瞳、彌補對她的誤會，查詢了許多有關聽覺障礙的資料，並時常關心瞳的生理及心理狀況，給予她鼓勵及建議，希望她別再把自己藏起來。雖然有時話說得太重使瞳不高興，但瞳默默地接受伸的看法，變得不再只為自己著想，開始學會站在別人的角度思考事情，也正在向前邁進。

經過這次事件，伸向瞳道歉，又回到了郵件往來的日常。伸想了解如何與瞳相處，見面時卻屢屢出錯。瞳曾對伸說了：「身為健聽人士的伸先生一點都不了解聽障者的煩惱！」她一直臆斷伸永遠不會知道聽不到聲音的痛苦，但不是所有人都會讀心術啊！學會表達想法很重要，不說出自己的苦衷，別人就永遠不會知道你的痛楚，也不清楚該以什麼態度面對你，甚至在不知不覺中一直踩到你的底線，造成衝突發生。確實，伸不是聽障者，無法真實感受瞳受到的委屈，所以才需要瞳跟他解釋自己的情況。日常生活中，不只是身心障礙者需要受到特殊關懷，正常人也學習以適合的方式表達自己、與別人溝通。過錯及失敗是不可避免的，如何改進與實踐才是人類交流最重要的一環。

讀完這本書，我對伸感到敬佩不已。尊敬他對待別人的態度，佩服他解決問題的理智。即使總是承受瞳的抱怨、任性及警扭，他依然認真地與瞳交流，給予包容以及寬恕，理性地給瞳建議、支持。這種做人處事的態度是我的理想，希望向伸學習。瞳最後採取了伸給的建議，改變了自己，不再隱藏助聽器，走出了自己的國度，勇敢面對外面的世界。故事中的兩位主角都有各自的優點，值得讀者們向其看齊。

四、討論議題：

當身心有缺陷時，會如何面對自己的命運？

優

良

作

品

集

悲慟的保存期限 讀後心得

學校名稱：私立大華高中

年 級：一年級

班 級：忠班

科 別：

名 次：優等

作 者：侯馨恬

書籍 ISBN：9789863984863

中文書名：悲慟的保存期限

原文書名：The Hot Young Widows Club

書籍作者：諾拉·麥肯納利

出版單位：天下

出版年月：2019年12月01日

版 次：初版

一、圖書作者與內容簡介：

本書作者諾拉·麥肯納利曾接連面對她的丈夫、未出生的孩子，以及父親的離世，儘管人生在頃刻間分崩離析，但她卻並沒有就此一蹶不振。在書裡，諾拉述說了自己與身邊人遭受天人永隔之苦的故事，以及親身體會能與悲傷共存的減痛療程。也提供那些不知道該如何安慰、陪伴他人走出傷痛的人，一些對喪家而言合宜的安慰方式。最重要的，她告訴了我們：「不必在悲慟時逞強。」希望能夠撫慰受傷的心靈，指引人們如何面對生命中最大的傷痛。

二、內容摘錄：

悲慟是一種情感煉金術的展現。失去我們最親近的人會改變我們的人生，但我們依然是我們。悲慟沒有時間表，也沒有失效日期，但你也不會永遠這麼難過。(P.37)

我們無法相互療癒或是讓彼此免於傷痛，但是我們可以傾聽，就讓這作為好轉的起點。(P.118)

我喜歡討論他的人生，這並不是因為討論關於他的死亡的問題，會帶來不愉快的回憶，而是因為我希望記住對他最好的回憶。(P.170)

我們繼續活下去，但是我們和以前不一樣了。這不會令人感到毛骨悚然或令人沮喪，也不是不正常。我們會因為我們所愛的人而塑造成現在的樣子，而他們的殞落也會塑造我們。(P.194)

三、我的觀點：

我內心最幽暗的一處所封印的恐懼，就是面對親友，甚至懷有深厚情感的偶像或寵物的離世。也因為如此，我曾經做過多次惡夢，而我也屢屢在痛苦中醒來後，不住的流眼淚。

每當不經意想起「死亡」這個議題並感到焦慮時，我就會從書本中、網路上、別人口中，或是自己的腦海中尋求定心的方法。其中一個很值得細思，且能分成多個面向討論的點子，是時空的概念——我們在千年以後都已不在人世；人終究都會逝去，差別只在於時間的先後；人的本體其實是意識，就像我們恍若能透過一本書、一幅畫，甚至一首歌跟某個人對話，只要意識還留存，那個人就不算真正消失等。我最喜歡的則是上述有關於「意識」的想法，也是我在聽著最喜歡的歌手唱歌時，心中浮現的感受。若要佐證這個點子，我想用我最印象深刻的座右銘：「面對光明，就看不到陰影。」這句話是我第一位認識的歷史名人——海倫·凱勒所說的。我曾夢過她，並在夢裡看著她一邊閉上眼睛享受暖陽，一邊讀著點字書。感覺很奇妙，明明她是一位逝者，但我卻不感到難過，反而很放鬆，覺得彷彿穿越到了十九世紀，也感受到了她旺盛的生命力。也許這也是人們為何喜歡創作的的原因之一——能夠將一部分的自己，永恆的留存下來。不過，真正面對身邊逝去的生命，或是傾聽一位喪者家屬心碎的故事時，隨之而來的課題和意義，可絕不僅是如何能讓自己好過一些。

書中的前言指出，那些和作者分享自身經歷傷痛故事的人，通常會說：「聽著，我不是要和……相提並論。」而作者也剖析了他們的用意，就是想在作者或是他人對他們的經歷進行批判之前先發制人。看到這段文字時，我有很深的感觸，想到自己也曾拿自己的遭遇跟別人的遭遇進行對比，更懂得沒有任何兩個人的經歷是完全一樣的，每則案例、每個故事的孰輕孰重，都不該被拿來相提並論。而對於人們悲慟的過往，更是不該權衡或量化那道傷痕的標準。

本書提到了一個我一直在反覆理解和落實的價值觀——把自己放在第一位，而不是優先照顧他人的言語或感受。對我而言，這個道理永遠通用，不論是婚喪大事或是日常口角。我曾對一位生性容易憂鬱不安的好友說過：「也許妳可以試著不要一直顧慮別人的看法，因為妳就是妳呀，而妳也應該要最在乎、喜愛自己。」然而她卻回覆我：「我很喜歡自己啊。可是我也想要擁有更多朋友、希望別人把我看得很重要。而且，不在乎別人的話，不是很自私嗎？」她的心情，其實我也能夠理解。不過，把自己擺在第一順位和自私自利、自我中心絕對是兩回事。人來到這個世界上，自始至終最了解且陪伴自己最久的摯友，就是自己。當然，不該做任何會對他人造成傷害的事、也應當在力所能及的情況下給予他人協助。但若是只能完全顧慮到一方，最重要的，仍是自己的意願與感受。對待他人也應是

同等的寬容，就算是好意，在對方不願意回應你的關心時，去體諒對方的難處和苦衷，是能夠給予傷者最好的溫柔。就像作者所說——「不勉強，就是最好的安慰。」

在碰到不順心的事時，我們可能都曾聽過別人安慰我們：「不要哭」、「別難過了」、「一切都會變好的」。而通常，我們最終也能從悲傷的情緒中走出來。但是如果碰上摯愛之人離世的打擊，襲來的無盡悲慟，卻有可能會超出我們能承載悲傷的最大限度。但也因為我未曾體會過這種傷痛，在閱讀本書時更像是單方面的聽著作者的傾訴。然而作者在講述她自身或是他人的悲傷經歷時，從不會使用過於濃烈衝擊的文字，像一位睿智溫和的朋友般的口吻，讓對「死亡」不太有概念的讀者也不會在閱讀的同時感到負擔。祈願在未來，這本書能夠作為未來我無可避免得陪伴自己或是他人面臨傷痛時，能夠攀附並獲得慰藉的溫柔繩索。

四、討論議題：

當身邊的人遭受生離死別的傷痛時，我們能為他們做些什麼？哪些行為能夠真正幫助到對方？

讀
書
心
得



妹妹的翅膀

撰寫人：一年仁班 徐子喬

指導老師：張慧心 老師

作者：劉曉慧

出版社：桔子工作室

內容大意：

一位罹患唐氏症的女孩，她的家人無法接受這個事實，尤其是女孩的奶奶更是重男輕女，在得知女孩患有唐氏症後，根本完全不理會她，當她「不存在」。

然而，女孩並未因為家人的漠視而改變自己的善良。最終用她的天真、活潑打動了奶奶的心。當女孩報名參加學校歌唱比賽時，她的家人很有耐心的一字一句教她。比賽當天，就連住在遙遠鄉村的奶奶都千里迢迢趕來，哥哥還熬夜為她畫宣傳海報。最後，不負眾望的女孩得到了特別獎，她的歌聲是對著哥哥唱的，因為哥哥總是希望自己可以成為妹妹的翅膀，帶她去任何她想要去的地方。

心得感想：

有些人會對唐氏症的孩子懷有異樣眼光，但事實上唐氏症患者跟普通人沒有什麼差異。甚至有時候一般人做不到的事，他們還可以做更好，雖然身體基因有所缺陷，但他們會比一般人還努力，只要大眾給予他們多一點時間、多一些支持，相信他們一定可以表現更好。

如果在學校遇到了患有唐氏症的同學，在他們功課不懂時，就輕聲細語地多教他們幾遍。心情不好時多跟他們聊聊天，只要真心誠意和對方做朋友，我想這對他們來說就會是很大的幫助。社會上，有一些人知道自己懷了「唐寶寶」會選擇去墮胎，但是，我想他們依舊是一條寶貴的生命，只不過長相和基因與其他人不太相同，學習能力比常人慢一點而已，並不能因為檢查出有唐氏症就不要他，畢竟「人生而平等」是很重要。

此外，唐氏症的小孩並不可怕，他們有人成為游泳選手、鋼琴家、爵士鼓手、畫家、演員，因為這些家庭的父母擁有最美的心，書中有一位母親是這麼說的：「或許她在天上的時候，不小心將翅膀折斷了，所以現在身上還留著翅膀的斷痕」。每個「唐寶寶」都是獨一無二的天使，是上天賜給人間的瑰寶，所以對於他們的降生，我們應該感到開心和珍惜不是嗎？

作者告訴我們就算他們患有無法醫治的疾病，他們還是可以跟一般人一樣譜出燦爛的人生樂歌。

星空下的願望

撰 寫 人：一年仁班 陳幸竹

指導老師：張慧心 老師

作 者：徐瑞蓮

出 版 社：驛站文化

內容大意：

主角圓圓是個孤女，從小和阿嬤以撿拾回收物維生。有一次在材料行老闆娘的介紹下到一家舞蹈教室幫忙打掃，這讓圓圓第一次接觸舞蹈的世界。之後她常常利用打掃教室的時間偷偷練習，一次意外，舞蹈老師看到她對舞蹈的熱愛，決定免費讓她來上課。至此，她進步神速，很快就超越班上其他同學的程度。阿嬤知道這事後非常生氣，禁止她再踏進舞蹈教室，甚至還把同學借給她的舞衣剪得粉碎，因為在阿嬤的心中埋藏了一個塵封已久的祕密。

心得感想：

主角圓圓和阿嬤靠資源回收維生，祖孫倆相依為命的情景，這讓從小豐衣足食的我感到不可思議，試想我是主角圓圓，會用什麼態度來與貧窮困苦的阿嬤一同生活呢？會心甘情願地幫忙工作嗎？還是成為不懂得感恩惜福的叛逆女孩呢？

圓圓的阿嬤雖然生活貧困，但是她很有志氣，靠自己的雙手努力養育孫女，阿嬤也有善良、寬容的胸懷，才會讓好心的老闆娘願意幫助她們，阿嬤看似固執不通人情，其實她是因失去女兒的傷痛，想保護孫女而反對讓她學舞，正所謂「愛之深責之切」啊！

我跟故事主角一樣熱愛跳舞，不同的是圓圓得瞞著阿嬤偷偷學習，而我卻很幸運能獲得家人支持與付出，能每年學習舞蹈，還多次享受在舞臺比賽的成就感。

故事主角最終獲得阿嬤同意並努力學習舞蹈，大展遺傳自母親的天賦，成為知名的專業舞者。這個結局鼓勵了我，我知道要好好珍惜每個讀書求學的機會，一步一腳印，只要肯努力，相信日積月累便有可能實現夢想。

情緒勒索

撰寫人：一年仁班 吳奕陞

指導老師：張慧心 老師

作者：周慕姿

出版社：寶瓶文化事業

內容大意：

這本書描述伴侶、親子、職場等關係中常見的情緒勒索問題，其中也詳實敘述情緒勒索會出現的情境，說明它們會以哪些形式不知不覺地出現在我們周邊，使人被動受它操弄擺布。緊接著是描述情緒勒索者會藉由各式理由、關係、宗教、文化、教育，及自身想法和自我情緒來達到情緒勒索的目的。更重要的是，本書也指引我們預防情緒勒索的康莊大道。

閱讀心得：

本書內容淺顯易懂，也非常貼近我們生活！從中，我了解到情緒勒索者的特徵和他們習慣持有的思維模式，例如：通常這些情緒勒索者會是輩分比你大或職場層級比你高的人，這樣的人對於「被拒絕的接受力較弱」，因此當他們被拒時會產生「焦慮感」，此外，他們「過於在乎自己的感受」，所以會選擇施加壓力於人，緊接著威脅，以他人重要的事物來剝奪對方的安全感，自此，被勒索者會開始懷疑自己的感覺是否正確，甚至是質疑自我存在的重要性，而情緒勒索者會趁著這個質疑時刻以「你照我說的做，你就是對的」來誘惑你接受。最終，你將成為毫無自主意願的「機器人」，深受於勒索的泥淖中，進而失去自我價值。

以上內容，讓我深刻領悟到情緒勒索是如此恐怖的事情，好似毒品一般，一旦被它控制了，將會墜入絕望深淵，輪迴不止。

但發現問題，更應面對問題。

所以，我想面對情緒勒索時，千萬別忘了「天生我才必有用」這個千古教條，人生來本就不是為滿足他人需求而活，而是為了展現自我光芒，更是進一步為這社會貢獻一己心力。當你察覺自己被情緒勒索時，一定要以堅若磐石的姿態來反抗。畢竟長久的情緒勒索是一種操控，會讓彼此關係崩壞，對增進個人心理、關係友好、公平正義毫無益處。

安妮的日記

撰 寫 人：一年仁班 施仁翔

指導老師：張慧心 老師

作 者：安妮·法蘭克

出 版 社：智庫文化

內容大意：

安妮的日記是一本記錄從一九二四年六月十二日到一九四四年八月一日的真實日記。起初，安妮純粹為了抒發自己的心情而寫，日記中含有荳蔻少女在暗戀中的羞怯、有黎民百姓在戰爭下的恐懼。日記書寫直至她被人告發，關進納粹集中營前，裡面包含著安妮的短暫生命歷程和當時迫害猶太人的時代印記。

閱讀心得：

就算是德國人的敵人，也有資格活下去！

如果安妮是一株迎著朝陽綻放的花朵，那麼希特勒就是折花的惡魔。安妮的日記寫了很多她從戰爭前、戰爭中被發現後送到集中營的事情。我們可以透過日記細節知道德軍當年的暴行，他們殘忍地把人送進毒氣室，恣意欺侮猶太女性，讓猶太青年持續工作，不准他們休息。安妮和她的家人也非常討厭德國人，就算在集中營中染病，姊姊瑪格從床上摔落而死，安妮仍不管生死，破口大罵那些把瑪格屍體拖走的德國軍人。

一個動盪不安的國家，人民日子會過得非常辛苦，什麼事情都需要小心謹慎，連日常洗澡、睡覺都缺乏自由。甚至因為食物不夠、資源不足，只能過著有一餐沒一餐的貧困生活。閱讀完本書，我無比慶幸自己是生在現代，而不是一九四四年！我們的國家領導是由人民選出，人民擁有民主、自由，因此，能更審慎選擇自己的未來，絕不會讓自己回到過去動蕩不安的社會。

封神傳

撰寫人：一年義班 陳知好

指導老師：張慧心 老師

作者：許仲琳

出版社：東方出版社

內容大意：

這本書記敘從商朝滅亡到周朝興起時發生的種種事件，作者將歷史事實與神鬼想像結合。商朝的最後一個王叫紂王，因太過好色，太過暴虐，造成許多原本臣服商紂的諸侯造反，其中西方的領袖姬昌，藉著軍師姜子牙的神機妙算，帶領著擁有通天本領的將士們，使出渾身解數滅了商朝。其中發生很多精彩又有趣的故事，成功塑造出一些歷史文明上重要角色，例如：楊戩、哪吒、妲己等等。

閱讀心得：

本書裡令我印象最深刻的是姬昌被軟禁時，她的兒子伯邑考到了朝歌想替父親贖罪，沒想到紂王竟聽信妲己的渾話，把伯邑考烤成肉醬，還做成肉餅給姬昌吃。即使姬昌會算卦，早知道這是兒子伯邑考的肉，但為了活下去，終究是只能滿懷悲憤，含著淚水，赤目通紅地將肉餅吞嚥入口。看到此處，我覺得妲己真的好壞，實在是天理難容，這種恐怖的懲罰辦法也能想到，紂王也是沒有人性，如此殘忍的方法竟然可以欣然接受，若這些事件是真實發生在歷史上，那是多麼昏庸的暴君和妖后啊！

如果我是姬昌，我會不知道該怎麼辦？他能忍一時之辱，負重當上周文王，成就周朝的帝王霸業，確實讓我知道人要忍一時痛苦，才有可能享受成功的果實，當然奮鬥中間的努力也是不可或缺的，這個道理看似簡單，實行起來卻很困難，那一時的痛苦會有很多人沒辦法接受，就像我，即使會算卦，我也不能接受吃自己孩子做成的肉餅，親情和帝王霸業往往只能抉一，這便是抉擇的重要性，是要成全親情一同赴死，還是堅忍不拔，拯救萬千蒼生，我想每個人的選擇不盡相同。

奇蹟男孩

撰 寫 人：一年義班 吳禹謙

指導老師：張慧心 老師

作 者：R.J.帕拉秋

出 版 社：親子天下

內容大意：

本書主角奧吉天生患有罕見疾病，曾動過許多次手術，導致顏面殘缺。十一歲這一年，奧吉第一次離開充滿保護的家到小學就讀。小學內的同學都對他指指點點，使奧吉十分自卑，幸好有小夏和傑克願意和他做朋友，但正當奧吉即將真正融入學校生活時，好友傑克的一句話又讓奧吉的心情再次沉入谷底。最終，他了解那段話背後的意涵之後，他們又再度成為要好的朋友，而奧吉也真正融入到同儕的生活中。

閱讀心得：

這本書讓我學到了「不能以貌取人」的道理，重要的是人的內在而不是外在樣貌，如果一個人只重視外表，那就容易變得一無是處。雖然我不能成為奧吉，但如果我是他，想必會盡全力把自己殘缺的那一面遮掩住，不敢面對他人，所以要像奧吉一樣堅強、一樣勇敢，是十分不簡單的，他不只要面對自己得病的事實，還要忍受旁人的嘲笑。

此外，我覺得旁人的幫助很重要，如果我們班上也有類似的同學，我一定要提醒自己，必要時要勇敢站出來為他(她)發聲，不要老是怕會被牽連、被排擠，很多時候「做對的事」比「把事做好」更為重要。

如果出門在外也遇到類似的人，我們也不應以異樣的眼光看待他們，而是在他們需要幫忙時伸出援手，如此社會才會更加美好，世界才能真正成為所謂的「地球村」。

亞森羅蘋－消失的王冠

撰寫人：一年義班 林承傲

指導老師：張慧心 老師

作者：莫里斯·盧布朗

出版社：福地出版社

內容大意：

「在下將親自登門取件！」怪盜羅蘋的來信，令為富不仁的暴發戶古內·馬爾坦如坐針氈。為了不讓價值連城的皇冠被竊，他不但與女兒的未婚夫夏姆拉斯公爵聯手對抗羅蘋，展開了鬥智又鬥勇的激烈交戰。

閱讀心得：

書中亞森·羅蘋最後為了喜歡的人放棄了繼續作怪盜的夢想，讓我發現原來人可以為了喜歡的人、愛你的人、對你重要的人做到「改變」自我！書中也加入了許許多多的知識及人生道理，讓讀者逐一加強自己的分析能力及生活知識，還讓觀眾有種深入其中、神遊其中的感覺。不只如此，作者也將許多歷史真實發生的事件穿插其中，就像是令人聞風喪膽的殺人魔--開膛手傑克，他的殘暴血腥與難以捉摸的犯案過程讓故事生動引人，因此我認為這本書不只適合所有學生，就連成人都可以藉此書來學習到各種豐富的知識，領略到不同的冒險情境。

哈利波特—神秘的魔法石

撰 寫 人：一年義班 盧冠綸

指導老師：張慧心 老師

作 者：J.K 羅琳

出 版 社：皇冠出版有限公司

內容大意：

哈利波特從有記憶以來都一直住在水蠟街四號的德思禮姨丈家，德思禮一家是個平凡的家庭。十歲的哈利波特在家中常常受到不平等待遇，直到有一天他們全家出門時，遇到一位像巨人般高大的男人出現在他們所住的旅館門口，這位名叫海格的半巨人拿了一封信給哈利波特，那是一封來自魔法學校--霍格華茲的錄取信，原來哈利其實名巫師，從此哈利波特開啟了他充滿魔法和冒險的新生活。

閱讀心得：

每次在看哈利波特時，都會有一種置身其中的感覺，好似真的跟著哈利波特從王十字火車站的九又四分之三月臺前往霍格華茲。因為內容總是十分吸引我，所以每次當我回過神時，時間已經過了半小時以上，我想這就是作者J.K 羅琳的厲害之處吧！運用鮮活的對話和詳細且隱藏深意的情節讓讀者也能跟著哈利波特一同冒險，但是寫作還不是她最厲害的地方，更讓我敬佩的是：她竟然能在腦中想像出如此完美的魔法世界，和高潮迭起的冒險。在看《哈利波特》時，我時常對故事的劇情感到出乎意料，原本認為是壞人的人物並非真正的壞人，而真正的好人也不是十全十美者。

哈利波特的作者J.K 羅琳就像是真的擁有魔法一樣，讓哈利波特這名虛擬角色風靡全球，大人小孩都喜歡觀覽他的風采，為之瘋狂。

雖然我看完這本書已經過了好幾個月，但是《哈利波特》的迷人風采和驚心動魄的冒險依然是讓我意猶未盡。

小人物大道理

撰寫人：一年禮班 張育睿

指導老師：張素菁 老師

作者：戴晨志

出版社：海濱

內容大意：

這本書主要是在講生活中大大小小的事，每件事情都蘊含深刻的道理，像是無畏跌宕的空中飛人，這是一篇關於馬戲團表演空中飛人的老手不小心掉下來，而觀眾席中傳來陣陣喝倒采的噓聲，但也有些零星的掌聲，不過噓聲總是令人沮喪的，可是空中飛人卻不因此氣餒，反而加倍苦練，最後就成功了。這一篇故事告訴我們——人的一生中總會碰到許多挫折，碰到挫折時，不要放棄，想辦法克服，最後會結成名為成功的果實。

心得感想：

雖然我的成績不是很好，看書只有三分鐘熱度，可是我第一眼看到這本書的內容就覺得很有道理，讓我想繼續看下去的念頭，於是就把整本書看完。

其中有一篇讓我很感動，那就是災難中的生存故事，這一篇是在講非洲東南的莫三比克，曾經因豪雨成災，造成一百萬人無家可歸、數千人死亡的悲劇，許多居民來不及遷走，只好爬到樹上等待救援，其中有一位三十六歲的女性，她挺著大肚子準備生孩子，她無處可逃，為了保住肚裡的孩子，她只能和別人一樣爬到樹上，避免被沖走。就這樣她待了四天，終於等到救援，不過這時候她的孩子出生了，救難人員立刻送她去醫院，後來兩個人都平安獲救了。

讀完這一篇讓我覺得我們住在台灣沒有水災、有飯吃、有書念和疼愛我們的父母，豈不是天底下最幸運的人嗎？的確，人生有許多辛酸和苦難，但我們都得學習一一度過、慢慢熬過，畢竟比起其他人的災難和厄運，我們已經是夠幸運了，不是嗎？因此，在低潮時，我們可以試著展現愉快的笑容，如果我們在不幸之中展現笑容，衰運就會遠離我們，好運馬上會降臨。

小小媽咪的天空

撰 寫 人：一年禮班 紀俐安

指導老師：張素菁 老師

作 者：易小歡

出 版 社：驛站文化事業有限公司

內容大意：

小潔從有記憶以來，就一直不知道自己的爸爸是誰，其實，她打從娘胎起就是個父不詳的女孩，因為她媽媽年輕時的無知，再加上一直在外地工作，小潔只能跟著百般呵護她的外公，和喋喋不休的外婆一起住。她非常渴望有一個人可以毫無保留地疼愛她，可以替代不存在的父親和她與母親之間的距離。自從學長闖入了她的世界，她毫不猶豫的墜入了深深迷戀之中，更傻傻的以為自己從此找到了幸福，人生不再有缺憾。誰知？這卻是她生命中最難解的一課。

心得感想：

看完這本書的感想是：學生不要太早談戀愛，因為年紀小不懂事，以為自己找到了幸福，但並沒有，因為他根本就不是可以一直陪著你的人，他總有一天會離開你，換一個新的對象，就像這本書的主角才國二就有了性經驗，她總是覺得自己很厲害，而她的男朋友才國三而已，沒有經濟來源，再加上他還是一個很愛討好女生的學長，人見人愛，所以他會動不動的就換一個對象，「不喜歡就不要了，再換一個就好啦！」學長心裡是這麼想的，不久後女主角就懷孕了。自從她告訴學長之後，學長就開始和她保持距離，還私底下偷偷交了一個新的女朋友呢，真得很過分。

也因為女主角的無知，才相信那個可惡的學長，變成了一個小小媽咪了。

所以這本書告訴我，不要隨意的就去別人家裡，也不要太早交男朋友，更不可以相信那個才大你一歲的人，至少要等到你成年了，有工作，可以自己獨立的時候再交比較好，因為那個時候你已經可以分辨可以跟不可以了！

小婦人

撰寫人：一年禮班 李宥宏

指導老師：張素菁 老師

作者：林文月譯

出版社：台灣東方出版社

內容大意：

在美國的一個大鎮的郊外，住著姊妹四個人。由於父親從軍，很久都沒回來，所以只能和母親相依為命。四姊妹的個性截然不同，大姊美格好虛榮，但很溫柔；二姊喬詼諧爽朗，但好勝；老三佩斯心地善良、很會彈鋼琴；最小的是愛咪愛好繪畫，但常給姊姊們添加麻煩。四個姊妹共同經歷了生離死別與生活的淬礪，並在母親的教導下，各自發揮所長，成為成熟的小婦人。

心得感想：

小婦人是描寫四姊妹的家庭生活，這個家庭的中心點，是她們的母親。這位母親就像是這個家的掌舵人物，不但經營家計，還致力於孩子們的養育工作。以這位高貴而充滿堅定信仰和理想的母親為背景，四姊妹各自發揮不同的個性，朝自己的理想邁進。

姊妹之間雖然有一些摩擦，像有一次喬詼諧寫的書被愛咪燒掉了，喬詼諧非常生氣，雖然愛咪有去道歉，但是脾氣不好的喬詼諧不肯原諒她，直到有一次她們去溜冰時，愛咪不小心掉進了湖中，差點溺斃，喬詼諧才發現自己的脾氣竟然對妹妹造成這麼大的傷害，懊悔不已。幸好有母親開導才改掉這個壞脾氣。

這段讓我感觸很深，如果一個人時常生氣，那麼他身旁的人也會不開心，做事也會不順利，所以我們要笑口常開，改掉不好的脾氣。

環保一年不會死

撰 寫 人：一年禮班 葉秉修

指導老師：張素菁 老師

作 者：柯林貝文

出 版 社：野人文化

內容大意：

本書說明作者覺得地球暖化已經愈來愈嚴重了，大家不能再繼續製造垃圾，所以作者一家人決定整年都不製造垃圾、不用電、只買當地食物，不買外面的食物，採用「零垃圾」實驗，不過他們在執行中遇到了麻煩，就是他們家裡有一個小嬰兒，但是非常厲害的是，連小嬰兒也會不製造垃圾，非常神奇。過了一年後，作者瘦了9斤，老婆的糖尿病也轉好。

心得感想：

現在地球暖化真的非常嚴重，常常引起洪水、乾旱、南北極的冰融化、海平面上升等災害，是非常嚴重的災害。所以我們應該要好好保護地球。不過說起來容易，做起來卻有難度，所以我很佩服作者。不過我會試著做到減少垃圾量，這樣對自己不但也有好處，對地球也有好處。通過作者實驗讓我知道「環保」並不是要犧牲舒適的生活，而是讓我們學會享受生命、體驗生命，把生命花在有意義的事情上。作者的實驗甚至讓台灣發起「無塑生活」作為致敬與迴響，讓台灣的「環保」更進一步。我爸爸常常說台灣的飲料店不給塑膠袋或吸管就讓台灣人忍受不了，更何況是作者的「零垃圾」實驗，但是我知道，如果你跟作者一樣，有想盡力的保護地球，那不管在怎樣的環境下，都一定做得到，絕對不會有「不可能」這三個字。雖然要到達作者環保的境界非常困難，可不是4、5次就可以達到目標，但我覺得我們依然可以做一些小事來愛護地球，像是我們可以少吹冷氣、隨手關燈關水、多搭乘大眾運輸工具等，既可以省錢，也可以避免地球暖化，何樂而不為呢？

詩魂

撰寫人：一年智班 陳昱霖

指導老師：杜慧玲 老師

作者：陳郁如

出版社：親子天下

內容大意：

十五歲的柳宗元和唐朝詩人同名同姓，但卻對唐詩一竅不通，直到有天，他成功背出〈江雪〉，卻意外來到一個神奇的異境，在白雪皚皚的江邊，不見飛鳥雲煙，只有一個帶著蓑帽的漁翁在釣魚，和詩裡描寫的內容如出一轍，來到〈江雪〉的宗元發現詩境遭到邪惡力量破壞，就連原本守護詩境的詩魂也被陰暗之器所滅，不過詩魂在消失前，將僅存的力量化為五個魂氣。分散在五首詩之中，這五個魂氣正是找回詩魂，恢復詩境的唯一希望，不懂唐詩的宗元，就此開啟了一條唐詩的冒險之路。

心得感想：

這本書最令人激賞的地方是作者從我們耳熟能詳的唐詩著手，例如：〈江雪〉、〈登鶴雀樓〉、〈春望〉……創造出步步驚魂的全新故事，〈江雪〉的確能讓人心中浮現寒冬的景象。〈春望〉也能讓人聯想到戰爭，並藉由語譯加上作者的想像力，撰寫出緊張刺激的奇幻小說。

此外，我覺得這次作者選擇的題材很特別，因為她選擇的是現代小孩都避之唯恐不及的「唐詩」，但是作者也很完美地化解了這個問題，也就在我開卷閱讀不久後，就已經感受到作者那完美的寫作手法，讓我輕易地進入故事情節中，彷彿自己身歷其境，和他一起背誦唐詩，找尋被藏起來的詩魂、和敵人對戰，主角所經歷的一切，我好像也經歷了一遍，也難怪身旁的同學都說我看書看得渾然忘我，因為內容太精彩，使我手不釋卷，書本就像黏了膠水一般，緊緊地黏在我手上。

最後，我真的覺得這本書十分引人入勝，其中每首詩都有屬於自己的詩境，每個詩境僅使用文字敘述，就讓人覺得是一個好地方，但當壞人——龍兮行出來破壞詩境時，總是讓人有一種從天堂掉到地獄的感覺，尤其是主角和龍兮行對峙時，充滿了刺激感，真是一本讓人欲罷不能的好書。

贏家

撰 寫 人：一年智班 溫羿閔

指導老師：杜慧玲 老師

作 者：傑瑞·史賓尼利 譯者：麥倩宜

出 版 社：小魯文化股份有限公司

內容大意：

本書主角叫辛可夫·唐諾(簡稱辛可夫)，辛可夫愛笑，但有時候會笑到老師無法上課。他也愛踢球，但有時會踢出烏龍球。他想和爸爸一樣當一位郵差，但他寫的字除了他自己以外，沒人看得懂。所以班上沒有同學想和他一起玩，叫他輸家，但他並不在意，因為他每天都很開心，期待有一天同學們會認同他。

心得感想：

看完這一本書後，我覺得每一個人都有自己認為重要且想要守護的事物，友情、成績、愛情、家庭、工作、金錢……各種事物都能夠成為生命中最重要的一環，所以我們不管身在何處，都應該尊重那些與眾不同的人，給予適當的肯定。相反的，也不要因為與眾不同而選擇掩蓋真正的自己，儘管遭受失敗、挫折，也要保持正向的信念，給自己「與眾不同」的自信心，只要能夠接受自己與他人的不同，有病、怪胎、神經病這些字眼都不足以畏懼，讓習慣批評、汗辱別人的人感到無趣，他們就不會再汗罵別人，如此社會將更和諧、溫暖。

沒有人能夠限制、束縛你，能將你框架的，只有你自己。若是我們可以永保單純、快樂之心，世界上就不會有憂鬱症、自閉症等心理疾病，也不會有人因為過度悲憤而自殘，更不會有人為了擁有那虛假的幸福，而去吸食毒品或付出金錢以及健康等方面的昂貴代價。看完這一本書後，真的讓我獲益良多。

找死專賣店

撰 寫 人：一年德班 王之佑

指導老師：鍾幸純 老師

作 者：尚·德雷 譯者：梁若瑜

出 版 社：皇冠叢書

內容大意：

找死專賣店是一家祖傳 10 代都以販賣各式自殺用品著稱的老字號，店裡的每個人終日都愁眉苦臉、了無生氣，他們唯一的目標就是幫助顧客輕鬆「上路」。但店主的小兒子卻是個「例外」，熱愛生命還總是笑臉迎人，在他那天真無邪的笑容下感染了全家人，最終全家人決定以正向的態度看待生命，感受生命的美好。

心得感想：

「叮咚！叮咚！歡迎光臨找死專賣店，請問客人想以何種方式『上路』呢？」當我看到書名時，腦中便浮現出這個畫面，這是一本描述一間專門販賣各式自殺用具的小店，老闆屠氏一家代代都以幫助顧客輕鬆地赴死為榮，而在屠氏夫婦的精心教養下，大兒子文森與二女兒瑪蓮終日愁眉苦臉、總想一死了之，但小兒子亞倫卻是個異類，他每天都笑臉迎人。我認為整部小說中我最喜歡的角色是亞倫，他沒有和家人一起沉淪，反而是以他獨有的方式感動家人，讓一切事物都洋溢著他那無憂無慮的快樂；他身上每一個線條彷彿都在訴說著生命的美好，讓人不由自主地對未來懷抱憧憬，這是亞倫令我感動之處。這本書另一大特色是對人物的刻畫非常精細，角色栩栩如生、個性鮮明。此外，場景的安排也頗具巧妙、架構清晰，尤其是結尾的轉折，更是令人驚奇不已、回味無窮。我認為亞倫會如此積極改變社會大眾對於死亡的看法，是因為書中角色會選擇自殺多半是源於對生命的絕望，認為人生已毫無希望，但亞倫對生命的熱愛為大眾點起一盞指路的明燈，他的赤子情懷令家人對未來產生了信心，他鼓舞了自己，也鼓舞了世界，儘管最後是以悲劇收場，但看著大家臉上洋溢的笑容，他一生的努力便有了成果，我非常敬佩他對生命的態度。這本書非常精彩，適合推薦給對生命無望、想要盡快「上路」的人！

辛德勒名單-木箱上的男孩

撰 寫 人：一年德班 古湘渝

指導老師：鍾幸純 老師

作 者：萊昂·雷森 譯者：呂玉嬋

出 版 社：國語日報

內容大意：

本書是在描述當年希特勒與納粹屠殺猶太人的經過，作者是一位猶太小孩，在他 10 歲那年就被希特勒禁學，12 歲被迫要出外找工作，後來劃分出猶太區，全家人都得和其他猶太人擠在一塊木板上睡覺，早上不到 5 點就要起床做工，中午的午餐只有清淡的湯，導致 15 歲的男孩卻只有 10 歲的身材，直到後來遇到一位工廠老闆-辛德勒。辛德勒雖為納粹，但他待猶太人與其他納粹不同，他讓猶太人一天可以睡 12 個小時，且午餐可以多有一小塊麵包等。

作者的大哥及二哥都死於納粹手中，且作者也經歷近百次的死裡逃生，因此作者自稱幸運的孩子。

心得感想：

本書讓我領悟到我是個幸福的小孩，可以讀書、有三餐可以溫飽，不用經歷多次浩劫，也不用被多次凌虐。有時候我們認為自己的處境很悲哀，其實只要換位思考，就能發現其實我們是幸福的。再想想當我們正在和爸媽享受天倫之樂時，有些孩子卻必須在孤兒院面對被爸媽遺棄的事實；當我們正在和老師抱怨營養午餐不美味時，在遙遠的那一頭某些難民營，他們卻飽受沒有糧食的痛苦。我們還有抱怨的權利嗎？然而，故事中的主角雖然在人生中受到許多折磨，但他們卻能因小事苦中作樂而笑得合不攏嘴。反觀，現實生活中的我們，遇到的一點生活不順遂又能算什麼呢？這啟示我們：不能因外在的環境，而放棄讓生命發光的機會，因為機會是不等人的。我們可以自我創造機會，更要好好把握，秉持著「幸運之神雖然不是每次都可以眷顧到我，但總會有被我等到的那一次」的這種態度。遇到挫折不放棄，看準時機改變思維。平心靜氣時我們即能發現：有時候人生並不是我們想得如此艱難，只是需要轉念而已。

莎士比亞悲劇故事精選

撰寫人：一年德班 陳頌喬

指導老師：鍾幸純 老師

作者：管家琪

出版社：幼獅文化事業股份有限公司

內容大意：

這本書從莎士比亞的眾多悲劇作品中，選出其中最膾炙人口的五部作品：《羅密歐與茱麗葉》、《哈姆雷特》、《奧賽羅》、《李爾王》和《馬克白》。這些悲劇作品都取材於與莎士比亞同時代的，或是更古老的歐洲歷史故事，講述著生命中最絕望的一些悲痛。這五部作品中的主角們各自懷抱著殘缺的性格、失控的野心、過度的壓抑以及失去理智的嫉妒，且一步步導演著自身的毀滅。

心得感想：

莎士比亞的作品幾乎都很重視結構，不但情節豐富，而且還充滿強烈的戲劇感，總是能激起人們的想像力，因此，我們在欣賞莎士比亞的作品時，它總能震撼到我們，總能讓我們在閱讀的過程中還可以去思考與反省。而莎士比亞對人物性格的描寫，與強烈生命力的刻畫，更能夠使我們去探索人類的內在與精神的無限性。

然而，在讀完這本書後，我不免對人性有失望與無奈的一面，但這也促使我們去思考，如何用正確的態度去面對人、事以及生命。在莎士比亞的悲劇中，常常會看到一些幽默的言詞，同樣的，在他的喜劇中也不時會出現喜劇的因子。莎士比亞在「矛盾」這方面可說是非常擅長的，或許他認為人生本來就是充滿矛盾的吧！

莎士比亞所描繪的悲劇不只是戲劇，更是人的一些共同性，可能會以另一種樣子出現在現實生活中。而欣賞悲劇中的因與果、善與惡，這或許就是它美的地方。正因如此，莎士比亞的作品才能永久的流傳，且歷久不衰，相信不管是哪一個時代的人，都能夠對莎士比亞的作品有所啟發並且深受感動。

危險心靈

撰 寫 人：一年德班 葉庭好

指導老師：鍾幸純 老師

作 者：侯文詠

出 版 社：皇冠叢書

內容大意：

國三的小傑是學校的麻煩人物，因為在課堂上看漫畫，而被班導詹老師罰到走廊上課和吃飯七天。在一堂數學課中，小傑因成績退步而被詹老師羞辱，憤怒又失望的小傑，已無心聽老師講課，在校園亂晃遇到了校長，小傑向校長舉報自己對詹老師的不滿，校長卻表現出了不在乎的模樣，詹老師知道小傑翹課此舉動後請小傑的媽媽到學校談判，沒想到詹老師的說詞惹怒了小傑，氣憤的小傑和老師發生衝突，這些看似沒什麼的事，最後卻愈演愈烈，從媒體的介入到眾人上街抗議，要求教育重新改革，小傑這才意識到這一切的爭執不僅對自己沒有利益或收穫，反而造成了傷害，失去了原本的目的性。

心得感想：

看完《危險心靈》本書後，給了我許多的啟示：我們從小到大都會收到許多的獎懲，受到了懲罰不可避免使自己不開心，但我們要思考的不是如何去應付師長，我們應該要反省自己哪裡做錯了？我們往往只考慮到對自己有利益的一面，但我們要做的並不只是這樣。書中，詹老師的舉動被媒體放大，不但破壞了學校名聲也使小傑成了報導裡的「受害者」，雖然詹老師的懲罰方式不是對的，但小傑的行為也不是正確的，在上課做了不好的示範、對老師動手等等，或許大家都可望成為大家眼中幽默的對象，卻有些人誤解了這兩個字，在別人眼中就成了愚蠢。經過媒體的報導後，開始有民眾街抗議，要求重新改革教育，把小傑事件當做例子，不應該如此對待學生，或是不應該將老師的權益放大這麼多，使小傑和詹老師的行為被放大檢討。每個學生在學習之前，都抱著好學的精神、遠大的理想等等，但往往因為興趣的不同、家長的因素等原因而喪失學習的動力，我認為學習的動力並不是天生就有的，而是要自己創造的。我們可能為了面子而讀書，也可能為了應付師長而讀書，但真正要想的並不是這些「為了讀書而讀書」的藉口，而是為自己讀書、為追求更好的自己而讀書。這本書的意義和用詞雖然都寓意頗深，但能看出表面上作者所要向學生們表達學習的重要性，以及呼籲大家對教育的重視。

歌劇魅影

撰寫人：一年德班 羅凡媚

指導老師：鍾幸純 老師

作者：卡斯頓·勒捐 譯者：楊力

出版社：遠流出版社

內容大意：

1910年出版的法國作家卡斯頓·勒胡所撰的愛情驚悚小說。描述十九世紀發生在法國巴黎歌劇院，外表純真美麗，擁有天籟之音的首席女高音克莉絲汀，與戲院投資人勞爾·夏尼子爵和相貌醜陋戴著面具、神出鬼沒躲避世人，驚懼鄙視眼光的音樂天才艾瑞克（魅影），他們之間的三角愛情故事。

魅影有著無與倫比的才華，以「音樂天使」角色指導克莉絲汀歌唱。她曾經對他充滿崇拜、仰慕、信賴和依戀，魅影讓克莉絲汀成了萬眾矚目的明星。直到她被「魅影」帶到地窖，取下面罩，看到恐怖扭曲的面容後，頓時產生恐懼，促使她接受勞爾的愛情。而魅影為了得到克莉絲汀，不顧一切為達到目的做出許多既恐怖又血腥的殘忍事件，趕走他討厭的歌手，並干涉主角人選和劇情安排，手法令人髮指。

心得感想：

《歌劇魅影》是一部愛的占有與成全的故事，它將人性描繪得淋漓盡致，愛的最高真諦是成全，全心全意為對方幸福著想。愛人是辛苦的，被愛是幸福的，得不到回報的愛是苦澀難捱，當所有努力都徒勞無功絕望之時，唯有將愛昇華為高貴的成全，放手祝福對方，同時也釋放自己解開禁錮重獲自由。

整篇故事乍看之下只是在訴說著一個可憐人的愛恨情仇，但若仔細去思考，便會發現在它華麗的外表下，隱藏著人性的醜陋面：嫉妒、自私、猜疑、自憐自哀，勞爾就像故事中的一盞明燈，他代表著白晝，襯托著艾瑞克的黑夜。

魅影終究只是魅影，存在於黑暗底下的影子。魅影身心靈的不健全，使得他充滿無情與邪惡，這正顯出他的自卑與脆弱。但現實就是如此殘酷，最後只能把自己深深的愛意藏在影子底下，當一位守護者。有陽光的地方就有影子，有人選擇當陽光，有人抉擇當影子，是命運的殘酷也是宿命的安排。當影子不再存在，此時也失去了陽光，明與暗是同時存在，善與惡也是一體兩面。在現實生活中，類似的故事劇情不斷上演，大多數的人都是外貌協會的成員，只注重外表美麗俊俏，對於內心的高尚品德涵養反而較不在意。但我深信：擁有豐富的心靈，生活雖平凡，也能贏得最圓滿的愛情。

陌生人

撰 寫 人：一年德班 林文山

指導老師：鍾幸純 老師

作 者：李家同

出 版 社：聯經出版事業公司

內容大意：

這本書含括了許多篇幅。主要的內容為描述作者的親身經歷及旁人的作為啟發作者靈感所寫的虛擬故事。這本書所要傳達的是被忽視的社會人群和關懷弱勢團體。書中傳達要常常自我檢討，不要批評別人……等道德觀念與品行涵養。

心得感想：

現代的人每天都為自己忙碌，甚至都只有想到自己，他們是否應該抽點時間，來想想周遭的陌生人，因為世界上有許多不幸的陌生人需要我們的幫助，有了我們的幫助，一定會讓那些人感到溫暖。

雖然我還是個青少年，但是我完全可以體會那種「助人為快樂之本」的心情。因為我跟同學一起在學校幫忙過那些迷路的客人，使他們可以順利到會場去比賽。那種幫助別人的心情，真是有如飛上枝頭的雀鳥。這本書寫了很多關於幫助陌生人的事蹟，看完這本書會讓人很想實際去做善事。

當家人如果有發生什麼事情，我們會即刻地去幫他。他們需要借錢，我們會去借他；他們需要食物，我們會去煮給他們吃。相對的，我們如果發揮一點同情心，我們也可以去幫助那些真正需要「幫助」的人，突破只對待家人的界線，甚至延伸到陌生人。

這本書給我非常多的啟示，是在課本裡學不到的，所以我特別的珍貴。被別人幫助心裡可能感覺很好，但幫助別人，一定比被幫助的心情更好上幾倍。我期許自己：當陌生人在受苦時，我們不要只做旁觀者，試著向陌生人伸出援手，快樂絕對會來到你的心中。

在天堂遇見的下一個人

撰寫人：二年仁班 吳佩姍

指導老師：彭淑惠 老師

作者：米奇艾爾邦

出版社：大塊文化

內容大意：

主角安妮是上一集《在天堂遇見的五個人》中主角艾迪先生救的小女孩。本書中安妮因為新婚夜的熱氣球意外，而身負重傷，但看見了自己老公的情況危急，便跟醫生說要捐一半的肺給老公。在器官移植手術上，安妮陰錯陽差的去了一趟天堂，在她見完第五個人之後，又奇蹟似的復活了。

心得感想：

我覺得這本比《在天堂遇見的五個人》更好看，更吸引人。可能是因為這次續集主角是女生，亦或是因為這次主角竟然重回人間，這要多幸運才可以在有生之年去過一次天堂？

主角安妮在天堂遇見的五個人分別是：幫安妮在做手部重植的主治醫生、好寵物克莉絲、媽媽羅琳、救命恩人艾迪先生，以及她的丈夫保羅。在與五人相遇時，每一個人都教導了安妮一件事。主治醫生要她珍惜她重新獲得的手，不要只憑它的外貌醜陋就討厭它。她的寵物則是告訴她，每個人的付出都會有回報，不會沒有，只是時間還沒到而已。媽媽告訴她，該說什麼，該做什麼，都應立即去做，不然之後多後悔都沒有用了。艾迪先生說：「每一個人都有他獨一無二的位置，沒有人註定是當無名小卒。」而她的一夜老公保羅，則是要她在人間好好活著，不要因為過度悲傷而傷害自己。

這本書的內容及作者，都讓我非常驚訝，不只是童年被長輩耳濡目染，認為死去是很可怕的事情，更是因為作者所描述的天堂與我想像中美好的天堂差很多。但我十分嚮往作者描述的天堂，猜想著我會遇到哪五個人。但我可能不像安妮幸運，可以到天堂走一遭，所以，人死後又有誰知道會發生什麼事呢？不如，好好活下去，充實每一天的自己，死了才不會有遺憾。

生命旅程中會有許多課題，我們要慢慢去學習，學習活著，也學習死亡；學習永恆，也學習瞬間，最後體會到生死的意義與價值。

蒼蠅王

撰寫人：二年仁班 林子薰

指導老師：彭淑惠 老師

作者：威廉·高登

出版社：幼福文化事業有限公司

內容大意：

因為飛機失事而掉到荒島的瑞弗，在遇到小豬後，找到了一個海螺，於是他吹響海螺，想把島上的人都集合，來的人有年僅六歲的小孩們，還有由傑克帶領的唱詩班，但就是沒有大人，後來瑞弗在領袖選舉中贏了，於是他召集了大家，他要大家先升火，接著去蓋茅屋，然後由傑克和他的獵人們去打獵，但後來瑞弗和傑克因為升火的事而吵架，於是傑克帶著他的人自立部落，結果越來越多人加入他，後來因他們殺死了兩個人，讓瑞弗知道他們的心變了。最後瑞弗獨自逃亡，傑克放火燒了森林，卻也因為這場大火使他們獲救。

心得感想：

本書主要敘述一群被困在荒島上的兒童在完全沒有成人的引導下，如何建立起一個脆弱的文明體系，最終由於人類內心的黑暗面，導致這個文明體系無可避免地被野蠻與暴力所代替。故事的主旨建立在他們因四件事而產生分歧。

第一件事，是對未來感到未知的恐懼和害怕，它們一直認為森林裡有怪獸，但那只是他們的恐懼，不過，他們因為這件事而分成兩邊，一邊是想安於現狀，而一邊則是想殺掉怪獸，好無後顧之憂。第二件事，是因為升火，這件事成為故事中最重要轉捩點，由傑克所帶領的人認為生存是最重要的，而傑克他們覺得獲救才是首要目標，於是他們從此分裂成兩派。第三件事，是因為傑克他們殺人，他們因為想要生存，使他們想要活下去的欲望更加強烈，最後這個念頭壓過了理性，使他們的心態和行為開始轉變。第四件事，是因為上述三件事而造成的，在他們之中，有些人很清楚知道自己要的是什麼，但有些人卻還在迷惘，於是他們有了語言和思想的問題，就像那些只有六歲的孩子們，他們不知哪邊對他們來說是更好的，而有些人是因為被強迫加入，而那些被強迫的人決定當個啞巴，他們認為不說話對他們來說才是最好的。

這本書中沒有明確指出什麼選擇是好的，什麼選擇是壞的，雖然有些人可能會認為殺人的傑克是不好的一方，但以另一個觀點來說，他們只是為了生存而選了不得不然的決定。

在阿拉伯有一句諺語：「世上唯一的財富是知識，唯一的邪惡是愚昧無知。」這句話在這些孩子們身上得到印證，因為他們的莽撞，造成不必要的火災；因為他們的衝動，無數的生命因此殞落。人們總以為，孩子是天真無邪的，但在故事的第一幕裡，這些孩子齊心合力所做的第一件事，竟非建造，而是破壞。這似乎也說明了，人類具備的破壞性，從來不分年齡大小。所以教育和秩序對孩子而言更形重要。

佐賀的超級阿嬤

撰寫人：二年仁班 陳思妤

指導老師：彭淑惠 老師

作者：島田洋七

出版社：先覺出版社

內容大意：

八歲那年，昭廣從廣島來到佐賀鄉下的阿嬤家，迎接他的是一間破爛的茅屋和曾經帶著七個子女的阿嬤。雖然日子窮到不行，但樂天知命的阿嬤總是有神奇而層出不窮的生活祕訣，在物質匱乏的歲月裡豐富了昭廣的心靈，家裡也隨時洋溢著笑聲與溫暖。

心得感想：

書裡的故事年代離現在的我已久遠，相較之下，我有父母親陪伴且豐衣足食，難以想像當時物質短缺的生活。

我跟著書裡的故事，走進昭廣的成長過程。書裡的阿嬤有著樂天知命的個性，使困難迎刃而解，她從不抱怨生活中的不如意，總是用「心」過生活。阿嬤幽默且獨特的生活智慧，讓昭廣學會樂觀面對困境，並積極開朗的過每一天，阿嬤不著痕跡的關愛，一點一滴的灌注在昭廣身上，使他能在佐賀平安長大。

佐賀阿嬤有兩個故事讓人印象深刻。一則是便當。小男孩昭廣沒錢，便當只帶了黃蘿蔔乾和梅子，在運動會的時候，大家都吃特別便當，他怕丟臉，躲回了教室偷偷吃。這時老師走了進來，說：「啊呀，我今天肚子痛，聽說你有帶梅子便當，它對肚子痛比較好，可以跟你換一下嗎？」於是，昭廣吃起了他覺得此生中最豐富的便當。想不到。另一個女老師隨後走了進來，以相同的理由說：肚子痛，想換便當，昭廣因此明白了，這是老師的美意，讓昭廣不會有受幫助的感覺。

另一個小故事是：阿嬤老是買破了的豆腐，因為可以半價。有一次，昭廣去買，老闆一看，沒有破了的豆腐，昭廣正要走，老闆突然說：啊，有了，破了的在這裡。他拿出一塊豆腐，上頭有一個用手指頭戳破了的小洞。那顯然是老闆有意的。佐賀阿嬤有一句名言：「真正的體貼是讓人察覺不到的」。我想這正是《佐賀超級阿嬤》特別感人的地方。

故事中提到的每段小故事，使我彷彿身歷其境，跟著阿嬤節儉的生活。阿嬤面對家裡的貧困，不僅承認「窮」，甚至還說：「我們世代都窮，但窮得很開朗。」在樂觀正向的阿嬤眼裡，貧困顯得微不足道，讓我不禁深深佩服阿嬤超級樂觀的精神。阿嬤超級有趣的創意，值得學習；阿嬤超級勤儉的個性，使我印象深刻。我想學習阿嬤的處事精神，用積極正向的心理面對生活，努力過每一天、認真看待每一件事。

16 號橡皮筋

撰 寫 人：二年仁班 傅禹桐

指導老師：彭淑惠 老師

作 者：安德魯·克萊門斯

出 版 社：遠流出版事業股份有限公司

內容大意：

每年聖誕節後，帕瑪小學都會辦一場聖誕音樂會，六年級合唱團歌唱節目是這次表演的壓軸。而哈特·伊凡斯是校園裡的風雲人物，某次因練唱太無聊而拿出兩條 16 號橡皮筋打亂了老師原本安排好的課程，導致梅涅特老師大發雷霆，甚至還放棄職責讓學生自行領導，最後是由哈特擔任指揮，而梅涅特老師則在適當時伸出援手，就像是學生可以依靠的肩膀，同學們也團結合作，造就了一場完美的音樂會。

心得感想：

故事中哈特擔任指揮時，並不是每件事都很順利，在討論的過程中，大家難免會有意見不合的時候，但最後透過老師的建議，讓同學們又再次團結了起來。

人與人相處時，多少都會起爭執，但如果我們能多聽聽他人的想法或建議，並且適當採納，也許就不會造成這些衝突發生。

書中也有提到情緒管理的問題，就像梅涅特老師一樣，因為兩條橡皮筋而動怒，並以看學生好戲的心態放棄職責，但當他冷靜下來後，開始欣賞同學的表現並給予支持和領導。人在生氣的當下，常常因為憤怒而做出一些傻事，直到冷靜下來時才發現自己犯下的錯誤，但已經無法挽回，所以我們應該要適時的管理情緒，以免犯下不可挽回的錯誤。

我很喜歡這本書，因為內容豐富很有想像力，當面對問題時，學生們很熱情的參與討論，完全不害怕上台演出，我想我應該要多學學他們這種不吝嗇、不害怕的精神，努力爭取機會把自己的才能表現出來，我一定要努力學習拿出勇氣來做該做當作的事。

許多事都是一體兩面，在此書中，我也學會用不同面像看事情，有時主觀成見反而侷限了自己的思維，開放多元才能容納更多創意。

Starting Over 重啟人生

撰寫人：二年仁班 湯恩慈

指導老師：彭淑惠 老師

作者：三秋 綰

出版社：台灣角川出版社

內容大意：

主角因一場車禍回到十年前，開始了第二次人生，雖然可以重新來過，但卻因此失去了一部分的記憶，因為過度的相信，一定會和第一人生一樣美好而不去努力，忘了第一人生所學，導致成績一落千丈，記憶不完整，認錯女友，被原好友霸凌……。發現和第一人生的自己一樣的分身，男主變得墮落，連帶家裡也變得一團糟，後來在第一人生發生車禍的那一天，取回了自己的記憶，為了彌補自己的悔恨，和原本的女友一起幫助分身逃過車禍，結束了扭曲的一生。

心得感想：

這本書中的男主角之所以在第二人生中墮落，是因為他不再去努力，被霸凌，變得孤僻，恨著、逃避著人生……。在閱讀的時候，我都不自覺地跑出各種畫面，文字轉成動畫在我腦海中播放著。這本書讓我了解，就算你知道了未來，但可能會不盡相同，不努力最後再美好的未來也只是一場夢。

前世今生都可能不一樣，不踏出那一步，哪知道前方有什麼美好的風景等著你，沒有什麼是一定的。走錯路沒有關係，只要重新調整，再找到正確的路、方向就好，光是悔恨於事無補，為何不去做些可以彌補的事呢？人唯有在一無所有、痛苦時才會明白，後悔是什麼。因為知道就不會再做出更多讓自己後悔的事，做事三思而行、努力奮鬥、用心細心，配角也可以成為主角。相反的，主角也有可能成為配角。所謂的分身，也只是比自己努力的人，努力爭取的成果。

書中有許多地方值得我們深思，每句話都隱藏著許多道理：十年創造完全不同的未來，放下自己的恨，造福別人美好的未來等。其中我最喜歡的一句話就是，主角的妹妹在書的最後說的：「從現在開始，我會再一次重新修改一切，差不多是反擊的時候了。」就如同別人常說，這並不是結束，而是一個新的開始，只要努力，我也能夠修改一切。

一日一修煉

撰 寫 人：二年義班 溫珮絜

指導老師：邱秀春 老師

作 者：許添盛

出 版 社：賽斯文化

內容大意：

這本書收錄了許添盛醫師推廣賽斯文化的各個演講，希望透過理性與感性的層面，指引大家心靈的方向，幫助人們對抗生活帶來的負面能量，活出自由自在的快樂人生，具體感受「每天的生活，都是靈魂的精心創造」，讓每天的生活都從「心」開始。

心得感想：

《一日一修煉》的主旨圍繞在「輕鬆點，永遠有希望。」這句話，來自四面八方的生活壓力，控制了我們的情緒和心靈，如同將我們束縛在厚繭裡，但如果可以轉念一想，給予自己放鬆的時間，重新去認識周遭的一草一木，正如古人云：「山重水複疑無路，柳暗花明又一村。」有時放鬆心情，轉個彎，又可以看見不一樣的風景。

其中令我感觸最深的一篇是——〈肯定自我價值〉，許添盛醫師說：「這輩子一定要問自己：『我有沒有真正好好的愛我自己？還是都在為別人付出、犧牲、著想，然後委屈自己？』」人們容易受到外界價值觀的影響，被囚禁在他人眼光的囹圄，處處在意別人給予的評論，慢慢的失去自我，不自覺中，在心中築起了一道掩飾自卑的高牆。但許添盛醫師告訴我們，肯定自我價值，就是快樂的良方！當我們能肯定自己存在的意義和價值，不再受他人眼光的支配，自然而然，就能綻放自信的光采。反之，活在他人的眼光下，一個勁的為別人付出和奉獻，以為得到了別人的讚賞，但在他人眼裡，只是像一個馬戲團的小丑。一味的活在自卑中，努力想看到他人臉上因為自己而有的笑容。因此，我們都應當肯定自我的價值，才能使生活變得更可貴，別讓自己的努力和付出變得廉價。

賽斯說：「宇宙的本質是出於創造的欲望——出自歡喜，而非責任感。」每天早上一睜開眼，看見這個多彩繽紛的世界，準備迎接新的一天、新的生活，但同時也問問自己，如何過這一天？若每一天的生活都以「盡責任」為前提，那這樣的生活是不快樂的，而情緒的負面能量也會影響他人。因此，我們應時常鼓勵、肯定自己，努力克服緊張恐懼的情緒，相信自己存

在的價值，並用愛、溫暖和快樂，填滿生活的每個地方。

每個人在生活中，難免遭遇到許多困難，也許是疾病的摧殘，也許是壓力的束縛，但我們就一定要因此墮入失望的深淵，從此一蹶不振嗎？「成功的人找方法，失敗的人找藉口。」這個道理也可以應用在此，有些人一旦碰到困難，就會退縮不前，為自己的懦弱找理由，不敢面對失敗，卻不知道，自己已經成了個失敗的人。反之，成功的人在遇到困境時，不但不會畏懼，反而會主動找出解決的方法，以樂觀的態度面對人生，讓生活處處充滿希望。

有時候，我們會在汪洋的人生大海中失去方向；有時候，我們會被他人的眼光所限制；有時候也會受到病魔的痛苦折磨。但這本書告訴我們：別把生命弄得很嚴肅，盡可能將幽默融入生活裡，有時笑容可以解決很多問題，用樂觀的態度看待這個世界，用心去陪伴身邊的每一個人，將快樂和幸福傳遞到每一個陰暗的角落。

不要讓未來的你 討厭現在的自己

撰 寫 人：二年義班 鄭宇婷

指導老師：邱秀春 老師

作 者：趙星

出 版 社：高寶出版社

內容大意：

人生是每一天的累積，明天過得好不好，取決於你今天怎麼過，所有美麗的結局，都是竭盡全力得來的。趁著青春，我們應該追逐自己的夢想，青春是追逐夢想的最好時光。一旦夢想開始了就別停下，追逐夢想的路上才能永無遺憾。無論在追逐夢想的道路上，遇到挫折與困窘，要堅信自己就是最棒的，因為擁有夢想並敢於追逐的人，對未來充滿了無限的可能。現在努力的自己，終將成就未來最好的自己！

心得感想：

這一本書給我的啟示相當大，書內提及了許多勉人向上的話語，是要我們把握當下，珍惜目前所擁有的，不要等到最後而後悔莫及，甚至討厭自己。沒有人生來強大，注定成為贏家，人生所遇到的坎坷、迷茫、阻礙、不知所措，不過是抵達夢想必要經歷的荊棘之路。現在的自己若仍是雛鷹，不要氣餒、不要放棄、不要徬徨，相信未來，向夢想衝刺、披荊斬棘。

活在當下，踏踏實實的過好每一天才是最實在的，不抱怨、不放棄，為自己的夢想盡每一分力，只有這樣，夢想才會水到渠成。我相信，夢想是最好的信仰，擁有夢想的人，會擁有無窮的力量；我相信，夢想是最好的信仰，擁有夢想，無論甚麼時候都會充滿希望。在追逐夢想的路途上，即便汗水，也會化為甘甜。努力追隨內心，實現想要的人生，明天過得好不好，取決於你今天怎麼過。為了使將來不後悔，追隨內心是唯一的法寶。

別問生活給了自己什麼，問問自己付出過什麼，無論身在何處，面臨何境，要相信自己，人生沒有過不去的坎，沒有克服不了的困難。當越過重重障礙回過頭看將會發現，曾經的一切都那麼雲淡風輕。堅持，是最好的品質，改變自己，才能得到想要的，上天賦予了每個人不同階段的任務，只有認清了自己，才能為夢想增添一份光彩，才會有更完美的自己！

白色巨塔

撰寫人：二年義班 梁睿玗

指導老師：邱秀春 老師

作者：山崎豐子

出版社：商周出版

內容大意：

《白色巨塔》這部小說透過財前五郎、里見脩二兩位截然不同的醫生，揭發醫學界的黑暗面，呈現大學醫院內矛盾的人際關係。一開始的教授選拔，就使醫院內分為財前、菊川、葛西三大派，派間充滿了嫌隙，直到最後財前五郎坐上教授大位，都無法和平共處，甚至用歧視的眼光及行為對待醫院裡的醫護人員。在一次的手術中，財前吃上了官司，死者佐佐木庸平的家屬控告財前五郎因醫療疏失及漠不關心的態度導致病人死亡，而這官司又使財前當上教授被受質疑。熱血正義的里見醫生為了幫助病患家屬打贏官司，不惜千辛萬苦，拜見了許多專業人士，雖在一審中失利，但在後來的上訴中獲得柳原醫師的幫助，最終獲得了賠償。在官司結束後，里見投入偏鄉醫療，幫助像佐佐木的病人，而財前卻因胃癌及癌細胞轉移而離開了人世。

心得感想：

成為醫生，是很多人的夢想，但在醫院裡矛盾、爾虞我詐的人際關係總讓人身心俱疲，除了複雜的人際關係，必須負起病人生死的責任也落在他們身上。當醫生固然收入好，但需要承受的壓力也非一般人可比擬的。在本書中，各人物及事件都沒有絕對的善惡與對錯，只有對生命的深刻思考，以及對人性的黑暗、光明及希望面的高度情懷。熱心的里見醫生為正義伸張，最後卻也累得自己離開大學醫院，到偏鄉幫助病人；反觀財前，他入贅後，在金錢方的資助從不用自己操心，更發明了切除胃癌的新技術。雖然運用了不好的手段贏得教授選舉，但他在胃癌方面的研究的確讓人景仰，更因此挽回不少人的性命，說這個人是好是壞，卻也沒有一定的答案。

最後，財前卻得了末期胃癌，為何他是醫學界的先驅而自己卻沒發現呢？有時候，我們都知道生病會有什麼症狀，但是有了症狀，卻都說自己是因為比較勞累，睡一覺、喝熱水就會好，找了很多理由，卻都沒有看醫生，做精細的檢查。到了最後，才發現自己的身體早已無法恢復，想要奇蹟發生，卻也沒辦法好轉，我們應該要好好照顧自己的身體，畢竟健康，就是快樂的基礎啊！

狗狗的守護者

撰 寫 人：二年義班 陳詠甯

指導老師：邱秀春 老師

作 者：羅莎

出 版 社：文房文化事業有限公司

內容大意：

本書是一部真人真事改編的故事。作者是一位高三學生，正面臨著緊張的學測。在一次偶然下，和好友撿到了一隻受傷的小狗，並取名為 KK。他們為了籌措 KK 的醫藥費，展開了一連串的募款活動。期間所遇到的困難、挑戰，讓他們一起成長，友誼也更加堅固。

心得感想：

我們生命中，有許多過客，看似不起眼，卻不可或缺。本書主角羅莎和她的好友們，在高三這年遇見了他們生命中重要的過客——KK。我想，如果沒有 KK，那麼他們的高三生活一定是平凡無奇的。書中有許多感人之處，其中，最令我印象深刻的便是他們的募款活動。他們不顧同學的冷嘲熱諷，全心全意地為 KK 募集醫藥費，這種熱心的舉動，如今已非常少見了。很多人寧願冷眼旁觀，也不願伸出援手，書中那些漠不關心的學生，就好比你我。

「贈人玫瑰，手留餘香」，在他們幫助 KK 的過程中，其實，也幫助了自己。他們攜手合作，從零開始，一步一腳印地募款，在不知不覺中，他們學會了很多。在迷惘無助的高三生涯中，互相扶持，共同成長。而在募款的過程中，許多人幫助他們。幫忙照顧 KK 的教官，出手大方的同學，熱情的福利社阿姨，都在募款期間出錢出力地響應捐款，讓人十分感動。雖然，最後作者再也沒有見到 KK，但是 KK 卻深深地烙印在作者的心裡。

這本書教會了我許多道理，是一本十分勵志的小說，以 KK 比喻需要幫助的人，以作者比喻社會上熱心助人的人，以冷漠的同學比喻那些言行舉止令人心寒的人士，都讓讀者反躬自省，也期許自己做一個對社會有貢獻的人。

阿湯的柺杖

撰寫人：二年義班 劉以心

指導老師：邱秀春 老師

作者：彼得·赫爾德林

出版社：宇宙光出版社

內容大意：

本書的內容描述主角阿湯與一位名為柺子的獨腳人，在第二次世界大戰中，患難與共的故事。阿湯是與母親在亂世中不幸失散的十三歲少年，而柺子則是在戰爭中因失去一隻腳而退役的年輕德國軍官。柺子一面帶著阿湯尋找母親，一面四處為生計奔波，展開一段未知的旅程。時局的混亂，使得單純的尋親路線變得異常漫長而複雜。在一起生活的過程中，兩人的關係逐漸變得緊密，阿湯也開始習慣依賴柺子。最終，柺子成功地帶著阿湯找到了他的母親，但阿湯卻對柺子依依不捨。在柺子的勸說下，阿湯也選擇繼續和母親生活下去，展開全新的未來。

心得感想：

看完這本書，我覺得阿湯和柺子不僅要描寫一個悲慘的戰爭故事，更要藉這個故事去發掘人性中的善，及人在困難中仍然能互相扶持的真情。就如柺子，雖然自己行動不是很方便，需要靠著柺杖才能行動，卻還是對阿湯無私地付出了扶持的真情。而他對阿湯的付出，也正像自己身上的柺杖一樣，支持著他在困境中繼續前進。更可貴的是，不管命運多麼曲折坎坷，阿湯和柺子始終沒有放棄生存的勇氣。

其實不僅是他們，故事中其他的人物，也都是憑著堅強的意志力度過重重難關。我認為作者創作本書的用意並不在於戰爭中的腥風血雨，而是戰爭所啟發的人性思考。

阿湯和柺子只是大時代中的兩個小人物，但他們的故事卻可說是經歷過戰亂的人們共同的故事。戰爭中的苦難彷彿在訴說那句老話：「人類最大的敵人還是人。」但我認為這本書卻是為了推翻這句話而寫，作者想帶給我們的話是：「人類最好的朋友，也是人。」

歌劇魅影

撰 寫 人：二年義班 趙卿呈

指導老師：邱秀春 老師

作 者：卡斯頓·勒胡

出 版 社：好讀出版

內容大意：

十九世紀時的巴黎歌劇院中，有一個極具音樂天分的男人叫做艾瑞克，因為外表非常醜陋，他總是戴著面具。他非常渴望愛情卻又排斥人群，直到他遇見克莉絲汀，使他不顧一切的愛他，但克莉絲汀已有了愛人，勞爾。艾瑞克為了留下愛人，而把克莉絲汀監禁在歌劇院地下室，但他卻不知道這樣的方法只會讓克莉絲汀更加的害怕他，勞爾為了救克莉絲汀因而展開了一連串的冒險。

心得感想：

看完這本後，我覺得艾瑞克是一個非常可憐的角色，他從小就因為外貌而被自己的親生父母嫌棄，如此缺愛的他，並不知道什麼是愛，以至於克莉絲汀只會對他越來越害怕。我們常說愛是世界上最偉大的東西，如果他的父母給予了他愛，他就不會對「愛」這件事有那麼扭曲的見解，也不會造成女主角恐懼的心理。

艾瑞克是一個音樂天才，但他卻因為外表而埋沒了才華，「不可以貌取人」，這個觀念在那時候可能不是很盛行，所以很多人都歧視他。其實這本書告訴我們，每個人都可能影響其他人的性格，也許我們對人不抱有偏見，會對這個社會更好。

繁花將逝

撰寫人：二年義班 謝昀熹

指導老師：邱秀春 老師

作者：伽古屋圭市

出版社：獨步文化出版社股份有限公司

內容大意：

本書在說明一位畫家四處遊歷，幫助犯罪女子救贖她們自己，並且為她們畫畫的故事。

心得感想：

這本書的結局就是無論是畫中女子，還是畫家的人生，皆未流傳後世，僅僅是這個封印在畫中。在這個充滿新舊文化衝擊的浪漫大正時代，女性依然備受壓抑，無法自由生活。活著卻失去了心，形同死亡，於是她們選擇犯罪。這是一條絕不會獲得原諒，也絕不算幸福的路。或許她們也一直在等待她們生命中的光芒，一個能真正了解她們，並且能讓她們獲得救贖的人吧！

想要幫助一個人放下過去，並不是一定要用言語來勸說、安慰，有的時候只需要一個小小的舉動，就可以打動對方。還有，或許對方明確說出來他或她想被救贖，卻可以從他們的隻字片語感受出他們渴望放下過去，擁抱光明和未來的時候，你什麼都不用說，也不必做任何事，只需要認真聽他們說完，就是對他們最好的救贖。我想或許那張畫的作者，也是這麼想的。

幫助別人總比傷害自己好上幾千，幾萬倍，看畫也是如此。懂的人自然懂其中的涵義，不懂的人或許只能看著他，雖然表達不出具體感受到什麼，但就是想一直盯著看。這可能也是畫家畫這幅畫的另一個目的吧！最後，畫家其實並沒有真正幫助到畫中的女子，卻也讓她死而無憾，可能是他們互相改變了對方也說不定。或許這不是我們想要的結局，但對於畫家和畫中的女子來說，這就是最好的。無須言語或說明，畫家和被畫者的心意全藏在此，只要真心以對，我們就能有所感受。

小王子

撰 寫 人：二年禮班 孫禎筠

指導老師：范雙鳳 老師

作 者：安端·德·聖艾修伯里

出 版 社：晨星出版社

內容大意：

這本書主要敘述一名飛行員在一次飛行意外中，被迫降在撒哈拉沙漠的奇妙歷險過程。在路途中，他遇見了一位金黃色頭髮，臉上掛著甜美笑容的可愛小孩，也就是小王子。藉由他們的對話與互動，表達作者對純真的渴望與追求，以小孩子的眼光看待大人的世界，充滿了童趣。

心得感想：

在這本書中，作者一直不斷地重複一個概念，那就是「什麼是最重要的事？」對小王子來說，最重要的事就是照顧他的星球和關心每個生命，但並非每個人都像小王子一樣。有些人一生用盡全力去追求名利與財富，然而，那些真的是我們人生中最重要嗎？

書中出現了自負的男人、想逃避現實的酒鬼、貪戀財富的商人、固執的燈夫、埋首書本的地理學家，這些活在自己小圈圈的人，都有著許多遺憾，文中這些人看似誇張的行為，但在現實的世界中卻是真實存在。

我覺得每個人心中都有一位小王子，一個潛在的自我，是要發現他，或是要沉浸在名利、財富，選擇權操之在己。我希望自己長大後，不會忘掉曾經的夢想和純真的心靈。

我印象最深刻也最喜歡的一段話是：「人哪，搭乘快速火車出發，可是卻不知道自己在找尋什麼，他們就這樣匆匆忙忙地穿梭來去，忙得興高采烈，只是卻老是在原地打轉。」我覺得只有知道自己到底要甚麼的人，才能活得幸福快樂。

少女不畢業

撰寫人：二年禮班 張綵庭

指導老師：范雙鳳 老師

作者：朝井遼

出版社：貓頭鷹

內容大意：

書中描述一所即將廢校的地方高中，校園也隨之拆除，同學們不得不因此說再見，書中描述了七段酸澀甜美的故事。七名畢業少女，在畢業典禮當天，也是校園拆除的前一天，帶著萬般不捨的心情，每個人都用了不同的方法向心中最重要的人事物道別、仰慕、戀愛、夢想、成長、懊悔，就算內心再怎麼苦澀，也要抬起頭來迎接畢業後的明天。

心得感想：

高中畢業是人生中重要的轉捩點，因為有些人要進入職場，暫別學業，開始獨立養活自己，蛻變成一個有擔當的年輕人；有些人則選擇繼續升學，找到屬於自己的一片天，大家各自走向不同的康莊大道，和同學、朋友分離，內心充滿感傷。我們總有想做卻不敢做的事，但在「畢業」這一天，決定勇敢跨出，離別不是只有結束，更是新的開始。

人生就是如此，沒有人知道未來會變成什麼樣子，唯有把握時光、努力堅持追求自己的目標，勇往直前，絕不退縮害怕，因為努力不一定會成功，但不努力肯定不會成功。我們如此的年輕，趁著歲月在它消逝之前，盡情地揮灑青春的汗水吧！「人因夢想而偉大」，每個夢想不管大小都值得努力去圓滿實現。過程有苦有甜，而最後的成果則取決於自己的態度，且讓我們懷抱著熱忱之心，享受著追夢的過程，透過自己的「心」，去細細品味其中的甘美苦澀的滋味。

畢業了，又是鳳凰花開的季節，這個與自己一起在學習、奮鬥的校園裡，充滿著太多難忘的回憶，而如今大家都要分道揚鑣，帶著滿滿的正能量繼續朝著未來前進吧！

貓戰士外傳四-曲星的承諾

撰 寫 人：二年禮班 楊心慧

指導老師：范雙鳳 老師

作 者：艾琳·杭特

出 版 社：晨星出版

內容大意：

部族貓小風暴在一次違背部族規矩的探險中，出了意外，撞斷了下巴，從此改名為小曲。母親也因為小曲醜陋的長相而疏遠他，唯一的弟弟雖和他感情好，卻無法補足他需要的母愛。在小曲自暴自棄之時，與部族貓的祖靈——與星族為敵的黑暗森林中的一員楓影，滲透入小曲的夢境，一邊教導他戰技，一邊要他發誓為了部族而放棄一切。在他成為戰士改名為曲顎後，他的誓言接連害他失去父親與伴侶，也在擺脫楓影的控制後，成為了四大貓族中偉大的河族族長——曲星。

心得感想：

這本書讓我學習到：在逆境中找尋解決的方法。小曲在撞斷下巴後，有了一段低潮期，大家總用同情的眼光看他，也有貓在看見他扭曲的下巴時驚恐的尖叫，導致他更難以接受撞斷下巴和被母親拋棄的事實。他悲觀的想法被楓影發現了，小曲也因為投靠楓影而有所犧牲。

我想，人人都有一段陷入低潮的人生，這時你的家人和朋友很重要。要選擇一個你信任的人來幫助你，陪伴你。若選錯可能會把自己害慘。錯誤的選擇有很多，例如：毒品，許多人在自己人生不順遂時吸食毒品，被抓之後，狡辯說毒品能夠讓你感到快樂，暫時忘掉煩惱。我覺得與其用這種傷害自己的方法得到短暫的快樂，不如想辦法解決問題，得到永久的快樂比較實在。

小曲原是一隻瘦小的小貓，但經過長時間的努力，他成為了一隻身形魁梧的成貓。這告訴我們，在其他否定你之時，不應該自暴自棄，必須透過努力向他人證明你自己。努力的過程是漫長且艱辛的，若你不能堅持到底，即使再簡單的障礙也無法跨越，更別遑論成功，所以面對人生的困境，勇敢去挑戰它吧！

老人與海

撰寫人：二年禮班 盤柏毅

指導老師：范雙鳳 老師

作者：歐內斯特·海明威

出版社：文祥書局

內容大意：

內容描述一位住在小漁村的老漁夫，他一直夢想能捕到大魚，但一連經過八十四天，一無所獲，但他仍不肯認輸。在第八十五天，老人十分艱辛地捕獲了一條大馬林魚，並將牠的屍體綁在自己的小舟旁帶回村裡。在歸程中，鯊魚嗅到死魚的血腥味，立刻前來搶奪他的戰利品。他拚盡全力、用盡一切可用的武器殺死他們，但大魚已被啃光，最終老人拖回大馬林魚巨大的骨骸回到港灣，村人們驚訝又不敢置信。

心得感想：

《老人與海》是一篇勵志的小說，故事一開始就以老人連續八十四天沒有捕到任何一條魚，但他沒放棄，繼續捕魚，這在告訴我們做任何事要有恆心和毅力，如果他放棄的話，連碰到魚的機會都沒有。隔天老人捕到一條超大的馬林魚，他和馬林魚對決，最終老人將馬林魚刺死，但後來鯊魚把馬林魚吃了，只剩下老人和一具只有骨頭的馬林魚。

在日常生活中，我們一旦遇到困難或挫折，有些人也許會勇敢去面對，但有些人卻會望而卻步，一切端賴你如何抉擇，未來的人生亦有所不同。例如：楊恩典，出生時就失去了雙手，但她並沒有向命運屈服，而是天天學習用腳作畫，國中畢業時，拜師學藝，成為一名口足畫家。俗話說：「偉大的胸懷，應表現出這樣的氣概，用笑臉迎接悲慘的命運，用自信的勇氣來應付自己的不幸」，當我們遇到困難的時候，與其只會埋怨命運，不如鼓起勇氣和精神對抗困境。

「人生的道路上到處都是絆腳石，但我們可以化為墊腳石」，人生的道路上是曲折坎坷的，遇到失敗是再平常不過的事，我們應該時時刻刻擁有一顆堅強、不屈服的心來面對失敗，成功就會靠近我們。

我想吃掉你的胰臟

撰 寫 人：二年禮班 黃鈺婷

指導老師：范雙鳳 老師

作 者：住野夜

出 版 社：雙夜社

內容大意：

晚櫻綻放的四月，男主角春樹到醫院複診，意外檢到一本名為《共病文庫》的日記，內容說著一名少女即使再努力對抗病魔，也只剩下四年的生命的故事，此時日記的主人——櫻良，飛奔過來，領回她的失物，眼看春樹看了如此悲痛的內容，卻還能面不改色的歸還，使櫻良對他產生了興趣。

此後，兩人便經常一起出去玩，在某次慶祝櫻良出院的旅行前，春樹等了整整一天，卻不見櫻良的身影，回家看了新聞才得知，櫻良在一場隨機殺人案中成了受害者。

櫻良的母親將櫻良在世時，要母親交給春樹的日記交給他，因為櫻良的出現和這本日記，從此春樹的人生改變了。

心得感想：

這本書告訴我們「珍惜生命」的重要性。女主角櫻良曾說過：「每個人活在這世上都有屬於自己的意義。」這句話給了我很大的啟發。即使櫻良知道她的生命所剩不過四年了，她仍能以積極樂觀的態度去追求她理想的事物。她明白她生存的意義，即使內心有多麼恐懼，多麼在意，多麼無法接受她即將死亡的事實，她仍是帶著笑容，享受餘生。

生命無常，不會有人知道我們能活多久，也許下一秒發生了意外，寶貴的生命就此結束。因此，我們更需要把握當下，拋開一切阻礙和負面思考，一心一意地追求理想，即使最終還是功敗垂成，但至少不要留下遺憾。

對於無力追夢的人們，唯一能做的，就是尋找活下去的動力。我們究竟是為了什麼而活在這世上的呢？也許是為了某個人，亦是為了某個信念及想法，甚至是為了某件微不足道的承諾，不論何者，都可能成為我們人生的目標，引領著我們一生前進。或許在路途中會有小石子，繞過去就好；有河流阻礙，就尋找渡河的方法，若因一粒小石子而躊躇不前，因一條河而畫地自限，不就永遠無法抵達終點了嗎？所以把握當下努力去追尋吧！

青春第二課

撰寫人：二年禮班 李孟珊

指導老師：范雙鳳 老師

作者：王溢嘉

出版社：吳氏圖書經銷商

內容大意：

本書收錄了九十六個具代表性的臺灣、中國與西方的現代人物，從他們的青春中找出某段特殊的經驗，並和他們往後的輝煌人生建立某種聯結，透過這些青春故事告訴大家，成功或令人滿意的自我追尋非常多樣，所謂「條條大路通羅馬」。文中亦婉轉透露追求成功的方法與光明勝利背後那些過往。

心得感想：

在此書中我學到成功者並不會一直有聖光的指引，而避走過一段黑暗且艱難的石頭路，這路上也許會磨破腳皮，刮傷美麗細緻臉龐，而留下傷疤，但沒有走過這段路途何來的成功？成功並非一蹴可幾，唯有無怨無悔的付出、百折不撓的意志及堅定如山的沉穩，方能一步步邁向勝利的曙光。

成功者的別名叫做「夢想實踐家」，哪個偉人是無夢的？有夢最美，尤其趁現在我們還年輕，更應該努力地去追夢不是嗎？一位有夢的女孩，她敢去追夢，所以她做到了，她的名字叫做——鄧肯，她是位現代舞的開路先鋒；選擇放手一搏，不願等到老大才徒傷悲，她的名字叫做——關穎珊，冰蝴蝶，她是美國花式溜冰運動員及美國親善大使；心想不一定事成，但要化不可能為可能，一位地球上跑得最快的女人——蔚瑪·魯道芙。她從小體弱多病，一度踏上死神的亡船，但她用極大的意志力和信念撐了過來，一條幾乎麻痺的腳，被醫生判定復原希望渺茫，她依然靠著不服輸的精神贏過了病魔，也許某一天她的紀錄被其他人突破，但在我心中的紀錄是永遠不滅的。

這本書啟發了我，要為了夢想力爭上游，就算是遙不可及，也要奮力一搏，在成功之前絕不輕言放棄。我也要邁向我的醫生夢，一步步踏實地走，因為我還年輕，年輕就更應該去闖蕩，闖出一片自己的天地，也成為自己人生的主宰者。

青春第二課

撰 寫 人：二年智班 潘泓翰

指導老師：彭淑惠 老師

作 者：王溢嘉

出 版 社：吳氏圖書經銷商

內容大意：

裡面有著許多名人從小受啟發到最後成功的過程，其中又以阿爾伯特·愛因斯坦、史蒂芬·史匹柏跟華倫·巴菲特最為有名，他們證實了「富有」和「貧困」不只是物質上的，更是精神上的差異。他們也證明了「青春是讓人成為富有的最佳時機」。

心得感想：

這本書讓我的人生有了很大的轉變，它讓我的人生從此換了一個方向走，其中，影響我最深的就是我們所稱的「股神」——華倫·巴菲特。

華倫·巴菲特從小的商業頭腦，剛好可以補足我這個沒有半點商業知識的頭腦，他用了許多的方式去投資，而股票只是他投資的一部分，他從小時候就開始善用他那聰明的頭腦，開始了他一生中的第一次投資：合夥投資彈珠台。他運用了他那靈活的頭腦和對城鎮的了解，把彈珠台這台機器發揮得淋漓盡致，讓他有了每天二百美元的穩定收入，幾個月後，他就以一千二百美元將這項業務轉讓給其他人，他的投資精神令我非常仰慕，我從他身上學到了很多投資知識，他教會了我要把錢有計畫的花，而且也要有計畫的投資。

我印象最深刻的則是巴菲特所說的：「我享受過程更甚於結果。」這句話也讓我的人生從此改變了，所有事情在意的關鍵是過程，而不是結果，像一場比賽，人們雖然都是在爭取好成績，但他們卻忘了在意這場比賽的過程，那投資也是一樣的事情，有時可以不必太在意我們所投資的結果，是賺還是賠，但是過程永遠是最難忘的回憶，你努力過，就算失敗了，其他觀眾和比賽選手仍會為你鼓勵和喝采，因為，努力的過程永遠最重要。

人生最重要的功課是去發現、追尋、實現屬於自己的、獨特的生命意義，而青春正是對未來產生憧憬、開始編織夢想、動身去追尋的時刻。王溢嘉先生說：「人生是一所學校，也是一門功課。我們每個人都要在不同的人生階段，走進不同的教室，一邊體驗、一邊學習各種課程。」希臘哲學家優里匹底斯早在兩千多年前就說：「青春，是讓人成為富有的最佳時機，也是讓人淪為貧困的最佳時機。」所以我們應該努力把握我們的青春，留下許多動人的故事或詩篇。

小王子

撰寫人：二年智班 何心好

指導老師：彭淑惠 老師

作者：安東尼·聖愛修伯里

出版社：寂天

內容大意：

小王子在她的星球和他的花賭氣，決定離開家鄉，並認識各星球奇特的人，如：國王、酒鬼、點燈人和商人等。來到地球後認識作者，並結交為知心好友，他的每個旅程都有不同的意義，如：讓他了解真愛的狐狸、可以談心的朋友——作者等。「只要用心去看，才能看見一切。」狐狸也說：「遺憾的是，人們早已忘了這個道理。」表示人早已不記得從前那個最單純的自己了！

心得感想：

作者一開始運用了一些諷刺的手法，因為大人都不了解作者的畫作，而且大人的想法也能輕易影響孩子，大人不理解孩子想法，孩子就放棄了當畫家的心思。轉而想要深入了解大人討論的橋牌、高爾夫等，表示小孩子單純，想法很容易被抹滅掉，所以就算是大人，也不該將小孩的心思或童年打破，毀掉小孩純真的內心想法，還灌輸死板的想法給孩子，是很不可取的！

小王子看到地球上有很多玫瑰非常難過，因為他認為自己的花是最特別的，他認為是花欺騙了他，狐狸告訴小王子，在小王子的眼中，眼前的狐狸和其他的狐狸雖看起來都一樣，但在他心裡，這隻看起來一般的狐狸，卻有和小王子的強大羈絆，也有和小王子共同的美好回憶，同樣的，那朵花，一定也擁有在小王子心中與眾不同的地方。一段穩定的關係，不僅需要激情，還需要聆聽，需要理解，更需要體諒和分擔。我想這是小王子和玫瑰要學習的課題。

《小王子》中有 11 句名言，正是給大人的 11 個人生提醒：重要的東西，是眼睛看不見的！在此節錄與大家分享：

- 1.如果一個人愛一朵在好幾百萬顆星星當中獨一無二的花兒，那麼他只需要望著，他就會很快樂。
- 2.花兒天生就是這麼矛盾！只是當時我太年輕，不知道該怎麼去愛她。

3. 星星會發亮，是不是就為了讓每個人有一天都能找到他自己的星星。
4. 一開始你要坐得離我遠一點，像這樣，坐在草地上。我用眼角的餘光偷看你，而你什麼話也不說。語言是誤會的源頭。但是，你每天都可以坐得更靠近我一點……。
5. 時間愈接近，我就會愈開心。到了四點鐘，我早就坐立難安了；我會發現幸福的代價！可是，如果你在隨便什麼時間來，我就永遠不知道幾點該開始裝扮我的心……。
6. 只有用心看才看得清楚，重要的東西是眼睛看不見的。
7. 就是因為你為你的玫瑰花了那麼多時間，才讓你的玫瑰花變得那麼重要。
8. 千萬不要忘記，你永遠都對你馴服的對象有責任。
9. 即使一個人快要死了，有個朋友總是好的。
10. 不管是房子、星星或沙漠，一定是某種看不見的東西，才使得他們顯得這麼美麗迷人！
11. 水甜美的好像一場盛宴。這個水不僅是一種用來喝的。它也誕生於星空下的跋涉、滑輪的歌唱，還有我雙臂所做的努力。這個水對心靈有益，就像是一份天賜的禮物。

好朋友

撰寫人：二年智班 陳沁筠

指導老師：彭淑惠 老師

作者：赫姆·海德

出版社：上誼文化公司

內容大意：

本書是在描述一隻雞、一隻老鼠和一隻豬，他們三隻動物是好朋友，而牠們在夜晚來臨前需要找到住所；並且認為三個朋友不可以分開，必須待在一起。但是因為三隻動物的生活環境和習性有差異，導致其他的動物因不適應而感到不舒服，牠們也因此學習到了，好朋友並不是無時無刻都要待在一起的。

心得感想：

看完了這本書，我很有感觸，很多人都認為好朋友是要一直相處在一起，才能稱得上是「好朋友」，但其實不是這樣的。

每個人都有各自的生活，有各自需要忙碌的事情；並沒有辦法一直陪伴著彼此，但即使如此，對彼此的關心依然不變，正如同書中最後那一幕，三個好朋友又會在夢中相聚，一樣快樂而淘氣的嬉戲著。所以認為真正的好朋友，應該是要在對方遇到困難的時候能夠挺身而出；或是傾聽對方的感受或想法，且盡自己的全力幫助對方，我覺得這樣才是真正的好朋友，這類型的主題真的是很值得所有人去深思的。

我自己偶爾也會在意朋友怎麼不來找我玩？怎麼沒有來陪我？諸如此類的想法，但是靜下心來仔細想想，誰規定好朋友一定要一直出現在彼此的身旁？偶爾也可以轉換一下空間，或是再找其他的朋友情感交流；相信一定能發現不一樣的朋友，會給自己不一樣感受的新世界。

本書中三隻動物的深厚情誼，讓我羨慕不已。對我們而言，朋友，是成長過程中最珍貴的寶藏之一。然而，要如何自由自在的與朋友相處，享受友誼所帶來的喜悅和滿足，卻是我們必須學習的重要人生課題。這本書真的很值得推薦給在交友方面正面臨糾結的朋友們，讀完之後會對於「好朋友」這三個字有全新的解讀與認知的。

奇蹟男孩

撰寫人：二年智班 傅芷萱

指導老師：彭淑惠 老師

作者：R.J. 帕拉秋

出版社：天下雜誌股份有限公司

內容大意：

奧古斯特是一個天生擁有「下頷骨顏面發育不全」和一堆不知名毛病的男孩，因為這些病因，他的臉有非常嚴重的畸形症狀。從小到大，那些懵懂無知的小孩也會因為他的缺陷而說出傷害他心靈的言論，甚至連大人也不例外。在奧古斯特五年級時，他準備要踏出第一步，進入中學這個充滿霸凌、殘酷的階段。好不容易交到幾位朋友，卻在萬聖節那天，無意間聽到朋友的一句傷害他的話，這讓奧古斯特像洩了氣的皮球般，消沉了好一段時間。

不過，幸好有家人和其他朋友的協助，最後仍然和好如初。但隨著奧古斯特的成長，他的聽力也出現了問題，因此戴上了助聽器，可是這次的「改變」居然沒有引起眾人的閒言閒語，大家反而漸漸的接納奧古斯特的外貌，一些人也開始主動與他玩耍、聊天。在一次的自然保育之旅，奧古斯特和朋友傑克居然遇到了一群七年級生並惹上了麻煩，沒想到，原本那些最討厭奧古斯特的男生們居然救了他和傑克，之後還和奧古斯特說要保護他，這讓他感覺像遇到了保鏢一樣！

最後，這件事成了每個人的話題，還有覺得他們面對了惡棍們，所以很酷。休業式這天，奧古斯特得了一個獎：亨利·沃德·畢奇爾獎牌。全校師生都視他為一個奇蹟，替他歡呼、拍手。故事的結尾，媽媽對他說：「你真是個奇蹟，奧吉，你真是個奇蹟！」

心得感想：

我覺得這本書真的非常適合一讀再讀，我本人就看了三遍，因為故事的背景貼近我們的生活，而且讀完了總會有一種莫名感動的感覺。

這本書教導了我非常多道理，它讓我**知道**，就算是一個五年級的小孩也可以創造奇蹟，不要因為自己本身的缺陷而掉進無盡的深淵。「上帝為你關了一扇門，一定還會再幫你開另一扇窗的。」努力不一定會成功，但沒有努力，怎麼會有機會成功？也許奧古斯特的出生就是個奇蹟，我相信，如果有一天我遇到像他這樣的人，當下我可能會嚇傻，可是他要的不是大家的過度保護與關心，他要的是大家對待他如同正常朋友一樣，陪他玩樂笑鬧。雖然他途中遇到很多困難，不過有朋友和家人的幫忙，讓我覺得奧古斯特其實是個很幸福的人，更慶幸他出生在這個家庭，得到那麼完善的照顧，父母不會因為他的面貌而拋棄他，反而更愛他。

書中最後，原本討厭他的同學也慢慢發現他的好，還跟他做朋友。這也讓我們反思到青少年時期的大家，真的很容易因為某個人的特別而聯合同儕排擠那個人，這也是個不成熟又幼稚的行為。總之，《奇蹟男孩》帶給我的啟發真的說也說不完，我也很幸運地能擁有這本書，希望讓所有人都能傳閱這本奇蹟之作。

奇蹟男孩

撰寫人：二年智班 楊詠婷

指導老師：彭淑惠 老師

作者：R.J. 帕拉秋

出版社：天下雜誌股份有限公司

內容大意：

作者剛出生時，命運對他開了殘酷的玩笑，一個天生缺陷的男孩，他經歷大大小小的面部整容手術，但五官仍然非常扭曲，小時候的他不論走到哪都戴著一頂太空人頭盔，因為只有躲在頭盔下才不會引來別人的異樣眼光。書中也講到奧吉在學校發生的事，不論是被排擠，或是被霸凌，但奧吉都是靠著他的智慧和幽默化解危機。

心得感想：

這一本書帶給我很大的勇氣去面對現在的我，不論有什麼缺點都要很樂觀的去面對，而不是逃避，把缺點轉成優點，把不完美的自己變成完美，少看自己的缺點，多看自己的優點。

我十分敬佩書中主角奧吉，因為他經過了很多次的面部整容手術，還是無法跟一般人的臉一樣，他已經很努力了，但還要被一般人排擠和霸凌，這是一件非常可憐的事，可是他還是努力依靠他的智慧和幽默感來面對不公平的對待，要做到這樣是非常偉大且不容易的。他的臉部缺陷是天生的，不能因為長得跟一般人不一樣，而去欺負他，要有同理和包容的心去跟有天生缺陷的人相處。

這本書給我很多啟發，要懂得包容各式各樣的人，每個人出生要面對的事都不同，我們應該有顆包容不同種類的人的善良之心。改變看人眼光，就能看見奇蹟。人不能選擇生命，卻能選擇看待生命的態度。

下流青春

撰 寫 人：二年德班 溫宜藁

指導老師：范雙鳳 老師

作 者：張進益口述 孔繁芸撰文

出 版 社：遠流出版

內容大意：

這本書是依真實的故事寫成，作者從小跟著哥哥混黑道，過著吸毒及販毒的生活，也因毒品的問題出入監獄兩次。他第二次入獄是因為哥哥黑吃黑而死，他受不了打擊，於是吸食更多的毒品被抓到，所以再次入獄。出獄之後，他用了各種戒毒方法都失敗，最後他藉由家人的愛和宗教的幫助成功戒毒。後來他決定要幫助跟他之前一樣的青少年走向正道。他成立了少年之家，但是進入少年之家的青少年，成天在外面惹是生非，使得作者要一直處理他們的問題，最後這些青少年慢慢地改邪歸正，並且成立了一個樂團，目前在各個監獄表演。

心得感想：

在生活中，我們常常聽到各個單位的反毒宣導，知道吸毒對我們身心有害，但為什麼還是有人吸毒呢？有些人是禁不起誘惑，有些人想逃避現實，藉此麻醉自己，又或者被威脅，還有人叛逆、好奇，最終走上吸毒一途。

現在的毒品不再只是注射針筒而已，而是將毒品包裝成像糖果一樣的造型，或各式咖啡包、巧克力、跳跳糖，甚至王子麵也被藏毒，毒販企圖以零嘴包裝掩飾毒品，以吸引青少年注意，增加其好奇心，降低民眾的防備，毒品因而流入校園或生活中。所以我們要小心，千萬別因好奇、疏忽而染毒。

我覺得作者是位有毅力及決心的人，因為他願意下定決心戒毒，即使經過多次失敗也不放棄，最後他終於成功了，他這麼努力，成功就是他最好的回報。

再則，作者令我敬佩的是他開了一家「少年之家」，他專門收留一些青少年，用心地教導他們並引他們回歸正途，這些青少年原本很不受控，他們在外面打架、吸毒、偷東西，作者卻從未放棄且無怨無悔地幫他們收拾爛攤子，一切的付出只為引導他們走向正道，這種無私的精神令人敬佩。

書上亦提到這些青少年之所以會有偏差行為，大都是因為他們從小缺乏家人的愛及關懷，在學校又被同學取笑才會因此行為走偏。我覺得他們很可憐，家庭本應該是充滿溫暖的地方，但他們最需要家人的愛，卻沒能得到，想想自己出生在幸福的家庭裡，還有什麼好抱怨的呢？我應該要感恩、知足，好好珍惜才是！

我決定我是誰

撰寫人：二年德班 葉品亨

指導老師：范雙鳳 老師

作者：鍾明軒

出版社：大樂文化有限公司

內容大意：

本書主要在講述作者從小至今所發生的種種不愉快的事。例如：被霸凌、被同年紀的嘲笑和排斥，只因為他從小的打扮像女生，到長大成年後，他當上「Youtuber」，在影片下的留言，也常會面對各種不好聽的話。小時候遭受霸凌就罷了，但現在長大了，他知道該如何應付那些酸民，所以他才寫了這本書，教導我們如何應付「那些人」。

心得感想：

看完這本書後，我覺得作者因個人的性別取向，及行為舉止和一般男生較為不同，因而在學校常遭到霸凌；在家庭方面則不被部分家人認同，且想做的事也未獲得支持；在生活中還得面對周遭與網路上網友的各種負評，最後，他的母親在他國中時，選擇結束生命，這對正受打擊的他來說，母親的自殺，無疑是一項傷害。他在書中提及他當時已接近自我放棄，但直到最後，他並沒有放棄自己，而是選擇了勇敢面對，努力跨越過那些障礙。

讀這一段時，我能深切感受到他內心百般的痛楚，很心疼他當時是如何度過那些被霸凌嘲笑的童年，由當時的負能量逐漸轉變成現在的正能量，他的堅強完全獲得我的尊敬。他能熬過平常人難以承受的困難與苦痛，內心的強大早已超越一個十九歲的少年所能擁有的。

作者的某些想法我也很認同，就像書名說的「我決定我是誰」，我們必須認清自己，才能決定我們未來的方向，而不是一味去符合眾人所認定的方向努力。所以當我讀完此書時，我決定要朝自己的目標前進，如果遇到不順利的事時，也要堅持下去，絕不輕言放棄。相信只要越過了這些重重的障礙及挫折，我們將會變得更強大。最後，我認為真正強大的人，是懂得經常自我反省，並在犯錯時能虛心認錯，並想辦法改進的人，如此才能不斷進步與成長。

那個年代 這些惦記

撰 寫 人：二年德班 陳亮宇

指導老師：范雙鳳 老師

作 者：秦嗣林

出 版 社：麥田出版

內容大意：

這本書記載作者兒時年少記憶的十五個長輩與他們的故事，年代是在臺灣 1949 年，是個戰亂的年代。當時作者還是個小孩，但是他遇見了許多長輩，每一個都充滿著不可思議的生命交會，每一個故事也反映出因戰亂而產生的悲哀與無奈，每讀完一篇故事，心中都會感到淡淡的感慨，但也充滿著溫暖的生命交會，還有滿滿溫熱人心的感動。

心得感想：

這本書寫了許多長輩的故事，然而我對書中〈大帥牛肉麵〉一文最為印象深刻。這篇內容在描述原本在眷村長大的兩個好朋友，但是最後卻走上了完全不同的人生道路，一個成為了軍官，另一個則變成了黑幫老大。結果，因命運的安排，這位軍官被要求去處理他好朋友的事，幸好朋友看在他的面子上，讓軍官得以完成任務，但仍有附帶一些條件，但是政府是無情的，免死狗烹，軍官完成不了這些條件，夾在國家與義氣之間，最後承受不了選擇了自殺。

命運的安排很神奇，誰也沒想過曾經是最好的朋友，最後竟因故把其中一個逼死，相信對彼此而言都會是一件令人心痛悲傷的事。我覺得人生的際遇難以預料，人們因外在環境的影響及個人的選擇，最後的人生卻有截然不同的際遇，所以在我們成長的過程中，要能掌握好方向避免誤入歧途。

再則，從此書中我學到了：誰也無法確定自己與別人的未來是如何，我們唯一可以做的就是把握當下，珍惜彼此，不留下遺憾。就像現在的同窗好友，日後每個人的發展或許都各不相同，既然此生有緣當朋友，就該珍惜這段無憂美好的學生的時光，也許他年相逢彼此皆有不同的人生及感慨。

然後，沒有你的九月來臨了

撰寫人：二年德班 黃稚薰

指導老師：范雙鳳 老師

作者：天澤夏月 譯者：陳盈垂

出版社：台灣角川股份有限公司

內容大意：

高二那年夏天惠太死了。和惠太總是形影不離的美穗、大輝、舜、莉乃，因這個噩耗深受打擊，茫然惆悵的開始放暑假。假期中，一名長得跟惠太一模一樣的少年——惠，出現在美穗面前。「我有件事想拜託你們，希望你們來惠太死去的地方。」美穗等人感到困惑，但仍沿著惠太的足跡，踏上他死前的旅程。

旅途中，被沉重情緒壓垮的四人，一一吐露深埋在心裡秘密……。而在旅程盡頭等待他們的，是令人意外的結局與感傷的再會。

心得感想：

這本書是一個既悲傷卻又帶給我們省思的故事。故事一開始主角就死了，這點有些人可能無法接受，但「死」就是人生中注定會發生的事，而主角惠太在平行時空的另一個體（也有點像靈魂），竟然去找了美穗他們，想要請他們去惠太死去的地方看看，而在這趟旅程中，那四個朋友都開始覺得惠太的死可能是他們造成的。

我們人常犯一個毛病，當對你重要的人還在世時沒有珍惜他，覺得傷了對方也沒關係，或是犯錯後向對方道個歉就草草了事，然而我們是否曾想過：如果自己還來不及跟對方解釋清楚，甚至道歉對方就過世了呢？我們到時該會有多大的自責與懊悔！

故事中的惠太生性活潑開朗，臉上總是帶著燦爛的笑容，卻曾有過自殺的念頭，因為家庭沒有給他應有的歸屬感與溫暖。我們身邊或許也有這樣的人，用笑容包裝自己，不曾提起家中的事，一個人獨自承受痛苦與孤寂。

這是一個令人省思的作品，書中人物的描寫相當生動，也充滿高中時代的青春氣息，但又帶著面對「失去」的淡淡憂傷。人生總會遇到許多挫折，有親友在身旁時，可以向他們傾訴，抒發自己的情緒，只要挺過去，即使會緬懷過去，也能邁向有光彩的未來！

后宮如懿傳(全)

撰 寫 人：三年德班 李修齊

指導老師：杜慧玲 老師

作 者：流瀲紫

出 版 社：希代多媒體

內容大意：

雍正駕崩後，乾隆即位，並冊封福晉與格格為嬪妃。如懿（嫔妃）直言不諱、剛烈堅貞的個性使她頗為得寵，但同時招來妒恨。皇后、晞月（慧貴妃）打壓如懿還收買宮女，誣陷如懿謀害皇嗣。早已安排好的人證物證使她百口莫辯，只得靜候皇帝發落。乾隆雖不信，卻仍將她打入冷宮，試圖斷了他人想謀害她的念頭。出乎意料的是，皇后與貴妃仍不善罷甘休，不停設計陷害如懿，所幸冷宮侍衛凌雲徹多次拯救，她才逃過一劫。如懿在因緣際會下，某天救了險些被冷宮嬪妃刺殺的太后。最後，在與她交好的海蘭（愉妃）和太后的幫助下，如懿回宮並沉冤得雪。陷害如懿的宮女、貴妃與皇后也被皇帝揭穿惡行，最後接連仙逝。如懿的寵愛一日比一日盛，乾隆並立她為后。此時，皇上寵幸魏嬪（令妃）。她不惜一切爭寵，害死如懿兩位孩子，還買通刺客刺殺如懿的另一位兒子，卻因侍衛凌雲徹的救駕而失敗。皇帝疑心病重，認為凌雲徹對如懿有情，百般羞辱他倆，甚至將他送去如懿宮裡做太監。最後，海蘭以如懿的名義將凌雲徹賜死，此事才得以了結。然而，皇帝與如懿因令妃的挑撥，感情每況愈下。如懿對皇帝失望透頂，在一次南巡途中斷髮休夫。皇帝將如懿禁足於宮裡，無可奈何的她最後自裁，結束了波瀾起伏的一生。最後，海蘭和婉茵（婉嬪）一同扳倒惡毒的令妃，使之被賜死。乾隆發現自己誤會了如懿，可一切為時已晚。他意識到自己失去了太多，卻無法挽回。畢竟，自己也不過是天地間一介寡人罷了。

心得感想：

甫閱讀《后宮如懿傳》第一章，就愛上了作者流瀲紫華美的詞藻。無論誌人、誌事、誌物、誌景，無一不歷歷如繪，彷彿就在讀者眼前。人物的刻畫，更是鮮明。如懿清冷倔強，乾隆薄情寡義，海蘭外柔內剛，慧貴妃狂妄傲慢，令妃攻於心計，凌雲徹忠心耿耿，每個角色獨特的個性皆令人印象深刻。

書中最喜歡的角色非如懿莫屬了。她雖身陷爾虞我詐、波詭雲譎的后宮，卻從不曾算計他人，仍保有自己善良的本心，給人一種「眾人皆醉我

獨醒」之感。在風波連連的後宮裡，她只盼著乾隆皇帝真心待她，而從不參與宮鬥。如太后所說：「恩寵也好，權勢也好，后位也好，她全不放在眼裡，唯將情分盡到底。」如懿雖然最後因乾隆的疑心而以悲劇收場，卻憑藉著自己純樸的本性，贏得眾嬪妃的尊敬。反觀那些成天算計他人的角色們，總沒個好結果。慧貴妃被富察皇后利用，成為她的棋子，最後甚至遭到皇帝的嫌棄。富察皇后（諡號孝賢）不斷借其他嬪妃的手陷害如懿，死前被乾隆揭穿種種惡行。大意中未提及的嘉妃一生中費盡心機、機關算盡，卻換來一場空；令妃的下場更是淒涼——皇帝賜她牽機藥，使她在痛苦掙扎中死去。由此可知，善良的人不一定有好報，但不善良的人一定不會有好結果。

最令人無法接受的，是乾隆的疑心與猜忌。如懿最盼望的無非是丈夫的信任，但他卻給不了。乾隆總認為，得不到的永遠是最好的。張愛玲有言：「娶了紅玫瑰，久而久之，紅的變了牆上的一抹蚊子血，白的還是『床前明月光』；娶了白玫瑰，白的便是衣服上沾的一粒飯黏子，紅的卻是心口上一顆硃砂痣。」從前孝賢皇后陪侍時，乾隆總對她不滿，然而，孝賢皇后崩逝後，卻百般追思。如懿在時，他處處拿她和孝賢皇后比較。乾隆從來不曉得珍惜陪伴自己的人，晚年時才覺悟道：「夫妻恩情，嬪御恭順，兒女之福，父母之恩，朕已失卻大半。朕，終究，不過是天地間一介寡人。」真叫人不勝唏噓！

許多人批評宮鬥小說盡是些勾心鬥角的情節，毫無意義，但讀了《后宮如懿傳》後，卻意外的從許多角色身上悟出不少人生道理。假若每個人都能像如懿一般，在乎情分而非位分，世上的猜忌、爭鬥、算計、背叛是否會大大減少？

一公升の眼淚

撰 寫 人：一年忠班 卓悅

指導老師：陳貞如 老師

作 者：木藤亞也 譯者：明珠

出 版 社：高寶國際

內容大意：

十四歲的日本少女木藤亞也原是位平凡的國中生，自從患上不治之症「脊髓小腦萎縮症」，身體機能每況愈下，但她始終秉持「我想活下去」的意念用日記記錄生前的點點滴滴及心情轉折，最後出版成冊。

心得感想：

本書主角十四歲少女亞也因患上罕見疾病「脊髓小腦萎縮症」，生活從此產生巨變。

伊莉莎白·庫伯勒·羅斯曾在出版的《論死亡與臨終》一書中提出「哀傷的五個階段」，包括「否認」、「憤怒」、「討價還價」、「抑鬱」、「接受」，她說這些階段不一定按特定順序發生，也不一定曾經歷所有階段。而書中主角亞也在十四歲時得知自己罹患罕見疾病時也經歷了「哀傷的五個階段」，她先感到「否認」，「病魔為什麼選上我？」、「我不想相信這是所為命運的安排！」接著是「憤怒」，「我的病比癌症還可惡！因為它，我年輕的本錢全部被奪走了！」甚至對母親說：「為什麼只有我的身體變成這樣？如果你不把我生下來就好了。」再來是「討價還價」，「神啊，請告訴我我的苦難究竟要到何時為止呢？如果我的身體能更加靈活，就算要我清理廁所，我也會高高興興地去做。」、然後是「抑鬱」，「『天空好美啊，雲朵看起來就像冰淇淋一樣！』，現在的我，連這種抒發心情的樂趣都做不到了。心裡的挫折感很強烈，越想越覺得自己悲慘之餘，不自覺又哭了起來」，最後是「接受」，「為何不用自己的力量開闢人生的道路呢？」，「我只想趁身體還能動彈的時候多做一點力所能及的事，我不想在我的人生中留下遺憾。」以上這些都是亞也在日記中記錄的內容。我覺得亞也在得知自己的病情後，由否認到接受現實，接受自己的殘缺，並勇敢的活出自己的人生。

看見亞也從最初期的走路無法平衡、容易摔倒，接著說話發音含糊不清，再來是無法自行拿取餐具進食，最後只能成天臥躺於床，度過餘生。對身體健全的我們來說，雙腳站立、咬字發音，以及自行進食簡直是輕而易舉，但對於亞也來說，吞嚥食物都有可能造成堵塞喉嚨，甚至致死，現

代有許多人「身在福中不知福」，只會抱怨自己擁有的不夠多，卻不知道自己所擁有的是身障人士夢寐以求卻得不到的，因此，我們應該更珍惜我們所擁有的，而不是一味的奢求。

在亞也的日記中，有一幕最令我印象深刻。體育課時，老師要求全班進行籃球及長跑測驗，當亞也因行動不便經老師允許回教室自習，同學們紛紛回應：「哇——自習！好幸福耶——」，此話令亞也火冒三丈，在中表示「沒有切身體會，哪能理解身障人士的心情呢？但轉念一想，太難了！拿我自己來說，不也是變成現在的樣子之後才開始有所體會的嗎？」這就是所謂的「同理心」，我也曾因腳受傷而需拐杖助行，那時的我，連最簡單的雙腳站立都無法做到，移動只能靠拐杖一步一步慢慢走。上體育課看見同學在操場上自在的伸展四肢，自己卻只能坐在場邊發呆，使我更能體會身障人士的不便之處，對於亞也的反應、情緒也更能感同身受。

儘管亞也在二十五歲時不幸離世，直到人生謝幕前一刻，她仍拚命與病魔對抗，雖然她的生命猶如煙花般短暫，但直至最後仍努力綻放自我，令我十分佩服。我想，換作是我，漸漸失去控制身體的能力，且在天真爛漫的年紀就要面對死亡這個人生課題，不知道能不能像亞也般堅強。因為亞也，我體會到了人生無常，也讓我思考面對死亡前，有哪些事是我想要完成的，應將其列成「人生清單」逐一完成，希望人生無憾。因為亞也，我了解到命的脆弱與堅強，就像亞也曾說：「將手放在胸口、感覺到撲通撲通的聲音。心臟還在跳動，好開心。我.....還活著。」原來活著，就是一件快樂的事。

在咖啡冷掉之前

撰 寫 人：一年忠班 蔡仲寧

指導老師：陳貞如 老師

作 者：川口俊和 譯者：丁世佳

出 版 社：悅知

內容大意：

作者川口俊和原本是位劇本家和導演，此書的原著也是齣舞台劇。故事發生在一家典雅的咖啡店裡，這家咖啡店裡有個特別的座位，只要在這個座位上喝下由時田家族的女性沖泡的咖啡便能回到這家店內的某段過去，但現實並不會因為回到過去就改變，而且進到過去後，必須在咖啡冷掉前喝完它，否則再也無法回到現實，成為幽靈。

書中主要分成四段故事，分別是想挽回前任的二美子、想完成失憶丈夫心願的博子、對於去世的妹妹感到抱歉的平井，以及想解開與母親的心結的主角數。四個人都懷抱著不同的心意回到了過去，雖然都沒能改變現實，但卻都因為回到過去，對未來有很大的影響。

心得感想：

回到過去的其中一項規定寫道：「即使回到過去也不能改變現實。」看到這句時我不禁感到困惑，既然不能改變事實，那回去的意義何在？就這樣，我抱著疑問的翻開了書，在文字的引領下進入這家奇幻的咖啡廳。

在四段故事中，令我最有感的是「姊妹篇」。嚮往自由且大膽追夢的姊姊平井成年後便離家在外打拼，留下了妹妹久美獨自繼承家中的旅館產業，即使如此，久美還是常常找上門來想說服平井回老家幫忙，不過平井認為妹妹只是想擺脫家中的產業，因此常常避而不見。某次拜訪失敗後，久美在回程中因為一場交通意外而去世了，久久不能平復心情的平井因此下定決心回去再見死去的妹妹一面。這才讓平井終於與久美好好的面對面，想彌補的她告訴妹妹自己能夠回去繼承家業，不過平井才知道妹妹最大的夢想其實很單純，就是和姊姊一起經營旅館。其實回到現實後，根據規定，現況並不會就此改變，久美依舊還是因意外身亡，但平井實踐了與妹妹的約定回到老家，經營著旅館的她是如此樂在其中。

我想這是這本書要帶給我們最大的啟示吧！重新面對過去的某些人及自己，就能從中找到面對現實的勇氣，即然現實不會改變，那就改變心

態，這樣一來，原本看似消沉的事物也變得與眾不同。而穿越回去的人，也正是因為如此才能擁有面對過去的勇氣，雖然無法改變已經存在的事實，卻可以在即將到來的未來做出更好的選擇，以燦爛笑容面對生活。

英國詩人彌爾頓曾說：「心靈有它自己的地盤，在那裡可以把地獄變成天堂，也可以把天堂變成地獄。」在讀完《在咖啡冷掉之後》我由衷覺得確實如此，人生中總會遇到幾個僵滯的難題，使你放不下也離不開，但其實很多事情沒想像中那麼困難。置身什麼環境，或許不是我們可以決定的，但是，我們絕對可以決定自己的心境，讓自己心想事成，「還有半瓶水」跟「只剩半瓶水」的區別完全取決於你的心態。

我曾經在一次自信滿滿的演說比賽中名落孫山，當時的我成天悶悶不樂、怨天尤地，氣評審偏心、氣自己沒用，更決定放棄演講。當時我的指導老師告訴我：「雖然沒有獲獎，但換個角度想，我們也有所成長，也算是贏家，因為我們能吸收別人的優點改進自己，也能從別人的缺點改變自己。」老師的一番話深深的影響了我，我又重拾自信，不斷的改善自己，並也在那之後在許多比賽中奪得佳績。看完這本書後，試想：如果當時的我因一次比賽失利就放棄演講，那麼我也不會有後續的甜果，由此可見換個方式看事情的重要性。

古羅馬時期著名的政治家西賽羅曾說：「每個人曾經都有一段黑歷史，但只有愚蠢的人才會拘泥於過去。」是啊！如果我們無法改變註定會出現的酷暑，那何不享受艷陽的照耀呢？

21 世紀的 21 堂課

撰 寫 人：一年忠班 侯馨恬

指導老師：陳貞如 老師

作 者：哈拉瑞 譯者：林俊宏

出 版 社：天下文化

內容大意：

《21 世紀的 21 堂課》是當代備受矚目的新銳歷史學家作者——哈拉瑞，整理出的 21 項現代人需思索的核心課題。而這 21 項核心議題又被歸類成五大部，分別是探討資訊和生物科技的發展如何顛覆社會的「科技挑戰」、文明、種族、宗教和移民問題的「政治挑戰」、關於戰爭及恐怖主義的「絕望和希望」、討論假新聞現象及比較科幻小說與現實的「真相」和剖析人類存在本質及心靈奧秘的「生命意義」。

心得感想：

身為一位高中生，接受著教育的同時，我也正在思考，教育對我的意義。我認為，接受教育除了能夠帶給我知識，還有使我能夠變得更好，將來能夠回饋社會並幫助更多的人。現階段的我是第一屆適逢 108 課綱的學生，我們所要培養的核心素養是為了適應當前生活與面對未來的挑戰。因此，我們必須在知識、能力與態度方面學習。《21 世紀的 21 堂課》這本書在知識上帶給我很多啟發。看了本書後，我對於當今發生的許多時事及一些從古至今議論不休的議題，都有了更深入的見解，而其中也包含了我最關注的教育議題。作者在本書中舉用了大量的事例，包括人工智慧及演算法等最新科技挑戰，以及人類千年來對於探究自身存在意義的問答，採用了一連串的闡述和分析。作者並非給讀者「標準答案」，反而留下了更多的問題讓讀者進行思考。

「想在未來跟上 2050 年的世界，人類不只需要發明新的想法和產品，最重要的是得一次又一次的重塑自己。」這是作者在本書「教育篇」提出的見解。我認為這正好與課綱中讓學生能有更多的自主學習和多元選修的規劃不謀而合。選修課程和一般正規課程不同的是能夠讓學生自行選擇與自身興趣相符的選修課。而自主學習則是在指導教師的協助下，規劃並完成學習主題內容和進度。進入高中後的國文課堂上，第一篇課文便是〈師說〉，闡述了老師的職責是「傳道、授業、解惑」，也教會了我們跟從老師學習的必要性。而《禮記·學記》中的「師嚴然後道尊，道尊然後民知敬學。」，則教會了我們應以良好態度向師長虛心求教。教育，不僅是能讓

學生循序漸進培養一技之長、吸收知識並增進對於社會環境適應的途徑，更重要的是啟發一個人的理性、良知和個人價值觀的歷程。教育不該被定義為教師單方面向學生灌輸新知，而是要讓如同幼苗般的學生，在老師的指導下，加上個體的努力，慢慢茁壯並獨立的過程。

儘管現在的我們在學習生涯中除了學科能力外還得探索各項技能，譬如資訊的運用。我們這個世代，從小便能享受大量網絡資訊的便捷，脫離了從前查找紙本資料的耗時與不便。但卻要面臨時有所聞的網路成癮狀況，以及大量的假新聞充斥。但我們仍舊得思考：該如何有自己的見解和思辨假新聞的能力。我們享受了近百年來科技發展的甜美果實，只要連接網路、動動手指就能與世界脈動無縫接軌。除了要不斷的更新知識並在時代洪流中找到立足點求取進步，也得面對未來的各項挑戰。從現在開始，我們要學習對各項議題進行思辨和批判。我想要向本書的作者學習，他在書裡除了教育議題之外，也寫了社會、人道、環境、科技和政治議題。這些議題環環相扣，密不可分。他說：「如果我們這一代無法對宇宙有整體的認識，人類的未來就等於只能依賴隨機的決定。」因此我們必須要認真的關注這些議題。本書字裡行間交錯著批判和理性思考，也許就是這樣鏗鏘有力的文字，才能夠真正打動人心，令人願意跟隨作者的步伐，更深入地了解這世界。對我而言，首先要在高中階段尋找人生方向並朝著目標努力前進；再者，便是要培養公民素養，了解時事，嘗試發表自己的看法。在這 21 世紀裡，盡個人的力量，為了讓世界更好而將所有想法付諸行動。

第十二的天使

撰 寫 人：一年忠班 徐懷芸

指導老師：陳貞如 老師

作 者：奧格·曼迪諾 譯者：栗筱雯

出 版 社：高寶國際

內容大意：

主角約翰·哈定差一點對自己的腦袋扣下板機，父母的去世成為了他第一個自殺的理由。在這之後，他進入大公司當總經理，妻子莎莉和兒子瑞克讓哈定漸漸找回快樂的自己，回到從小的家鄉——勃蘭鎮，但好景不常，在一場車禍的意外當中一切都變了樣，莎莉和瑞克突如其來的離世，又再次將哈定逼向死亡的深淵，老友比爾希望哈定能暫代少年棒球隊天使隊的棒球經理，哈定並不認為自己現在可以帶領球隊取得冠軍，但哈定答應了，一方面是顧及友誼，另一方面也是讓自己找個專注的事。棒球徵選來臨了，陶德精湛的球技深受青睞；反之，提摩西慢吞吞又不協調的動作，屢屢揮空卻從不沮喪，哈定也都看在眼裡，幾日之後，經理選定球員，提摩西與陶德都進入了天使隊。

季賽的序幕已正式揭開，第一場與洋基隊的季賽，因為提摩西意外的漏接對上分數被超越，輸了第一場球賽，提摩西感到非常自責，但球賽過後哈定發現了提摩西漏球的真正原因是他少了一個優質的手套。在幾場球賽裡提摩西總揮不出安打，他多麼希望自己能擊出一顆一壘安打，提摩西總是在隊裡當個最有活力的拉拉隊。提摩西由母親和麥森哲醫生悉心照料著，他時常靠著熱血的「十一號公路」帶他到球場。最後一場聯盟冠軍賽，現場座無虛席，提摩西終於揮出了一個一壘安打讓比數追平，兩隊勢均力敵，最後獲得了聯盟冠軍的頭銜。在這之後，哈定走了趟墓園，放下了過去並回到公司上班。回家之後，醫師告訴哈定其實提摩西得了「髓骨母細胞瘤」的罕見疾病，哈定時常到提摩西家探望他的病情，在四月七號提摩西與人間辭別，他上天堂做了最快樂、最善良的天使，是他讓一蹶不振的哈定找回活下去的理由與意義，他是天使隊的第十二個天使，亦是哈定生命中最可愛的小天使。

心得感想：

本書我認為主要想告訴我們的事是不要放棄，提摩西並沒有因為他患的病而放棄棒球夢想，他勇敢追夢，從未放棄！放棄與堅持有時也只是一念之間罷了，如果內心告訴自己要堅持下去，那我無論如何也會咬牙撐下

去，但我認為最重要的是堅持下去自己能學到什麼，這並不是指利益上的獲得，堅持可以訓練毅力，讓自己變得更堅強，更不容易被擊倒；可以學著如何勇於面對困難和如何將逆境化為順境，又如何力爭上游，困境或許不是真正的困境，上帝為你關了一扇門，一定也會為你開扇窗，人必定是要經過磨練才能進步的，我想困境足以讓人變得更強大。如果我是哈定，或許我也會沉淪在悲傷的氛圍裡，久久無法自拔，但我會試著告訴我自己，我是否只看見了自己失去了什麼，卻沒有想到我還擁有什麼，這世界上還有很多愛我的人，我自己沉浸於悲傷，但站在旁人的立場，難道身旁其他人的存在就不值得我開心嗎？他們又憑什麼要陪著我承受？世界上本來就沒有永遠的關係，生老病死就像人生中的酸甜苦辣，都是必經，也許有時候死並不像我們所想像的那麼可怕，它是一個必經的過程，有一天一定會到來，我們又何必為一個以後會到來的事情杞人憂天呢？這也告訴我們除了行孝要及時，愛也要及時。

再者，找到活下去的意義也很重要，哈定活下去的意義就是為了做球隊孩子們最強的后盾，為他們鋪好一條順遂的道路，不會在路上被困難絆倒，我們生活有目標會讓做事效率提升，生活也會變得更充實、更多彩，達成目標後得到的成就感，也能繼續支持自己往下一個目標邁進，也能完成更多人生目標。在提摩西身上所學到的事就更是難以細數了！他雖然身軀小，但意志卻高，在他小小年紀時就要學著承受自己隨時都即將死亡的恐懼，他的心態是最令我佩服的！即使他知道自己已是生命垂危，卻還是一直保持積極樂觀的態度，給予別人他所有的正能量，努力帶給每個人希望與自信，卻從沒表現出一絲絲需要同情憐憫的樣子，其實有研究指出，在失意的時候保持正確的心態會讓事情變得容易許多，自己也會活得更快樂些，這是一種奇蹟療法，提摩西從來不因失敗而沮喪，事情總會隨著時間慢慢淡化，人總是有失誤的時候，這世界上沒有一百分的人，但有努力讓自己成為九十九分的人，況且，暫時的失敗並不是真正的失敗，所謂失敗為成功之母，失敗是成功的墊腳石。有句成語叫做勤能補拙，只要願意付出大量的努力，多多練習，進步會一點一滴的累積，成功指日可待，不會有永遠的失敗。

在棒球賽的過程裡，球隊隊員們的鼓勵與團結也成為我感動的部分，當提摩西漏球時，陶德上前給予安慰和鼓勵，他們以鼓勵代替責備，激勵的效果不減反增，當人受到鼓勵與肯定時，會越來越努力讓自己成為更好的人。最後，我認為最重要的事情是相信自己，先給自己跨出第一步的勇氣才有後續更多的成功機會，有句話說：「想，做不到；做，意想不到」，我覺得正是這個意思吧！在這本書裡，真的在無形之中有很多感觸，它是一本故事情節賺人熱淚的小說，即便沒有用影像呈現，提摩西的影子卻深埋在我的心裡，在這感人的故事情節裡，處處藏著深妙的道理，令人回味無窮。

82 年生的金智英

撰 寫 人：一年忠班 黃敏慈

指導老師：陳貞如 老師

作 者：趙南柱 譯者：伊嘉玄

出 版 社：漫遊者文化

內容大意：

書中描述一位 1982 年生的平凡家庭主婦金智英，從小在重男輕女的家庭長大，從求學到步入職場都因為身為「女性」，遭受不平等的待遇，生完小孩後，在眾人「理所當然」期待下辭職在家帶小孩。付出一切的她卻在買咖啡時，被男性上班族激笑「媽蟲」，靠著老公的薪水悠閒過活，她忍不下去了，漸漸地她會無意識變成別人替自己說話，聽了老公的建議去看心理醫生，才娓娓道出心中的聲音，很平凡，卻也是女性共同的痛。

心得感想：

金智英的故事，其實很平凡，而正是因為平凡，讓人忍不住哀傷，讓人彷彿能看見自己。

從小到大，女生總有被灌輸過要文靜、要會做家事、要會煮飯，為了長大後嫁到夫家能「發揮用處」。女生存在的意義難道只為了嫁人？穿著不能暴露，言語也不能狂妄，若被傷害了，是自己沒有保護好自己。錯的不是女生，是這個社會病了，就如金智英所說：「這個社會看似改變很多，可是仔細窺探內部細則和約定俗成，便會發現其實還是固守著舊習，所以就結果而論，應該說這社會根本沒有改變。」

要改變這個社會很困難，但改變心態可以從你我開始，女性自覺需要被喚醒，女性主義需要被正視。不要因為傳統社會的認知而忽略了新時代的真理，「性別平等」應是兩性互相體諒，而不是誰退一步誰比較偉大。女性主義也不是厭惡男性，是兩性都自由，每個人都能為自己的存在驕傲，不受環境壓抑，過著認同自己的每一天。

最後一次相遇我們只談喜悅

撰寫人：一年忠班 劉諺昀

指導老師：陳貞如 老師

作者：達賴喇嘛、戴斯蒙·屠圖、道格拉斯·亞伯拉姆

譯者：函絜光

出版社：天下

內容大意：

這是一場為了慶生而舉辦的聚會，由第十四達賴喇嘛及南非聖公會大主教在印度探討喜悅的本質，喜悅是發自內心跟你所處的環境無關，可能讓喜悅遠離的事物，喜悅的八大支柱分別為觀點、謙卑、幽默、接受、原諒、感恩、慈悲、付出，最後教讀者如何練習喜悅。

心得感想：

在這本書中作者不斷地告訴我們，不是去忽略那些苦難、那些挫折，而是要我們轉換方式去看待一件事，也告訴我們不要一直用身分框住自己，回歸最本質的定義我們是「人」。古人云：「人生不如意十常八九」，苦難、挫折、爭執、抱怨充斥著我們的生活，我們可以選擇去埋怨自己、選擇去抱怨環境、抱怨生活，我們也可以選擇去解決問題，選擇去聆聽他人怎麼想，選擇喜悅。

付出，喜悅的八大支柱之一在現在這個講求合作的世代，我們常常有合作的機會，一起做報告、一起研究專題，一起戲劇表演，每每在過程中總是有許多不同的意見，有時候，我們會爭執，會怪組長沒有分配好工作，會嫌棄組員都不做事，但我們應該想想自己為這組付出了什麼，我想你不能要求別人事事為你做好，多時候我們應該學會付出，也許是在路上隨手撿起一片垃圾，也許是解答同學一個問題，在付出的同時，其實我們也在收穫。你隨手撿起一片垃圾，你可以獲得一條乾淨的走廊；你解答同學的問題，你可以加深對題目的理解，我們付出的時候獲得的不一定比付出少，但是我們常常只看到我們付出的，卻忘記了我們從中獲得的，你會記得你幫助過的人，但你很少記得當你幫助完他時獲得的微笑，以及當初的喜悅，所以我們應當把收穫放在付出前，這樣當你辛苦完成一件事情時，你會記得的是你學到的，而不是你的辛苦。

喜悅的八大支柱之一的原諒也很重要，我想原諒從來不是一句「沒有

關係」就可以結束，真正的原諒是你能打從心底放下，當你日後回想討論時，你會笑談一切，把那段變成你最豐富的的經歷，在原諒的過程中，我們會失望、會難過、會失落，書中說到：「不是假裝苦難不存在，而是轉換看待事物的方式。」人生中有很多的需要去寬恕、去原諒的事，不是假裝看不到那些事，而是去面對那些事。

生活中我開始不再抱怨為甚麼其他人都不做事、為甚麼他們可以休息，我開始思考我可以為大家做些甚麼，可以教那些在休息的人如何幫助團隊，也可以提供團隊新的想法及建議，我發現這樣不僅讓整個團隊更有效率，我讓自己的心態維持得很好，不會只有負能量，還能進而提供團隊正能量。

喜悅，在我們的生活中無處不在，只是我們需要用一個你不曾用的角度看待他，「喜悅是一種面對事物的方式」。

墨水心

撰寫人：一年忠班 蔡雯筑

指導老師：陳貞如 老師

作者：柯奈莉亞·馮克 譯者：劉興華

出版社：大田

內容大意：

為德國最知名的文學作家之一。2005年「Time」雜誌選出影響世界100的其中一人。榮獲德國魏茲拉文學大獎。透過作者的文字閱讀者陷入奇幻的故事中。穿梭在現實與幻想，逐漸享受閱讀所帶來帶來的樂趣。透過故事的鋪陳，深入一個充滿陷阱、謊言的奇幻世界中。

心得感想：

閱讀這本書時，遊走在現實與幻想中，慢慢地陷入一個又一個的故事中，漸漸地愛上閱讀的樂趣。作者柯奈莉亞·馮克就像是故事中的魔法舌頭，透過文字，將閱讀者帶入《墨水心》的故事中，而且在閱讀這本書時經常會把自己帶入故事中的角色，彷彿自己就是故事中的角色般一起經歷一個又一個驚險刺激的逃生。

這本書的每個角色都不是個完美的人，不論是好人或是壞人，都會有缺點及優點。就算是壞人，他們的背後都有一個動機讓他們做出那些會傷害別人的事。雖然他們做的事確實不是一件正確的事，但是當你深入他們自身的故事時，你卻能深深的了解他們做這些事所隱藏的陰影與傷痕。

髒手指是故事中被主角美琪的爸爸莫從《墨水心》裡唸出來的角色。來到現實的髒手指渴望著回去原本那充滿著魔法及幻想的世界，為了達成目標他將美琪和莫送到壞人山羊手中。一開始我對於他並沒有好感，我認為他是個滿口謊言、為了達到目的而不擇手段的自私之人，但當我閱讀到最後時才發現他不是個自私的人，在他出賣美琪和莫時，也因為愧疚感而一次次默默地幫助他們，這也讓我了解到他不完全是個壞人，只是基於想回家的理由而一再地走入歧途。

我覺得這本書除了能夠讓讀者進入故事裡的奇幻世界外，還有一個特點就是人物的鮮活刻劃。每個角色都有屬於自己的故事，無論是失去妻子的魔法舌頭莫、或者是熱愛閱讀的愛麗諾、渴望回家的髒手指，每個人在故事中都有不同的轉變，其中我覺得轉變最多的便是熱愛閱讀的愛麗諾。

愛麗諾在故事中其實是個不太討喜的角色。當美琪和莫一開始去借住在愛麗諾家時，比起人類，愛麗諾更喜歡與書本獨處，甚至為了讀上《墨水心》把書掉包讓被綁走的莫陷入危機，但愛麗諾完全不覺得自己有錯，

反而認為自己只是遵照莫的意願保護了這本書，因此剛開始的愛麗諾是個有點自私的角色。但當愛麗諾與美琪踏上旅途並遇上危險時，她不再只是個專注於自己的自私鬼，而是主動挺身而出，最後與莫一起將陷入危險的美琪救出。我想是旅途中的羈絆、在危險中能夠互相扶持的友誼，讓愛麗諾感受到在書本中所不能感受到的溫暖；而且原本講話尖酸刻薄、直來直往的她，也能逐漸在話語中挑選詞語讓自己講話時不再帶著尖刺。

書中的精彩冒險絕對是這本書的一大賣點。書中的角色都有各自獨一無二的性格，隨著故事的發展，我們彷彿是書中的角色，一起隨著故事中的冒險成長、冒險。

不會游泳的魚

撰寫人：一年勤班 米家蓁

指導老師：陳貞如 老師

作者：蘇偉馨

出版社：商周

內容大意：

作者蘇偉馨是諾瓦小學暨幼兒園的董事長，學生們都稱呼他為「校長媽咪」。蘇偉馨小時候被認為有亞斯伯格症，是個問題兒童。後來決定走上教育之路，運用成長時的觀察和紀錄，成就了現在教育思想的根源。

本書收錄很多故事，各個都發人深省，值得老師和家長探討。本書主要關於教育，特別是家長和孩子之間的關係。在招收學生進入諾瓦之前，家長都會與蘇偉馨進行會談面試，來充分了解孩子的狀況，實施不同的教育方法，因材施教。內容提到了很多被認為是問題兒童的孩子，在不同教育環境、方法下，逐漸成長為體貼、懂事的孩子。其中，最為重要的是家長教育孩子的方式，只要方法對了，每個小孩都能發揮出自己的天賦，展翅高飛。這本書非常推薦家長及老師閱讀。

心得感想：

看完這本書後，我更了解父母和孩子相處的方式，還有教育方法的重要性。畢業於諾瓦小學的我，有了更深的感觸。真懷念當時的生活，不討厭上學，無憂無慮，每天都能學到新的知識。諾瓦的教法非常不一樣，會讓學生對學習產生興趣，不僅快樂的學習，還學到了豐富的知識。我非常認同用不同的方式教育孩子，而不是用一套機械化的程序來灌輸知識。每個人都有自己的專長和天賦，應該活出自己獨一無二的人生。

家庭教育對孩子最為重要，因為孩子小的時候可塑性強，接納各種新事物的速度快，而且在家的時間多。如果家長用錯了方法，比如暴力、打罵、苛責等……，或是控制不了情緒，很容易帶給孩子不良的影響，如思想偏激、行為問題、溝通困難等……。我覺得要找到適合孩子的教育方法，需要很大的耐心及細心的觀察，找到孩子的天賦，並營造理性溝通和良好的教育環境。

孩子在小的時候，總是好奇心強，熱愛嘗試新的事物，這也是他們探索世界的過程，對長大後適應環境的能力有很大的幫助。如果強制他們不能嘗試，就等於封住他未來的道路。我認為不能剝奪孩子探索世界的權力，就像在小時候就上各種補習或才藝課，那樣不僅讓孩子失去了童年，還剝奪了快樂和美好的回憶。

家長對孩子的行為和教育方式會影響孩子們的一生，不能太過暴力、苛責，也不能過於溺愛、放縱。最重要的是，家長要以身作則，孩子才會有學習的好榜樣。家長也需要適時的放手，讓孩子自己嘗試，只有家長們在背後支持，孩子才能無畏的邁向未來，而不是走別人安排好的路。

貓戰士外傳之 V-黃牙的秘密

撰 寫 人：一年勤班 張可欣

指導老師：陳貞如 老師

作 者：艾琳·杭特 譯者：羅金純、彭臨桂

出版社：晨星

內容大意：

作者的寫作靈感來自於其愛貓成癡，以及對大自然弱肉強食的好奇與著迷。艾琳總是以敬畏的心面對大自然的各種現象，由於她對占星術和英國巨石陣十分有興趣，所以很喜歡用豐富的神話語言來詮釋動物的行為。

這本小說主要在描述影族巫醫黃牙的一生歷程，牠原以為牠會以戰士身分為部族效命，但後來由於星族賦予的能力，使黃牙漸漸認知到自己真正的使命，「我是一位巫醫！」黃牙在心中吶喊。當牠下定決心朝夢想邁進時，種種痛苦席捲而來……。必須放棄伴侶貓鋸皮、星族對其小貓的可怕預言等都使黃牙得不斷與情感搏鬥，愛情、親情與忠誠只能擇一的命運捉弄。若選擇錯誤的道路，腥風血雨的災難必會接連而來。

心得感想：

在閱讀此書時，我深陷其中，一轉眼就能看完好幾章，因為其內容及故事情節惟妙惟肖、躍然紙上。就比如說，作者在描寫貓群間的衝突時，每個動作、情景都呼之欲出、繪聲繪影。最印象深刻的一句是：「碎尾跟雲皮撲向攻擊狐心的兩隻老鼠，折斷了他們的脖子，把屍體丟向空中。鋸星衝進老鼠堆中，其他族貓緊跟在後，大家都露出爪子撕抓敵人。」雖然看似血腥暴力，但每隻貓兒的勇敢膽識都令我佩服不已。在面對無知的未來時，牠們都選擇不顧一切、奮力一戰，只為捍衛自己的領土與保護族貓。

在整個故事中，我最欣賞的角色是黃牙，影族的巫醫，牠的智慧讓許多族貓得以在生命垂危之際九死一生，尤其是雲掌，當牠被居住在兩腳獸的惡棍貓劃開肚皮，已因失血過多而昏厥過去時，黃牙運用從導師賢鬚那裡學習到的所有知識來搶救雲掌，儘管賢鬚認為已經回天乏術，牠仍鏗而不捨，就如愛迪生所說：「我們最大的弱點在於放棄。成功的必然之路就是不斷的重來一次。」最後雲掌果真奇蹟似地康復了，族貓都為他喝采。

看完《貓戰士外傳之 V — 黃牙的秘密》後，令我反思最深的情節是當貓媽媽蜥蜴牙和朋友東青花抱怨為甚麼是母貓生產，而不是公貓時，牠

那憤恨不平的態度。因為我也有相同的疑問，為甚麼非得是女性呢？深思熟慮後，發現如果是男性生產，那他們必也會有一樣的困惑。若人類性別特徵互換，還是由其中一種性別生育，其實沒有任何變化，無非是男女稱謂對調而已。可是如果想孕育新生命，最重要的就是男女雙方於生產過程中的健康生存狀態，嚴格來說，並無所謂的誰付出比較多。我想，上帝之所以會創造男人、女人、雄性、雌性，一定都有其原因，每個身分也必須盡其職責，以達到人人平等。

我認為此書是想告誡我們：「選擇」即使痛苦，還是必須抉擇，就算走上錯誤的道路也不能反悔，畢竟都是自己的選擇，自己要承受一切後果。演員黃曉明說過：「既然我喜歡，我選擇了，去承受這些也是應該的，這世界是公平的。」因此在每次的抉擇前，深思熟慮是不可或缺的，從所有角度去思考，甚麼才是自己想要的，方能做出無愧於心的決定。

摯野

撰寫人：一年勤班 許少芸

指導老師：陳貞如 老師

作者：丁墨

出版社：知翎文化

內容大意：

「朝朝暮暮，陪你共度！」一個年輕帥氣且才能洋溢的歌手「岑野」與其他團員組成朝暮樂團，默默無聞而三餐都吃不起的他們，雖然窮但卻不苦，因為他們懷抱著夢想，一直向遠方看去。朝暮樂團從酒店駐唱，到小型音樂活動，最後參加了熱血激烈的比賽；卻也嘗過比賽黑幕的打擊，儘管經歷波折，還是進入了全國總決賽！然而迎面而來的名利誘惑、娛樂圈現實，讓朝暮樂團成員之間，出現裂縫。朝暮樂團的未來早已定案？岑野要如何面對重重困難的抉擇？

心得感想：

我很憧憬擁有夢想的人，因為那是對人生抱有希望的證明；那是生活的原動力，推動自己前進的馬達。岑野就是一個例子，他可以餓了三天，仍嘴上帶笑、兩眼炯炯有神地徹夜抱著吉他作曲，他眼中只看著夢想，眼裡滿是對音樂的熱情。

朝暮樂團在全國選秀節目裡受到矚目，尤其是岑野。許多經紀公司急著簽下這個有無限未來的大明星，但是條件都是「單飛」。眼看離夢想的大門就差那一步，但是一路伴著你的樂團竟只有解散的未來。為了讓更多人看見他的音樂；為了滿足大部分人的願望，他也只能選擇單飛，犧牲了樂團。高中生可能少有名利、地位的誘惑，卻有需要迎合大眾的時候，需要看著氣氛，依循著教室裡的空氣，當違反了教室裡的潛規則，就會被視為怪胎，被排出在教室的空氣之外。正因為遵循著空氣，不知不覺就有一股力量向自己推進空氣之中，也沒有逃出來的機會，然而要配合氣氛的同時，也多了不是自己想講的話，少了自己真正內心的想法，開始忘記真正的自己。

單飛後的岑野，有了錢買別墅、衣食不缺，整天接廣告代言，開了幾百場巡迴演唱會，但是，他不記得上一次真正歡笑過是何時；與朋友開心的喝酒只為了慶祝贏得一個小比賽的冠軍時，是多久以前？他以前窮困無比與現在的堆金積玉的生活呈現巨大的對比，但終究「金錢買不到快樂」，他一開始的初衷，是什麼時候被自己忘卻了呢？果然回到最初，我們也只是為了快樂和歸屬感才尋求一個能知心的朋友，誰知道會為了擴大自己的人氣，刻意追求更完美的同儕關係。到最後受傷的還是自己，才知道自己的想法原來才是最重要的。莫忘初衷，儘管誘惑的成分到處都有，但是最要珍惜和守住的還是自己的想法。

可以筆直向夢想前進的人很少，因為一路上的阻礙實在太多，不管是重重挫折失敗；還是名利金錢的誘惑，能一直堅持著夢想的人寥寥無幾。當迷失自我時，閉上眼睛，回想以前的自己，我真正想要什麼？我想成為怎樣的自己？把握住自己的初衷才是前往夢想重要的關鍵。

噬罪人

撰寫人：一年勤班 連文瑜

指導老師：陳貞如 老師

作者：呂秋遠

出版社：三采文化出版事業有限公司

內容大意：

「有形的責罰，是否真能撫慰背痛憤恨的心？」、「無形的責罰，又如何一輩子烙印於加害者之身？」所有的訴訟都來自人性的悲哀與無奈，而外表嚴肅內心柔軟的呂秋遠律師，總是用同理心去了解每一個當事人，讓所有委托人除了借重其法律專業外，也非常依賴他的心靈鼓舞。呂秋遠律師將自己親身經歷過的法律案件，寫成 25 個小故事，讓更多人感受並理解人生的無常與人性的脆弱。

心得感想：

解釋法律學之開端，是一項科學性工作，但又為一種藝術。身為律師的呂秋遠認為「律師這個行業，經常要扮演噬罪人的角色，不是『飾』罪，也不是『拭』罪，而是『噬』罪。從事這個行業的人，必須將當事人的痛苦與罪惡，具體轉化或是用於世俗的法律之中，協助法院是每個人可以適得其分。」律師在我們的印象中的名詞可能有「官司、公平、勝利、冤屈、罪名……」。

這本書以第一人稱的視角敘述著生活中的法律課題，二十五篇看似普通的故事，但真正要思考的問題卻是無比困難。在〈他沒有錯〉的事件中，我看到最終的判定，不一定等於真相，法官看著醫院的證明，看似判決已定，但事實真的是這樣嗎？當我看到那有毒品前科的男子努力解釋、證明自己已經改邪歸正時，但最後的判決依舊冰冷，不禁會使我思考一個人做錯事付出的代價實在太大了，雖然勇於承擔法律責任是必要的，但後續隨之而來的後果令人難以想像。

在〈阿爸的心肝寶貝〉的事件中，故事中的父親患有憂鬱症，母親則是患有躁鬱症，受不了互相的折磨而決定離婚，而那位父親卻說出一句：「如果我要走，我會帶著她（女兒）離開。」對一個女孩來說，剛接觸到這個世界的她，未來還有許多可能，可能她會是演員，可能會是醫生……。為什麼要因為自己的痛苦而帶走這無辜的小生命呢？

讀完這本書後，感受到法律對人的傷害，法律也沒辦法解決一切，但我們能做的就是提醒自己遵守法紀，不因一時衝動而犯下難以彌補的錯誤。這 25 篇小故事讓我思考了很多平常曾未想過的問題，學到了很多法律的知識，感受到了世間的溫暖、可怕、無奈、情感……。比起法律，我認為「人性」更為重要。

人生不設限：我那好得不像話的生命體驗

撰 寫 人：一年勤班 黃清悅

指導老師：陳貞如 老師

作 者：力克·胡哲 譯者：彭蕙仙

出 版 社：方智出版股份有限公司

內容大意：

關於力克·胡哲的人生，我想，我們可以用以下的幾個字來形容，那就是「殘而不廢，創造奇蹟」。

1982年力克·胡哲在澳洲誕生了，出生時罹患海豹肢症，天生沒有四肢。在他的人生中曾經三度嘗試自殺……..。他曾在一天內被12個人嘲笑，最後因為一個同學的正面肯定而重新振奮。

十六歲時第一次在小型聚會中跟同學分享自己的故事，口碑從十二個人開始。在決定以「激勵他人」為生命目標後，創立了「沒有四肢的人生」這個非營利組織，並在世界各地發表演說，以生命見證，撼動千萬人心。

心得感想：

力克曾說過：「我認定我的美就在於我的『不同』。我就是獨一無二的我，從來不會有人認為我很『一般』，或者叫我『另一個傢伙』。在人群中，我站起來可能不高，但肯定醒目。」對啊！這就是所謂的愛上自己！我們為甚麼要在乎他人的眼光呢？很多人喜歡互相譏笑，或是在大家的面前取笑說：「嘿！你很肥胖！你很肥胖！你必須減肥……」然後，當你回家面對鏡子中的自己說：「喔~我真的很肥胖！」在這個世界上許多人喜歡嘲笑他人，像是「喔~你真矮、你太高、你長得太……、你的衣服……、你的頭髮……。」這些嘲笑，其實並不重要，這些都是別人對你的看法，那你自己又是如何看呢？若只因為他人的言論而不斷地改變自己，只會使自己過得辛苦、痛苦，因為你在別人的眼中永遠都不夠完美。要是世界上的每一個人都是完美無瑕的，每個人都長成一個樣，那又會有誰會不完美呢？那些透過取笑他人外表而獲得優越感的人也將不存在，這不是一件很美好的事嗎？不過，說真的，這樣的世界簡直無聊透了，缺乏新鮮感，我們身處的這個世界就是因為這些「不同」而顯得更美好！在成長的過程中，你總是會在意他人怎麼看你的外表，你自己在意，因為其他人在意，為甚麼要在乎自己的外表？因為倘若他們不喜歡你的外表，那誰會喜歡你？如果他們不接受你，那誰會？總是很在乎他人的眼光，努力地想改變自己，為的是討大家的歡心，不過，這又何必呢？永遠都活在別人對完美的定義下，那你活著的意義在哪？且你將陷入永遠的不完美，一個人若不

愛自己，那又有誰會真正的愛你？我們所恐懼的是孤獨，害怕自己不夠好，所以改變了自己的外表，但，這真的能夠解決問題的根本嗎？在改變外表之前，你可以先問自己一個問題：「我是誰？」環境可以改變一個人，你身邊的朋友似乎可以決定你是誰，因而改變了你自己，好比說，你身邊的朋友都在說粗話，所以你也開始說粗話，你甚至覺得並沒有什麼大不了的，人人都說，只因為不想離群，想被接受，於是你開始失去自我，把安全感建立在短暫的事物上，把快樂建立在不會長久的事上……。

在力克還小的時候，他曾經對自己的處境感到絕望，覺得自己永遠也不可能「正常」。因為很明顯地，他的身體和同學不一樣，他曾嘗試各種別人做來稀鬆平常的活動，例如游泳、滑板，但在這些嘗試之後，他只會愈來愈覺得：「有些事我就是做不來！」他只想和別人一樣，但似乎機會渺茫，想被他人接受，但總覺得沒人肯接受他，他害怕自己將會成為他所愛的人的包袱，他因此感到沮喪，被負面的想法徹底包圍，甚至有了輕生的念頭，力克說：「十歲的那一次，如果我讓自己的臉再往水下沉個 10 公分，或許我能結束短暫的痛苦。」但代價是甚麼？他將看不到更多美好的事物，他將失去他愛的家人……。最終，他因為無法忍受讓家人為他的死終身悔恨，決定停止這樣的行為，第一次意識到要為自己的快樂負責。人們總是感到抑鬱，總是不斷的關注自己所沒有的東西，渴望自己能擁有這個，得到那個，但真正能做什麼呢？你有個選擇，你可以先選擇為了你所沒有的東西而感到憤怒，或是為你所擁有的而感恩珍惜，其實你仍可以做很多事情，重點在於你願不願意付出，或者乾脆頹廢不去嘗試！在此套一句力克所說的話：「我只要做『我自己』，錯的並不是我的身體，而是我對自己人生的設限，因而限制了我的視野，看不到生命的種種可能。」最後力克靠著不斷的嘗試及努力做到了自己想實現的事，現在的他可以游泳、浮潛、衝浪、丟球、接電話……等，全都是經過不斷的嘗試及努力才得到的成果，還有那個「永不放棄的精神」！雖然沒手沒腳，但他的人生沒有限制，從一無所有，到一無所缺。相信我們也可以跨出對自己的所有限制並且勇於嘗試，和那「永不放棄的精神」！

為了讓自己融入群體，總是會有逼不得已的時候，有些人會選擇改變自己，有些人則會透過排擠他人以建立一個與自己共同的敵人，使自己得以融入群體，不被排除在外。相信不少人都曾經歷過類似的情節，這些舉動為的只是希望多受到別人的關注，不想被忽視，希望有存在感……等。畢竟我們都是人類，這樣的行為總是難以避免的，因此如何在人群中建立自己的價值，且不受他人影響成為了一項很重要的課題。人與人相處就好比是照鏡子，你希望別人怎麼對待你，你就該先學會怎麼付出，態度就是關鍵，態度能夠決定一個人的高度，因此，先學會尊重自己、愛自己，才會有人尊重你、愛你。有人曾經這樣跟我說：「一個真正的朋友是可以讓你在她/他面前蕚露出真正的自己的。」也許，你根本沒有必要過度的做作，只是還沒有遇到一個適合你的朋友罷了。

我也曾經為了接近一群朋友，而扮演了一個自己根本就不喜歡的樣子，雖然能夠和他們交談、玩樂，但得到的並不是我所想像的那種愉悅，反而有些疲憊且不知如何應對。其實，事後我發現那些連我也不喜歡的樣子根本是多餘的，完全沒有必要，只要做你最真誠的那一面就夠了，用心對待每一個人就像對待自己那樣，不用過多的掩飾，也別畫地自限，大家都將會成為你的朋友。

她只是個孩子

撰 寫 人：一年勤班 黃萱庭

指導老師：陳貞如 老師

作 者：桃莉·海頓

出 版 社：新苗文化事業有限公司

內容大意：

桃莉·海頓是一位兒童教育心理學家，具有豐富的臨床經驗，風格特殊且充滿愛心的教育方式被美國教育界視為楷模，同時她也是一位作家，她細膩幽默的描寫著與她輔導的孩子之間的故事，每一個故事都讓人覺得溫馨及感人。

故事中的席拉是一位情緒失調的女孩，因為小時候受到父親長期的鞭打、被母親遺棄在高速公路的橋下，年僅六歲的她，被遺棄、被疏略、被排斥、被推出車外、被推出人們的生活之外，年幼天真的她認為這一切都是因為自己做的不夠好，在來到桃莉的班級後，桃莉慢慢用愛改變她的想法，不被愛也不敢去愛的席拉在桃莉的循循善誘下，逐漸放下自己過去的陰影，並懂得對他人打開心房。

心得感想：

故事中的席拉是個惹人憐愛的孩子，從小就不受寵愛，在缺愛的環境中成長，患有情緒失調、會做出令人難以控制的行為，我似乎可以理解。對於許多老師而言，席拉就是個令人頭痛的麻煩，只要稍不注意，席拉就會開始搞破壞，將教室弄得一團糟，然而對桃莉而言，她只不過是個需要愛的孩子，即使席拉在第一天到學校時就引起一陣混亂，感到生氣的桃莉不但沒有對她破口大罵，而是耐心的向她靠近、與她溝通。

對於每個孩子，應該都有一套屬於他們的教學及相處方式，像席拉，在經歷一次又一次的傷害以後不再被愛，她也封閉著自己，對於外界，她冷酷、無情，似乎只要這樣做就不會再受到傷害，她曾跟桃莉說過，她不會哭，就算多麼傷心、多麼痛苦，在眼眶中打轉的淚水她也只會默默地將它們抹去，因為這樣別人就不會傷害她，但桃莉告訴她，哭，是一種情緒的發洩，並不是只代表著軟弱，她漸漸地有了感情，她會難過，也會感到不捨，我想這就是她的成長，我們也一樣，要適時的表達我們的感受，一味地將自己的情緒隱藏起來，最後受傷的可能是自己。

桃莉在一次算數的課堂中發現席拉有著異於同齡人的能力，她找來幾張試卷想要席拉完成，席拉卻一直反抗、不願意配合，甚至將紙都撕毀，但此時的桃莉也堅持要席拉做題目，兩人各持己見，都不願退讓，在冷靜過後，桃莉了解到席拉她不願做題目的原因，也向席拉道歉自己剛才的行為。我們常在爭吵時因為情緒而聽不進任何話，不妨試著站在對方的立場想想，或許會明白對方的心情。

在這本書中，我最感到心痛的就是席拉被她爸爸的朋友——傑利叔叔性侵害卻不敢告訴他人。在現實生活中，新聞上也會看到遭到性騷擾、性侵害的受害者，因為害怕丟臉或遭到威脅，而無法將自己受到傷害的事告訴他人，但事實上，將自己的遭遇告訴師長，才是保護自己最好的方式，或許已經留下不可抹滅的陰影，但至少可以避免更多的人受到傷害。

在最後桃莉所帶的班級解散了，雖然不捨，但他們各自多少都有所成長，或許在未來的路上不能再相伴，但最好的都已經留在回憶中。

19 歲的追夢藍圖：這 8 件事讓我上常春藤名校，把自己打造成未來需要的人才！

撰 寫 人：一年勤班 鄭宇桐

指導老師：陳貞如 老師

作 者：李曙

出 版 社：平安文化

內容大意：

作者李曙是達特茅斯學院的學生，擁有相當於學費三分之二的獎助學金。在國中時，曾被兩度評為資優生，並通過日文與法文的檢定。

本書可說是作者在 19 歲以前的經驗談，作者利用親身經歷來詳細的分享竅門，並將他的成就歸納成八項原因：開創、自信、思考、視野、溝通、毅力、才華及規劃。

心得感想：

十六歲的我，還在為自己的未來迷茫著，沒有什麼特別的經歷，也沒有什麼亮眼的成績，但作者在十六歲時，卻已曾經跳級參加美國大學入學測驗，並兩度獲得知名大學的資優生認證，更通過了全民英檢高級及新制日文二級 N2 檢定，在十九歲時，已經有多項的才能，也成為常春藤名校的一員，我與作者相較之下實在是相形見绌。但是，這就是為何我會想要翻開這本書的原因，與作者一樣，我也有夢想，也想要去實踐，但是我知道自己努力不足，也沒有利用有效的方式達成目標，所以想要參考成功的經驗。翻著書，看著作者的經歷，我實在是十分的慚愧，在一樣的年紀時，作者可以與外國的菁英交流，並且有效的運用時間與方法來充實自己，但我卻只能侷限在自己的舒適圈，做著微不足道的改變，也許就像作者說的：「當機會來臨時，我自己沒有把握；當機會來臨時，我沒有準備好；當機會來臨時，我沒有那份自信與勇氣跨出那一步。」

十六歲的我，看了這本關於追逐夢想的書，它啟發了我許多事情，分享給我許多實用的方法，也導正了我很多觀念，其中，作者提到學習語言是追逐夢想的必要條件。作者在書中寫道：「把語言練好，就好比打開了一扇窗。」我非常認同這段話，在這國際化的時代，英語是不同族群間溝

通的橋樑，假如能將英語精熟，放眼的是國際，是整個世界；然而，假如只會中文，自己的生活圈只會是華人地區而已，能有的收穫完全無法與全世界相比。在作者赴美讀書的第一年，幾乎無法與當地人溝通，有時還會遭受嘲笑，但是隔年卻跳級考了美國大學入學測驗，並獲得約翰霍普金斯大學的資優生認證，原來，在這一年間，作者在口說、單字以及寫作上下足了功夫。我從作者的經驗中學到，首先，背單字應該藉由例句來加深自己的記憶，也可以上網找尋背單字的軟體來幫助學習；再來，說英語必須要字正腔圓，要學習最實用、最被廣為接受的口音，因為這可以幫助自己與他人溝通；另外，想要加強寫作能力，就需要持之以恆的學習，每天至少寫一點，讓自己養成習慣。其實，我很早就發現自己英文的不足，人外有人，天外有天，當我走出自己的舒適圈時，就會知道自己有多渺小，但是我卻不知道該怎麼在日常的英文課以外，再補強自己的英文。閱讀完這本書後，我體會到英語能帶給我的事物是多麼珍貴的，擁有流利的英語能力不僅僅只是一個升學的工具而已，舉例來說，當我未來到國外遊學或是與外國人交流時，不須用支支吾吾地表達自己的感受，而是可以自由自在地暢談。因此我決定效仿作者的方式，每天不時地練習，嘗試利用英文寫下自己的感受，持續地履行而成為習慣，並期許自己在累積好實力後，有朝一日可以憑藉著英文能力來爭取到外國遊學的機會，開拓自己的眼界。

作者在國中時期被兩度評為資優生，之後更成為資優生的輔導員，這些事蹟實在令人刮目相看。我相信一般人看到這些事蹟，一定會認為作者是一位天才，假如是我，也會有這種想法，但是當我閱讀完這本書後，就知道作者並不是全靠著天賦，而且我也相信，要成為一名資優生，天賦並不是評斷的標準，而是付出，因為我在他身上看到了具備成為資優生的條件。俗話說的好：「天才是百分之九十九的努力加上百分之一的天賦。」作者可說是這句名言的代表，從為了準備 SAT 考試，利用背單字軟體只花幾個禮拜就把八成的單字背得滾瓜爛熟，到利用收聽廣播和閱讀收音員的稿練習日文，之後通過日文檢定，作者會有如此的成果是因為他懂得為自己規劃充實且確切執行的行程，並義無反顧的執行任務，也因此他才可以有時間學習第三外語、第四外語、小提琴等等，還可以參加水球隊，最後更去研習救生員的資格。藉由作者的例子，我相信自己也可以經由作者的經驗來完成自己想要做的事，或許無法像他有如此亮眼的成就，但是一步一腳印，有努力才會知道自己的能力，有付諸行動才能有機會嘗得甜美的果實。

我十分有幸能看到這本書，因為它帶給我不同的眼界，讓我知道，成功是屬於每一個人的機會，只是在於每個人是否把握了機會，還是讓機會與自己擦肩而過。事實上，讓自己準備好，就是在等待千載難逢的機會，當時機來臨時，就是自己該發揮自信的時候，透過作者的經驗，我認為我重拾自己對未來的信心，對自己未來要前進的道路有些方向了。當大家對自己的未來仍是迷霧一團時，抑或是還沒有找尋到邁向成功的方法時，不如學習作者對學習每一件事的執著，以及善用擁有的每一刻，讓生活不再單調而是有方向，讓自己的未來不再是一團迷霧，而是撥開雲霧的晨曦，照亮準備踏上旅途。

1Q84(Book1+Book2)

撰 寫 人：二年忠班 李妍菽

指導老師：陳慈炘 老師

作 者：村上春樹

出 版 社：時報出版

內容大意：

故事以雙線進行，描述二位主人翁青豆與天吾在年幼時曾於同一所小學三至四年級邂逅後，於1984年在日本東京所發展出一連串獨立又關連的故事情節。青豆與天吾皆於某一時間點進入1Q84年，青豆為了區別與之前世界的不同，自行命名當年為1Q84年。1Q84年與1984年主要差異在於天空有一大一小的兩個月亮，並出現一些1984年並未發生的歷史事件。這些獨立於1Q84年的事件將青豆與天吾引導至一個宗教團體：先驅，前身為一主張社會主義的政治團體。而在這團體的背後又有不屬於這個世界的Little People。Little People具有製作空氣蛹的能力，並可藉由空氣蛹來到這個世界。青豆與天吾雖對彼此抱持有絕對的好感，但在青豆小學轉學後他們並沒有再次碰面，二人在1Q84年以不同的角度來探索這個世界，二人因緣際會的漸漸拉近彼此的距離。

心得感想：

對我而言，這個故事的中心思想在於兩個孤單的人原本走在兩條平行線上，兩人原本的交集只有十歲時放學後握住彼此的手而已，從那之後兩人分道揚鑣，在1984的世界中他們重逢的機會是零，但因為進入1Q84，兩條原本平行的線再次有了交集，最後兩人再一起回到1984年，整個故事很簡單，但卻深深地吸引了我。

其中我最感動的部分在兩人在公園重逢後，村上對兩人的描述，「孤獨的少年和少女，初冬放學後的教室裡，應該交給對方什麼好，應該向對方尋求什麼好，兩人既沒有力量也沒有知識，有生以來沒有被誰愛過也沒有真正愛過誰，沒有擁抱過誰，也沒有被誰擁抱過，那樣的事會將兩人帶向哪裡呢？不清楚。他們在那時踏入了沒有門的房間，沒有從那裡再出來過，之後也沒能讓其他人踏進，那時兩人不知道的是，那是世界當中僅有的終結的場所，無論如何孤立，在那裡就不會被孤獨浸染的場所。」

村上小說裡主角總是孤獨的，跟什麼人好像都可以好好相處，但沒有人能真正走進他的內心。青豆和天吾因為小時候家庭的因素，彼此都背負

著很沉重的東西而活著，而在偶然之間，兩人在路上相遇，了解到各自背負的東西因而惺惺相惜，因為那次的握手，兩人有了交流，而雙方也一直把那時的記憶放在心底，當成活著的意義，自此以後沒有再對誰敞開過心房。

如果真的要討論在 1Q84 這本小說中到底發生了什麼事的話，我認為 1Q84 年或許是一種可能性，照領導的說法，1Q84 與 1984 並不是平行世界的關係，1Q84 是「真的世界」，但在 1Q84 年發生了黎明槍戰，天空多了一個綠色月亮，除此之外沒什麼不同。到底其他人看不看得到綠色月亮？除了牛河確切看到之外，其他人並不清楚，但因為發生了槍戰，黎明消失了，little people 出現了，深繪里做了空氣蛹，深繪里從先驅逃出來，最後寫了真人真事的小說，把天吾捲進來，而為了殺害「性侵」女童的領導，青豆被捲了進來，兩人有了交集的可能性，這是 1984 年沒有發生的事。

村上有意在《一九八四》一書中所描述 Big Brother 利用文字改變歷史的基礎下，在 1Q84 中建構一個不同於真實世界而有微妙改變的 1Q84。在這樣的認知下，村上在 1Q84 中創造了對應於 Big Brother 的 Little People。村上把 little people 暗喻成什麼？不同於 big brother 給人緊張急迫的感受，little people 更多的是令人感到詭異氛圍，領導說，little people 是傳達聲音的人，而他就是聽聲音的人，聽來很像假藉先知為名的宗教斂財者，而藉由知覺者與接收者交合來聽見聲音同樣令人感到詭異。但領導的話卻又有幾分可信度，到最後這部分同樣是個謎。但或許正如村上所描述，在天吾收到去世父親意義不明的包裹後所說的，父親只留下一張母親的照片，什麼都沒說，而村上更是好幾次暗示，1Q84 與 1984 之間的模糊，什麼是真的？什麼是假的？或許到最後只能憑自己所相信的去解釋。而我們都是抱持著那樣「自己賦予的意義」而活過來的，如同青豆與天吾都賦予了那次握手重要的人生意義一般。

二十四個比利

撰 寫 人：二年忠班 李妍萱

指導老師：陳慈炘 老師

作 者：丹尼爾·凱斯

出 版 社：皇冠文化

內容大意：

比利·密利根因強暴、搶劫及綁架等多項罪名而被逮捕，但他本人卻聲稱對其所被控的罪行一概不知。在律師的幫助下，多名精神科醫師漸漸發覺了他患有多重人格並長期飽受人格轉換、失去記憶、「遺失時間」等痛苦。儘管伴隨著診斷的發現，他開始接受專業的治療，但由於媒體誇大不實的報導及輿論等壓力，迫使他一再受到異樣的眼光對待，甚至一度被送進了素有「地獄」之稱的利馬醫院。藉由本書的帶領，我們能夠對多重人格的患者有更深一層的認識，並且重新審視我們所處的社會。

心得感想：

每個人平時在和他人相處時，或多或少都會有不同的一面，例如：在面對相處多年的家人時總是顯得比較隨意、自在，而面對年齡相仿的朋友時卻會格外在意自己的表現、他人眼中自己的模樣是否完美。這些都是一般人的日常生活，對大多數的人來說再平凡不過了。但對於患有多重人格的患者來說卻不是這麼回事。對他們來說自己展現出的不同的面貌並不是同一個人，而是住在同一個身體裡的不同靈魂。生活對他們而言就只是不斷地轉換人格、不斷的遺失時間、不斷的在一個又一個陌生的地方睜開眼睛然後再沉沉睡去。周遭的人毫不理解的眼光彷彿像把利刃般不斷刺過來，自己卻手無縛雞之力，像是跌入一個伸手不見五指的無底洞，不斷下墜，不停嘶吼呼救卻仍逃不出去。

書中的主角比利因為小時候被繼父虐待的緣故所以內在解離成了二十四個具有不同身分及個性的人格。雖然許多精神科醫師都證實他的確擁有多重人格，但仍有許多人認為他只是一個善於模仿的騙子。於是比利變成了大眾輿論及新聞媒體曝光下的犧牲者。在閱讀本書的過程中，我數度希望自己能化身為書中陪伴比利的醫護人員以及幫他辦護的律師，告訴他不必否定自己的存在，不必覺得害怕，他的身後還有這些專業人員陪伴著他，會為了維護他的權益奮戰到底，不會讓書中所描述的不公不義的事件傷害他。但令人遺憾的是我並不能化作書中角色，而他也依然必須遭受到種種令人心痛與氣憤的待遇。大多數的人們相信的並不是專業醫師所作出的診斷，而是自己的判斷以及自己所想相信的流言蜚語。

書中比利在一封寫給作者的信中說了這麼一句話：「我不是神經病，我仍然有骨氣。」這是在他被送到以殘忍及毫無人道聞名的利馬醫院後寫下的。這樣的一個病患要的並不是什麼難以達成的願望，而僅僅是要求人性最基本的尊嚴。即使他生了病，但他卻仍是人類的一份子，並不是個應該被關在冰冷監獄的死刑犯。書中一味聽信輿論的社會大眾都認為自己是正義的化身，為了維護婦女及孩童的安全所以有責任對比利進行指控及報復，殊不知他們才是將弱勢人群推向絕望及死亡的幕後幫兇。

現在的社會因為科技發達的緣故資訊獲取的途徑越來越方便，但資訊真實性及可信度卻往往被大眾忽視。媒體及政客的炒作、煽動為的就是自身的利益，對於背後的受害者默不關心。無法適應這個社會的人們就這樣一再的被這個社會藐視、消費，最後走向生命的盡頭，到了這時人們才像是突然恢復記憶一般大肆宣揚、報導、惋惜及指責。難道這就是我們所追求的正義嗎？

書中說到：「上帝說人人都有屬於他的地方。」比利在他的人生中不斷去詢問自己：「我到底是誰？」這讓我想到了哲學家柏拉圖曾提出的疑問：「我是誰？我從哪裡來？我要去哪裡？」對於許多人來說都不知道自己對於這個問題的真正答案。或許總有一天我們會在人生的旅途上突然靈光一現，想出問題的真諦吧！每個人在這個人來人往的社會都有自己的定位，但這並不代表我們應該由他人的目光定位自己，真正能定位我們的一直都只有我們自己。

《人鼠之間》

撰 寫 人：二年忠班 吳采容

指導老師：陳慈炘 老師

作 者：John Steinbeck

出 版 社：春天出版國際文化有限公司

內容大意：

《人鼠之間》是斯坦貝克 1937 年的作品，距離他完成自己最重要的作品《憤怒的葡萄》還有三年。此時的他已經憑藉早期的幾部作品在文壇嶄露頭角，之後他並於 1962 年獲得諾貝爾文學獎。

書中主要在描述喬治與藍尼間深厚的友誼，兩人在流浪的生活中互相照顧，但藍尼的愚笨常讓他一次又一次地犯下大錯，使喬治必須幫他處理善後，不過兩人十分珍惜彼此，同時也一同朝著共同的夢想努力。

心得感想：

之前一直不懂這本書何要取名為《人鼠之間》，閱讀完後還因此深深思考許久，最後才想起一句來自羅伯特·彭斯的詩句：「無論人與鼠，最好的打算往往落得一場空」。那時刻的我突然明白這本書的主題就如同此詩句一般。

所謂人算不如天算，喬治和藍尼辛苦掙錢，只是為了能夠購買一塊屬於他們自己的土地。對他們來說，那是一塊夢想之地，他們的幸福，他們後半生的希望都寄託在那小小的一塊土地上。只是這個卑微的夢想禁不住現實一丁點的晃動，藍尼一個無意的失誤，開啟了故事的轉折，小說最後的槍響，不僅是藍尼生命的結束，也是兩人夢想的破滅。此時，彷彿還殘留著夢想與希望的餘溫，一切卻已經以最溫柔而又殘忍的方式結束，而故事也在此畫下了句點。

斯坦貝克僅僅用寥寥數筆，便勾勒出一個既典型、又令人窒息的「人間真相」—友誼的真諦……。

在書中，喬治與藍尼從小就是好朋友，長大後他們一起生活，一起流浪，他們互相照顧彼此、關懷彼此。一個人遇到困難，就兩個人一起克服，表面上雖說是朋友，但卻是比家人更像家人，這才是真正的友誼，一種堅若磐石、純粹且充滿溫暖的人與人間的情感，這種關係如此純真、簡單卻又珍貴。敢問這世上還有多少友誼是像喬治與藍尼一樣，純粹的真心彼此

陪伴，感受無私的關懷溫暖，而不是為了一己之私的利益、權力或是名聲等等的目的呢？

當友情的真諦只剩下利益時，人與人間將感受不到半點溫暖，落入困境時也將不會有人伸出援手，而真正能得到的，或許只剩臉上那使人發癲的虛假笑容；但真正的朋友不是這樣，他們會真正地關心你，在你有困難時毫不遲疑地伸出援手幫忙，他們不曾想過在你身上獲得任何東西，只要一個微笑或一句謝謝，就能感受到滿滿的溫暖。此時，得到的往往比想像得多。

然而此書最令人讚嘆的點是：最後喬治為了自己最好的朋友著想，在逼不得已的情況下只好扣下板機，即使他知道這樣會他失去如同家人一般的朋友藍尼，但也必須這麼做。

人生本來就是一連串的抉擇所組成，每一個選擇就像站在十字路口一般，走向哪個方向，就決定了自己的人生。中國女作家滄月就在她的小說《大漠荒顏》中寫道：「生是一場負重的狂奔，需要不停地在每一個岔路口做出選擇；而每一個選擇，都將通往另一條截然不同的命運」。

在人生的道路上，我們無法同時沿著兩條路行走，欣賞兩條路所具有的風景；但我們也無法躊躇不前，逃避任一條路所必須承擔的風險。因此我們必須做出抉擇，即使犧牲了我們所擁有、所愛、所關懷的事物，也要毅然決然地踏上我們所選擇的道路。如同喬治在最後選擇堅定地扣下板機，為了自己所愛的人，犧牲彼此多年來的深厚情感，喬治內心的掙扎是常人無法想像的。當我們在生活中遇到必須做出犧牲的抉擇時，能否毅然決然地捨棄我們所愛的事物？這麼做是否值得？未來這些決定會使我們後悔嗎？相信這些問題都值得我們深思。

最後，此書讓我瞭解真摯的友誼也包含了令人無奈的情感，人生不只有遠大的夢想，有時卑微的夢想也能讓人充滿期待。無奈與絕望是這本書的底色，縱使有溫暖的情誼與美好的希望，也無法得到一個完美的結局，這是合上書本，讓人久久沉默無言的主要原因。

聊齋誌異

撰寫人：二年忠班 黃翊凌

指導老師：陳慈炘 老師

作者：蒲松齡

出版社：台科大

內容大意：

本書記述作者聽聞的奇聞軼事與心中抱負，描寫人、神、妖、鬼，藉以警惕世人切莫強求功利、多做善事、改過向上。同時也寫出「好人有好報」、「有情人終成眷屬」的道理。

心得感想：

剛開始讀這本書只是因為老師在上課時提到，因而勾起我的興趣，結果一發不可收拾，從此我身陷其中無法自拔。

《聊齋誌異》雖然描述各種鬼魅妖怪，但最核心的主題依舊是人，它以異事來突顯真摯的感情或揭開那層虛假的面具，更點出有時鬼怪比人更有溫度，人才是冷漠的存在。其實我想不論是好人、壞人、善鬼、惡鬼都是在投射人的各種面向，有的如嬰寧一般天真可愛；有的像〈阿寶〉裡的孫子楚情深義重；有的似〈畫皮〉中青面鬼徒有皮囊，內裡卻險惡無比。蒲松齡將角色塑造得很成功，故事發展的安排和高潮迭起也做得很好，讓人想一看再看。

書中有一個被稱為孫癡的孫子楚，總被人笑話。在我看來他的癡是木訥、固執、專情、潛心，因為「癡」才能全心全意地做一件事，把它做到最好。孫子楚的堅持被視為傻，但正是他的傻成就了他。而另一個令我印象深刻的人物是王六郎，他可以為了心軟放棄自己投胎的機會，可以因為半夜的那幾壺酒和陪伴報答許生，他的品德使他被欽點為城隍。雖然譯者說六郎讓居民招待許生有假公濟私之嫌，不過我覺得六郎應該是幫助了當地人很多，所以他們都願意為他接待朋友吧。

在《聊齋》中，我最喜歡的故事是〈張誠〉，這並不是什麼著名的故事，但卻很打動我。裡頭有令人稱羨的兄弟情誼、險惡的景況和感人的大團圓，對此，蒲松齡也寫到「余聽此事至終，涕凡數墮」，我想他一定是個心細敏感的人。也許在小說故事層出不窮的現在它並不引人矚目，但其中的溫暖卻深深刻印在我心中。

「姑妄言之姑聽之，豆棚瓜架雨如絲。料應厭作人間語，愛聽秋墳鬼唱詩。」這是清朝名士王士禛寫給蒲松齡的詩，詩中敘述了一個灑脫的留仙，放棄一般人追求的官途，轉而書寫鬼神之事。可蒲松齡的心始終嚮往功成名就，誰也沒想到「集腋為裘，妄續幽冥之錄；浮白載筆，僅成孤憤之書。」竟為後世所流傳，直到今天我們所熟知的是當初被視為離經叛道的蒲松齡。

穿條紋衣的男孩

撰寫人：二年忠班 鄧渝蓁

指導老師：陳慈炘 老師

作者：約翰·波恩

出版社：皇冠

內容大意：

作者約翰·波恩是一位愛爾蘭小說家，這本《穿條紋衣的男孩》也被翻拍成電影，書中細膩的描述身為軍人之後的布魯諾與集中營小囚犯舒穆爾之間的互動，刻畫他們最令人動容，純粹的情誼，也訴說著時代的悲劇，用簡單流暢的文字告訴我們，唯有從孩子的視角看出去，這個世界才是最乾淨、潔白的。

心得感想：

我們總是說：「人生而平等」。這看似是個上天賦予的權利，本應無需爭取，即能受用，但是正如你我所見，現今這個世代，仍有許多「熱心」人士為了自身或他人未受平等對待而奔走，他們不是要追求至高的榮譽，也不是想贏得眾人的讚賞，只是單純的願意為這個世界付出、奉獻。他們用最乾淨的視角在看這片最溫柔的土地。

孩子，永遠是那樣的善良，彷彿是一切邪惡的絕緣體，布魯諾在面對舒穆爾時，不會覺得他是劣等民族；而在舒穆爾看著布魯諾時，也不會想起自己的親族家人正是被那群自稱上等民族屠殺殆盡的，這會是一切仇視的結束。事與願違的是，孩子都會有長大的一天，更不幸的是許多幼苗在父母耳濡目染之下，喪失了本心，也失去最初的和善。

歷史不需要太多的名將，因為這意味著那個年代有許多人死於戰亂；這片溫柔的土地也不需要過於高壓乃至極端的統治，大家都是宇宙中一個獨特的生命，不該被種族、膚色、國家區分，我不贊同以牙還牙的報復行為，但這並不表示我能來者不拒的原諒犯罪，每個人都要為自己那些不可挽回的錯誤付出相應的代價，不論初衷為何，屠殺，是最不被允許的報復手段，那不是制裁，只是盲目地製造仇恨；那不是償還，而是那些對生活毫無追求的人們為自己找到的藉口。

孟子有言：「惻隱之心，人皆有之」。面對弱勢的族群、貧困的孩童、殘缺的人們乃至垂死的生命，我們給予支柱，金錢、物資上的支持，以及精神上的協助，我們每個人都是善良的。很多時候，許多殘酷的事正在發生，並且就在我們身邊。或許是日以繼夜的積非成是，蒙蔽了我們的雙眼，讓我們失去了生而為人最初判斷是非的準則；又或許是，隨著年齡的增長、經驗的積累，曾經清淨透徹的那顆心，已四分五裂並且蒙上一層揮之不去的污垢，讓我們願意隨波逐流，默不作聲，我們都是不善的。

當所有人都因為對未知的將來感到恐懼，而不願意糾正錯誤時，便是邁向黑暗的開端，身居安樂之地的我們，不須再擔驚受怕，但是，也切勿因時光的流逝，而忘記當年的血淚。

這一生，至少當一次傻瓜

撰寫人：二年勤班 胡丞希

指導老師：鍾幸純 老師

作者：石川拓治 譯者：王蘊潔

出版社：圓神出版社

內容大意：

木村秋則是位對目標勇往直前、努力不懈的人，願意為了感興趣的事不顧一切地堅持到底。在一次偶然的機緣下，他翻閱農學家福岡正信所寫的「自然農法」，便開始挑戰已經沒有人在做的事。這一路上過程極其艱辛，當走投無路時，家人的支持便化作深深的內疚和慚愧佔據在心頭，但所幸他們一起撐完了全程，實踐最初的夢想。石川拓治因為被木村先生樂觀到不行的生命韌性和信念深受感動，在實際採訪後將其經歷寫成振奮人心的勵志小說。

心得感想：

「如果我比別人看得遠，那是因為我站在巨人的肩膀上。」這句世人熟知的名言，包含著人最不可或缺的其中一項態度，那就是謙虛。如果對自己夠坦誠，那自然就能夠明白，當人的視線愈廣，視線愈開闊，就愈容易看見自己的無知，如同從井底跳出後讚嘆天空的青蛙。

木村先生敢勇於嘗試未曾接觸過的世界，真的是令我敬佩。沒有經過深思熟慮就闖進去，在大多數人的眼裡是多麼不理智的事情，但換一個角度來想卻是不可或缺的存在。就像那些開拓者一樣，如果沒有這群開路的冒險家，就不會有如此進步的科學技術及人文發展。有了這些可以不顧一切、勇敢向前的他們，現在的生活才能更加稱心舒適。

不得不信服的，不僅僅是對夢想的態度，還有他的家人。為了支持他的夢想，一家人從原本豐衣足食的生活淪落到窮苦潦倒。即使家庭氣氛不好，沒有未來的方向，他們卻不因此怨恨或放棄。當他徬徨時詢問女兒自己是否要繼續下去，對方的回覆卻比自己更堅定：「如果現在放棄的話，一家人到底是為了什麼替他半途而廢的夢想堅持這麼久？既然做了，就不應該放棄先前的努力。」他的女兒毫不猶豫地點醒他，然後讓他明白自己雖然是個多麼糟糕的父親，但家人永遠不會忘記愛他，永遠會試著理解他堅持要實現的夢想，就像變化莫測的大自然，就算偶爾會有衝突卻還是會相互依偎生存。堅定無私的愛和無條件的支持真的很少人可以做到，或

許是這種感情太盲目，也或許是還未曾經歷，但不可否認的是，只要你相信，它就一直存在著。

每個人都有自己的根，他支持著自己生長，但也需要被灌溉，需要被人照顧。木村先生的人生繞了一大圈，體驗過人情冷暖，但不論是在受訪還是聊天，他永遠記得感謝自己的妻子以及家人們，他說是家人造就現在的自己，成就他的價值，實現了他的夢想。

人的一生中，能夠不顧一切的傻幾回？無所顧忌的做自己？為了自己所愛的人事物，像飛蛾撲火一樣用盡全力？有些人極其平順地度過一生，沒能轟轟烈烈的替自己做一件大事；有些人雖然困苦的結束一世，但卻在自己的信念中成為英雄。隨著時間流逝，面貌也隨之日益衰老，因為信念而有各自的煩惱。到了生命盡頭發現，原來自己也變得不一樣，也許多了點責任，多了點穩定。

因為熟知世間的不完美，所以我們都拚命的為生存做打算。有時候明明已經找到目標與願望的距離，但進度卻總是沒有變化，像全世界都在和自己作對一樣，眼前一片黑暗，伸手不見五指；像獨自陷進沼澤，再多努力卻徒勞無功，只能看著自己愈陷愈深。成敗不明的未來比起艱辛的過程或許更打擊人心，更輕易將難得聚集的希望擊碎。但木村先生的生活即使跌落谷底；即使夢想被多重打擊，他依然在如此微弱的光點中結出了自己的碩果，他的經歷值得被人宣揚，而他的堅持更值得被人仿製與學習。

偷書賊

撰 寫 人：二年勤班 陳姿蓉

指導老師：鍾幸純 老師

作 者：馬格斯朱薩克

出 版 社：木馬文化事業股份有限公司

內容大意：

主角莉賽爾和弟弟在戰亂中被迫送到寄養家庭，但弟弟不幸死在旅途中，莉賽爾在弟弟的喪禮中偶然撿到一本《掘墓手冊》，開啟他對文字的好奇心。之後主角被送往位在慕尼黑的寄養家庭，藉由養父的教導開始學習《掘墓手冊》上的內容和認字。

書成為了莉賽爾那黑白單調中的一點色彩。於是她開始偷書，從她竊得的書中幫助同樣和她遭受痛苦的人們。閱讀與文字所散發的力量，不禁連在殘酷戰場上收屍的死神，感嘆人性竟可以暴力殘酷，也可以柔軟而真誠。

心得感想：

這本書最具特色的地方是它是以死神的視角著墨，再藉由敘述主角莉賽爾的故事帶著我們一窺二次大戰德國的故事。死神以旁觀的方式，讓我們清楚了解人性的骯髒和純潔，暴力和溫柔，冷酷和溫暖。

整本書運用色彩的變換，帶出場景或者腳色心情。當中手風琴上的琴鍵，雲彩的變換，莉賽爾老死時天空的顏色，都能讓讀者更鮮活地看見故事背後那些作者想帶給我們的意義。

以二次大戰德國 納粹為背景的故事《偷書賊》以細膩的筆觸，不帶批判的方式，慢慢帶出戰爭和人性的一面。戰爭的殘酷，足以摧毀數以萬計家庭的人生，因為人們的貪婪，導致多少的人倫悲劇發生，類似的故事在當時一定也是發生不少吧。人民能做的，也只剩在這個險惡的環境裡苟且求生存。無力去改變現實，心理的悲憤怨懣累積在每個人的心中。讀到這我開始可以理解為什麼主角身邊的人們總是冷酷，透過這樣的偽裝，他們內心被戰爭所帶來的創傷才能掩藏，才能不因為這個充滿炮火聲的世界又在一次受傷。

然而，莉賽爾從她竊得的書中幫助同樣和她遭受痛苦的人們，撫慰了當地居民的心，也漸漸改變了居民冷酷的性情。閱讀與文字所散發的力

量，不禁連在殘酷戰場上收屍的死神，感嘆人性竟可以暴力殘酷，也可以柔軟而真誠。

在那動盪不安的時代裡，愛仍存在在每個人的心中。透過文字，莉賽爾喚起鎮上居民的愛。原本只是女孩單純的求知慾引起對書的好奇，卻萬萬沒想到因為女孩朗誦，愛，隨著他清脆的聲音，影響了那些長期生活在恐懼下的大家，同時鼓勵了人們繼續不畏艱難繼續生活的動力。這就是文字的力量，它帶給人們在黑暗的生活中的希望。

文字是有溫度的，他能帶給人力量，能帶給人勇氣。他是一種傳遞愛的媒介。文字也是有傳承性的，藉由閱讀前人所寫的事物，我們能從中或的反思，進而檢討改進，使自己變得比以前更好。也就是說，文字能讓人改變，能讓人變得更好。

文字在這篇小說裡占了很大的篇幅。從小說一開始莉賽爾拿的《掘墓手冊》到後面他開始學著認字，甚至到後來他開始撰寫他自己的故事，都是因為他對文字的熱愛。文字也因此救了他一命，當天堂鎮上的所有人都葬身於轟炸後的廢墟中，只有他因為躲在地下室寫作而逃過一劫。

諷刺的是，文字也能帶給人們傷害。希特勒燒毀書籍，鼓勵了他的同胞去做無謂的殺害。那些殲滅和殺戮，是我們一輩子最深沉的痛！

這本書裡面的死神如同讀者，以第三者視角看著這一切發生，與一般我們印象中的死神不同，他是有溫情，有思想的。他總是收著好多人們的故事，那些故事都不太一樣，而那些故事卻都坦露出人性。在書中的最後一頁，死神說了一句意味深長的話：「人性，在我心頭縈繞不去。」人性，不論善惡，帶動了整本書的脈絡，也是當中最動人美麗的地方。

夢幻花

撰 寫 人：二年勤班 陳映蓁

指導老師：鍾幸純 老師

作 者：東野圭吾 譯者：王蘊潔

出 版 社：春天出版社

內容大意：

浦生蒼太的家每年都會前往牽牛花市集，在那裡他遇到了一位女孩，伊庭秀美，也成為了朋友，但有一天伊庭卻說無法再聯絡，便從此消失了。多年之後，蒼太為了幫助一位叫做秋山梨乃的女孩調查祖父意外死亡的真相，再次遇見了伊庭，而他們也發現整個事件圍繞著一個不知名黃色花朵的植物延展出許多謎團，蒼太也漸漸發現自己家裡必須守護黃色牽牛花的實情。

心得感想：

國小大約 5、6 年級的時候，有朋友和我推薦了東野圭吾的《假面山莊殺人案》，我原是沒有看偵探推理小說的習慣，甚至感到有些厭惡，但自從看了這本書後，我就有看推理小說的習慣了，也會關注東野圭吾這個日本作家，之後只要看到是東野圭吾出的書就會借來看。有一天無意間在圖書館發現了《夢幻花》這本書，雖然整本書有 3、4 公分厚，但是因為作者和書名讓我感興趣就把它借來看了。

而這本書一開始分述了三個看似毫無關聯的家庭，一直到秋山周至的命案才將三個家庭的關係串聯起來，故事主要由三組人馬去找出命案的真相，分別是浦生倉太和梨乃兩人攜手合作找出梨乃爺爺(秋山周至)過世的真相，和為了挽回與兒子感情的警察早瀨，三人燃起不擇手段想要破案的決心。

「人會說謊，所以和人打交道很麻煩，但花不會說謊，只要充滿真心照料他們，一定會有所回報。」這句話完美的點出了人心的複雜和黑暗，不論是善意的還惡意的謊言，人們都利用謊言去掩蓋真相，這樣只會像雪球一樣越滾越大，需要用更多的謊言圓謊，最後紙包不住火，才輪到事實出場，往往結局都以悲慘收場，那何不一開始就不要用謊言去包裝真實呢？

整個故事背後的寓意也有部分是在說明人在前往夢想中的迷惘，像書

中的島井尚人常常會認為自己沒有才華，不知道如何走下去，而去尋求他人的協助，但他卻選擇了錯誤的方式而誤入了歧途，讓自己一步步走向死亡。「我覺得我們兩個人有點像，雖然在自己深信不疑的路上很努力，卻不知不覺迷了路。」這一句話我覺得說很好，也有許多人像秋山梨乃、蒲生蒼太，懷有夢想，更擁有天賦，但在追求自己夢想的道路上被其他事物干擾影響，忘了自己的初衷，也沒有足夠的信心繼續走下去，而將自己隱藏在快樂的外表下。如果將來有一天我對自己的夢想感到徬徨、動搖，我也將會抱持著著對夢想的熱誠、目標繼續堅強努力的走下去。

「這個世界上，有所謂的負面資產，如果這些負面資產會自然消失，當然可以不予理會，但如果無法消失，就必須有人繼承，即使那個人就是我也無所謂。」(P.382)影射至日本核災所帶來的負面資產，蒲生蒼太起初也為了核能這個理想而感到迷茫，剛畢業就歷經核災，大大降低核能的機會利用，也有一片聲音反對核能，但所幸在梨乃的鼓勵下，決定繼續做核能這一行，認為自己的責任是將輻射物質的傷害降到最低，使人們、自然都回復到正常的生活；這本書的結語反而像是新的開始，回歸到最初的夢想，為了大家的未來，勇敢面對那些負面資產，這也是這本書最後所要帶來的省思吧。

天空的眼睛

撰 寫 人：二年勤班 王乙因

指導老師：鍾幸純 老師

作 者：夏曼·藍波安

出 版 社：聯經出版事業股份有限公司

內容大意：

作者夏曼·藍波安為蘭嶼達悟族人，喜愛在海上一個人旅行。在他細膩、充滿詩意的筆下，海洋、飛魚、蘭嶼與傳統達悟族人成了一幅美麗的畫，令人嚮往親眼目睹他們的美麗。

天空的眼睛意指星星，在達悟族人的信念裡，每個人都有一顆專屬於自己的星星，守著自己的靈魂，照明人生的道路。故事前段先以一頭可稱為「魚瑞」的年邁浪人鱈敘述自己孤獨、落寞、倔強的等待死神將它帶走，卻因饑餓感作祟，生命仍頑強力求溫飽。接著以一位歷經歲月風霜卻依舊熱愛海洋的老爺爺為主軸，描述摯愛的長女在臺灣逝去，必須在傳統文化式微下，在島嶼將長孫拉拔長大。這是一本關於愛、夢想、叛逆及接受的故事。

心得感想：

這是我第一次閱讀原住民海洋文學，以往對於達悟族人的印象，就是那丁字褲、雕刻絢麗的拼板舟及熱鬧的飛魚季。這次透過書本，我以嶄新的視角認識蘭嶼。

首段作者以浪人鱈的視角帶領我遨遊在汪汪大海裡，遇見了成千上萬的魚類，有的貪婪，絲毫不願和它人共享多餘的飛魚，就和人類一樣有相同的惡習。貪，不論在人或是魚的世界，往往造成不幸與遺憾。有的魚充滿智慧，就像這隻高齡的浪人鱈，它多次和魚夫搏鬥，上演一場場的「老人與海」，屢戰屢勝。它似乎靠著歲月累積而來的經驗告訴我，「薑是老的辣。」

故事中的老爺爺是部落的獵魚盟主，面對想吃浪人鱈的盼望，他每夜都出海捕魚，然而三年來卻再也沒有釣到。他反覆地思索是否犯了禁忌，煩惱著為何大魚背棄他。他的妻子則希望他去教會告解，希望能因此而扭轉命運，但老爺爺只願信傳統的信仰。這是個新舊文化的衝突，島上的居民慢慢地接受基督教，但他不解，人類真的有罪嗎？就在他迷惑之際，

突然傳出女兒逝去的噩耗，只好帶著妻子與孫子巫瑪蘭姆到臺灣帶女兒回家。在女兒的兩篇日記中，他發現自己其實不了解女兒，對於女兒自幼想當老師的夢想並未重視，導致女兒往後離開家到臺灣求學工作。我印象最深刻的部分就是老爺爺的女兒在臺東讀高中，即將畢業了，但她害怕考不上大學，慌張理想無法實現，當不上老師而父母必須繼續過著貧窮的生活。但父母無法理解女兒所需要的愛，把自以為最好的都給了她——最高貴的紅點石斑魚、龍蝦……不勝枚舉。老爺爺當年責備女兒的「背叛」，卻殊不知她是為整個家著想，為整個部落的未來競爭設想。溝通，是世代交流、了解對方的工具，缺少了它，人類只能退步。

成熟的巫瑪蘭姆在失去母親，父親也早就離開人間後，他不但沒有自怨自艾，反而變得更堅強。他要求自己比別人更勤奮努力，如此外祖父母才能沒有負擔；他勉勵自己成為他們的驕傲，族人的榮耀，這種精神是值得我學習的。不須擔憂日常生活所需的我，更應該珍惜所擁有的，不該抱怨也不該怨天尤人。我擁有的，以比別人多很多。

故事的最後，老爺爺試著改變、接受。他鼓勵孫子巫瑪蘭姆努力求學，期望他日後能與臺灣人競爭。當然，他也希望孫子成為獵魚好手，在成長過程實踐民族的造船技能，以便在日後日新月異的日子裡，享有一段美好的記憶。接受與改變，我很欽佩老爺爺最終能接受新的世代，讓天空的星星成為築夢的明燈。

我的天才夢

撰 寫 人：二年勤班 古羽妘

指導老師：鍾幸純 老師

作 者：侯文詠

出 版 社：皇冠文化股份有限公司

內容大意：

作者侯文詠雖然從小就有一顆不同於他人的心，但在成為作家前都在走一條看似普通的道路。在面對病人一個個奔向死神後，他才明白這並不是他所想的人生。書中的內容主要是描述作者從小到成長後的經歷以及體悟。現在，侯文詠理解到精彩的人生並不是他要找的答案，能夠讓人去愛、去享受的其實是熱情與想望。

心得感想：

侯文詠的書，我最印象深刻的是《不乖》。在那之後，我就深深迷上了侯文詠談諧幽默的文章。每次閱讀他的文章，我總能從他人生的小故事中看到某部分我自己的影子，而這本《我的天才夢》當然也不例外。

從侯文詠的童年開始，他就曾經因為太喜歡看閒書而特別被長輩們關心。他某次心血來潮，忍了一個月不看他的閒書，為的就是讓他父母和他達成只要前三名就不管他生活作息的協議。當初侯文詠的排名幾乎都是倒數的，意料之外的是他竟然真的在下一次的段考得了全校的第一名，這件事讓他和他父母都覺得這是個很好的約定。

書裡有一段話「藤條幫助一個孩子成功，它有的效率到底有多高？是不是在統計學上有顯著意義？如果沒有，是不是代表我們只是白白挨打了？」以獎勵制度，或許能更好的激發人們的好勝心，以更自願的方式將自己的潛能激發到更大值。那相反於獎勵制度的制度，又是不是反而會使人們更容易在內心產生抗拒或者失去原本對自己的自信心呢？

在侯文詠一路順利地當上醫生後，卻又意外的出現了他人生的轉折。一位侯文詠的讀者因為喜歡侯文詠，不想讓侯文詠沒信心，即使偷偷不吃止痛藥也假裝藥效很有用，只為了滿足侯文詠小小的虛榮心。連最後離開了都沒有讓家人知道，偷偷的把止痛藥還給侯文詠，仍然留給了侯文詠他的尊嚴。在書中字裡行間都可以看出他對侯文詠的極其愛慕和尊敬，以及侯文詠對自己的埋怨。

人們總是在失去後才後悔，這是非常老的一句話了，可是到現在還是人人皆適用。也因為這句話讓我更加注意他人的關心，學著不去錯過那些我該珍惜的人事物，更加珍惜自己身邊所愛與被愛著的一切。從這一篇文章更可以了解到不要因為一些外在的因素讓自己後悔，大概是人生最好懂卻最難做到的事了！

一個水泥匠蓋房子，除了沒蓋門，還反而還把自己蓋在屋子裡。大家都忍不住哈哈大笑，可是沒有人責怪他，只有一句「既然蓋壞了，我們重來。」書裡還有一篇故事，大家正準備去爬山，離開前長老餓了採了一根香蕉，可是還沒熟。大家勸長老帶著爬到山頂熟了再吃。長老想了想就叫大家坐著，等香蕉熟了吃。這兩篇故事都很令我印象深刻，感覺侯文詠只是想傳達同一件事情，也許人生就是可以這麼簡單。

人生就像是一場充滿奇幻異想的大夢，最真實卻也最虛幻。在這大夢中，我們一直在做的或許就是尋找屬於自己的理想。侯文詠的一生都在著作他的大夢。他原本著作人們夢想中的夢，有著人人稱羨的工作。可是這夢中的殘酷現實逼得他離開了原本的工作，毅然決然投入了屬於他寫作的大夢。侯文詠也曾經迷惘，因為途中的場景會變換，夢中的人物也有可能更替。我們對人生這場夢下一步的未知感到恐懼，似乎是無法避免的。夢中的真實和未知也許會令我們招架不住，但既然是一場夢，那又何不好好作夢呢？

三人要守密，兩人得死去

撰 寫 人：二年勤班 黃煜晏

指導老師：鍾幸純 老師

作 者：莎拉·平柏羅 譯者：彭湘閔

出 版 社：遠流出版事業股份有限公司

內容大意：

在離婚後一個波瀾不驚的夜晚，以照顧寶貝兒子為生活重心的露易絲在酒吧邂逅了有婦之夫大衛，她不知道她竟會與大衛的嬌妻成為好友，與此同時擁有大衛；但魚與熊掌不可兼得，經歷了一番與他們夫婦間的波折後，露易絲名正言順成為大衛的妻子——但令我大吃一驚的不是此事，而是此時的露易絲體內的靈魂實則為大衛嬌妻生前一起住在西原之家(精神療養院)的好友羅泊！如此震撼人心的大逆轉結局，任誰都無法揣測，堪稱是一場天衣無縫的騙局呢！

心得感想：

有句話言：「賜我一場相遇，卻不賜我一場愛情。賜我一場愛情，卻不賜我地久天長。」就像羅泊相遇愛黛兒，羅泊原以為愛黛兒是他的愛情，但大衛的風采才真正使他為之傾倒甚至不惜一切殺掉愛黛兒；如愛黛兒相遇大衛，原以為彼此的一切是那麼地契合到完美無瑕，但與羅泊的相遇卻成為她青春年華的絆腳石；又似大衛相遇露易絲，原以為雙方能為對方苦悶的生活注入嶄新的希望之泉，但最後看似圓滿的愛情，其實只是虛有其(露易絲)表的愛。

一切相遇必有其因，也必有其果——死亡就是其中之一。此書讓我再再見識人心的險惡貪婪與自私。露易絲想同時擁有大衛和他的妻子為友，儘管在友人勸說之下她表現得順從，但貪婪的心靈時時刻刻吞噬著她，最終她以死亡了結，甚至是死在自以為的好友愛黛兒的身體裡。她過分盲目地相信他人之言，甚至是到最後時分才知道原來自己才是魚餌，但為時已晚，所謂當局者迷啊！

而羅泊堪稱為此書最為精湛的角色，但也是最令我畏懼的。人之初性本善，他初見愛黛兒的確是懷著一顆真誠的心，但是聽到龐大金額的遺產和風度翩翩的大衛後，一切都變了。金錢使人瘋狂，愛情更使人癡狂！人們在所不惜迫切地攫取，到頭來我想問，沒有真情的愛，沒有快樂的財，真的值得嗎？徒有露易絲空殼的羅泊雖換來的大衛的愛，但有何意義呢？

所有人性的善惡在此書被刻畫得淋漓盡致，也許言語上是誇大其辭，但我們又何嘗得知在其他人眼睛底下的靈魂是否真正屬於他們呢？看似是無稽之談，卻提醒著世人們常常犯的錯誤。不要聽信片面之言就輕易被誤導了，有時親眼所見並不一定為真甚至不是正確的。法國作家羅曼·羅蘭的一句話，我想已足以代表此書警惕人心的精髓：「懷疑能把昨天的信仰摧毀，替明日的信仰開路。」

漢娜的遺言

撰寫人：三年忠班 王如芬

指導老師：陳慈炘 老師

作者：傑伊·艾夏

出版社：春天出版國際文化有限公司

內容大意：

一九七五年出生於美國加州的傑伊·艾夏曾就讀於加州理工大學，大學四年級他放棄學業，矢志成為專業作家。十年來，為了全心投入寫作，他在鞋店和圖書館打工糊口，卻連續慘遭退稿十一次。2007年，終於有一家出版公司以極低的六位數預付版稅簽下他兩本書的合約。

《漢娜的遺言》創作的靈感，來自於傑伊·艾夏一次參訪博物館的經驗。他使用一種隨身語音導覽設備，從耳機裡聽到一個女人講話的聲音，而那個聲音所描述的，正是他眼前所看到的景象——看不到人，卻聽得到聲音，那個人彷彿無所不在。

主角——克萊·詹森收到了七卷來自一名自殺的女高中生——漢娜·貝克生前所錄製的錄音帶，內容是揭露漢娜所經歷的一切，還有最後的自我毀滅……

心得感想：

這是一本真實到令人窒息的虛構故事，我覺得作者的起始點很有趣，從博物館裡的導覽語音有所啟發。我們無法用眼睛去觀察對方的表情，但語氣能透漏一些線索，使我們去猜測，閉上眼仔細聆聽，那人就好像無所不在。

霸凌，是一種長時間持續的、並對個人心理、身體和語言遭受攻擊，也是現在最常見的反社會行為。故事中的女主角——漢娜被心儀的男生到處散播不實的謠言，導致蝴蝶效應，失去摯友、被異樣的眼光看待，漸漸地失去了自我。家人原本是她最重要支柱，但好景不常，漢娜的父母面臨失業問題，幾乎無心關心她。而她最後的掙扎，是去找學校的輔導老師，仍未得到救贖，最終走上自我毀滅。

當一個人自我懷疑，試著求救，卻仍舊無果，他們不會明講，他們需要異於常人的關心，可能是陪伴，可能是聆聽，但因為不會明白地告訴別人自己痛苦，別人也不一定知道，那種不想說卻又想讓人知道的矛盾，

很常發生。看這本書的時候，不能說我完全了解漢娜的感受，畢竟我沒有經歷過她的人生，但我有時就像她訴說的那樣「我知道有許多人關心我，只是，關心的還不夠。我……我就是希望知道誰關心我。」有那種孤獨、無助的感覺。我認為「別想太多」是最令人傷心的話，如果能不想很多，當然不會想，但又要他人如何安慰自己？這時就會有種想法，不要打擾別人，不要再給別人添麻煩，於是開始封閉自己，進而走向最壞的結局。

即使這麼黑暗，看完這本書，除了憤怒、痛苦，同時也出現希望，我還活著，即使有時會憂鬱，但還是有真的快樂的時候，例如：看場電影、出去散散步、看看網路上有趣的資訊，一個人靜一靜也好。

這本書的男主角——克萊不斷的懊悔自己為什麼沒有多做些事，來防止悲劇發生，但同時他也重新認識自己，更了解自己，心中湧現出一絲希望，最後他勇敢地往前走。我很喜歡書的最後一句「結束生命，可能需要很多絕望的理由；但重新愛上生命，只需要一絲希望就足夠。」多關心身旁事物，可能是一句問候，可能是主動去與他人聊聊天，或是一個溫暖的微笑，就會發現那些需要被關心的人。

外在事物多少會影響我們的情緒，但只有自己最了解自己，在痛苦中認識真正的自己，同時真正知道，自己最需要的是什麼，自己又該做什麼，當然做自己是需要時間的，最重要就是不要放棄自己，只要心中保有那份希望，就一定有活下去的動力。

遺憾收納員

撰寫人：三年忠班 易子榆

指導老師：陳慈炘 老師

作者：肆一

出版社：三采文化

內容大意：

隱藏於地面與地底的交會之處，如迷宮般的台北站地下街一角，在一週之間的轉角(星期三)，日與夜的交界(傍晚五點至七點)之時，「遺憾招領中心」會悄然出現，替你投遞遺憾到過去再也見不到的人。

一場車禍，把故事中的人物串聯在一起。在9月3日，為了彌補心中的缺口，他們紛紛來到「遺憾招領中心」，投遞過去的遺憾。梨傢緹的爺爺，因為外面下大雨而擔心她淋濕，於是去車站接她；藍娟淇的未婚夫張信輕，終於得到父親的同意可以娶她，因而興高采烈；墜艾珉的父親墜珉詰，在她出生那一天，為了趕去醫院看她，而不幸身亡；易競，因為爸媽不讓他參加五月天的簽名會，而在當天跑出家門，造成車禍；洪皓，遺憾收納員，他的爸爸洪雋，也在意外中離開。他們的心中都有想見卻見不到的人，有些人還來不及見到面，就註定一輩子再也看不到彼此，「遺憾招領中心」有個規定，不能投遞遺憾給沒有見過的人，於是張信輕的父親——張霆堰，決定幫助車禍中受害者的家人，把心中的遺憾填補。

或許傷心，從來都不會真正的結束。然而，遺憾收納員，將會溫柔收起你的遺憾。

心得感想：

遺憾，就像心中的一幅拼圖，只有當快要拼完時，才會知道，自己少了哪一塊。每個人的心中或多或少都會有一些遺憾，我們能做的不過是填補遺憾，並不讓它繼續發生，也不讓自己持續活在後悔當中。但世上哪能有盡如人意的事情，有時候，遺憾不會消失，心中的那塊漏洞無法填補，人生還是會繼續走，日子還是照樣過，等到之後回過頭，才會發現，我們把自己連同那份遺憾，一起留在過去的時光中。錯過的人還是錯過，失去的事物還是失去，寄出的信件無法退還，就像一列火車，不可能停下腳步，我們只能等待下一班火車到來。遺憾收納員替我們保管心中的遺憾，有時候這些遺憾只是需要時間填補、需要時間釋懷、需要時間擁抱，不需要太多言語。

當我們學會擁抱遺憾，就會發現，即使無法彌補，心也不會像往常一樣痛。遺憾的存在，讓我們更加珍惜現在所擁有的。我們常常抱怨失去的太多，得到的太少，我們不懂得珍惜現在，或許，當我們了解到的時候，失去的將會更多。失去，也許是一種遺憾，但真正的遺憾是，讓它繼續發生。肆一的文字帶給人力量，給了我們前行的動力，《遺憾收納員》是我認識他的第一本書，從書中我感受到了溫暖，他給了我們彌補遺憾的空間，當雨天來臨，我們可以撐起傘，遺憾收納員會替我們填補漏洞，抵擋風雨，當雨停了，是時候該走出去，走出遺憾的框架，轉身擁抱它。

人的一生很長，足夠讓我們擁抱自己；人的一生也很短，足夠讓我們看清事實。泰戈爾曾經說過：「當你因為錯過太陽而哭泣時，你也將錯過群星。」遺憾的存在，並不是讓我們一再錯過，而是要讓我們遇見更好的自己。曾經，我也是個不斷錯過的人，失去了，就急著想找回來，而沒有發現有些東西就在自己身旁，因為當時我的眼裡只有失去的東西、錯過的遺憾，當我找回最初遺落的東西，殊不知卻在時光的洪流裡，失去的更多、更多。於是，我開始放下，開始擁抱那些錯過的遺憾，開始珍惜每一個當下，並且遇見更好的我。

遺憾，不只是拼圖，也是一個圓，當圓破了一角，就不再完整，卻讓我有機會停下匆促的步伐，看看自己在奔跑的過程中，掉落的、失去的事物，這段時間，給我們拾起其他修補遺憾的機會，等到放下那些遺憾時，我們又是一個全新的自己，一個懂得珍惜的自己。

我們都還在學習，學習如何放下，學習如何接受，也學習如何不再失去。人生沒有指南，也沒有標準答案，一切的答案，都藏在我們心中，做錯了就改進，失去了就等待，屬於自己的總有一天，會再回到我們身旁，替我們將遺憾留在過去，也替我們將過去的自己帶回身邊。

殖民地之旅

撰寫人：三年忠班 陳雪倫

指導老師：陳慈炘 老師

作者：佐藤春夫

出版社：前衛出版社

內容大意：

本書是作者於一九二〇年(大正九年)時，陷入文學創作瓶頸及對好友谷崎潤一郎之妻的同情及愛戀，帶著鬱結的心被在台灣開牙科醫院的好友東熙市邀請來到台灣所寫下的作品。他以詳細的觀察及別人訴說的故事寫成重要的歷史遊記。書中由許多遊記組合而成並以其中一篇《殖民地之旅》為書名。每一個篇章都有不同的故事或敘說不同的地方，讓我們可以了解日治時代的背景以及歷史。作者來到了台灣的基隆、台北、高雄、嘉義、彰化、南投、台中，並於途中到對岸的福建及廈門。本書所描寫的台灣為日本統治二十五年的殖民地台灣，當時為內地延長主義時期。本書有幾篇較為重要的作品，像是：〈星〉、〈魔鳥〉、〈霧社〉、〈女誠扇綺譚〉、〈殖民地之旅〉。〈星〉是描述明朝傳奇作品〈荔鏡記〉，是當時台灣民間戲劇最流行的戲碼—陳三五娘，是順路到對岸的廈門、漳州旅行時，由帶路的小學老師告訴他的。〈魔鳥〉及〈霧社〉則是與山地相關的傑作。當時要進入「蕃地」需要有入山許可書，但日本官員為介紹台灣，所以幫作者安排了一切事物，使他可以完成進入山地之夢。〈魔鳥〉是作者旅行於霧社至能高時所寫下的遊記故事，由隨行的警官說的山地故事。〈霧社〉則是撒拉馬奧社事件與山地的觀察，因為作者旅行於霧社至能高正好發生。撒拉馬奧事件是日本人想進到撒拉馬奧社，但遭到當地原住民的反抗，書中寫道有一天市內發出了號外，得知鎮壓番地的飛機墜落於山地，飛行員的屍體被發現時，首級及男根已不見，從此段我們可以得知原住民亦有極深的宗教迷信，但並非來自他們祖先，而是由外來種族所學到的。〈女誠扇綺譚〉被譽為「台灣散文文學王座」，故事敘說台南港口附近的廢屋的女鬼傳說，傳說是說沈家早期原為富翁，但一夕之間沒落，其中沈家的女兒也因父母的去世及婚約破滅而發瘋，沈家的女兒雖然上了年紀，但聲音仍然是年輕嬌嫩，在她去世以後，其他人仍然聽到她年輕嬌嫩的聲音。作者以知性的角度觀察並將所觀察到及聽到的故事寫成遊記。

心得感想：

我最有印象的遊記是第一篇〈星〉，雖然故事的景點不在台灣，而是

在中國的廈門及漳州，但仍可讓我看到中國文化的事物，讓我從中得知其實中國真的很迷信，並相信星象等沒有科學的事物。從中我們也可以得知中國的文化與台灣仍然有交流，因為〈星〉的故事—陳三五娘，為台灣民間流行的歌仔劇，所以我們知道傳說故事等在不同地區還是會互相流傳。

在〈霧社〉這篇遊記中，我認為原住民的宗教信仰，如果是由外來種族所學到的，代表撒拉馬奧社可能曾經遭受其他種族的入侵，並將其宗教信仰帶入。蕃人一直是以前統治者所害怕的一群人，在上位者總是覺得蕃人兇殘及暴力，但佐藤春夫無所畏懼，勇敢地前往山地部落，這就是讓所有人所敬佩的地方！這也得以讓當時的人及後人了解蕃人的事物並對他們有不一樣的看法。

從佐藤春夫的《殖民地之旅》中，我們可以瞭解到課本上講解不詳盡的日治時代，並可以更加深入的探討在內地延長主義時期下的台灣是什麼樣子。我從未看過較具詳細知識的專書，當初拿到這本書原本想說可以當作小說閱讀，但事實並非如此，因為本書包含了很多值得細細品味的新知識，有些可能是國中已經上過的教材，但專書中會提到更多、更詳細的相關事物。當我在看這本專書時，我總是將歷史課本放在旁邊，當看到值得研究的議題時，我就會翻閱課本及查詢電腦，並找尋到更多相關的資訊。

知識，是自己去找尋、挖掘的，就像考古學家去挖尋古物一樣，只要以不同的角度觀看，就可以看到歷史彼此盤根錯節的關聯處。像是我曾懷疑遊記跟歷史有什麼關係，在本書中常常提到一些重要的事件或事物，巧妙地把遊記和歷史做了結合，像是其中一篇〈日月潭遊記〉中提到日月潭水力發電廠，日月潭水利發電廠人人皆知，但卻很少人了解它的歷史，作者於一九二〇年時來台，所以我們可以得知日月潭水力發電廠在那時已經施工了，也可以了解作者如何去日月潭及其使用的交通工具，文中就有提到了纜車、台車等交通工具。

所以專書是我們最可以親近歷史的方式，看了一遍可能還有點迷茫，但當看了第二遍，就會漸漸地發現其中的奧妙。

大江大海一九四九

撰寫人：三年忠班 羅沛如

指導老師：陳慈炘 老師

作者：龍應台

出版社：印刻

內容摘錄

一整排的冰用力扔手榴彈的時候，彷彿漫天撒下大批糖果，然後戰壕裡的林精武看見對面「整片凹地像油鍋一樣的爆炸」，可是海浪般一波又一波的人，一直湧上來，正對著發燙的砲口。(p.215)

「很難說，」他這麼回答：「操弄，就是把一個樹枝綁到一個特定的方向和位置，扭成某個形狀，但我相信人性像你們東方的竹子，是有韌性的，你一鬆綁，它就會彈回來。但是呢，如果你剛好被壓在最底層的話，那可是怎麼掙扎都出不來的。」(p.344)

心得感想：

對於大江大海，我幾乎可以說是久仰其大名。不單單因為作者是我一向崇拜的龍應台女士，更因為這本書在出版之後造成的轟動和熱度，一路延續至今日我依然能感受到。

這其實是我第二次閱讀這本書，兩次閱讀之間僅僅間隔不到兩年，其中的體悟卻相差甚遠。第一次閱讀時或許真是年歲方輕，只覺得略顯壓抑而沈重，抱持著理解歷史的角度去看，卻感受不到傷疤刻畫在身上的痛。後來見到太多人批評內容的真實性，認為這不該稱為歷史書，促使我得空後再次拿起書本來看，換了一個角度，卻讓我熱淚盈眶。這樣的作品的確不應該稱為歷史書，它從那些長者深邃的眼睛裡，望見了那年斑駁的血淚，描繪出的是被塵封的記憶，是對於時代，最深沈的敬意。

看著書本中作者走訪當時的軍人和家屬的文字，我甚至停下來多看了一遍又一遍，原來我們今天踩著的這片土地，經歷過那樣的時代、那樣令人痛心不已的時代。書中有一段文字說那樣的年代，可能是十八歲時被送上一條船後，而後一生飄零。寥寥幾筆，卻讓我在看完書後的那個夜晚，腦海中不斷浮現這句話。對我而言，我勾勒出的畫面或許僅僅是想像，對一九四九的人而言，那或許是一生的痛、永遠無法翻篇的歷史。

那年女人一走，離開淳安後便是六十年，她總心心念念著新安江乾淨

的河水，再度歸來卻得在湖中尋找父親的墓，這是應美君女士，龍應台的母親；追火車的小孩最終隔了六十年才與妹妹相認，因為那輛火車當時頭也不回的開走了，帶走了母親，卻可能換來他年少安康，這是龍應揚先生；那雙沒機會縫完的草鞋是作者父親的，是龍槐生先生在十五歲那年，最後見到母親時唯一帶走的。原來火車真的會一去不返，原來下了車、上了船，真的就是一生。

一九四九那年中華民國在臺灣落地為安，課本上只用幾句無關痛癢的客觀文字草草帶過，卻無提及那些顛沛流離、那些生離死別。也沒有人告訴我們，那年的歷史，是用多少人的生命填滿的，有多少人踏出家門後，在戰場上變成了淒涼荒骨。戰爭是一把銳利的刀，切碎了無數平凡家庭，斬斷了數不盡的美好前程，只餘一道鮮血流成的河，和無處安置的悲傷。這樣的故事，卻在時代的洪流中，不斷被雨水沖刷，而後被世人遺忘。

我們如今身處在這樣安穩的世代，用的是多少難以啟齒的傷痕編織而來的？龍應台女士說：「正因為他們那一代承受了戰爭的重壓，忍下了離亂的內傷；正因為他們在跌倒流血的地方，重新低頭播種，我們這一代，得以在和平中，天真而開闊的長大。」一頁一頁紀實的文字一次一次的震撼我，在感到悲痛外也讓我深深感恩，感恩我出生的時代是如此和平而美好。也才在文字中明白到，小時候最喜歡聽外公講他父親當年打戰的故事，原來那年他肩上揹負的不是子彈，而是如今我們的安穩幸福。

What if ?

撰寫人：三年勤班 柯兆陽

指導老師：陳慈炘 老師

作者：蘭德爾·門羅

出版社：天下文化

內容大意：

蘭德爾·門羅在克里斯多福·紐波特大學獲得物理學位，於 2006 年開始在網路上全職創作「xkcd」漫畫，曾獲「雨果獎」三次提名。

這本書的內容主要由該作者的部落格「What if?」中選出一系列的問答，而這些問答都是在回答天馬行空的問題，例如有一莫耳的鼯鼠(A mole of moles)會發生甚麼事、收集元素周期表上的所有元素並以積木的方式推成元素周期表……

心得感想：

這本書提出了許多異想天開的問題，可能是同學之間討論時不小心想到的奇妙問題，類似於看棒球時突然想到如果可以以 0.9 倍光速投出棒球，會發生甚麼事？知識淺薄的我們並沒有辦法想出有義意的答案，但是這本書透過作者的專業知識與多方專家的討論，給出了具有科學根據的答案，雖然這個答案並不會對人類的科技或是生活有所貢獻，但能夠回答出答案，就是最有意義的一件事。

或許這本書內的問題大部分都是沒有實質意義的，但是作者在論證的過程中，會有詳細的科學解釋，從因到果，把涵括的科學理論以有趣的漫畫表示，並且在下方會有注釋，甚至每個引用的論文都有保留在天下文化的網站中，可供想要深入探究的同學上網自行研究。書中的漫畫也是起到了至關重要的作用，因為作者本身就是專職連載部落格「xkcd」的作家，該部落格上的漫畫就是由作者親力親為完成的，在作者的畫工之下，把難以在腦中想像的圖形用生動的圖像表示，讓讀者可以理解箇中的奧妙。

這本書的標題「what if?」講述了許多充滿好奇心的小孩面對新的知識時，常常會提出把新的知識結合到原先熟知的現實世界，例如新學到了光速，但是對於光速究竟有多快並沒有概念，所以就結合到了棒球上，接著就提出了「如果投出了接近光速的棒球會怎麼樣？」的問題，但是大部分的大人並沒有認真的告訴小孩答案，而是敷衍地告訴小孩「投不出來這

麼快的棒球速度」。多次提出天馬行空的「如果這樣...會怎樣？」，往往只能得到「現實不會發生」這個答案，久而久之，小孩的好奇心就會慢慢地磨滅掉，變成無聊的大人，屈就於現實。

然而，這個世界之所以會進步、會改變，就是因為有人不屈就於現實，去實現原本的「如果」問題。例如特斯拉就是一個很好的例子，面對愛迪生發明的直流電，他發現了直流電會有嚴重的浪費能量問題，所以他提出了「如果有辦法取代直流電」，並且在提問後，不屈就於愛迪生的權勢，靠自己的能力提供了交流電的方案。正是這個交流電改變了未來，假如當時的他受制於現實而沒有回答自己的「如果」問題，那麼現在的智慧型手機、電車、冷氣等等電子設備恐怕還沒問世。

不論是再怎麼異想天開的「如果這樣...會怎樣？」的問題，總會有辦法可以透過科學驗證、數學計算得出合理的答案，或許現在並沒有實質的意義，但是本書告訴了我們，一切都充滿了可能性。過去的人從沒想過人可以征服天空，也沒有人想過手掌般大小的手機可以讓全世界的資訊操控於雙手之中，更沒有人想過可以踏上遙掛於天上星空中的月亮，自古至今，人類開創許多的可能性，把過去的不可能變成了可能，所以現在知道的不可能，或許明天就會有一篇科學論文推翻了原本的不可能，暫時的不可能在未來都是無限的可能。

人魚沉睡的家

撰寫人：三年勤班 曾敬中

指導老師：陳慈炘 老師

作者：東野圭吾

出版社：皇冠文化出版有限公司

內容簡介：

和昌與薰子為一對夫妻，但他們因和昌的外遇而分居，正在規劃離婚，然而此時他們的女兒瑞穗，因在游泳池溺水而腦死，薰子試圖繼續延命治療，拒絕了器官捐贈，而和昌身為研究腦部科學公司的董事長，雖然知道不會有奇蹟，但為了自我滿足，提議要幫瑞穗安裝昂貴的儀器，使她看起來像自己在呼吸，而非透過機器，薰子也同意這個規劃。

之後薰子抱持著瑞穗總有一天會復原的想法在照顧她，因薰子想讓瑞穗保持肌肉，和昌從公司裡找來研究員星野，他研究的項目是靠電流控制身體，雖然還在實驗，但已經可以操控一些動作，後來他們都同意再度安裝昂貴的儀器讓瑞穗動起來。然而當薰子照顧她越久，周遭的人反彈越大，不論是和昌的父親，薰子的妹妹，抑或是他們的小兒子，都不認同這件事，而薰子卻一意孤行，當她用儀器讓瑞穗笑時，連和昌都開始懷疑這件事的對錯，而他們先後去找了醫生和器官捐贈的相關協會後，心裡其實隱約有個答案。最後在一天晚上，薰子說她感受到瑞穗在講話，告訴她她很幸福後，瑞穗的生命跡象逐漸惡化，最後他們同意放棄搶救，並把器官捐贈出去。

心得感想：

何謂愛？何謂自我滿足？當我們透過劇中的主人翁薰子看這件事，我們可以說這一切都是愛，但當我們以局外人的角度看這件事，這難道不是以愛為名的自我滿足嗎？其實東野圭吾在書中一直反覆提起這個問題，薰子藉由照顧和付出換取自我滿足，不願面對女兒已經腦死的現實，和昌以昂貴的儀器來彌補沒有照顧好家人，和滿足因他的外遇而痛苦的薰子的願望，薰子的母親藉由照顧孫女，滿足薰子的願望來抵銷沒有看顧好孫女的罪惡感，就算她內心認為孫女已經死了。而研究員星野藉由成為瑞穗的救世主，滿足自己是不可或缺的人的優越感，而在這些人當中，到底誰的行為才是真正的愛，誰又是自我滿足？東野圭吾並沒有給讀者明確的答案，而是讓讀者自己去思考。

書中也對「死亡」這件事提出疑問，究竟怎樣才算死亡？薰子認為瑞穗向他道別的那一天才算死亡，和昌認為心跳停止的時間是死亡，醫生以腦死判定的時間為死亡時間，而薰子的妹妹認為她溺水的那一天就算死亡，書中沒有明確說出誰對誰錯，而書裡的人物也自己以自己的方式接受瑞穗的死亡。我認為，死亡是張渝歌醫師在導讀裡寫的：「很多人認為死亡是一個瞬間，其實並不是，死亡是一個過程。」而書裡的人物認定的死亡時間，其實是他們在死亡這過程中，自己接受，並放下這件事的時間。

書中提到的概念很難清楚的定義並劃分界線，愛與自我滿足，不像絕對的黑與白，而是像太極般相互融合，一般人在愛中會帶點自我滿足，而在自我滿足中也能收穫到一些愛，所謂的愛與幸福，並不是只有一種，只要一個人認為自己是幸福或是被愛的，別人就無可置喙，也許就像薰子在最後說的：「這世界的意見不需要統一，有時候甚至不要統一還比較好。」那上面的那些問題，真的需要一個標準答案嗎？我想東野圭吾已經告訴我們了。

沒有色彩的多崎作和他的巡禮之年

撰寫人：三年勤班 畢延碩

指導老師：陳慈炘 老師

作者：村上春樹

出版社：時報文化出版企業股份有限公司

內容大意：

高中時期的多崎作在名古屋，與一群名字中有「色彩」的朋友們，五人一同創立社團、參加活動，彼此形影不離，即便有急務，也是有默契的理解。

但是主角多崎作一直感到格格不入，在進入了大學後來到東京，在未知的情形下，失去了原先友好的羈絆，也應證了多崎作心中的那份不安。

難以下嚥的疑惑，愛人的啟發以及一位朋友的消失，促使了多崎作尋找失去的羈絆，在找到原因的過程，也得知空白時期許多的秘密，終於完整了自己的青春缺口。

心得感想：

青春時期最重要的情感靠山是友情，但是在建立及維持的過程中，都會有意外的插曲，或是不可告人的秘密，即使再親密的關係，都可能是謊言與背叛。

面對感情四溢的青春期，維持男女之間的純友誼是困難的，尤其處在一個團體之中，一旦平衡遭到破壞，團體便會分崩離析，所有的努力將化為泡影；所以有許多人失去了重要的羈絆，可能是高中升大學的過程，因為學籍轉變，男女的關係產生各種微妙的變化，如同主角的經歷，甚至被同儕指控性侵。

生命的疑惑可能讓人困擾，但是真相終得尋找，雖然有時真相會讓人難以啟齒，讓人會想著如何逃避、如何忘卻，不過人生總有轉捩點可以幫助自己面對真相，可能是友人的見解，或情人的勸言，雖然有些人選擇逃避，讓過往成為遺憾，但有些人則欣然接受，最終可以解開心中的結。

面對事實需要勇氣，何況是不堪言語的經歷，但是心中只要有想法，放手去執行，再困難也可以達成，想要得到的結果，如果不是自己去執行，不是親手去改變，那麼結果永遠不會符合期待。

人生是一場旅程，青春是最精彩的一部份，為了不使人生遺憾，巡禮人生的過程中，要將所有謎底揭曉，才是真正的活過。所以我了解，此書不僅是述說感情、逃避、勇氣，更重要的是完整的人生；杯子有缺口還能用，但人生缺一角，將會是一輩子的遺憾，對於現在的自己，不要害怕、不能逃避，找尋自己想知道的事實，感情亦是如此，沒有真正的坦白，沒有安全感，再深的感情亦無法繼續。因此確實地面對及理解，才不會產生不必要的誤會及疑惑，才能在感情的懸絲上保持平衡。

讀過村上春樹的作品，好比見識超新星爆炸，原先以為無趣的作品，當再次慢慢品味，才了解其中真正想表達的除了青春的年少輕狂、人生的高低跌宕，更重要的是隱藏於標題的意義，也就是真正完整的人生；除了內容鋪陳、隱含意義，他的寫作手法也相當動人，感情的跌宕起伏，團體的分崩離析，每件事可以不用詳細描寫，卻也能讓讀者拼出完整的拼圖，但更精采的是描述性愛的場景，隱晦的讓人覺得自在，卻又驚艷的讓我如歷其境，看得到每個細節，手的撫摸、身軀的移動、表情的展現，感覺自己站在床的旁邊，全神貫注地看他人性愛的過程，自然而真實。

莊子-以自在之心開發無限潛能

撰 寫 人：三年勤班 劉樺

指導老師：陳慈炘 老師

作 者：傅佩榮

出 版 社：天下文化

內容摘要：

——人間患難深重

很多人將人生目標設定在一個顯而易見的外在成就上，到最後恐怕是因為發現他其實是虛幻的而活不下去(P.23)

——魚不能離開水，可是當魚變成了鵬鳥，卻能一飛就飛到九萬里高。莊子認為每個人都具有大鵬鳥的潛能，關鍵在於大鵬鳥是魚變成的，人要改變，這就是化。(P.36)

——心齋與道契合

心要守齋代表不要有妄念，不要有各種欲望情緒，去掉各種成見，讓心越來越單純，到最後沒有任何雜念。(P.76)

——莊子常提到不得已，表示在客觀條件成熟時，不得不如此，其實是順應自然之意。關鍵不在於順其自然，而是在於條件是否成熟。道家強調智慧，智慧就是一個人判斷條件是否成熟的能力。(P.95.96)

——人難免有所執著，該怎麼做才能減少這方面的問題？莊子同意惠施辯論的時候，提出「無情」一詞。無情是說：可以有人的情感，但是不要任情感往內傷害到生命。(P.115)

——外化而內不化

莊子對於人間各種表現的態度是「不與世俗爭」。儒家強調的就是「擇善固執」，莊子中也有「知其不可奈何而安之若命」的說法(P.136.137)

如果有一個莊子的學生站在你面前，它會讓你完全看不出來他是道家的門徒，如果被你發現，代表他學得不夠徹底。(P.157)

——從真實到美感

從技術到藝術，就如化境一般，以景把技術融入我自身條件中。技術轉化成本能，一切變得輕鬆而自在。(P.196)

以心合道可以用兩個字來說，一個是鏡，一個是遊。老子提到「至虛極，守靜篤」，追求虛要達到極點，守住靜要完全確實。(P.214)

莊子強調萬物是從道而來，自然值得欣賞，所以把「美」這個字轉變成個人主觀上是否有欣賞能力。他常引述「天地有大美而不言，四時有明法而不議，萬物有成理而不說。聖人者，原天地之美而達萬物之理。」(P.235.236)

心得感想：

自從漢武帝罷黜百家，獨尊儒術後，許多人漸漸將諸子百家忘卻，然而天下之勢，合久必分，分久必合，分分合合之間便是所謂的亂世，在亂世中，有人選擇「學而優則仕」，遵循至聖先師孔子的理念，以拯救天下蒼生為目標，即便知其不可仍繼續為之，然而還有部分人士選擇「小隱隱於林，大隱隱於市」，以無為而有所為。

自古以來，儒、道一直為顯學，孔子、孟子、老子、莊子，他們並稱為「中國四哲」。孔子說話精簡扼要，如唸格言金句；孟子倡言仁政理想，結果落個好辯之名；老子看似很有見地，內容卻是恍惚難解；莊子寓言常有巧思，讓人感嘆浮生若夢，四人有各自的觀點，也有各自的立場，因為有了他們，才得以造就中國數千年來博大精深的文化。

而儒家與道家的不同在於，儒家求賢若渴，有著「青青子衿，悠悠我心」的情懷，然而道家卻反對推崇聖賢，莊子說「聖人生而大盜起」。莊子認為聖人的主義學說不過是「竊國大盜」的工具罷了。其中的典型例子就是田成子，篡奪了齊國的政權。「田成子一旦殺其君而盜其國，所盜者豈獨其國邪？並與其聖知之法而盜之……竊齊國，並與其聖知之法一守其盜賊之身。」對於聖人，莊子借用盜跖之口批評「黃帝尚不能全德……堯不慈，舜不孝，禹偏枯，湯放其主，武王伐紂。」，說孔子是「魯之巧偽人」。莊子還說「凶德有五，中德為首」。「日出多偽，士民安取不偽。」，會導致天下大亂。莊子還對聖人學說的積極性懷疑，認為聖人可以使一人變好，也使三人變壞。另外，莊子反對儒家的等級觀念，儒家說「君君、臣臣、父父、子子」，莊子認為「道通為一」，認為道在萬物，萬物平等。

莊子與老子，主張無為治國，任其自然，認為「絕聖棄知而天下大治」，君主要「無容私」，「汝游心於淡，合氣與漠，順物自然而無容私焉，而天下治矣。」。莊子曾描寫過他心中的「至德之世」，「不尚賢，不使能，上如標枝，民如野鹿。端正而不知以為義，相愛而不知以為仁，實而不知以為忠，當而不知以為信，蠢動而相使，不以為賜。是故行而無跡，事而無傳。」

而我覺得莊子之所以常常以寓言故事來闡述其中的道理，原因在於「道可道，非常道」，以較具體，較不抽象的事物來述說，解釋其中大義。

詭辯

撰寫人：三年勤班 饒孝梅

指導老師：陳慈炘 老師

作者：張渝歌

出版社：秀威科技股份有限公司

內容大意：

本書開頭描寫法醫在機緣巧合下參與兩起死亡命案的調查，兩起命案死狀都十分慘烈，而且皆為「不可能犯罪」。一位舞女晨星被串死在不可拆卸的全新鋼管上；另一起事件是一名富商死在一個雙重密室中，且死後被殘忍的閹割屍體。法醫在搜查過程中發現舞女晨星的日記，日記內容似乎和這兩起慘案有重大關聯。

本書以法醫的辦案記錄、晨星的日記、兇手多年後述寫和事件相關的小說為三重視角，串連整起事件，續寫舞女的生活、調查的過程和兇手犯案的心路歷程，不同視角可以看出事件不同面向，看法醫和兇手間鬥智，最後是否可以解開謎團，找出真相。

心得感想：

作者以三重視角的寫作手法書寫事件全貌，讀者如同拼拼圖般在不同視角尋找線索，直到小說最後拼圖完成，恍然大悟為止。

法醫的辦案記錄是較為寫實的鑑識學，犯案手法、心理學相關知識和部分兇手的過去都在這個視角呈現，其內容最貼近普通推理小說的寫作手法，主要描述法醫如何從平常生活中的小細節，發現破案關鍵。

在晨星的日記這個視角，作者對於人性的描寫淋漓盡致，尤其是寫舞女生活的點滴時，從舞女的生活看到沒錢女性為了生活賣色、賣淫；人們在紅燈區中嫖妓、偷吃等糜爛生活，刻畫出男人花錢買色、底層社會女性為了生計討好富商的悲歌；從這個視角還能看出黑幫、賭場等八大行業的縮影，地下社會的陰暗面和人性的墮落皆被生動的描繪出來。

而最後一個視角是兇手多年後寫的一部小說，內容以極其科幻的方式描寫其心理狀態，故事從兇手兒時的創傷到最後案件結束，故事中的兇手都處於自己是被受害者的心理，描述自己是不得已而殺人，美化自己殘忍殺害他人的事實，總認為是他人的過錯，只要是不順她意的即是敵人，兇手悲慘的人生讓我們同情，卻又殘忍的令人髮指。

作者在兇手身上的描寫使用了精神醫學中的「投射性認同」和「邊緣性人格」。投射性認同是指當自己內心否定自己，但是又說服自己應該認同自己時，把自身對於自己的不同在淺意識中加注到他人身上的行為；而邊緣性人格，對於事情十分敏感、極度缺乏安全感、衝動，對於自我認同十分薄弱，需要從他人來確認自己的樣子和存在。以這兩項心理上的障礙來描述兇手不健全的童年和兒時的心理創傷，導致其長大後嚴重的行為偏差，這些問題使兇手眼中的世界與我們極為不同，兇手總認為自己才是受害者，都是別人逼他犯罪的，其他人才是錯誤的心理狀態。

本書作者就讀醫學院，所以對心理疾病相關的行為展現描寫十分的真實，且較為符合現實中對於這些疾病和行為的定義；而其以三重視角描述的寫作手法，對於事件的進展、故事內容的描述到視角間的轉換都梳理的相當不錯，不會凌亂看不清其內容，有一定的文學價值。我認為不論是推理迷或對於心理相關文學有興趣的人，都很適合閱讀這本小說。

優良作品集

Ta Hwa High School

Ta Hwa High School

Ta Hwa High School

Ta Hwa High School

悅讀

閱讀

英文精選

108 學年度大華中學閱讀心得優良作品集



Reading

*Reading fills us with joy, and
joy comes from reading.*

優良作品集

指導老師

徐瑞鎂老師

Mei's

Ta Hwa High School

Ta Hwa High School

Ta Hwa High School

Ta Hwa High School

Wonder

班 級：國中部 三年德班

姓 名：李修齊

Summary of the Reading

August Pullman was born with a severe facial disfigurement. He was homeschooled for many years. When he was ten, his mother wanted him to step out of his comfort zone and experience life in a real school. August then enrolled a middle-school by the name of Beecher Prep.

August's first day was pure torture. He made every attempt not to draw attention to himself, but was unsuccessful. A popular boy named Julian taunted him relentlessly because of his deformed appearance, and was followed by a group of ignorant students. August, distressed, blubbered to his parents that night. August detested himself, and he asked them why he was born with such hideous facial features. His father comforted August by telling him that he was not ugly at all. He loved his son's face. August's parents encouraged him to rise above the adversities and keep striving. Fortunately, August managed to befriend two classmates, Summer and Jack, despite the ridiculing and bullying of others.

Halloween was around the corner. August, who was disguised as a ghoul, accidentally heard Jack discrediting him in front of Julian, the bully. August was deeply hurt after this incident, and he confided to Summer. Jack noticed that August estranged from him and felt puzzled. He then felt regretful for his actions after Summer revealed the true reason. Jack put up a fight with Julian after he insulted August, and later reconciled with August by messaging him and apologizing for his behavior.

By the end of the school year, Beecher Prep held a camping activity for the students. Jack and August snuck out into the woods, and encountered a few bullies. August courageously defended Jack when he was punched, and his actions earned him the respect of numerous peers. In the end, August not only gained the friendship of all classmates, but was also honored with an award presented by the principal himself. August's mother told him she was proud of him. August is a “wonder” to her.

Reflection on the Reading

Wonder is a heartwarming story that deals with issues such as courage, friendship and kindness. Apart from the fact that all the characters possess distinctive

and unique personalities, the plot conveys an extremely positive message.

There is a famous quote by J.K. Rowling, “it matters not what someone is born to be, but what they grow to be.” I learned from the book that confidence comes from one’s deeds instead of his or her appearance. August used to loathe his deformed face. He always wore an astronaut’s helmet to conceal those contorted features of his—cheeks that looked punched in, and a mouth which resembled a tortoise’s. He had always been self-abased due to his disfigurement. Nevertheless, he grew to realize that it is actually courage, kindness, and positive traits that makes one handsome or beautiful. I adore August very much. He taught me that confidence is who we are, and not how we look.

Unfortunately, in modern society, more and more people focus on perfecting his or her looks rather than inner beauty. Plastic surgery is becoming more voguish. Also, many people spend obscene amounts of money on expensive cosmetics and stylish garments. Superficiality has even affected the point of values of many. Some people worship idols only because of his or her flawless looks instead of their talent or characteristics, which is childish and immature. Every time I open a magazine, I see women or men who are admired and idolized just because they are considered “gorgeous” by conventional standards. This can lead to poor esteem and incorrect life values. More people neglect the fact that one does not have to be beautiful or handsome to accomplish great achievements in life. These people end up feeling inferior and miserable, thinking that they will forever be second to those with attractive appearances. What’s more, these superficial thoughts may get passed from generation to generation. It will have a very negative impact on more teenagers and children in the future.

August in *Wonder* is an excellent role model for those who judge people based on their appearances. Even though August underwent innumerable ordeals, that did not stop him from having a sanguine and cheerful personality. I believe the book *Wonder* will stand the test of time, and will continue to be appreciated by future generations.

Tuesdays with Morrie

班 級：國中部 三年德班

姓 名：陳姿元

Summary of the Reading

Mitch, the main character in this reading, was a quite famous journalist who suffered heavy workload and couldn't enjoy his own life. He was an outstanding student in his sociology professor's eyes when he studied in college. However, after graduating from university, he chose a job with a steady income, like most people, instead of pursuing his dream of becoming an exceptional pianist.

After sixteen years, he saw his college professor, Morrie, by chance, but Morrie was not as healthy as before. He was diagnosed with Amyotrophic lateral sclerosis (ALS), also known as Lou Gehrig's disease, which stiffened his limbs and gradually his muscles. It would end up causing respiratory failure. This fact prompted Mitch to travel to Massachusetts to visit him. The ensuing newspaper strikes also allowed him to visit Morrie every Tuesday.

Morrie was a man who was full of wisdom and life experiences. He was the son of two Russian immigrants, and that was why he did not live a cozy life in his childhood. Morrie's mother and siblings were dead because of the Poliovirus. It promoted him to become a researcher and decided to be a sociology professor to influence more people through teaching.

The book recorded the fourteen interviews Mitch had with Morrie. Every week, they talked about different topics, including the world, regrets, death, family, emotions, the fear of aging, how life goes on, marriage, culture, forgiveness, and the perfect days. Morrie's condition was getting worse as time went on. On the fourteenth and also the last Tuesday, they said goodbye to each other.

Every time when talking with Morrie, Mitch understood himself and also the facts in each aspect of life more. At the end of this story, Morrie passed away after slipping into a coma. Although he died physically, his love and thoughts were still alive in Mitch and other people's minds.

Reflection on the Reading

After reading this book, I gained knowledge and the warmth of humanity from Morrie and Mitch. I admire Morrie not only because he was not selfish to instill knowledge and precious life experiences into others, but also because he faced death

with an optimistic attitude. If I were Morrie, I definitely could not relax and take it easy like him. I might not even spend time talking with Mitch.

While talking about death, Morrie said, "Once you learn how to die, you learn how to live." This quote seems simple, but it isn't. It implied that Morrie knew that the purpose of his life should be love and joy, so he kept those spirits till the end, and that was the way he chose to embrace death. Most people are worried about death because they know nothing about where they will go and what will happen to their soul after they die. No one who has experienced death can tell people the truth, and that's maybe why we need to learn from Morrie to cherish the time with our loved ones and face the end of life with an open attitude.

Morrie said, "most people's lives are like sleepwalking, endlessly repeating the same things that we thought were important and must be done". However, we seldom try our best to experience the beautiful world and notice things in our daily life. Facing death sounds scary and makes us feel depressed, but as long as we recognize the fact that we will die one day, we will focus on truly necessary things. It will change our perspective and also the way we live.

Morrie always said, "We must love one another or die." A busy lifestyle creates a busy mind, and also leads to the negligence of each other. We all should have sympathy and never forget to try our best to give others' love and care, so that we can make our limited life worthwhile. I think the most important message in this book is that the human body will age day by day, but our mind or spirit will grow if we learn from failure or frustrating experiences, like Morrie. Although he has already passed away, he's still teaching us the way we should live and giving us love and warmth.

Animal Farm

班 級：國中部 三年德班

姓 名：鍾元浩

Summary of the Reading

"Animal Farm" is a story in which the main characters are animals. The author mixes animal images with human thoughts and describes the dark side of humanity. The story begins with an animal rally one night. Before the death of the boar "leader" of the farm, he told everyone about his dream of an animal amusement park. He wanted to overthrow the human rulers and build a society with equality and love. With his encouragement, the animals in the farm drove the farmer away and began a beautiful life. Soon, however, there were different opinions between the two leader boars, Napoleon and Snowball.

However, because Napoleon was too powerful, he expelled Snowball. From then on, in the farm, anyone that disagreed with Napoleon would be killed. Napoleon began to communicate with neighboring farms. He changed the rules to make everything good for himself. In the end, Napoleon actually put on clothes and drank with the owner of the neighboring farm. The animals in the farm were back to their painful life.

Reflection on the Reading

I think this world is unfair. Why do we have to care about short-term benefits? We should look farther, because having a better future is the purpose of life. In this story, the farm leaders seem to benefit the pigs, but they actually want to live a more comfortable life. They don't care about others. Most people act for themselves, but even so, they should not kill others. I think many people have an evil side, so we need to learn to be kind and enrich our lives to change our bad side. Although it is simple to say, it is difficult to do.

Life is challenging. As long as we study hard, we will be successful. Therefore, education is very important for people. Not only can we learn how to be a good person, we can also learn to build a strong character. This will help our life greatly. We can't regret what we have done, because time can't be reversed. What has happened cannot be undone.

Charlotte's Web

班 級：國中部 三年德班

姓 名：周家彤

Summary of the Reading

8-year-old Fern stops her father from killing a pig named Wilbur, a runt in a litter of pigs. When Wilbur grows up, he's sent to live on the Zuckerman farm, where he spends his days eating and sleeping to fight off loneliness. Eventually, he meets Charlotte, a gray spider. Charlotte and Wilbur become best friends. Charlotte finds Wilbur's naïve and enthusiasm charming, and she's amused when he ties a string around his tail and pretends that he can weave his own web. One day, the farm animals learn that Wilbur is being fattened for slaughter. Charlotte comes up with a plan to save Wilbur. She writes the words "some pig" in her web. People are astonished, and Mr. Zuckerman enters Wilbur in a competition at the County Fair. Charlotte writes the word "humble" in her web. Soon after, she makes an egg sac of over five hundred eggs—her final act before dying. When the eggs hatch, Wilbur is surprised to see Charlotte's children drifting away on the breeze. Three of them stay behind to be Wilbur's friends and they spin their webs in Charlotte's old doorway. Wilbur will have new friends and never be friendless again.

Reflection on the Reading

In this story, there is a strong friendship between the little girl Fern and the pig Wilbur and the animals in the farm, who all worked together to saved Wilbur. When Wilbur was facing difficulties, Charlotte stayed calm and wove wise words on her web to save Wilbur, instead of being worried. In order to keep her promise, Charlotte supported Wilbur until the end. The courage of sacrificing herself, loyalty and not giving up impressed me a lot. What's more, I learned from Wilbur's kindness and trust for friends. He got actual help from his peers. He changed his final fate and avoided being slaughtered by humans. The selfish and greedy rat, Templeton, had changed because of their friendship and finally helped Wilbur. In the last chapter, Charlotte gave birth to her precious little spider babies.

Human beings and animals are all precious. We should respect each other. To have a fulfilling life, we should focus on how we can make our dream come true instead of the length of our life.

Twilight

班 級：國中部 三年德班

姓 名：黃稔容

Summary of the Reading

Bella Swan's parents divorced in her childhood, so she lived with her mother and her new husband, but then in her seniors, Bella decided to live with her father in Washington, and soon, she made a few friends in the local high school. Her friends told her about the mysterious and odd Cullen family, who adopted five children. In biology class, Bella met the youngest Cullen named Edward. She was fascinated by Edward's looks, but Edward ignored her every class.

As Bella tried to speak to Edward, they began to spend more time together at school and became friends. One day, Bella was nearly hit by a van in the school parking lot, but Edward rushed to her and stopped the van with his bare hands. Many events made Bella doubt Edward's identity, and she soon found out that Edward was actually a vampire.

Edward then brought her to a forest and revealed his identity, also telling her how dangerous a vampire was. Bella confessed that she loved Edward even though she might lose her life and family. They expressed their feelings to each other in the forest and began dating. Soon, Edward introduced Bella to his vampire family, and they brought her to a family baseball game. Unexpectedly, Bella's blood accidentally attracted another group of vampires and caused a battle between the two vampire groups.

After the battle, Bella was more convinced that Edward was the only one she loved and was willing to become a vampire so she could stay with Edward forever.

Reflection on the Reading

After reading the book, Edward and Bella's love for each other and Bella's love for her family touched me the most. Bella was warned that she must go and meet the group of vampires alone, otherwise her mother would be killed. In order to keep her mother safe, Bella went to meet the vampire group, although she knew it was a trap.

Bella's love for her mother and her willingness to sacrifice herself to save the Cullens and her mother impressed me. Many people only care about themselves, and some, without hesitation, even make others sacrifice to reach their own goals. After reading this book, I started to wonder whether I would do the same thing if I were Bella.

Also, in the story, Edward cherished Bella so much that he even had a conflict with his sister. People sometimes say things that might hurt others, but most of the time, we can't take a step back and apologize. I often get angry because of small things. What I learned from Edward is to become a person who cherishes loved ones and treat them with more empathy, concern, and love.

The Invisible Man

班 級：國中部 三年德班

姓 名：林緯甄

Summary of the Reading

An invisible man called Jack Griffin was a scientist. He used to learn medicine with his classmate Kemp, but then he changed to physics. He believed that people could be invisible, and he tried to achieve his goal. One of the reasons that he wanted to be invisible was because he spent too much money on the experiment, so he owed his landlord rent. He wanted to escape from the debt so that he could buy the equipment needed for the experiment. He spent nine years researching, and finally, he succeeded. The invisible man wrote down his research in three books. Then, he mixed some drugs to create a new formula to make him invisible. After being invisible, he sent the three books to another city and to find the three most important books to him. He wrapped a bandage around his face because he didn't want anyone to discover that he had no face, no hands, even no body, but still wore clothes and walked around the city. He quickly entered an inn when he arrived at the city. At first, everything was fine, but a few weeks later, he started to argue with the innkeepers. Before long, the invisible man was discovered that he was invisible. He started to steal money to keep himself alive. He soon found a beggar, Marvel, to help him, but Marvel betrayed him and stole all of his money and the three books. With an extreme personality, he vowed that he would kill anyone who stopped his plan to take revenge on Marvel. On the way to find Marvel, he met his old classmate, Kemp. He asked his friend to help him. Unfortunately, Kemp didn't want to take a risk and he thought Griffin was too dangerous and might harm people. Finally, Kemp, with some people in the village, caught him right away.

Reflection on the Reading

Griffin was not “that” bad. Though he robbed money from others and hurt them when finding food and daily necessities, he was just too focused on his research and invested all of his money in his research so that he didn't have enough money to pay. What's more, Griffin insisted on finishing the thing he wanted to do. When he had trouble, he chose not to give up and finally, he succeeded. What's more, the beggar Marvel failed Griffin's trust. He took Griffin's money and became rich.

I learned a lot from those characters. Griffin's perseverance is something I admire the most. To achieve my dream or goal, I need to see if I can do other things well. Also, be the person that never betrays others. We should be honest from our heart.

A Christmas Carol

班 級：國中部 三年德班

姓 名：方珮潔

Summary of the Reading

This book is talking about an old man named Ebenezer Scrooge. He pursues wealth and doesn't even want to pay a little more money for his office clerk. One night, the spirit of his dead business partner visits him and tells him that three ghosts will visit him over the next three nights. The three ghosts take him to the past, present, and future. These trips taught him that he should cherish the things he has and the people around him.

Reflection on the Reading

This story is really touching and meaningful. My first impression of the main character, Ebenezer Scrooge, is that he is a stingy man. Why do I use the word "stingy" instead of "thrifty"? That is because he refused to pay a little more money for his clerk and wanted to save money to become rich, which made the clerk's family live on low wages. It reminds employers that they shouldn't just think for themselves. All Scrooge wants to do is to pursue wealth, so he loses himself. He not only ruins the relationship with relatives but also loses his lover. Sometimes when we are too serious to reach our goals, we become "blind". The word "blind" doesn't mean that we can't see anything here. Instead, it implies that we can't see the truth. The writer brings three ghosts to let the old man know that he has already lost a lot, but he still has a chance to redeem himself. It's a special way to tell people who are in a bad situation the truth, like Aesop's Fables, and this is sometimes better than criticism.

Also, I really like a minor character in the book, Tiny Tim, who is a brave boy. He isn't a major role in this book, but I learned a lot from him. Although he is crippled and poor, he still faces everything with hope. He is a good example for everyone. Most people are blessed, but they aren't satisfied. Our life is better than Tim. Shouldn't we cherish it? So "contentment" is another thing that I learned. No matter how worse our life is, just think about what we have now. Being "rich" doesn't mean how many mansions you have or how wealthy you are. It shows we know what we have and we cherish it. The ending inspires people who are "blind", too stingy or unsatisfied like Scrooge to change themselves. The story surely deserves to be reflected on.

Les Misérables

班 級：國中部 三年德班

姓 名：許有暢

Summary of the Reading

In 1815, a poor farmer named Jean Valjean was released after spending 19 years in prison. The reason why he was arrested was that he stole bread for his hungry sister and family. He was rejected by hotels multiple times due to a previous criminal record. He slept on the street until a bishop gave him a place to rest. In the middle of the night, he couldn't change the habit he had for many years, and stole a silver candlestick from the bishop's house. Unexpectedly, he was caught halfway and the police took him to the bishop. To his surprise, the bishop did not uncover his theft. Instead, he lied to the police that it was a gift and he gave him another candlestick. As a result, he vowed to change his previous fault.

After 8 years, Valjean did fulfill his vow. He changed his name to Madeline and became a kind mayor and factory owner. At the same time, a female worker named Fantine in the factory was suffering because she had a girl named Cosette. Fantine couldn't raise Cosette because the child's father had left them alone. Fantine settled her daughter at the home of Thenardier. She sent all the money she could make to the Thenardier, hoping that her daughter would have a good life. What she didn't know was that all the money she sent in went into Thenardier's pocket. Fantine was arrested for beating a gentleman who tried to insult her and Mayor Madeline proved her innocence. Before she died from a disease, she asked Mayor Madeline to raise her daughter, Cosette. After Fantine's death, Mayor Madeline rushed to the Thenardier's house. He told them to send Cosette back right away by paying 1500 francs.

When Cosette grew up, she fell in love with Marius, who was seriously injured during the war and was rescued by Mayor Madeline. Because of Cosette's care, he gradually recovered. On the eve of their marriage, Mayor Madeline told them his past. Marius was shocked and stopped visiting Mayor Madeline. However, Marius knew that Mayor Madeline was his lifesaver. He immediately followed Cosette to seek forgiveness from the dying Jean Valjean.

Reflection on the Reading

After reading this book, I think all the characters in the story are not evil. They

follow their hearts. Take Jean Valjean for an example. Stealing is wrong, but his intention was to feed his sister. Another example is the bishop who lied to the police. It is wrong for the bishop to lie to the police, but his purpose was to make Jean Valjean become a good man. The author wants to tell us that it is difficult to draw a clear line between good and evil. Although some actions seem to be right at first, the result is bad. On the other hand, some appear to be wrong in the beginning, but the result is great. The only thing that we can believe in is our own conscience.

In the book *Les Misérables*, I understand many sufferings in the society that I did not know, and I also know that there are still many disadvantaged people in our society that need our care and help. The true meaning of "love" is revealed in the story. It can be found from the actions of the main character Jean Valjean. I felt the kindness of Jean Valjean when he not only rescued Fantine but also promised to raise Fantine's daughter, Cosette. True love is the act of giving without the expectation of something in return.

The Tales From Arabian Nights

班 級：國中部 三年德班

姓 名：鄧佩芸

Summary of the Reading

A long time ago, there was a great king. Everything changed after he found out that his wife loved another man. The king was very angry with his wife. He killed his wife, but he couldn't forget her. To forget his wife, he married many beautiful young women, but always had their heads cut off in the morning. He thought that he must kill them before they stopped loving him. However, his new wife, Sheherazade, wanted to stop the king from killing any young girls. For a thousand and one nights, Sheherazade told the king her stories. She told one wonderful story after another. Every morning she stopped in the middle of a new story. Every morning the king sent his executioner away. He had to hear the rest of the story, and then the next one, and then the one after that. One day he forgot to tell the executioner to come back again. As a result, no more lovely young girls died.

Reflection on the Reading

Among the stories Sheherazade told, there were happy and sad ones. Perhaps, the girl wanted to use these stories to arouse the king's conscience. The author created a cruel king and a brave girl with many interesting stories, but I think that although the king is cruel, the queen did betray him. He was not born a bad man. He just couldn't handle his emotions properly. The queen's falling in love with others caused his inner fear. He may be eager to be loved, and the girl helped him conquer his fear, letting him know that life was fantastic. He was not alone in the world and he was saved.

Nowadays, a lot of murderers, just like the king, can't control their emotions. To attract others' attention, they do something wrong. They don't have enough love and no one care about them. Perhaps, they just need a friend or a person who can make them feel warm and loved. When friends do something wrong, we should give them support and help them get out of trouble.

The Call of the Wild

班 級：國中部 三年德班

姓 名：王小洋

Summary of the Reading

Buck was a huge four-year-old half-Saint Bernard and half-Scottish shepherd dog. It lived with Judge Miller in California. They had a happy time. However, gold was then discovered in the Klondike region of Canada. Therefore, large dogs became valuable because they could haul heavy sleds through the snowfields. Sadly, Buck was kidnapped by a servant and was sold to the northern traders. After days of traveling by train and boat, Buck learned to obey and follow the laws of the new world. It also learned how to dig a hole in the snow, how to survive hunger and pains, and how to rely on its animal instincts for survival.

Buck was constantly fighting against another powerful dog, Spitz, the leader dog of his sled team. After several fights with Spitz, Buck won the fight and became the leader. Under Buck's leadership, the team won the admiration of their masters, François and Perrault. Buck's life next change in life happened when being sold to three adventurers who didn't even know how to lead the team through the snow. Buck refused to go with the three adventurers, and they started to beat him. Thornton saw that and cut the rope that tied Buck. Thornton became Buck's new master, and Buck was devoted to him. One time, Buck returned to the camp and saw that everyone, including John Thornton, was killed by the Yeehat Indians. Fearlessly, Buck attacked the Indians and killed several people. It returned to the wilderness to be the leader of the wolves.

Reflection on the Reading

Buck, like a person, was strong when facing difficulties. To survive, it had to fight. Once he lost, he would be expelled from the group. It's almost the same in the human society. Different people have different personalities. For example, the servant lost all of his salary because of gambling. Then, he sold Buck for ill-gotten wealth, due to greed. People always abuse animals for their selfishness.

Huskies treated work as a holy task. Pulling the sled was their pride. They were hard-working. I learned the sense of responsibility from Eskimo dogs. The interaction between Buck and its master John Thornton made me realize the preciousness of friendship.

When Buck came back to the camp, a tragedy happened - Thornton died. After killing the Yeehats, Buck returned to the forest. Adversities can only make one stronger instead of destroying one. Moreover, the value of life is not mutual killing, but mutual help and love. As long as we find the value of life and realize its meaning, it is a happy thing.

A Christmas Carol

班 級：國中部 三年德班

姓 名：陳羽貞

Summary of the Reading

Scrooge was an old miser. The day before Christmas, Scrooge was working in his office. Bob was Scrooge's poor office clerk. Scrooge's nephew came to invite Scrooge to participate in their Christmas dinner, but he didn't answer his nephew. Scrooge gave Bob a day off to stay at home with his family on Christmas, and Bob also promised to work early the day after Christmas to make up for it. That night, Scrooge heard knocking on his door. When Scrooge was about to open the door, the knocker turned into Marley, his dead business partner.

He noticed that Marley's ghost was bound by heavy iron chains, padlocks and cash boxes. Marley told Scrooge it wasn't a dream. Because he spent many selfish years doing business, he forgot that as a person, there were more important things than making money. Marley asked Scrooge to take his advice. Scrooge still had a chance of escaping his fate. Then, Marley told Scrooge that three spirits would come.

Suddenly, the Ghost of Christmas Past appeared. Scrooge flew to a classroom with the spirit, and they saw little Scrooge reading in a corner. Scrooge recalled that he had spent many years of Christmas there with only his books for company.

The spirit took Scrooge forward. The scene now changed before Scrooge's eyes. Scrooge saw himself raising his glass to Mr. Fezziwig, who was his boss before. He told the spirit that Fezziwig was the best boss because he always made work fun. A new scene flickered into view. Scrooge's girlfriend was weeping, handing a ring to him. Because Scrooge only thought about money, he became greedy and cold. The spirit turned away. Scrooge returned to his bedroom alone, and he sobbed himself to sleep.

The ghost of Christmas Present came. The spirit took Scrooge to Bob's kitchen and told Scrooge that Tiny Tim would die before Christmas next year, unless the family's financial situation could be improved. The ghost of Christmas Yet to Come came, stretched out a skull arm, and pointed at the door. Scrooge obeyed, and entered the living room of Bob's house. When Bob returned home from Tiny Tim's grave, his children came to hug and kiss him. Bob told everyone that they couldn't forget Tiny Tim's kindness. The spirit led Scrooge to a headstone of the churchyard, Scrooge saw his name on it. Scrooge trembled, and he begged the spirit to tell him that everything could be changed, and he promised that he would honor Christmas with all his heart and try to keep its spirit every day.

Scrooge was glad that he was alive when he woke up, the next day morning. It was Christmas, and Scrooge decided to accept his nephew's invite for Christmas dinner.

Scrooge told Bob that he would raise his salary. It took him a while to convince Bob that he really wished to help him. An hour later, Tiny Tim rested comfortably on Scrooge's knee. As Scrooge left, he yelled, "Merry Christmas" back into the house, and then went to his nephew's house.

Reflection on the Reading

By reading the main character's experience of his different stages in life, and the conversation between Scrooge and the ghost Marley, I learned that I should seize every opportunity to do good things, so we won't be regretful, like Marley. Although Scrooge was mean to others, he should have treated Marley well. If he did, Marley wouldn't have come to warn Scrooge on the night before Christmas. As the saying goes, "The good will be rewarded with good while evil with evil."

The Ghost of Christmas Past made Scrooge see that he became greedy and cold. Even though he was rich, he lost his lover. The greedier a person is, the more they lose. The ghost of Christmas Present took Scrooge to Bob's house, and it made Scrooge know how many people became unfortunate because of someone like him. Because many bosses are bitter and mean just like him, so the children of many employees in the society aren't full or warm. Fortunately, the story has a happy ending. After Scrooge woke up, he started his new life, and no one suffered misfortunes because of him.

Whenever your friends make a mistake, we should let them know and help them cope with the problem bravely. When we get advice, we should correct our mistakes, like Scrooge, and avoid the misfortunes. Let's be the spirits of each other and learn from Scrooge. The society will be better.

The Strange Case of Doctor Jekyll and Mr. Hyde

班 級:高中部 一年勤班

姓 名:鄭宇桐

Summary of the Reading

Mr. Hyde was a small, weird, and ugly-looking man. He horribly stomped on a girl and then murdered a well-known and well-respected man. Mr. Utterson, a lawyer, recognized Mr. Hyde as the person that Dr. Jekyll wanted to give his heritage to. Mr. Utterson was confused at why his old and respectful friend, Dr. Jekyll, would want to give his heritage to such a horrible human being. However, Mr. Jekyll did not clarify that fact, and Mr. Hyde disappeared after causing big trouble.

After Mr. Hyde vanished from guilt, Dr. Jekyll seemed happy and content. Nevertheless, he unexpectedly rejected all visits, including Mr. Utterson's. At the same time, Mr. Utterson found that Dr. Lanyon got serious illness and said that he would never recover because of Dr. Jekyll. It was strange that the three people just had dinner not long before.

Mr. Utterson was confused again, and decided to write a letter to ask Dr. Jekyll what happened to Dr. Lanyon. He only blamed himself that he had made an irreversible mistake, and he said that he would leave himself alone for the rest of his life. A week later, Mr. Utterson heard about Dr. Lanyon's death, and his will would not be opened until the death or disappearance of Dr. Jekyll.

After Dr. Jekyll started to lock himself in his office, his servant came to ask Mr. Utterson for help because Dr. Jekyll had acted oddly for a week, and the last time he saw Dr. Jekyll acting just like Mr. Hyde. To find out whether Dr. Jekyll was murdered or not, Mr. Utterson stormed into his office. Mr. Hyde's dead body, some chemicals, a note, and a document were found.

In the end, the mystery was answered in Dr. Lanyon's will and Dr. Jekyll's document. Actually, Dr. Jekyll and Mr. Hyde came from the same body. The differences between the two characters were not only their appearances but also their souls. Dr. Jekyll represented a respectable and dignified gentleman, and Mr. Hyde represented an unpleasant and evil man. Once Dr. Lanyon witnessed the change in his appearance, he was shocked and never got up from his bed. However, as time went by, Dr. Jekyll gradually lost control of the chemical's effect. Every day he woke up with the appearance of Mr. Hyde and he eventually committed suicide.

Reflection on the Reading

There were two parts of the story that impressed me a lot. One was the suspicious part, and the other one was the atmosphere. I found myself immersed in the story, and I kept reading it without taking a break. It was a splendid tale that I enjoyed.

The author arranged some intricate plots and kept me attracted to the story. The first example was that Dr. Jekyll wanted to give his heritage to Mr. Hyde, but they were not related to each other. Second, Mr. Hyde owned the key to Dr. Jekyll's house, and he always got into the house from the back door. Third, Mr. Hyde's handwriting was similar to Dr. Jekyll's. Taking a broad view of these strange facts, I speculated that Dr. Jekyll and Mr. Hyde were the same person, but I was only half-right. Dr. Jekyll changed himself to Mr. Hyde by a chemical experiment, not by dressing himself up.

At the end of the story, the author revealed all the answers. The reason that Dr. Jekyll committed to making drugs to change into another person was because of his desire. In my opinion, everyone is like Dr. Jekyll. Everyone has two or even more sides of himself or herself. Take me as an example. At school, I am a hard-working student and try to get everything well done. Some people around me have high expectations for me. However, as a normal person, I like to be lazy just as other people do. I often want to get rid of all those expectations and have a fresh life.

After reading this book, I found out something meaningful behind the story. Though some people have their evil sides, they should not endanger humans. In the story, Dr. Jekyll mistakenly controlled Mr. Hyde's actions, which resulted in hurting other people, and that even led him to a life of seclusion. Therefore, I learned that being realistic is important, and being considerate is also an indispensable trait.

The Strange Case of Doctor Jekyll and Mr. Hyde is really a fantastic story. My mood changes as the story goes. I really enjoy reading it.

The Fourteenth Goldfish

班 級:高中部 一年忠班

姓 名:鄭凱薰

Summary of the Reading

Ellie was an eleven-year-old girl. Ellie's parents divorced, but they were still friends. Her mother was a high school drama teacher, and her father was an actor. One day, something unusual happened - she found her goldfish, Goldie, floating upside down in its fish bowl. That really gave her a big shock. Ellie's mom told her it was the thirteenth Goldie. Another amazing thing happened to her grandpa who was a scientist that liked to eat Chinese food. One time, when he was doing something exciting by sorting out the mechanism, he succeeded. Raj was one of their friends. Ellie, Melvin, and Raj went on many adventures and experiments together. They not only had fun together, but also learned life lesson. Back to the title, "The Fourteenth Goldfish," it was actually referring to Ellie's grandfather.

Reflection on the Reading

I was attracted by this book's front cover at first. There was a goldfish in a test tube. I thought this novel was suitable for English-learning beginners to read. The story was about the process of growth. The ending was sad, like Ellie's thirteenth goldfish. Her grandma died, her older best friend Brianna and her grandfather also left. On the other hand, the beginning was exciting. Two new friends, Raj and Momo, entered Ellie's life. I learned that changing is OK. Having new friends is also OK. We should move forwards, not backwards. This is the cycle of life. How we should face problems is an important lesson in our life.

"Average people just give up at the obstacles we face every day. Scientists fail again and again. But we don't give up, because we want to solve the puzzle." Ellie's grandfather said. Even though we might not be scientists, we can learn from them. Don't easily give up, and the most important thing is to believe in yourself. Have faith in yourself. We should cherish everything we have. I was impressed by this sentence, "Life is precious and we don't realize that at the time. But maybe life's also precious because it doesn't last forever."

A Midsummer Night's Dream

班 級：高中部 一年勤班

姓 名：侯馨恬

Summary of The Reading

Hermia, a sweet Athen girl who fell in love with Lysander, was forced to marry Demetrius, so Hermia and Lysander decided to elope into the woods. However, Helena, Hermia's friend who fell deeply in love with Lysander, told Demetrius about Hermia and Lysander's elopement, and caused the four people to go into the woods and get lost. Meanwhile, Titania, the queen of the fairies, was having a quarrel with Oberon, the king of the fairies, due to a page boy. King Oberon then asked Puck the fairy to get the juice of the flower "Love-in-idleness" for him to trick Queen Titania into falling madly in love with the creature she saw while awakening, but Puck also played this trick on Hermia, Lysander, Demetrius and Helena. In the woods, a group of fairies and craftsmen rehearsed a play for Theseus and Hippolyta's wedding. This is a magical story which showed the different aspects of love.

Reflection on The Reading

In this story, Shakespeare created a world of fantasy. The characters seem to keep shuttling back and forth between dreams and reality. Just like our life, no one can ever tell what will happen next. And sometimes, things are too unbelievable. People would feel like performing in a show. Sometimes things are so unreal that people doubt if they are just a dream. It is certain that people should be firm about their beliefs and overcome all the obstacles to reach their goals.

I was shocked that Hermia was threatened either to die or never to marry when she refused to marry Demetrius. In some parts of the ancient world, women are considered affiliated to men. For example, Demetrius, Egeus, and Hermia's father didn't care about Hermia's will and claimed their "rights" to her. What's worse, Demetrius seemed to be attracted by only Hermia's appearance, and he betrayed his pledge with Helena. Their love story could be described as "absurd". On the other hand, maybe "absurdity" is really one of the traits of love because love itself does not have an expiration date, but sometimes it could end up with unpleasant feelings.

I like what Helena said about love - "Love looks not with the eyes, but with the mind." Because I cared about my appearance so much, I had always considered myself heavy and ugly, which always made me unhappy and lack confidence. But I realized that there are some people who are willing to accompany me or even love me, no matter what I look like. Nevertheless, it's still impossible to ignore the voice, whispering "I'm not good enough," from myself and others, from the past and the present, but I do know that I shouldn't push the people who really care about me away. Craving for beauty is a natural human instinct. However, a person's talents, thoughts, mind, personalities... are the true colors that are hidden under the skin.

Charlotte's Web

班 級:高中部 一年忠班

姓 名:徐穰芸

Summary of The Reading

One spring, something happened at a farm in Maine. A sow in the farm gave birth to a litter of pigs. The farm host John Arable found a piglet which was different from the others. He was small and weak, so John wanted to kill him. The news reached Jon's daughter, Fern. She begged her father to keep him alive. Later, John gave the piglet to Fern, and she named him Wilbur.

When Wilbur gradually grew up and became an adult pig, he had to be taken to the Zuckerman's farm. Although Fern tried to accompany Wilbur, he still felt lonely. In fact, he would become a dish on the dining table on Christmas night. When Wilbur knew this, he felt sad and often cried. He wanted to make friends with the other animals in the farm, but no one cared about him. One day, a spider called Charlotte appeared and said she could be his friend.

Then, Charlotte decided to help Wilbur not to be cooked on Christmas night. Suddenly, a good idea came to Charlotte's mind. She used her web to praise Wilbur. After that, the web was seen as a miracle, and soon, everyone rushed to see the famous pig at the farm. Also, Wilbur got a chance to participate in a competition. Fortunately, he won a prize.

Wilbur was immersing himself in happiness, but on the other hand, Charlotte's life was getting shorter. Heartbroken, Wilbur decided to do the last thing he could for Charlotte. He insisted upon taking Charlotte's egg sac back to the farm to make sure it could hatch safely. Wilbur didn't feel lonely anymore, because there were a lot of "LITTLE Charlottes" to accompany him.

Reflection on The Reading

At first, the host wanted to kill the piglet. I think that the existence of every creature is equally meaningful. Everyone is a special individual. Be kind to nature, animals and plants. Have you ever heard of the phrase "sustainable development"? The whole world needs to work together to reach it. We need to do some things to make Earth's life longer and longer. For example, we can recycle things. The second thing I learned from the book is friendship. When we encounter difficulties, friends are your helpers for sure. So, whether in our schools or workplaces, friends are very important. Contentment is an important lesson for everyone. Without contentment, we will become greedy. When we are satisfied, our life will be happier. A Chinese ancient, Tao Yuanming, said, "You can't bow to the salary of five bushels of rice." To many people, happiness is derived from contentment.

A friend is a person who helps you but never asks for anything in return. I believe that people will treat you the way you treated them. If you treat everybody fairly, he/she will treat you likewise. They accompany and support you without any purposes. Some friends may not accompany you forever. They may be passers-by in our life. A true friend can stay by our side much longer. The third thing I learned is that praising is very powerful. According to a study, if a person lacks confidence, praising him every day can make him become more confident. Finally, believe that miracles exist!

The Pied Piper of Hamelin

班 級：高中部 一年勤班

姓 名：黃泓瑜

Summary of The Reading

Once upon a time, there was a village called Hamelin. One day, dozens of rats appeared in the villagers' houses. The people were all scared of these rats. Therefore, the Mayor called out to anyone who could fix the problem. A few days later, a strange-looking man with a pipe came to Hamelin and accepted the mission. The Mayor was glad and said he would get a thousand guilders if he succeeded. The piper played an odd tune with his pied pipe, and every rat walked into the river and drowned. The people thanked him very much, but the Mayor broke his promise because he didn't want to give him money. The pied piper was angry and wanted to teach the people a lesson. He took out his pipe and played another strange tune. This time, every child was mesmerized and followed the piper into a cave. Then, the piper shut it with a stone. The parents and the Mayor were worried about their children and begged the piper to save them. The piper played a beautiful tune, and the stone door opened. Everyone was happy, and the Mayor gave the piper the money he had promised.

Reflection on The Reading

This is a story which can be called a fable. Writers create fables to teach people one or more lessons. After reading this story, I think the lesson that the writer wants to tell his readers is to keep their words. Many people always promise others to do something but didn't practice it in the end. People will view them as irresponsible people and never trust them again. There will be terrible consequences.

Most people have this kind of experience, including me. When I was little, I thought I was the most brilliant person in my class just because I could learn things faster than others. I could do things that my classmates couldn't. Some classmates asked me to make a craft for them. I knew that I couldn't do it, but I still made a promise, due to my self-esteem. However, I couldn't make the craft and I lost their trust. They have never talked to me since then.

In this case, what can I do to gain their trust once again? First, I have to measure my ability and value the mission. In the story, the Mayor, without considering carefully, promised to give the piper a thousand guilders if he got rid of the rats for the villagers. Second, never break a commitment. The Mayor didn't keep his word and refused to give the piper money. The piper felt disappointed in the Mayor, so he took revenge in order to teach not only the Mayor but also the readers a lesson about the importance of keeping a promise.

The Old Man and the Sea

班 級：高中部 一年勤班

姓 名：張鈞皓

Summary of the Reading

The main character of this story is an old man who is good at fishing. He hasn't caught any fish since 84 days ago. Therefore, he was regarded as a symbol of misfortune, and his apprentices were not allowed to catch fish with him. In such a serious situation, the old man decided to venture to fish in a dangerous place. After a fierce battle, he caught a marlin, a big species of fish. But the marlin's blood attracted a school of sharks. The old man failed again. In the end, the old man returned to his home and dreamed of his past. And the other people were surprised by the skeleton of the huge fish.

Reflection on the Reading

The old man didn't give up although people didn't think he could make it. He didn't catch any fish for many days, but he kept fishing to reach his goal and complete his dream. He believed that more effort would bring more harvest. I do agree with the old man. Great success always comes from hard work. No pain, no gain. A person like that is worth respecting.

In addition, the old man had enough courage to overcome many difficulties. When he fought with the marlin, the old man was full of confidence. He wasn't sure if he could win this battle. He saw the marlin's weakness and attacked it. The big fish struggled for two days. When he fought with sharks, he wasn't afraid. He took out his weapons and hurt them badly. He lost his fish, but he also killed some sharks. And he was still alive.

I think the old man succeeded in the end. He's the winner in this story. Although he lost the fish, he won the others' praise and respect. A man can be destroyed but not defeated.

The Shining

班 級：高中部 一年勤班

姓 名：陳彥廷

Summary of the Reading

Mrs. Torrance's husband, Jack, had a child named Danny, who was a weird boy with another personality in his body and could do magic. For instance, his second personality informed Danny what might be dangerous and saved his life. Danny knew about the existence of his other personality and named him "Tony", and named the magic that Tony performed "the shining". Jack was a writer and desperately wanted this job, to live in a luxurious hotel and meanwhile, have a lot of free time for his writing. However, this hotel had a horrible history. It was said that the last one who took this job murdered his family and chopped them into pieces. After that, he committed suicide and left the hotel filled with a creepy atmosphere. Jack claimed that he wouldn't make the same mistake, though he once broke Danny's arm in anger. Before arriving, "Tony" shouted and warned Danny not to go to that cursed hotel, and showed weakness as soon as they were inside. At first, they enjoyed everything in the hotel and had a great time playing in the snow. But the hotel was actually a living being and had a strange connection with "Tony" in Danny's body. This tempted Danny to open room 237, which could release all the evil spirits that were once locked there by another magic carrier.

Since then, Danny had experienced horrible things, like being chased by an old lady who had a rotten body and was naked. Then, he also saw the spirits, but the spirits were trying to convince him to kill his family by speaking in his ears or letting him see illusions, telling him that his wife and son deserved to die. Mrs. Torrance saw his writing by accident, since she was not allowed to disrupt Jack's work. On the paper it wrote, "all work and no play makes Jack a dull boy" pages by pages, and the same line was written again and again in the whole book. Suddenly, Jack came out from nowhere and swung an ax to try to kill her. After a long time of escaping from Jack, Mrs. Torrance successfully ran away with Danny. And Jack was left there and died in the hotel.

Reflection on the Reading

This is a horror book and a movie is based on this book. The movie is said to be the greatest horror movie of all time. Recently, there's a movie called, "Doctor Sleep". It is the sequel of the "The Shining" in the 80s'. I watched the sequel and thought it was fantastic, though the sequel is completely a different story. "The Shining" makes people feel creepy every moment and everything seems so dangerous, as if something is going to pop out and kill the hero. But in general, there's not too many parts that will freak you out. Unlike other movies nowadays, it gives people the desire to watch it again and think deeply about the clues inside.

Jack was actually the hero of the story. The most appealing part was how Jack transformed into a villain. All the horrible things he went through and the mental breakdown made this story a masterpiece. People enjoy watching the movie. All in all, it is a fantastic story and I highly recommend that you read it.

The Little Prince

班 級：高中部 一年忠班

姓 名：劉諺昀

Summary of the Reading

The story started with a pilot whose airplane crashed. He met the little prince, who came from an unknown planet, and they began a trip. On the trip, they met the owner of another country - a lonely king who had power, a man who had vanity, a drunkard who had strange logic, a businessman who was unrealistic, a lamplighter who always stayed in one place, and a geographer who never went anywhere. Lastly, he went to a place that people were self-centered. He finally learned the truth, “It is only with the heart that one can see rightly; what is essential is invisible to the eyes.” The little prince knew the rose on his planet was unique. After a long trip, he started to miss his planet. In the end, he went back to his planet.

Reflection on the Reading

“All grown-ups were once children-- although few of them remember it.” This sentence tells us that we all have a little prince in our hearts. When we grow up, we define ourselves by others’ opinions. We forget that we always revealed our true opinions in our childhood. The world makes us value the physical objects but neglect the voice in our hearts. We find ourselves unhappy, and we keep forgetting pure happiness, so we should keep this sentence in mind.

The little prince is a boy who is childlike and innocent. Childlike innocence is a trait we could easily lose when we start growing up. Almost everyone has a dream, such as being a doctor, a nurse, a writer or a pilot. The more things we take into consideration, the more difficult it is for us to realize our dreams and potential. I want to remind myself, “it is only with the heart that one can see rightly; what is essential is invisible to the eyes.” It’s important to see others and feel happy. Sometimes we need to slow down and feel how wonderful the world is.

Inkheart

班 級：高中部 一年忠班

姓 名：蔡雯竺

Summary of the Reading

Meggie's father Mo could read things out from books. One night while he was reading the book *Inkheart*, three of the main characters from the book, Capricorn, Basta, and Dustfinger, came out of the book and into their house, but his wife, Teresa, and their two cats disappeared and never came back.

To protect his daughter, Meggie, Mo went into hiding because Capricorn asked him to protect the treasure and his followers from the book. After a few years, Dustfinger, a character who wished to go back to the book, came to find Mo and told him that Capricorn found them and tried to capture them, but along the way, they found out that Dustfinger lied because Capricorn promised him he would let him return to the magic world. At last, Mo found out the truth.

Reflection on the Reading

When you read this book, you are inspired by the words that can easily take you into the magical world that the writer created. The writer has a silver tongue because the words that she used really brought me into the thrilling adventures, and sometimes the border between reality and fantasy is blurring. Not only the magical words but also the stories about the characters interest me a lot.

Dustfinger was a poor guy who desired to go back home. At first, I thought he was a man who always lied because he lied to Mo and Meggie for many times. Surprisingly, I found out that he did those things only because he desired to go back home. Actually, Dustfinger was not truly evil. He helped Meggie and Mo avoid danger. Before he did the bad things, he struggled with his conscience. People may think he was evil. In my opinion, he was just a poor guy who lost himself when facing difficult choices. I learned that we have to think twice before we talk. Also, another character, Elinor, always said mean words and put herself in danger. When we talk to others, we have to be careful about what we say; otherwise, we might hurt others.

I suggest everyone to read this book because it really brings you to the magical world. I derive great pleasure from reading this book.

Fahrenheit 451

班 級：高中部 一年忠班

姓 名：蔡仲寧

Summary of the Reading

Guy Montag, the main character in the novel, is a “fireman”. People call him “fireman” because in that world, firemen start fire instead of putting them off. Their job is to burn books hidden anywhere. In that society, books are banned. Most people's lives are like machines, they don't think or expect anything. For instance, Montag's wife spends all her time on a wall-sized screen and hardly cares about her husband. However, Montag's life changes when he meets his 17-year-old neighbor. She loves the world around her and that makes Montag unsatisfied. To understand more about the books, Montag asks Professor Faber for help. Later, Montag is called to a house that belongs to the professor! The fact that Montag reads books and gets into contact with Professor Faber is revealed. That makes Montag flee. In the end, Montag runs to woods and meets a group of intellectuals. Montag joins them, and he believes that as long as a new era starts, his knowledge can help the world.

Reflection on the Reading

"The furthest distance in the world is not between life and death. It is you totally ignore me while you are using your phone."

I think what really is terrible isn't burning books, but people becoming isolated from each other. People are becoming more and more indifferent due to the improvement of technology. Friends don't talk to each other when they sit together, and even family members no longer interact with one another. In this way, we won't be able to have a good relationship with other people, and in the end, humans will be ruled by technology.

We often complain that studying is tiring, but have you ever wondered what it would be like if there weren't any books in the world? Usually, only in our years of being a student can we understand the pleasure and importance of reading. I always remind myself how lucky I am to be growing up in this era. Even though I am constantly pressurized to study, I still like to read. We have to cherish this opportunity and think about what we can learn from books. Reading good books can broaden our horizons.

Overall, in this generation, we have advanced technology and a convenient life. However, we have to use them wisely, or we are more likely to be controlled by technology.

The Kite Runner

班 級：高中部 一年忠班

姓 名：顏希純

Summary of the Reading

Amir was a little boy in Afghanistan. When Amir was born, his mother died of dystocia. Therefore, he could rely on only his father. To make his father happy, he joined a kite-flying contest with his servant and good friend, Hassan. Because Hassan was a servant, he could not read and was usually bullied by his neighbors. Thus, Amir always rescued him, and they became good friends. However, on the day of kite contest, Amir focused on the contest so much that he did not spend much time with Hassan. On the same day, Hassan was bullied again. This time, Amir did not come to rescue him, which damaged their friendship. After the Soviet Union invaded Afghanistan, Amir grew up and immigrated to the USA with his family. He was successful and became a businessman. After many years, Amir was still feeling sorry for not helping Hassan in time. In the end, Amir tried his best to make up for his mistakes, and they became good friends again.

Reflection on the Reading

Although Amir was Hassan's little master, Amir regarded him as his good friend. He treated him like his brother. To catch his father's eye, Amir did his best to win the kite contest. In the meantime, he didn't give his good friend, Hassan, a helping hand. The feeling of guilt haunted him for many years until he made it up. People say that time is the best healer and can lessen our feelings of guilt. However, it is not quite true because the feeling of guilt will not disappear until things are right.

The Omega Files

班 級：高中部 一年忠班

姓 名：許芳溶

Summary of the Reading

The Omega files are some very secret files. There are strange, surprising, and sometimes horrible stories in these files, but not many people know about them. You never read about them in the newspapers. The main characters, Hawker and Jude, knew all about the Omega Files because they worked for the EDI (the European Department of Intelligence in Brussels). There are three different thrilling stories in this book. One is about a big European drug company taking young people off the streets and using them for tests; another, which happened in Loch Ness, is about a scary monster created by an army's laboratory, and it was out of control. The last one is about a spaceship which landed on an active volcano on the island while the volcano was going to erupt. Hawker and Jude learned some very strange things. They went all over the world, asking difficult questions in dangerous places. However, it was difficult for them to find out the truth.

Reflection on the Reading

It is an interesting book. I really wish it was a long series or a novel. Each of its files is special. Some are exciting, others are mysterious, and the rest could make you feel commiserative, especially OMEGA FILE 349. In the story, a homeless boy, Johnny, wanted to sell the stories to a newspaper publishing company. He said that the drug company was taking young people off the streets and using them for tests, since they were unwanted by this society. Therefore, the drug company took advantage of them to make a lot of money, and the government also got a lot of money from the company by imposing taxes. Nobody cared about the homeless young people sleeping on the streets. How terrible it was!

Finally, the young boy fell into the river and died. Hawker and Jude thought it was not an accident. They wanted to find out the truth but it was impossible because a dead person cannot tell them anything. For the sake of making more money, people would rather lose their conscience than resist the temptation of craving for money. Aesop said, "Treat other people as you hope they will treat you". Nowadays, we may have a lot of chances to make choices. No matter what you choose, don't forget to put yourself in others' shoes.

Pride and Prejudice

班 級： 高中部 一年忠班

姓 名： 饒欣倚

Summary of the Reading

The Bennets had five daughters, Jane, Elizabeth, Mary, Kitty and Lydia. Different from her sisters, Elizabeth is clever; therefore, she gets the most love from her father. And their foolish mother's only hope is to have her five daughters married into wealthy families. Affable Mr. Bingley and arrogant Mr. Darcy both have large fortunes and can turn the Bennet family's life upside down.

The Bennets first meet Mr. Bingley and Mr. Darcy at the Meryton ball, because of Mr. Darcy's conservative attitude and his refusal to dance, the community thinks that Darcy is proud and disagreeable. What's more, he snubbed Elizabeth; therefore, Elizabeth starts to avert Mr. Darcy. After spending some time with Elizabeth, Mr. Darcy starts to admire her. Darcy visits Elizabeth while she is alone and confesses that he wants to marry her, but Elizabeth rudely refuses him. Mr. Darcy leaves a letter to Elizabeth and claims the misunderstanding between them.

After that, Elizabeth visits Mr. Darcy's manor and realizes that he had an affable personality. She starts to have feelings for him. Then, Mr. Darcy helps the Bennets with many things. For example, he brings Mr. Bingley back to Longbourn, so he can get engaged to Jane. He also helps to cover the elopement scandal of Lydia and Wickham. After that, Elizabeth finally opens her heart and reveals that her feelings have changed and that she would be happy to marry him. Then, they get married and live happily ever after.

Reflection on the Reading

I admire the female leading character - Elizabeth. She is intelligent, clever and she won't be affected by external factors. She has an ignorant mother who wants her daughters to marry into wealthy families, and her four sisters only have pretty faces but nothing in their brains. Though she is under unfavorable circumstances, she still chooses her own way to live. Elizabeth is bold, brave and doesn't care about other people's perspectives. She is just being herself.

One part in the story impressed me a lot. When knowing that her older sister, Jane, is sick at Mr. Bingley's house, Elizabeth does not hesitate to go through the mud after the heavy rain to see her. When she gets there, her beautiful dress is covered with

mud. From her actions, you can see how much Elizabeth cares about her family. Elizabeth also has a good relationship with her knowledgeable father, which indicates her difference among her sisters. She shows that a person's character is much more important than his or her appearance.

Another example also shows Mr. Bennet's love for her. Elizabeth's mother forces her to marry her cousin - Collins. If she refuses to, she'll never talk to her again. On the other hand, Elizabeth's father tells Elizabeth that if she really agrees, he will never talk to her anymore. In spite of the fact that he may be acting against his wife's expectations, Mr. Bennet used his own way to protect his favorite daughter. I personally like Mr. Darcy a lot. Being rich and distant, many people think that he is arrogant; however, deep down, he is a warm-hearted man who secretly helps Elizabeth and the Bennets a lot. Mr. Darcy's pride and Elizabeth's prejudices are revealed in the story. These are common mistakes that people often make; therefore, we need to be careful about how we treat people in our daily lives. Otherwise, we might end up misunderstanding each other and losing our friendship, which is not worth it.

The Catcher in the Rye

班 級：高中部 二年忠班

姓 名：李妍菽

Summary of the Reading

The title of the book comes from a conversation between the main character Holden Caulfield and his sister Phoebe: “Anyway, I keep picturing all these little kids playing some game in this big field of rye and all. Thousands of little kids, and nobody's around - nobody big, I mean - except me. And I'm standing on the edge of some crazy cliff. What I have to do, I have to catch everybody if they start to go over the cliff - I mean if they're running and they don't look where they're going, I have to come out from somewhere and catch them. That's all I do all day. I'd just be the catcher in the rye and all. I know it's crazy, but that's the only thing I'd really like to be.” The *Catcher in the Rye* was published in 1951, and it was J. D. Salinger's first and only novel. This controversial literary work bluntly revealed the secrets, feelings, and experiences of a 17-year-old teenager in New York City. The youth's confusion, fear, and loneliness as an adult brought him into a struggle between the past and the present, fearing the future. Holden Caulfield described his experience and feelings of wandering in New York City for nearly two days and nights after being expelled from school, trying to escape the fake adult world.

Reflection on the Reading

Holden Caulfield wants to be the catcher in the rye, guarding every innocent soul from falling, but we all know that he is the child who is the most afraid of falling. We are still young, and we live in a fast-changing world. As we step into the adult world, we begin to make choices on our own.

Some people see themselves as the catchers, and they have to rely on themselves without the protection of their parents. Sometimes they are lost in self-contradictions, which is serious. Teenagers often feel that they are no longer children but adults, so they can decide their own future. They feel that their parents do not care about them. If these problems can't be solved, they will feel trapped and do something harmful. To avoid the such tragedies, teenagers should be mature and not rely on others.

When I was a child, I had a great time in the wheat field. The memories of my childhood were filled with happiness. My parents always took good care of me, and I didn't have to worry about being hurt. After growing up, without the protection of my parents, I come to realize not only the bright side of life but also the dark side of the society. To be the “catcher”, I will encourage myself to confront obstacles.

The Minds of Billy Milligan

班 級： 高中部 二年忠班

姓 名： 李妍萱

Summary of the Reading

Billy Milligan was arrested for rapping, robbing and kidnapping, but he claimed that he didn't remember if he had committed the above crimes. With the help of his lawyer, many psychiatrists found out that he actually had multiple personalities and suffered from personality transformation, memory loss, and confusion with time. After knowing his illness, he started undergoing professional treatment. However, the thousands of exaggerating reports and the power of opinions of the public were like the roaring waves in the sea. The hurtful words of others made him devalue himself. From this book, we can gain an insight into the problems patients with multiple personalities have.

Reflection on the Reading

When we get along with others, it is normal for us to act differently, depending on which groups of people we encounter. But to the patients who have multiple personalities, it is a different story. To them, there are many different souls living in one body, but they are not the same person. Life only means continuously switching their personality, losing time, and waking up in a strange environment. Then, they fall asleep deeply. The gaze of others is like a sharp knife, constantly stabbing them. They can't escape from a place or situation, which is like falling into a dark hole. What they can hear is only the screaming from themselves.

"I'm not a psycho. I still have the strength of a character," Billy said. His request was very simple, and what he asked for was the basic dignity of a human. Though he was ill, he still was an ordinary person. The media believed that they spoke up for justice. In fact, they were the people who pushed those vulnerable groups into depression and death.

I want to become a lawyer or a nurse to tell Billy that he doesn't have to be scared, and doesn't have to negate himself. We are all standing behind him and we are willing to be his wings. We won't let unfair things happen to him. I wish that I have a magic wand to take Billy away from those unfair treatments. It is essential to respect people's differences.

Anne of Green Gables

班 級：高中部 二年勤班

姓 名：陳姿蓉

Summary of the Reading

Marilla and Matthew were unmarried siblings who lived in Avonlea in a house named Green Gables. Unable to finish the farm work by themselves, they decided to adopt a boy so that he could assist them. Much far from their expectations, the orphanage delivered a girl to Matthew instead of a boy by mistake. Her name was Anne. Unlike ordinary girls, she was talkative and optimistic, and had unique red hair. After a long period of consideration, the two of them made the decision to let her stay with them. Unaware of social manners, Anne often did something wrong accidentally. Fortunately, she gradually became aware of how to be a gentle lady, thanks to Marilla's teaching. Encouraged by Marilla, Matthew, and her best friend, she no longer stayed in the farm but at school. Because of her surprising talent in learning, she soon got a scholarship for college. However, after knowing about the heart attack that caused Matthew's death and learning about Marilla's declining eyesight, Anne gave up her scholarship and taught in a school near her house in order to take care of Marilla. Although she lost the opportunity to see the outside world, she continued to look on the bright side and enjoy her life to the fullest.

Reflection on the Reading

After reading this book, peace, love, purity and happiness filled my heart. In this silent town, everyone's kindness and warmth touched me, especially Anne's. Her curiosity and imagination about the world changed my thoughts. Her positive thinking always turned terrible affairs into wonderful life experiences.

It occurred to me that life is not so complicated. What makes it complex is our incorrect attitude. As long as we face it in the right way, we can make a difference.

In addition, the way Anne studied impressed me. Her hard work and perseverance are some traits that I don't have. Inspired by her behavior, I will alter my slothful attitude and set a daily schedule to effectively manage my time. As the old saying goes, "All things are easy that are done willingly." Nothing is impossible if we strive for it.

Jane Eyre

班 級：高中部 二年勤班

姓 名：陳凱莉

Summary of the Reading

The protagonist of this book, Jane Eyre, is an orphan who had been abused by her aunt when she was a child. Her parents died early in her childhood, so she lived with her mean aunt. She did not get warmth in her family. When she was sent to a school, Lowood, she had a close friend, Helen. However, Helen died soon, and though Jane was sorrowful about losing her friend, she relied on her strong will to complete her studies and become a teacher. She left Lowood in pursuit of her desired freedom. Then, she was hired by Thornfield Hall and fell in love with the male host.

Reflection on the Reading

Jane Eyre describes the first love of an abused orphan who has grown into a tough woman. Jane didn't have an attractive appearance. However, she had a noble heart. She pursued true love without being affected by others' negative comments. She was her own master.

At the age of ten, she was sent to a school and lived a very demanding life. However, she was educated by a kind teacher and developed her strong and brave personality there. She transformed from an ignorant young girl into a knowledgeable and elegant teacher. Jane Eyre had a close friend, Helen, whose attitude about life was quite different from Jane Eyre's. Even so, they were as close as sisters.

"Life is too short for me to be used for resentment." "When your destiny makes you to endure and you can't bear it, you are weak and stupid." From those inspiring words, I realize that I have to bravely face my difficulties. Never try to escape from life. Instead, I try my best to find out the crux of my problem, step by step. No matter how long it takes, I will succeed in the end.

Jane Eyre is such a sincere person. She has never been discouraged by her life. No matter how God tests her, she is very patient. She is also a veritable practitioner, because in a new environment, she never shrinks back, but instead, moves onwards to create a new life of her own. Her self-love and self-esteem also urges her to live a more positive life.

Demian: The Story of Emil Sinclair's Youth

班 級：高中部 二年勤班

姓 名：王乙因

Summary of the Reading

Emil Sinclair was a teenager raised in a middle-class family that was loving and warm. One day, an inadvertent lie was uncovered. Since then, Sinclair had been psychologically tortured by a bully named Franz Kromer. Not until Max Demian came to his rescue did he finally extricate from his miserable nightmare. This approach became Emil's first step towards the path of realizing his inner voice and destiny. As he struggled between the two worlds: the world of illusion and the real world, the world of spiritual truth, he occasionally felt lost and helpless. Fortunately, a few mentors were there to enlighten the confused boy. By following the wise elderly people, Sinclair was able to look deep inside himself for spiritual guidance. Accompanied and encouraged by his mysterious classmate and friend, Max Demian, he eventually realized his true self and was no longer afraid of being himself.

Reflection on the Reading

Demian was undoubtedly a man searching for redemption. As I finished reading the book, it became my redemption as well. It broadened my horizons, changed my way of regarding ethical norms, and most importantly, convinced me of the significance of believing in myself and fulfilling my dreams that I once thought were impossible to achieve. Just as the author mentioned, "I have been and still am a seeker, but I have ceased to question stars and books; I have begun to listen to the teachings my blood whispers to me." We are all aiming for the better, going after higher scores, cozier houses, and more respected jobs. However, none of the above is our real dream, and they're not what the voice deep inside us longs for every day. We are all masters of our own independent life, and should be responsible for the choices we make. Nonetheless, we might encounter obstacles once in a while. Just like Sinclair, we might feel hopeless, as if a boat sailing on an endless sea without a precise destination. Luckily, fortunate ones have someone or something to guide them, to be their mentors, and so do I. "Demian" turned out to be my redemption, my mentor, and my guide. I learned to be courageous and be the person my heart believes in, even when the society is forcing me to surrender. After all, "An enlightened man had but one duty - to seek the way to himself, to reach inner certainty, to grope his way forward, no matter where it led."

The Catcher in the Rye

班 級：高中部 二年忠班

姓 名：沈芳鈺

Summary of the Reading

A sixteen-year-old boy, Holden Caulfield, was expelled from school. Trying to escape from the hypocrisy of the adult world and find the feeling of truth, he wandered around in New York by himself. During the time, he experienced the corrupt world of adults. Because he missed his younger sister, Phoebe, Holden went back home secretly. Phoebe was his best friend and the only one who could understand him. He told her that all he wanted to do was to catch everybody who went over the cliff and be the catcher in the rye.

Reflection on the Reading

At the beginning of the book, I thought that Holden was a bad boy. All the things he did made me feel like he was a troublemaker, such as smoking, drinking, or saying swear words. But as the story progressed, I found out that he did those things just because he hated the world of hypocrisy and sinisterness. I didn't know the meaning of "the catcher in the rye" until the end. The children ran on the rye above the cliff. Under the cliff was the dangerous society, and the rye represented the innocence of the young. The catcher's job was to catch them before they fell down, protecting them from the dangerous society.

Everyone can be the catcher, parent or teacher. Even the police can be our catchers. These catchers help us grow without being harmed. After reading the book, I realized that a good way of communication between parents and children is necessary; otherwise, children may be led astray.

Thirteen Reasons Why

班 級：高中部 二年忠班

姓 名：翁 羽

Summary of the Reading

A shy high school student, Clay Jensen, found an anonymous package in front of his door. Inside the package was a box with thirteen tapes that were recorded by Hannah Baker. She was Clay's classmate and unfortunately, committed suicide. However, no one really paid a lot of attention to her. Some even thought she deserved it because Hannah was a "bitch" in their eyes.

Each recorded tape explained how much damage they had done to Hannah and led to her death. She first listed her first kiss. It should have been a sweet relationship. Nevertheless, this became the beginning of her nightmare. Some rumors said she had sex with every boy. At that time, a sense of despair filled her veins. Afterwards, Hannah was listed in "the most beautiful asses," and the hurtful words spread at school. As a result, the crowd began to show solicitude for her ass instead of her personality. Two ridiculous gossips had something to do with sexual assaults on Hannah.

Due to her distrust of anyone, she was afraid to turn to someone for help. The gradual accumulation of loss and sorrow made she suffer a lot. But things changed after she met Clay. Although Clay and Hannah fell in love with each other, the sense of inferiority caused Hannah to push Clay away. She mentioned two ex-friends, the peeper, the liar, the bastard who took advantage of her, the hater, and so on. These people thought their actions were harmless, but they were absolutely wrong. Every tiny thing people do will have an unimaginable impact on others.

Reflection on the Reading

"Did you notice the scars you left behind? No. Probably not. That wasn't possible. Because most of them can't be seen with the naked eyes."

I believe that many of them realized that the few words they said or the things they did injured Hannah deeply, after receiving the tape. To be honest, most of their doings were not extremely wicked, but just like the butterfly effect, everything is intertwined, slowly accumulated, and finally results in irreversible results. Therefore, we must be cautious and do our best to avoid causing harm, because our words might cause indelible harm to others. And, many injuries can't be healed by time.

The Danish Girl

班 級：高中部 二年忠班

姓 名：張祐翔

Summary of the Reading

I was deeply inspired by the story of Danish painter Einar Wegener and his California-born wife. They both made a living as painters. Einar was good at painting landscapes, and his wife Greta painted portraits. One day, her portrait model didn't show up, so she asked her husband if he would slip into a pair of women's shoes and stockings for a few moments, so she could finish the painting on time. Einar agreed. Since then, everything has changed.

Reflection on the Reading

After reading this novel, I had mixed feelings. Nowadays, the transsexual, homosexual or transgender are often labeled as unwelcome and sick people. They are always treated unfairly.

Take fashion designer Jason Wu for example. In his childhood, he was different from the other boys. He liked to play with dolls and enjoyed sewing pretty clothes for the dolls on his own. Because of this, his classmates always made fun of him. But at that time, his brother just said to the others, "Let him be himself. What's wrong with that? There is nothing wrong!" With encouragement from his family, he decided to study abroad and became a famous fashion designer.

Everyone has different characteristics and different ideas. With our friends and family's supports, we can be brave. It is important for us to treat everyone equally. The transsexual, homosexual or transgender are no exception. They are human beings. They deserve human rights. Why are they being treated differently? If everyone can accept and respect them, the world will be more fantastic because of mutual trust and respect.

The Catcher In The Rye

班 級：高中部 二年忠班

姓 名：林品妤

Summary of the Reading

Holden Caulfield, a sixteen-year-old boy, had been expelled from his school which was named Pencey, because of his poor grades. After having a fight with Ward Stradlater, his roommate, Holden decided to leave Pencey earlier. That night, Holden checked into the Edmont Hotel. He spent the whole evening dancing with three women he met in the hotel's bar. After that, Holden had a prostitute named Sunny visit his room. However, he just didn't want to do it; he asked Sunny if they could just have a chat and he would still pay her. Next morning, Holden called Sally Hayes, a familiar date, to watch a show with him. After the show finished, they went ice skating and had a meal together. During the meal, Holden asked Sally if she wanted to run away with him, but Sally refused. Holden got mad and said something that insulted Sally and ended their date. That night, Holden spent a lot of time in the bar drinking and became very drunk. Then, he went home to see his sister Phoebe. When Phoebe asked him what he wanted to be, he answered that he wanted to be the "catcher in the rye" to save children from losing their innocence. The next day, Holden wrote a note to Phoebe, saying that he wanted to head west and said goodbye to her. However, Phoebe wanted to go with him, so Holden changed his mind quickly, which made Phoebe mad and didn't want to go back to school. The story ended as Holden took Phoebe to the zoo and watched her play the carousel happily.

Reflection on the Reading

At first, I thought that Holden was a rebellious teenager. However, as the story progressed, I found out that when Holden tried to do something bad, he would be hesitant and ambivalent about anything he did or refused to face any consequences. In the book, there is a sentence that is carved into my mind and I will never forget it: "The mark of an immature man is that he wants to die nobly for a cause, while the mark of a mature man is that he wants to live humbly for one." This was written by a psychoanalyst named Wilhelm Stekel. I used to think sacrificing oneself for something is cool, but now, the sentence changed my thought completely. It occurred to me that we should face reality and any consequences of anything we have done.

Like other teenagers, Holden got lost in his life and he thought everything was "phony" and boring. He wanted to protect other children from losing their innocence. He was also furious about seeing swear words written on the wall of his sister's school, but he always said swear words while conversing with others. I was once like Holden. I didn't want to grow up and become an adult, but it is impossible. We will all grow up one day. After reading this book, I think that everyone has his/her own rye, which means his/her dreams. Everyone also wants to be the catcher in the rye, but sometimes life is not that easy. However, life has infinite possibilities, and I believe I'll find my rye one day and live humbly for it.

The Secret Garden

班 級：高中部 二年勤班

姓 名：陳映蓁

Summary of the Reading

Mary Lennox was a sick, spoiled and self-centered 10-year-old girl who was born in a wealthy family. After her parents were killed by cholera, she began to live with her uncle, Archibald Craven, whom she had never met. Archibald's beloved wife died 10 years earlier, and he never recovered from her death. A good servant Martha Sowerby, tried to help Mary. She told Mary that there was a secret garden that belonged to her late aunt. After she died, Archibald locked the garden and buried the key. Mary was curious about the garden, and she decided to find it. Her temper got better after she explored the outside world. She made friends with a gruff old gardener and a red robin, who helped her discover the key to the garden. One day, she found Colin, Archibald's son. Everyone expected him to die at an early age because of his health problems. Every servant had to listen to him, so he became spoiled and bossy. He and Mary later became friends, and Mary took Colin out to spend some time in the secret garden. She helped him stand up on his own and learn how to walk. When Colin's father returned from abroad, he went to the garden and found Colin standing on his feet. The father and son were reunited and looked forward to a brighter life.

Reflection on the Reading

A person's will is more important than anything. Positive thinking is like sunshine, while negative thinking is like poison. Take Mary and Colin for example. At first, Mary's thoughts were always extreme and stubborn. She didn't like anyone, and everyone didn't like her, either. Unexpectedly, she discovered many interesting things, kind people, and cute animals such as the robin, the enthusiastic servant Martha, the old and odd gardener Ben, the beautiful spring and the secret garden. All of these wonders appeared in Mary's world, and she had no time to think about bad things. She started to become happier and more beautiful.

At the beginning, Colin was just like Mary. He always thought, "I am going to die." And he didn't want to go out to breathe fresh air. Colin often got angry and cried. His negative thinking made his health condition get worse. Fortunately, Colin encountered Mary. His thoughts changed. Some brand new and wonderful thoughts replaced the original bad ones. The energy of life immediately returned to Colin's body and he became stronger.

Open the door and find your own secret garden, breathe some fresh air, meet your friends, and don't let unhappy and negative thoughts enter your mind. You will find that the world is full of happiness and warmth. In the end, you will have a good and new view of everything and have a beautiful life.

The Secret Garden

班 級：高中部 二年勤班

姓 名：陳琳薇

Summary of the Reading

Mary was born in a rich family and had lived with her family since her childhood, but she was not happy. Mary was arrogant and she did not even know how to put on her clothes. One day, her parents died due to cholera. Later, she moved into her uncle's home, where she had never visited before, and began a new life there. She began to make some friends and open her heart. She not only got rid of her bad temper but also became cheerful. One day, Mary accidentally heard about a secret garden in the house, which had been her dead aunt's favorite garden. However, her aunt died in the garden, and her uncle then buried the key to the garden under the ground, so no one could find it. Surprisingly, Mary found the key to the secret garden, which spiced her life up with wonderful colors. At the same time, she found her uncle's son, Colin, who was lonely. Colin's condition was very similar to Mary's. Both of them thought that they didn't get enough care from their parents and often felt like being confined. In such an environment, Colin felt very lonely. Mary and her friends tried hard to guide Colin out of the shadows and bring warmth to change Collin.

Reflection on the Reading

In the course of the story, Mary was an arrogant girl with a really bad temper, she took everything she owned for granted. However, her life spiced up because of the secret garden. In the secret garden, she found her true self and also made friends. Because they had similar life experiences, Mary helped Colin find the answer to life and cheer him up. Indeed, we saw Mary as Colin's teacher who led him out of loneliness. It is because Mary once had the same experience and she also learned a lesson from it. Timely assistance made a huge difference for Colin, who faced the difficulties he encountered. Perhaps, this is a true portrayal of life.

Joker

班 級：高中部 二年勤班

姓 名：范紫芸

Summary of the Reading

The story is about a man named Arthur Fleck who wanted to be a stand-up comedian. He lived along with his mother, Penny, in Gotham City. The city was rife with crime and unemployment, leaving its citizens impoverished. Arthur Fleck had a mental disease which caused him to laugh sometimes, and he couldn't control it. His co-workers didn't like him because of his weird actions. His boss fired him without listening to his reason. His job was the only thing he could do to support his family. On the way home on the subway at night, three bastards who worked in a famous company harassed a woman. When Arthur saw this, he started to laugh, and those bastards attacked him. He shot them and escaped. However, no one knew who shot them because Arthur was wearing a clown costume and clown makeup. After that, he found out that his father was the boss of that famous company. He tried to meet him. Arthur then visited Arkham State Hospital and stole Penny's case file. The file said that Penny adopted Arthur as a baby and allowed her abusive boyfriend to harm them both. In the abyss of despair, Arthur became a crazy joker with resentment. Then, he went to his favorite stand-up-comedian's show and killed his previous co-worker.

Reflection on the Reading

"Is it just me, or is it getting crazier out there?" Arthur said at the beginning of the story. The setting of the story was between the late 1970s and early 1980s in America. There was chaos in the city because of unemployment and crimes. Was Arthur born in the wrong world and that made him crazy? The economy of the USA made a few people rich, and the rich got richer while the poor poorer. People had no way out but to keep working in hope of not making life that hard. Penny called Arthur "Happy" and always asked him to bring laughter and joy to her. In the plot, the more Arthur laughed, the harder it was for him to find the way to true happiness. Unsurprisingly, it is in human nature to not reveal one's true feelings in order to avoid some embarrassment. When people get older, they could hide their true feelings better. They pretend to be nice guys. Also, they always tell good news instead of bad ones while seeing friends, co-workers, bosses, or family. In Arthur's diary, he wrote, "I hope my death makes more cents than my life." Can we imagine how those people who have mental illness feel when they say such words? Maybe people expect others to behave the certain ways as they wish them to be.

What's more, those rich people in the book regarded the poor as little boys when they were faced with difficulties. They just sat and waited there. Is it fair? In my opinion, it's wrong. Why are we different from other animals? God made us to love, share, and have the most important thing "sympathy". We can't only care about ourselves. The story impresses me a lot and reminds me to take good care of those who have mental problems.

Rewind

班 級：高中部 二年勤班

姓 名：游柏成

Summary of the Reading

The main character of the book is Peter. In the beginning, he heard a mysterious voice at his funeral. It told Peter that he had a chance to go back to any moment before his death and alter the event. He attempted to save himself by stopping the car that killed him. However, a different car hit him instead. Luckily, he was given another chance. He tried again by trying to impress his parents, preventing the quarrel that made him leave. Unfortunately, he died once again, this time by a truck. Peter was then given one last chance. With his knowledge of the future, he went back four weeks earlier and started to be nice to his parents. Ultimately, his parents started to like Peter, who was actually their adopted child, and finally liked the puppet show Peter prepared. He lived a happy life ever after.

Reflection on the Reading

Rewind is a science fiction novel written by William Sleator. Peter came back to life after dying in a car accident. However, a voice told him he had the opportunity to fix the previous mistakes and avoid having regrets. Ultimately, he realized the real cause of these events that took place in life, and then resolved to repair his life by cultivating his personal relationships. This novel conveys some important messages about the connection among empathy, kindness and life outcomes. If people try to change their minds to be positive, it is highly possible that people will eliminate their sufferings in the end. We shouldn't complain about our background or how unlucky we are. Instead, we should observe the details around us and change them wisely, just like Peter. When he changed his behavior and mind, he became healthier. The development of empathy for his parents was also an important part of his success. Everybody can determine his/her life and have a better life.

The Examined Life – How We Lose and Find Ourselves

班 級：高中部 二年勤班

姓 名：黃煜晏

Summary of the Reading

The author works as a psychoanalyst who helps people to make a change. The theme of this book is changing. Not only changing but also losing is mentioned because changing and losing are closely connected. It is hard for people to change without losing anything. Moreover, it shows many appealing stories, which are based on true stories.

Reflection on the Reading

“I want to change, but not if it means changing” What an inspirational sentence it is! Most people want to change; on the other hand, they don’t want to lose anything. Regardless of this, what comes after changing is losing. This book teaches me not only to embrace losing, but also to accept the fact that changing is worth losing to some extent.

The most amazing story was about a man named Tomas who suffered from Tourette’s syndrome, pre-schizophrenic disorder, high functioning autism and Asperger’s syndrome when he was just a kid. Everyone had high expectations for him and thought that he could control his actions. Instead, he couldn’t. At first, the author had high expectations for Tomas, just like others. Tomas flew into a rage after the meeting, and the author felt guilty about his actions. After the session, he talked with Dr. S, a person who had been practicing children’s and adults’ psychoanalysis for over fifty years. The author put himself in Tomas shoes and got to understand his predicament, little by little, which really impressed me a lot and also touched the deepest part of my heart.

The author changed without a sign, and Tomas changed simultaneously. The change of both the author and the patient came to a great and touching ending, which I considered was not a totally perfect story but an inspiring one. Leo Tolstoy once said, “Everyone thinks of changing the world, but no one thinks of changing himself.” On the contrary, the author and Tomas changed not only themselves but also each other. This was quite an amazing improvement for them and a warming and surprising story for the readers.

The Wizard of Oz

班 級： 高中部 二年勤班

姓 名： 陳苡軒

Summary of the Reading

A long time ago, there was a little girl named Dorothy who lived with her aunt and her uncle on a farm in Kansas. One day, a tornado suddenly whisked Dorothy and her beloved puppy Toto to the dwarf country. The local dwarves were very happy, but in order to return to her hometown, she decided to go to Emerald city to find the wizard of Oz to help her. On her way, she made friends with Scarecrow, Tin Woodsman and Cowardly Lion, who all had their own wishes. Dorothy told them that the wizard in Emerald city would fulfill their wishes, and invited them to come with her.

They had an unusual adventure and finally arrived at Emerald city to seek the wizard, but the wizard wanted them to kill the Witch of the West before promising to grant their wishes. They overcame many obstacles to complete the task, and Dorothy accidentally used a bucket of water to kill the Witch of the West. When they went back to Emerald city, they found out that the wizard was not a real wizard. He was from Kansas. He cheated Dorothy and her friends and wanted to leave Emerald city by himself. He then succeeded in flying alone in a hot air balloon. After that, Dorothy and her friends went to a good witch for help. The witch told Dorothy her silver shoes were actually a pair of magical shoes which could take her to any place. She successfully returned home and reunited with her family.

Reflection on the Reading

Last summer vacation, I got a chance to read this book, which was adapted into a movie. There is a group of singers named "Pentatonix", who used pop music to tell Dorothy's story, and that motivated me to read this book.

Dorothy was a very brave little girl. She and her friends supported each other to overcome all difficulties. I was touched by their valuable friendship. Friends can cheer for you when you succeed. Friends can be there and give you a hand when you fail. Moreover, I learned Dorothy's spirit - never give up. Dorothy always encouraged her friends to stand up and face everything when they encountered problems. I learned a lot of things from this book. It is worth reading again and again.

Black City

班 級：高中部 二年勤班

姓 名：徐瑋成

Summary of the Reading

In a chaotic world after the great war between humankind and the darklings, great walls were established to divide the different creatures. The main character, Ash, was a half-darkling half-human who sold drugs to those yearning for love. However, everything changed as his heart beat for the very first time, when he saw the daughter of the city's mayor. Thus, their adventure of discovering the truth behind the war began.

Reflection on the Reading

In the story, the so-called “darklings” were sentenced to live in poor conditions after losing a war a few years ago. Sickness, crimes, selling drugs were their ways of living. The main character, Ash, started off as a drug seller, but later ditched his horrible lifestyle and changed into a man of justice. If someone who had done such bad deeds in the past could embrace the future and make a change, there would be no reason for me not to improve and strive to be better. Also, in the story, policies were made to separate the darklings alone with harsh treatments. However, such broken rules and restrictions didn't stop the killing. Instead, it incited hatred and tension between the creatures. The story reminded me much of the black people before the late 20th century, when racism and differences were amplified and used as a tool for injustice. In my opinion, everyone deserves to be treated the same. Regardless of race or gender, everyone is born equal. Setting up barriers is by no means the way to achieve peace.

優良作品集

指導老師

陳玟君老師

Eva's

Ta Hwa High School

Ta Hwa High School

Ta Hwa High School

Ta Hwa High School

Of Mice and Men

班 級：高中部 二年忠班

姓 名：吳采容

Summary of Reading

The book mainly describes the deep friendship between George and Lenny, and how the two take care of each other in their lives. At the same time, they work hard to buy a piece of land. For them, having their own home is their lifelong dream. However, Lenny's stupidity often leads to big mistakes again and again, and George has to deal with the consequences. One time, Lenny made another unintentional mistake, and it became the turning point of their friendship. Finally, the final gunshot in the story not only ended Lenny's life but also symbolized the corruption of their dreams.

Reflection on the Reading

I had never understood why this book was called "Of Mice and Men". After reading it, I thought for a long time before thinking of a phrase spoken by Robert Burns, "The best laid schemes o' mice an' men Gang aft a-gley [often go awry] An'lea'e us nought but grief an'pain, For promised joy. " That's life! An amazing part of " Of Mice and Men" is that the author, Steinbeck, described the typical and suffocating "truth of humanity" in a few simple sentences. That is the true meaning of friendship.

George and Lenny had been good friends since their childhood. When they grew up, they lived together. They took care of each other and cared for each other. When one of them encountered difficulties, they would overcome them together. Although they were friends, the truth was that they were more like a family. This is a genuine friendship. How precious it is! Nowadays, true friendship is invaluable, especially in the fast-paced society. How many people can help each other like them?

If the true meaning of friendship is nothing but profit, there will be no warmth between people, and no one will lend a helping hand when others are in trouble. Also, what they can really get is only a fake smile which makes people feel even lonelier. Again, true friendship is based on your friends who really care about you and will help you without hesitation when you are in trouble.

The Monkey's Paw

班 級：高中部 二年勤班

姓 名：胡立武

Summary of the Reading

Old Mr. White, his wife, and his son Herbert were a happy family, but everything changed because of a monkey's paw. A monkey's paw was brought into the White family by Tom Morris, who was a soldier that had served in India. The paw had magic because it could grant three people three wishes; however, these three wishes did not bring them happiness. Tom Morris was the second owner, and the first owner was dead after he made his last wish.

Tom Morris told the White family the story about the paw and how he had made wishes with it as well. Nonetheless, the two wishes he had made neither achieved his goal nor brought him happiness. Nonetheless, he warned Mr. White to never think of making wishes with this paw. However, all the family members didn't want to listen to Tom's warning. Instead, they begged Tom to give them the paw. After getting the monkey's paw, they made their first wish immediately. Then, nothing happened. Thus, the whole family thought the story about the monkey's paw was not true.

The next morning, Herbert went to work as usual. In the afternoon, a stranger stood in front of Mr. White's house. The stranger was from Maw and Meggins, which was the factory that Herbert worked in. The stranger told Mr. and Mrs. White that their son had died in an accident at the factory, so the factory would give them thirty thousand pounds as compensation for Herbert's death. After hearing this, Mr. and Mrs. White felt choked and regretful about making the wish with that paw. Because Mrs. White couldn't live without Herbert, she made the second wish to bring their son back from the grave. Before long, there was a noise at the front door, and Mrs. White rushed to answer the door. Before she opened the door, Mr. White made the third wish, and when Mrs. White opened the door, she saw nothing but a dark and quiet street.

Reflection on the Reading

I think this story tells us two main points. First, we never overlook our true happiness because of our greed for money. At the beginning of the story, it was cold, dark and rainy outside; however, in the LITTLE living room of number 12 Castle Road, it was nice and warm. OLD Mr. White and his YOUNG son, Herbert, played chess and OLD Mrs. White sat and watched them happily. When Herbert was born, the couple were nearly forty. Thus, Herbert was a son they had waited for a long time. They loved one another very much and were really happy to be together. What a cozy family it was! Even though they didn't have much money, they still enjoyed their life to the fullest. However, everything changed after Mr. White's friend, Tom Morris, showed them his monkey's paw. Regardless of Tom's warning, the whole family still used the monkey's paw to wish for 30 thousand pounds to pay off their mortgage. Therefore, Mr. and Mrs. White paid for their mortgage by their son's life. Second, this story also tells us to consider thoroughly before we make decisions because a lot of things are irreversible, especially when it comes to a person's life. After reading this story, I learned that there are no shortcuts to real success. I will seize every opportunity to fulfill my dream.

指導老師

晏其方老師

Cindy's

Little Women

班 級：國中部 一年德班

姓 名：王之佑

Summary of the Reading

This is a story about the four sisters in the March family. Their father left the house because of the American Civil War, so Mrs. March took the burden of supporting the whole family. The four sisters had very different personalities, but after experiencing many events and tests of life, the four sisters, under the guidance of their mother's love, exerted their talents and became mature “little women”.

Reflection on the Reading

“Little Women” is a novel written by an American writer, Louisa May Alcott. The book mainly describes the four sisters of the March family. They are: beautiful and vain Meg, honest and bold Jo, sweet and shy Beth, and beautiful troublemaker Amy. Although they all have their strengths and weaknesses, they all have a kind heart. The girls in the March family are poor; however, they are positive and independent. My favorite character is Jo, because she is independent and cheerful, just like a boy. She breaks away from the stereotype of feudal times for women. Although there isn't much description of Mrs. March in this book, this mother is a great and successful one. She is always able to sit down and talk with her daughters calmly and talk about their happiness and unhappiness. She listens carefully to the minds of her daughters, sharing happiness and sadness with them. The powerful love in the March family, the kindness of the four sisters, and the desire for affection deeply move me. After reading this book, I understand that family will always give you strength and a warm heaven.

Harry Potter and the Chamber of Secrets

班 級：國中部 一年德班
姓 名：田宏寬

Summary of the Reading

It was a terrible summer vacation. Harry didn't receive any letters from his friends at all, and the House-elf in Malfoy's family suddenly appeared in front of him to warn him not to go to school! It also stole all the letters Harry's friends had written to him, so that Harry would not receive them. Such a strange thing made Harry confused. After the school term began, a series of incidents happened. Some people were petrified at school, and the attacks never stopped. The whole school panicked. Then, the words, "THE CHAMBER OF SECRETS HAS BEEN OPENED. ENEMIES OF THE HEIR, BEWARE." were found on a wall. What kind of warning was this? Who wrote that? The courageous and curious Harry, Ron, and Hermione, of course, had to solve this mystery together and let the truth surface. They knew that the only person who could open the chamber of secrets was the heir of Slytherin. At first, people thought it was Harry because he possessed the traits that Slytherin had. Later, they found out that the attacks were caused by a monster released by the heir of Slytherin in order to remove the mortal students (Muggles) from the school. Not long after, Ron's sister Ginny disappeared! Hermione was also petrified! However, Hermione left a useful clue: Basilisk. Harry and Ron used this clue to find the entrance to the chamber of secrets, and Harry's ability to speak Parselmouth helped him open the chamber of secrets and fight against his final enemy, Voldemort's memory of when he was a student ~Tom Riddle. They also found out that Riddle was using his diary to control Ginny and make her release the Basilisk to attack the Muggles. In the end, they successfully defeated the Basilisk, and Harry destroyed Tom's diary. Of course, they also saved Ginny and Hermione, and ended this terrifying semester.

Reflection on the Reading

Harry is a brave, kind, noble and humble student. He is also a person with a sense of justice, even though sometimes he is unavoidably impulsive and irritable. More than that, he deals with things calmly and intelligently, even in a crisis. Most of his traits are fully demonstrated in this incident. In addition, students are supposed to follow school rules. However, Harry, Ron, and Hermione violated more than 100 school rules to prevent Muggles from being attacked and to investigate the truth. Therefore, many rules are constantly revised and adjusted, which is what I admire the most.

The entire book is compact and streamlined, making me feel as if I am immersed in the scenes, excited and nervous. It is a fantasy novel that I would highly recommend to others.

British Life

班 級：國中部 一年德班

姓 名：陳頌喬

Summary of the Reading

Britain is not an easy nation to understand. To the visitors, British life is very strange. This book introduces the ordinary life of British people. Many things are changing in Britain, and one of them is family life. Business is also changing fast. Therefore, the book describes the family life and businesses in Britain as well. This is a book about real people and real life in Britain today.

Reflection on the Reading

This is a very useful book to me, because I am very interested in all aspects of Britain. After reading this book, I think I know Britain better and I can prove that it fits my impression of Britain. Each chapter in the book is detailed. The author even mentions some questions in some chapters like “The Royal Family” and “The British and Sport.” Besides, some chapters like “A Change of Heart” and “The Call Centre” are presented in comics so that I can easily understand what it wants to express. Furthermore, the words in this book are not difficult to understand at all. People with a low level of English, like me, can easily read this book. It is really a good choice for those who want to learn more about Britain.

Ring of Bright Water

班 級：國中部 一年德班

姓 名：邱于恩

Summary of the Reading

The main characters of the story are Mij, a cute otter in a pet shop, and its owner. First, the owner Graham realized that nobody in London had any otters as pets, so he took Mij to a crumbling hut on the Scottish coast. Then, they explore the wonderful and magnificent ecological wonders there. Of course, there is Graham's love story as well. When Mij was having fun in the cold water, Graham found out that he had fallen in love with a beautiful doctor, Marley, and soon the three became inseparable friends.

Reflection on the Reading

After reading the story, I learned a lot. For example, I saw the intimate relationship between the otter and its owner, which reminded me of my cats. They always keep me company. Whenever I look at their cute faces, all the troubles and worries seem to disappear instantly. I think the protagonist, the owner of the pet shop, is also very loving, because he was willing to raise an otter. Many Asians always think that they can earn money from the cute animals by extracting their blood, fat, etc. So they will be captured in large quantities and be sold at high prices. If this continues, otters are likely to become extinct. I chose this story because I really love small animals and I am grateful to those who spend time with animals instead of taking them for granted.

優

良

作

品

集

Alice in Wonderland

班 級：國中部 一年德班

姓 名：方弈樂

Summary of the Reading

Once upon a time, there was a girl named Alice who loved to daydream. One day, she saw a rabbit jumping into a tree hole. So, Alice jumped into the tree hole, too. After she jumped into the hole, she began her adventure. In the end of the story, Alice woke up from her dream and she found out that all the things that had happened to her were not real.

Reflection on the Reading

My favorite character is Alice because she is kind to everyone. Besides, I think Alice is a brave girl. She was not afraid of the things she had never met. In the story, there was a rabbit who always helped Alice when she encountered challenges. There is a bad character in the story, the red queen. She loved to play games and loved to win. But in the end, Alice won the game. This story tells us not to be afraid of anything, even when we are in danger. We need to calm down and think of what we can do instead of doing nothing. There are still some other characters in the story. All characters are different. Although this story is short, there are some meanings in it. All in all, it is a cute story!

Ta Hwa High School

Ta Hwa High School

Grandpa's Great Escape

班 級：國中部 一年德班

姓 名：王凱同

Summary of the Reading

The story begins with Jack's grandpa, who has lost his mind and still thinks he is a pilot in World War II. So, the Bunting family decides to send grandpa to Twilight Tower, a place for old people. However, only Jack understands that his beloved grandpa doesn't want to live in a place like that. One night, Jack sneaks into Twilight Tower and tries to help his grandpa to escape. But all the old people that live inside want to escape. Therefore, Jack and his grandpa have to trick the guards while the others leave. By the end of the story, grandpa and Jack somehow escape Twilight Tower. In the end, grandpa leaves the family to achieve his dream of being a pilot, but he is never seen again.

Reflection on the Reading

The last part of the book really touches me. It tells about Jack's grandpa stealing a spitfire to finish his dream. However, he doesn't know that Jack had disguised himself to follow him secretly. Since stealing a spitfire is illegal, a lot of policemen surround his grandpa and Jack to arrest them. In the middle of the air chase, Jack is terrified, so he finally tells his grandpa the truth. "I'm your grandson!" Jack yells. Suddenly, grandpa realizes that they were cosplaying. "I can't let you get hurt. Bail out now!" Grandpa screams back. Before Jack jumps, he cries out, "I don't want to lose you. You're my best grandpa!" However, after landing, he cannot find his grandpa. He is gone forever.

I almost cried when his grandpa forced him to jump out, and Jack had to jump out sadly. Still, the book has other interesting parts, such as the escape, finding grandpa, and going to the museum. All of these parts are fun and exciting. This book really impresses me a lot.

優

良

作

品

集

The Knight at Dawn

班 級： 國中部 一年德班

姓 名： 林守一

Summary of the Reading

The story is about two little kids, who found a story book about knights. When they read the word “knight” in the book out loud, a real knight appeared. After that, they entered the world of the story book and found the answers of the questions in the book. Finally, they came back to the real world safely.

Reflection on the Reading

The book “The Knight at Dawn” is a really good. I am marveled at all the wonders that the writer created. It is also a very cool book. I believe the writer herself must have had the same dream like us. I would like to share this book with my friends. I want them to feel the same things that I felt. I think they will be really joyful after reading this book. All in all, “The Knight at Dawn” is really a good book! If I have time, I would like to read it again and share it with more people.

Ta Hwa High School
Ta Hwa High School
Ta Hwa High School

Ta Hwa High School

The Sheep-Pig

班 級： 國中部 一年德班

姓 名： 倪珮瑤

Summary of the Reading

Babe was a little pig without a mother. He came to live on farmer Hogget's farm. Babe was a clever, polite little pig, and all the animals on the farm liked him. One day Babe helped his boss, farmer Hogget, and he learned to talk to the sheep! So, Farmer Hogget made a plan to take Babe to the British Sheepdog Trials. In the end, Babe won one hundred points in the British Sheepdog Trials.

Reflection on the Reading

Before I read this book, I had never read any books in English. Because I thought it was very difficult, I never tried it. But after reading this book, I found out that sometimes an English book is more interesting than a Chinese book. When I finished reading an English book, I became very happy. Besides, this book taught me a lot of things, and at the same time, left me with a lot of questions. Why did the pig go to the British Sheepdog Trials without anyone noticing? How did he win the game? That is very strange! All in all, this book is full of fun things. Therefore, maybe I'll read more English books in the future. I think reading English books will improve my English, so I really want to read more English books now.

優

良

作

品

集

Dragon Heart

班 級： 國中部 一年德班

姓 名： 徐志衡

Summary of the Reading

A young prince named Eion was wounded in a battle. In order to keep him alive, he got half of a heart from Draco, a dragon. Eion was as cruel as his father. He treated his people badly and tried to kill them. However, Bowen, a mentor and friend of Eion's, didn't know that. He expected Eion to be a good king in the future. Naturally, Bowen blamed Eion's tyranny for the dragon's half heart. Bowen then became a dragon slayer and killed lots of dragons until he met the great Dragon, Draco. They fought each other from day to night. They were so tired. The great dragon didn't want to kill Bowen. The great dragon told Bowen that Eion was born to be cruel just like his father. He sacrificed himself to help Bowen to kill the cruel prince Eion. In the end, Bowen killed Draco the dragon and Eion. He finally became the king and led the kingdom into a country of justice.

Reflection on the Reading

Sometimes we think of people with unfriendly faces as bad guys, but it's not fair. In the book, we thought the great dragon was bad, but it was kind and it saved the prince. I admire Bowen's bravery and persistence, and learned not to judge a book by its cover.

Ta Hwa High School

Ta Hwa High School

Ta Hwa High School

Frankenstein

班 級：國中部 一年德班

姓 名：陳慶宇

Summary of the Reading

Victor Frankenstein was a crazy scientist. He succeeded in reviving a dead person to a monster. In the beginning, the monster was nice but ugly. Everyone was afraid of him. Some even hit him. That was the reason he became evil. He knew Frankenstein by reading his journal, and then he started to take revenge on him. He found Frankenstein and killed his family. In the end, the monster and Frankenstein died together.

Reflection on the Reading

This is a horror story. I think Frankenstein was a very crazy and smart person. Besides, he was not a good father because he didn't take care of and teach the monster well, so the monster lost control in the end. It wasn't entirely the monster's fault. If we humans had been nice to him, he wouldn't have become so evil and could have been nice to others. After reading this story, I learned that we can not judge a book by its cover.

A Christmas Carol

班 級：國中部 一年德班

姓 名：黃柏榮

Summary of the Reading

This is a story about Scrooge, a man who doesn't like Christmas. Everyone in the town knows that he doesn't believe in Christmas. He thinks Christmas is a scam. But three ghosts from the past, the present, and the future comes to him and makes him realize the meaning of Christmas. Finally, he becomes a good man who went to his employee's house to help him, and celebrated Christmas with his nephew.

Reflection on the Reading

This is an inspiring story. At the beginning, I didn't like Scrooge at all because he was so stingy. He didn't want to spend any money on coal for heating, even though it was freezing cold. In the middle of the story, fortunately, the three ghosts bring Scrooge to his past, his present, and his future to see his life. In the end, he became a happy man, who would even like to celebrate Christmas every year with his relatives. Now, I think Scrooge is a good man. He is no more the previous Scrooge. To me, Christmas was a festival that I could get a lot of gifts, and that our school would hold many activities. However, after reading this novel, I realized that Christmas is more than that. It is not just a noun. It is a festival that people can share love with their friends and family. I love Christmas!

The Most Beautiful Heart

班 級： 國中部 一年德班

姓 名： 羅凡媚

Summary of the Reading

One day, in a heavily crowded place, a young man began shouting. “I have the most beautiful heart in the world.” An old man challenged the young man and said, “Your pure heart, without any scars, indicates that you never share love with others.” The young man stood still and did not say a word. Tears rolled down his cheeks. He walked to the old man, tore a piece of his heart, and gave it to the old man.

Reflection on the Reading

Both “sharing” and “giving” are beautiful. “Sharing” is to have something at the same time with other people. “Giving” is to offer something to someone. Those two words mean “love.” In the story, the young man was arrogant before, but the old man reminded him to share love with others. Besides, the old man told the young man that his heart could not be in the same shape or the same size if he did not get love in return from those whom he gave to. For a moment, the young man knew what the old man meant, so he gave the old man a piece of his heart. This is giving, a selfless act of giving. However, many people are still pursuing physical beauty. In fact, real beauty is a wonderful smile with good character and behavior.

優良作品集

指導老師

羅曉筠老師

Sandra's

Ta Hwa High School

Ta Hwa High School

Ta Hwa High School

Ta Hwa High School

Biography of the World: The Father of Music-Baha

班 級：國中部 一年仁班

姓 名：陳昱安

Summary of the Reading

John Sebastian Baha was born in Thuringia in 1685, a baroque composer and organ, violin, and harpsichord player. He is also a master of baroque music. Baha is considered to be one of the most outstanding and important composers in the history of music, as well as Mozart and Beethoven. But unfortunately, his mother died in 1694, the year Baha was 9 years old, and his father died the following year. After that, Baha began his artistic career when he was 15 years old. For example, he became a song boy in the choir, and played the violin in the duke's band and also the organ in the church. Later, he successively served as court musician, court band leader, and church musician, etc.

He devoted his life to music creation throughout his life, wrote various styles of works, and had high artistic achievements. On July 28, 1750, Baha died in Leipzig after failing cataract eye surgery. He spent his whole life in poverty. While he was alive, his music was not understood nor accepted by people. But centuries later, people finally affirmed his outstanding contribution to music and regarded his work as a classic of classical music. Later generations regarded Baha as the creator of music and called him "the father of music."

Reflection on the Reading

Whenever we talk about musicians, most people immediately think of Beethoven and Mozart, but we ignore a great musician called "the father of music" -Baha. Baha was born in a family of musicians. He spent his entire life in poverty. He has loved music since he was a child, but Baha's mother died when he was nine years old. The following year, his father also died. But he was not defeated by this. At the age of fifteen, Baha began his own artistic career, such as playing the pipe organ in church, being the court musician, court band leader, and church musician, etc. He also completed many works, but underwent ophthalmic surgery because of his poor eyesight. The surgery turned out to be even more serious. He died on July 28, 1750, at the age of 65. There were many difficulties in his music career, but he faced them with a positive attitude. I have to learn his attitude, whether it is preparing for the basketball game of the country or the basketball team's games in the future. Even if we lose, we must have sportsmanship. Also, we have to represent the school to participate in the team relay competition in Taoyuan City in March or April. I believe we can get good results if we work hard.

Warriors

班 級：國中部 一年仁班

姓 名：劉宥辰

Summary of the Reading

In a forest, there was a large group of cats, divided into four major tribes. Because their homes (forests) had been destroyed by humans, they were forced to leave their residence. However, the respective tribes could not find their new homes alone, so they decided to go with other tribes to find a place where they could live. They had some problems while searching for a new home, but they did not choose to bow to the problems. They chose to communicate, and found a solution together. After a few months, they finally arrived at their new home, but they encountered an adversity- they got sick because of the new environment. Four witch doctors worked together to help the sick cats. After allocating the territories to the four tribes, they tinkered with their new homes. A few months later, an old cat ran out to play, stepped on an unknown object while playing, and got a strange disease. The witch doctor did not know what to do. So, he decided to ask a witch doctor from another tribe for help, and another group of witch doctors were also willing to help. After a few days, two witch doctors found the pathogen, and they successfully cured the cat that got the strange disease.

Reflection on the Reading

I think this book taught me the lesson of teamwork, being eager to help others, and do something for environmental protection. The first reason is because these cats met problems while traveling, but they did not give up. Instead, they decided to work as a team and solve problems together. The second reason is because the patriarch, whose tribe had been free of problems, did not ignore the other tribes' difficulties. Instead, the patriarch was willing to help the other tribes solve problems. The third reason is because the cats' houses were damaged, and this lets us know that we need to protect nature instead of destroying it. This book is really good and worth a read!

Sand and Stone

班 級：國中部 一年仁班

姓 名：施仁翔

Summary of the Reading

Jason and Michael were good friends. One day, they had a bad fight and Jason hit Michael furiously. Instead of hitting back, Michael only wrote “Today my best friend hit me” on the sand. Jason saw what he did, but he did not say anything. On their way home, later that day, Michael fell into the river and was saved by Jason. After Michael felt better, he wrote “My best friend saved my life today” on the stone. Jason wondered and asked Michael why he wrote the bad thing on the sand but the good thing on the stone. Michael replied by saying that he only wanted to remember the good things Jason did for him and forget those bad things. After that, Jason hugged Michael and restored their friendship.

Reflection on the Reading

The story tells us that a real friend will forgive us for the stupid things we did to them. Real friends will give us a chance to turn over a new leaf. I remember in sixth grade, I had a fight with my friend because of a small misunderstanding. She was angry and ignored me. I took my time to think about the problem we had, and found out that it was my fault. I apologized to her, and she forgave me with her lovely smile. I told myself that in the future, if someone did something bad to me by mistake, I shall forgive him or her and be more considerate towards others’ feelings. “Put yourself in others’ shoes” is a good phrase to remember.

Sand and Stone

班 級：國中部 一年仁班

姓 名：吳奕陞

Summary of the Reading

Jason and Michael were great friends. However, they had a quarrel one day. Jason hit Michael, but Michael did not hit him back. Then, Michael wrote on sand, “Today my best friend hit me.” Later that day, Michael and Jason went home together as usual. Michael was almost drowned in a river, but Jason saved him and helped him get out of the water.

After Michael felt better, he wrote something on a big stone, “My best friend saved my life today.” Jason asked, “Why did you write on sand after I hit you and write on a stone after I saved your life?” Michael said, “I wrote bad things on sand because I want to forget the bad things between us. But I want to remember the good things you did for me, so I wrote it on the stone.” Hearing that, Jason smiled and hugged Michael.

Reflection on the Reading

There are many friends around us, but sometimes, unpleasant things happen. We had better forget the unpleasant things and remember the good things that others have done for you. Helping each other can lead to a joyful friendship. And the friendship sometimes is the same when you get along with your family and teachers.

This story tells me the fact that everything has a bad side. Forget bad things and think about the good things of others in order to have a meaningful life.

Chinese New Year's Eve Reunion Dinner

班 級：國中部 二年仁班

姓 名：謝程皓

Summary of the Reading

For many people, Chinese New Year is the most important celebration of the year. Everyone will join their families for New Year's Eve dinner. However, more and more people now live in cities, and many women now work outside their homes, so it is hard to prepare for the feast. Therefore, some families will eat at restaurants, just like Edward and Tina. They changed the tradition.

Reflection on the Reading

While less and less people go home to eat New Year's Eve dinner, our family still maintains this tradition. Whenever New Year is coming, I always look forward to going to my grandma's home. I really like to play card games and eat New Year's Eve dinner with my family. During the dinner, everyone talks to each other; sometimes, we would also tell some jokes. These are my favorite moments of the year. I usually see some delicious dishes I had never eaten before; they would always become my favorite food after I tried it. At the end of the dinner, I always saw the fish unfinished. My mom told me that this is because the Chinese pronunciation of the word "fish" sounds the same as the word "abundance." By leaving the fish unfinished, it will bring us a year of abundance.

Manners Around The World

班 級：國中部 二年義班

姓 名：劉以心

Summary of the Reading

Every country has different manners. Good behavior can show respect and care for others. Yet the ways of how to express respect vary in different countries. Greeting people cheerfully is always considered polite, but it is more important in some cultures than others. For example, in North America, it is polite to eat as quietly as possible. But in parts of Asia, slurping shows that you are enjoying your meal. Yet there are also similar points across cultures. “Please” and “thank you” are the politest words in many countries. So, we need to learn different kinds of manners because we always need to be polite when we meet other people.

Reflection on the Reading

This article teaches me how to be polite when I go to other countries, and we need to respect different kinds of manners. I think being polite is the most important thing that we should do when meeting people every day, and it is especially more important when we go abroad. Every country has different manners. The manners which are used in one country do not necessarily work in another. That’s why we must learn the manners in different countries. To respect different kinds of manners is very important, too. No country would want its people to be impolite. So, we need to feel for others and respect different countries’ manners. Finally, even though there are many different manners around the world, there are still some manners that are used in most countries. If you show appreciation and try to follow local customs, people will generally respond well. Showing kindness can bring people together, no matter what culture they are from.

The Road Less Traveled

班 級：國中部 二年義班

姓 名：蕭優里

Summary of the Reading

David and his dad once went on a trip to Pennsylvania. His dad loves history, so they took a bike trip to explore the old historical turnpike. The ride David's father chose was a 16-mile section ride. Part of the ride included an old tunnel called Sideline Hill. They arrived at their destination on a cool afternoon in early fall. Their trip started with a long uphill climb. As they approached the Sideling Hill Tunnel, David felt nervous because it was pitch-black inside, but his dad encouraged him and told him some ways to protect himself. When they entered the tunnel, David saw a lot of graffiti and he felt like he was being watched. He was very scared, but this time he solved this problem by himself. After the trip, David realized some life lessons from the trip and had more courage to face the hardships in his life.

Reflection on the Reading

After I read this article, I thought David was a brave person. In the beginning, he was nervous to enter the tunnel because the tunnel was very dark. But after his dad encouraged him, he gave himself a try and finally he did it! I could understand his fear. The abandoned places make me feel like I am in a horror movie. Right after he entered the tunnel, he realized that it was complete darkness. But he followed his father's advice that he kept his flashlight on and stayed focused. I truly admire his acts during the ride through the tunnel. He inspired me that no matter how scared you are, you should never act fearfully. Instead, we should have faith. This article is not only a reflection on how to ride a bike on a challenging route, but also teaches us to overcome challenges in life. No matter how hard it is, you should keep on going and never give up.

60 Days Without My Smartphone

班 級：國中部 二年禮班

姓 名：胡立宏

Summary of the Reading

The author shared three lessons he learned after sixty days without his smartphone. He also showed us three benefits of why we should stop using our smartphones. First, we will become bored. While lining up, it is pretty common for people to have their head down and eyes glued on their smartphone. However, boredom is a good way to think about a project or some brilliant ideas. Boredom will allow your mind to relax and help you to seize the infinite possibilities of tomorrow.

Second, we will be able to dramatically reduce our work hours. A study showed that adults checked their smartphones 85 times a day. Therefore, by not having a smartphone, a person's distraction time will reduce, and hours of work will be spent more efficiently and effectively.

Third, our mental well-being will receive a boost. Without a smartphone, people will experience less negative news and comments. What's more, the biggest benefit is to truly connect to people. In the digital age, digital communication is our dominant outlet. Being devoid of the digital space allows us to seek out more human connections in the real world. Therefore, we will have more interactions with our friends or even ask strangers questions.

Reflection on the Reading

On this topic, I had a regrettable experience of misusing a smartphone. Two years ago, my mom took my family to Switzerland, and this was our first time to travel by train. On the first day when we arrived in Switzerland, my aunt, who lived there, gave me a smartphone to check the map and communicate with her. This was my first time to own a smartphone. Even though it was the simplest phone, I totally ignored the beautiful scenery outside the window. My eyes were glued on my simple smartphone. I always thought that taking the train was boring. Thus, I often watched YouTube, checked Facebook and Google maps. Without a doubt, I missed a lot of fantastic landscapes. After the trip, I was so regretful about not seizing the chance to enjoy the breathtaking scenery. After reading this article, I learned that we have to use our smartphones in the right way. I completely agree with the author's point of view about having more free time for us to explore reality. Boredom is good for us; we can look around ourselves and think about something new in the future.

Manners Around the World

班 級：國中部 二年義班

姓 名：謝昀熹

Summary of the Reading

Each country has their own rules about how people should act, and the details of how people express respect are also different. Greeting people cheerfully is almost always considered polite, but it is more important in some cultures than others. Other cultures also value greeting people. But of course, the way of greeting is different, as people speak different languages. Some of the biggest cultural differences have to do with table manners. There are also cultural differences in how people eat. But there are some similar points in different cultures as well. For example, saying “please” and “thank you” is always polite. If you show appreciation and try to follow local customs, the local people will generally respond well. Showing kindness can bring people together no matter what culture they are from. Being polite in every country is very important no matter you like that country or not.

Reflection on the Reading

Every country stresses the importance of politeness. Your actions reflect the etiquette of your family and country. Of course, you shouldn't be rude. For example, whenever and wherever you greet others, smile without being listless, and do not pretend not to see others. No matter when and where, we should not have any prejudices, even if the language and etiquette is different, that does not stop you from greeting them. Sometimes, when the same thing happens in different countries, the result is different. For example, it is very impolite to refuse praise in Europe. Sometimes, it can make people angry. However, in China, the opposite is true. It is a good habit to refuse praise in China, which means you are very modest. And you may get compliments when you refuse. So, we should respond differently in different countries. From this little thing, we can see the difference between the two cultures. Well, there are also many ways to see different cultures in different countries, and I cannot describe them elaborately. Anyway, no matter where you go, you cannot forget your etiquette.

60 Days Without My Smartphone

班 級：國中部 二年義班

姓 名：吳承諺

Summary of the Reading

My phone fell on the hardwood floor while I was jumping rope. When I picked up my cellphone, I noticed it was broken. I decided to bring my cellphone to the phone store. The next morning, I decided not to go to the phone store for sixty days. Here are three benefits I noticed: 1. You will become bored. Boredom is typically something we avoid at all costs, but it is the perfect way to create a business idea or project. 2. You will be able to dramatically reduce your work hours. Placing some distance between myself and my device helped me concentrate on my work more easily. 3. Your mental well-being will receive a boost. Obviously, without a cellphone, I experienced a lack of negative news and comments.

Reflection on the Reading

In modern times, almost everyone has a mobile phone. It brings a lot of convenience to our lives, but it is also a problem that people are facing now. It should be our tool, but we often use it to play games instead of really using it as a tool. Without a cellphone, we can think more because we are not distracted during working hours. If we do not use our phones, we can talk more with the people around us. Since there are so many benefits of not using a cellphone, I think I will try to see what will happen in life without using my cellphone.

DuckDuckGo.com

班 級：國中部 二年義班

姓 名：黃泰翔

Summary of the Reading

DuckDuckGo is a search engine, and it is fun! DuckDuckGo has thousands of searching shortcuts. For example, if you search “stopwatch”, you will get a stopwatch to use online. It is known as “the search engine that does not track you.” DuckDuckGo was created in 2008, based on a simple idea. The founder thinks that the Internet should not be a creepy place where everything you do is watched and recorded. Every year, they give a sizable gift to people who work to protect people’s privacy. They have already donated over 1.9 million dollars.

Reflection on the Reading

The privacy of humankind is getting more and more attention now. Too many companies use our private information to manipulate our online activities. Because of this, more and more organizations are appearing. They keep people's privacy safe. I think that we all have some secrets. We do not want our secrets to be known by others, not to mention being monitored by others. So, the best way to solve this problem is to use a search engine that can protect your privacy. DuckDuckGo will be your best choice.

優

良

作

品

集

Make Your Dream Come True Day

班 級：國中部 二年禮班

姓 名：李孟珊

Summary of the Reading

Who did not have a dream when we were children? Children always let their imagination run wild: I am going to be a superstar when I grow up, I am going to be a singer when I grow up, I am going to be the king of the world, and many more. Your childhood dream may be too hard to reach. Even if it is a joke in other people's eyes and you must forget it or you might have to give it up, January 13th is the day which you can make your dream come true. It is the day that you should begin to follow your heart.

Reflection on the Reading

The secretary of State Colin said, "A dream does not become reality through magic; it takes sweat, determination and hard work." He reminded me to not just envy other people's success. You need to work harder and sweat more. Do not let a dream be only a dream. We should be a giant of action, hold on to any opportunities, and not let our chances go. The way to "success" is like losing your sense of direction on a street at midnight. Do not worry, and do not give up. You will eventually find Polaris in the sky, and find the right way.

Ta Hwa High School
Ta Hwa High School
Ta Hwa High School

Ta Hwa High School

60 Days Without My Smartphone

班 級：國中部 二年禮班

姓 名：范峻瑜

Summary of the Reading

The article was about a man who spent sixty days without his phone. During those days, he noticed three benefits without his smartphone. First, you will become bored. At many places, you will notice that most people are using their phones. They use their phones because they want something as a distraction. Boredom is typically something we want to avoid, but when you are bored, you can relax your mind. Second, you will be able to dramatically reduce your “work” hours. By not having smartphones, you can work in concentration more easily. Because of that, you will find that you do not know what to do next, since you have already completed your tasks for the day, much sooner than before. Third, your mental well-being will receive a boost. Obviously, without a smartphone, you will not see any negative news or comments. Although it also can boost your mental well-being, the most important method is to talk to each other. You will find that it can lead you to more human connections in the real world.

Reflection on the Reading

I do not think it is bad to use a smartphone, but do not spend too much time on it because it hurts your eyes. Most people use their phone to play online games, surf the Internet, chat with friends online, and other things that can let make them relax. You can try to do other things to relax, like doing exercise, playing sports, going hiking, and other outdoor activities. Try to go outdoors because it is good for your health.

The Road Less Traveled

班 級：國中部 二年禮班

姓 名：林悅齊

Summary of the Reading

David Morton, with his dad, went to the old toll highway that was abandoned. They prepared enough drinking water and a sandwich prepared by David's mom, and then checked the tires to see and check the battery and power of the bicycle's light. After praying, they set off. They reached the road after biking for two hours. The road initially went uphill, and then when entering the tunnel, the author became nervous because the tunnel was very dark. His father reminded him to stay alert and keep the lights on. There were many things in the tunnel. There was stench and a lot of graffiti. When they got halfway through, the author could vaguely see the light at the end of the tunnel, which gave him the energy to move on. The author was very happy when they rode out of the tunnel.

Reflection on the Reading

David Morton's journey taught me that we have to challenge ourselves. As long as we have hope, we will also have courage. Just believe that you will succeed. The tunnel the author biked through is like life. The darkness represents challenges and fear, and the light at the exit of the tunnel represents hope, energy, and strength. In the process of a challenge, you need a strong and determined will to make breakthroughs in various aspects. When you are in trouble, there will always be people around to give you courage and company silently. When you need help, those people will give you the assistance you deserve. No matter who those people are, I really should thank them.

Chinese New Year's Eve

Reunion Dinner

班 級：國中部 二年禮班

姓 名：楊心慧

Summary of the Reading

This article is about the food that everyone eats on New Year's Eve. People often ate their reunion dinner in their old house in the countryside before, but now, they eat it in their house in the city. Also, it tells us how Tina and Edward eat their reunion dinner.

Reflection on the Reading

For my reflection, I love to eat the reunion dinner with my family because I can meet family members that I did not see for a long time. Of course, there will be a lot of delicious food to eat. Our family often eats the reunion dinner at home, and we will have cake after everyone shares their new year wishes. And this article also reminds me of the reunion dinners that I had when I was little.

60 Days Without My Smartphone

班 級：國中部 二年禮班

姓 名：盤柏毅

Summary of the Reading

The story is about a person who was jumping rope when his smartphone fell on the floor. The screen cracked, but he did not immediately send it to the store to have it repaired. As a result, the phone could not be used. But during the days without his smartphone, he noticed three benefits: First, you will become bored. When you do not have a cell phone, you will think about a variety of creative things. Second, you will be able to dramatically reduce your "work" hours. A study found out that adults check their phones on an average of 85 times a day. The man in the story did an experiment in which he found out that not having a cell phone made it easier for him to concentrate while working. Third, your mental well-being will receive a boost. I noticed that being devoid of the digital space, I could connect with humans in the real world.

Reflection on the Reading

After reading this story, I realized that a day without a mobile phone is actually pretty good. But with our phones, our family and friends chat by making calls, even when we are not far from each other. We can download some free social media apps, like Facebook, so we can chat with others and meet new friends. We can also play mobile games to kill time. Cell phones make our lives more convenient, but it also brings us a lot of disadvantages. Some students like to play mobile games for a long time without sleeping in the night. The next day, they are very tired and sleep in class, and their grades worsen. In addition, some students use mobile phones to browse pornographic websites, and they get influenced by the unhealthy information. I really do not know if the invention of phones is good or bad.

Tidying Up

班 級：國中部 二年禮班

姓 名：李宜庭

Summary of the Reading

When Chinese New Year comes, many people will start their cleaning spree. Some people want to remove bad luck or have a cleaner house. Cleaning is a way to prepare for Chinese New Year. Some do not know how to clean their houses, and some people will be distracted by the television. First, if you have enough time, you can clean some stuff that you do not need. Second, prepare two boxes. Write “keep” on one box and write “don’t keep” on the other box. Third, you can donate things to children’s homes, like clothes, blankets and shoes. Finally, your house will be cleaner than before.

Reflection on the Reading

In Chinese New Year, cleaning is something that we must do every year. The cleaning spree is like a tradition and also, it will make us feel busy because we need to spend a lot of time cleaning up. When I was cleaning my room, I felt that it was very messy and I couldn’t believe that I could clean it. First, I swept and mopped the floor. Then, I cleaned up the garbage and threw away some things that I did not need. Second, I arranged my clothes according to the four seasons, and put them in different boxes. Third, I donated some story books, novels and jackets to someone who needed help. Finally, I finished cleaning up.

優良作品集

指導老師

李以英老師

Felicia's

Ta Hwa High School

Ta Hwa High School

Ta Hwa High School

Ta Hwa High School

Daddy Monster Monster

Daddy

班 級： 國中部 一年仁班

姓 名： 林怡玟

Summary of the Reading

Shui Hai's dad died on his seventh birthday, and he missed his dad very much. One day he heard a strange sound from the bathtub. It was a blue-green monster whose eyes resembled Shui Hai's dad's. At school, Shui Hai was bullied. The appearance of the monster scared away the classmates who bullied him. In the end, the monster went back to Monster Paradise, and he told Shui Hai that he was his father.

Reflection on the Reading

Shui Hai lost his dad, and soon his mother found a new boyfriend. If I were Shui Hai, I would feel totally crazy! I was touched when I read that Shui Hai's father turned into a monster, and Shui Hai was able to chat with the monster dad at home. The monster also helped him to fix the problem of bullying at school. My heart was broken when I read that the monster father was leaving for Monster Paradise. If I were Shui Hai, I would probably be very sad. After all, this separation may be forever.

I read this novel a long time ago, but today I still enjoy it because I can feel what Shui Hai felt. Although I am from a single parent family, my grandparents took care of me well, and I am never bullied. However, sometimes I still wonder what kind of father mine is. Is he still alive? How does he look? Is he alright?

This is the first novel that I have read, and it really touches me.

Sand and Stone

班 級：國中部 一年智班

姓 名：張涵雅

Summary of the Reading

This story talks about two people. They are very good friends, but one of them hit the other. The man who was beaten wrote some words on the sand. On the next day, the man who hit his friend saved him. The beaten man wrote some words on the rock. He wanted to forget the bad things, so he wrote them on the sand, and remember the good things between him and his friend, so he wrote them on the rock. In the end, both men are still very good friends.

Reflection on the Reading

Many people have very good friends of their own in life. While some friendships last forever, others come and go. There may be wonderful memories that can cause the friendship to go on. There may be quarrels and disputes that cause the two parties to stop communicating with each other. Therefore, I think what this story tells us is to cherish the happy things and forget the unhappy ones that we have with our good friends. That's why the beaten man wrote the unhappy things on the sand and happy things on the stone.

The Three Little Wolves and the Big Bad Pig

班 級：國中部 一年智班

姓 名：陳宇宏

Summary of the Reading

This story talks about three little cuddly wolves and a big bad pig. The three little wolves tried to build a house for themselves, but the big bad pig knocked down the house. The three little wolves thought they should build a stronger one. They tried their best and finished their work with different materials such as flowers. The big bad pig visited again. He smelled the flowers and decided to become a good pig. The three little wolves invited him into the house. They all became good friends and lived together happy ever after.

Reflection on the Reading

This is a famous story. I like it very much. It is also a very funny story because the story title is *The Three Little Wolves and the Big Bad Pig* instead of *The Three Little Pigs*.

I am very proud of the three little wolves because they never gave up doing anything, and they tried to make things better. I think all people can be good friends as long as they help each other and love each other like the wolves and the pig. Then, the world will become more wonderful.

This is my first time to read an English story book by myself, and I enjoy it very much.

Tangled

班 級：國中部 一年智班

姓 名：陳琰甯

Summary of the Reading

Tangled is a story about a princess named Rapunzel who had long golden hair. Rapunzel was taken away to a tower by her stepmother when she was very young. She finally got out of the tower at the age of eighteen. She met a prince and fell into love with him. At last, Rapunzel had a joyful reunion with her parents, too. They all lived happily ever after.

Reflection on the Reading

After reading the story, I find out that it is really a lovely story. Rapunzel's parents lost her when she had just been born. After eighteen years passed, they were reunited. Also, Rapunzel found her true love!

When I was reading the story from the beginning, I felt pity for Rapunzel, but in the end, I felt happy for her. I like this story very much. This story tells us that if we have dreams, we should work hard, regardless of difficulties. Rapunzel tried many different ways to reach her dreams, and then she realized them. When we pursue our goals, we may sometimes encounter some hardships. Whatever the hardships are, we cannot give up on our dreams. We must find a way to solve the difficulties. That's the attitude a dream chaser should have.

Percy Jackson

班 級：國中部 一年智班

姓 名：黃靖恩

Summary of the Reading

This story is about a boy named Percy Jackson. One day his mother tells him that Greek mythology is real and that his father is Poseidon. Percy needs to go to Olympus because it is a safe place for him. As soon as he arrives there, he gets a task. He needs to find out Zeus's lightning bolt in seven days. Percy and his friends go to find it. They experience many things. Finally, their task is completed, and they come back to Olympus.

Reflection on the Reading

This story is very good. It has many interesting plots, and I can learn many things about Greek mythology. Besides, the best thing is that I learned something from the story - unity is very important. In the story, Percy encountered a lot of difficulties. He handled some difficulties by himself, but he needed help from others at some times.

I strongly recommend everyone to read this story because it can teach us many things. Also, it is really a good novel.

Little Red Riding Hood

班 級：國中部 一年智班

姓 名：張景翔

Summary of the Reading

One day Little Red Riding Hood went to visit her sick grandma. On the way to her grandma's house, a wolf asked her where she was going, and she told him. The wolf took a shortcut to her grandma's house and ate her grandma. When Little Red Riding Hood arrived at her grandma's house, the wolf ate her, too. Then, a hunter saw the wolf. He killed the wolf and saved Little Red Riding Hood and her grandma.

Reflection on the Reading

In this story, I learned some lessons. A lesson I learned is that we should be careful when talking to strangers because they may hurt us. For example, someone wants to abduct you. At first, he pretends to be friendly and offers you help, and then he may commit the crime. Another lesson is that we should not be alone when we go to a dangerous place. We need to have at least one person with us. It could be better if the person is an adult. Finally, I think if the story happens in the real world, many people would not help because they think it is the policemen's job. However, I think we need to help each other so that we can prevent crimes.

Aladdin

班 級：國中部 一年智班

姓 名：楊欣庭

Summary of the Reading

“Aladdin” is a book about a fascinating story that begins in the center of a desert far away in a mysterious city called Agrabah. In the city, there is a poor but witty young thief, and his name is Aladdin. He falls in love with Princess Jasmine, a very brave and independent girl, who is the only daughter of the king. Together, with the magic lamp elf, Aladdin and Jasmine fought against the evil wizard and successfully prevented him from plotting to rebel and taking the throne of the king.

Reflection on the Reading

From the story, I learned that we shouldn't betray our friends for power and money. It's not worth it and not the right thing to do. Friends are very important and valuable in our life. However, if we try to use our friends to gain more money or power, they will get annoyed and angry when they find out the truth. Then, it's too late to say sorry. We will lose our friends forever no matter how much we regret it. The other important lesson I learned from this book is that nothing is free in this world. As long as we keep working hard, money and wealth will come eventually. Don't be drowned by power and money. The most precious thing in the world is our friends and family because they will always love and support us. All in all, I think “Aladdin” is a wonderful story because it talks about love, courage and humor. If you haven't read this book, I suggest you open it as soon as possible. I believe you will be touched and pleased as much as I have.

Sand and Stone

班 級：國中部 一年智班

姓 名：徐家立

Summary of the Reading

This story is about Jason and Michael. They were good friends. One day Jason hit Michael, but Michael didn't hit him back. Then, Michael wrote on the sand, "Today my best friend hit me." Later they went home together. On their way home, Mike was almost drowned in a river, but Jason saved him. Then Michael wrote on the big stone, "My best friend saved my life today." Why did Michael write on different materials? It is because Michael wanted to forget the bad things between them and remember the good things Jason did for him.

Reflection on the Reading

I learned some lessons from the story. First, I learned we need to cherish friendship. Michael was hit by Jason, but he wasn't mad at him and was still willing to be a friend of Jason's. Second, treat friends sincerely. Michael's writing on the sand and stone shows he took their friendship seriously. Third, remember happy memories and forget bad ones. According to a report, having a good mood is good for our health. On the other hand, having a bad one would make us unhappy. What's worse, we may get diseases, such as depression. Lastly, make some good friends instead of bad ones. Make a friend who can help us improve instead of letting us fall into a wrong path.

In a word, this story is really good, and it taught me how to keep a good friendship and which friends are good for me.

Animal Farm

班 級：國中部 一年智班

姓 名：林義儒

Summary of the Reading

This story happened on an ordinary manor farm. The animals took over the farm from the human beings. Then, they made seven rules. Everyone worked hard to follow the new rules. After the pigs became the top managers of the farm. Things changed. The power of the authority corrupted. The pigs started to modify the rules to protect their power and privileges. Finally, the animals changed the name of their farm to Manor Farm.

Reflection on the Reading

If I were the pig in the story, I would make everyone feel good, not just myself. The farm would be run in a democratic way instead of being run by a few animals. Every animal can have a voice in the policies. I will also help the animal farm to get back onto the right path. Besides, if I were the fowl in the story, I would fight with the pigs and overthrow the bad managers.

I think democracy is a better system of government. First, people can have the power to run their countries directly or through freely elected representatives. Second, people can have freedom of speech.

Animal Farm is a very interesting book, and I enjoy reading it. I think I will read the author's other books, too.

優

良

作

品

集

Let's Make Dumplings!

班 級：國中部 二年仁班

姓 名：廖肯立

Summary of the Reading

Almost everyone likes dumplings. Dumplings can make a simple and delicious meal. To make the filling for the dumplings, put some ground pork and soy sauce in a large bowl first. Then, mix everything together well. After that, add a little water and stir until all is mixed well. Finally, add chopped green onions and sesame oil and mix them well again.

Reflection on the Reading

Making dumplings is very simple. You need only dumpling wrappers and some filling. Take one wrapper and place a little filling on it, and then fold it in half and cook. The dumplings will soon be ready to eat.

Almost everyone likes dumplings because they taste so good. I used to make dumplings with my mom when I was a little child. We made dumplings in many different colors, such as black, brown, and white. There are no green onions in my dumplings because I don't like them.

Ta Hwa High School
Ta Hwa High School
Ta Hwa High School

Ta Hwa High School

Let's Make Dumplings!

班 級：國中部 二年仁班

姓 名：謝宇哲

Summary of the Reading

Do you like dumplings? If you do, you can try to make them yourself. First, you need ground pork, some soy sauce, and cooking wine. Then, mix everything together well. Don't forget to add a little water and stir until everything is mixed well. Take one wrapper and place a little filling onto the center of the wrapper. After that, fold the wrapper in half and press the edges together, so the dumplings won't fall apart. Finally, you need to boil them.

Reflection on the Reading

Dumplings mean fortune for Chinese people. They think if they want to get great fortune, they need to have dumplings for the family reunion dinner on Chinese New Year's Eve. I have made dumplings with my mother for several times. We spend a lot of time making the filling and placing them onto the dumpling wrappers. Every time I eat the dumplings I made, I think they are the best food in the world.

Are Mice Nice?

班 級：國中部 二年仁班

姓 名：周乾元

Summary of the Reading

The article is about mice. Some people hate mice and think mice are dirty and disgusting creatures because they often appear in dirty places. Some people like mice very much and think they are cute because they have big ears, big eyes, and long tails. Mice can jump, crawl, and swim. They move very fast and eat many times a day. Mice can eat 15 to 20 meals a day! Mice have poor eyesight, but they have an acute sense of hearing and smell.

Reflection on the Reading

I think this article tells us that mice are not as dirty as everyone thinks, and it also tells us that everyone has his or her own stereotypes. Take mice for example. In fact, as long as we keep the environment clean, mice will not have such a dirty place to live in. Mice are dirty because their environment is dirty, too. If we human beings don't litter trash and food everywhere, the mice will live in a clean place.

I don't hate mice very much. I think mice are very cute little animals. I also think they are poor. They live in such a dirty place, and that is not what they want.

Make Your Dreams Come True Day

班 級：國中部 二年仁班

姓 名：沈昀臻

Summary of the Reading

Everyone has their own dreams. People usually have their dreams when they are young. Dreams may be difficult to be realized, but don't give up. To make your dream come true, write down your dreams and set your goals clearly first. You must work hard to make your dreams come true. January 13 is the day when dreams come true. That day is the day we must work hard for our dreams.

Reflection on the Reading

What was your dream when you were a kid? When I was a child, the titles of the essays in school were often about dreams. When I was an elementary school student, I wanted to have an airplane-related career. After I grew up, I found it too difficult, so I gave up. However, I was inspired by a quote spoken by Colin Powell, former US Secretary of State: "Dreams do not come true through magic; it needs sweat, determination and hard work." No matter what a dream is and how difficult it is to be achieved and to be accomplished, we must strive to work hard.

60 Days Without My Smartphone

班 級：國中部 二年義班

姓 名：劉彥辰

Summary of the Reading

A man's phone fell onto the floor and broke while he was jumping rope, so he decided to go to a nearby mobile phone store to have it fixed the next morning. However, he felt a strange sense of calmness without using his phone. He didn't go to the mobile phone store for weeks. In fact, it turned out that he didn't use his smartphone for sixty days, and he got three benefits from that.

Reflection on the Reading

In modern times, almost everyone has a mobile phone, and mobile phones bring us a lot of conveniences. I do not think that mobile phones have a good impact on us. Having mobile phones stops us from having more creative ideas, and that may probably delay our work. Besides, if we don't use our cell phones, we can talk more with the people around us and discover more things. If we let our mobile phones disappear for 60 days, we can get a lot of benefits. I think I'll try to see how my life will be if I put my phone away and not use it.

Tidying Up

班 級：國中部 二年德班

姓 名：王子慈

Summary of the Reading

As Chinese New Year approaches, many people go on cleaning sprees. People wash, sweep, and organize their homes. Part of the cleaning process is decluttering stuff that takes up space but isn't used often. This article provides four tips that might help people. In addition, consultant Marie Kondo also has some methods for simple decluttering.

Reflection on the Reading

On Chinese New Year's Eve, everyone is busy cleaning. In China, cleaning is an important part of the New Year. In my family, we also have house cleaning. We will throw away or donate unused things. I don't like house cleaning because it is too troublesome, especially in choosing what I should give away. I don't like choosing because I am a person who finds making decisions difficult.

In my family, we sweep and mop the house every Sunday, so our cleaning is not very hard. Our cleaning methods are very simple. We clean up as often as possible. I think as long as we develop a habit of cleaning, we don't have to work so hard.

Why Do We Say It ?

班 級：國中部 二年德班

姓 名：鍾雨彤

Summary of the Reading

This article mainly talks about the origins of some collective nouns, and it gives two examples. The first example is the collective term "a group of misleading people". In the past, the artist adjusted the image and created the illusion of beauty and imagination. The second example is related to the word *parliament*. A long time ago, there was a fairytale book about owls. The owls gathered to discuss the solutions to the problems related to their kingdoms. Hence, the word *parliament* became an accepted word.

Reflection on the Reading

Before reading this article, I wondered what it was about. Why is the painter related to the word *misleading*? What does the word *owl* have anything to do with the word *parliament*? After reading the article, I got the answers. There were no cameras before. A painter tried to make the painting softer and more vivid, so he created a beautiful illusion. That's why people say painters are misleading people.

You probably know that "councils" can also be used to express owls, but do you know why? There was a writer who wrote about a group of owls gathered around a table to discuss the problems about their kingdoms, so people think of councils as owls.

I like this article because it tells me words that can be replaced with other unexpected words. This broadens my mind. Because of this, I will continue to learn English more. I will learn more interesting facts about English and share them with my friends.

60 Days Without My Smartphone

班 級：國中部 二年德班

姓 名：王綦言

Summary of the Reading

The article is about a man who broke his smartphone. The man didn't get his smartphone repaired and ended up not using his cellphone for 60 days. Later, he found out that he got three benefits during the time when he was free of his cellphone. He also suggested that we should be devoid of the virtual world and connect more with humans in the real world.

Reflection on the Reading

My smartphone is quite important to me. It's like my life. The author thinks that we can have more advantages if we don't use smartphones. The benefits also make me finish my work on time. I can also experience parent-child activities more with my family. Even my academic performance can be better, too. If I have a chance, I will try not to use my smartphone every day.

Now that smartphones have become popular, it is really difficult for people to quit using them. I admire the author's persistence. He did not use his phone during his rest or work time. I cannot resist not using my smartphone for a day.

Among these three benefits, I agree to the third one: Your mental health will be improved. That means as long as there are no smartphones, we will not read about bad news or negative comments on the Internet. I think it is most helpful to the entertainers. For example, three South Korean entertainers died within two months last year. They all got depression because they saw negative comments about themselves. They ended up suiciding. It is true that if there are no smartphones, our physical and mental health will be improved.

Tidying Up

班 級：國中部 二年德班

姓 名：游峻愷

Summary of the Reading

As Chinese New Year approaches, many people thoroughly clean their homes. They wash, sweep, and tidy up. They also get rid of stuff that takes up space but isn't used often. In the TV show *Tiding up with Marie Kondo*, consultant Marie Kondo teaches people how to clean up the messes in their homes.

Reflection on the Reading

This article tells us how to organize unnecessary objects and create a neat environment. Tidying up sundries is good for us. It can help people cool down and remove distractions. I think it is important to keep our surroundings clean.

In my opinion, tidying up things can also mean organizing the information in our brain. We can use these tips and spend some time to eliminate unnecessary information. We can also organize our relationships in the same way.

In conclusion, tidying up is not only tidying up things but also information and relationships, and the tips which the consultant provided are very helpful.

60 Days Without My Smartphone

班 級：國中部 二年德班

姓 名：黃稚薰

Summary of the Reading

A man broke his smartphone when he was jumping rope, and ended up not using it for 60 days. The man found out there were three benefits during the days without his smartphone. He noticed that if he used his smartphone less, he would have more chances to connect with people around him through real conversations.

Reflection on the Reading

After reading this article, I learned something. First, if I do not have a smartphone, I will come up with more good ideas for my work. Second, if I don't have a smartphone, my hours of work will be spent more efficiently and effectively. Finally, I will not surf the Internet all the time. I can chat with my family and friends and enjoy face-to-face conversations.

There are many other benefits of taking a break from my phone. One is that I can finish my work on time. Another is that I will have more time to relax. And another benefit is that I will be safer while traveling.

My smartphone is very helpful for studying. Sometimes, when I encounter problems, I can use Google to find out the answers. But it will delay my work, too. I do not pay attention to the time very often because I get indulged in social media or games. Thus, from now on, when exams are approaching, I will take my phone away for two weeks and focus on my studies. I will not let my phone distract or delay my schoolwork.

Smartphones can be our good helpers, and they are important to our lives. They are very convenient, but too many people are addicted to them. I think as long as we use our smartphones wisely, it is good to have them around.

優

良

作

品

集

Tidying Up

班 級：國中部 二年德班

姓 名：黃予孜

Summary of the Reading

The article *Tidying Up* is about the thorough cleaning that is done before Chinese New Year. Every family cleans up their houses. Some people watch consultant Marie Kondo's TV show and are inspired by her. She teaches people how to sort out all the items. She asks her audience to look over everything again. In the second paragraph, more suggestions are given. For example, people should find appropriate boxes for all items.

Reflection on the Reading

When I clean, I always encounter some difficulties. For example, it is not easy to classify what I need and what I do not need. The second is that it always takes me a lot of time to sort things. After I read the article, I learned how to clean more quickly and efficiently. Therefore, I think this article *Tidying Up* is very useful.

Ta Hwa High School
Ta Hwa High School
Ta Hwa High School

Ta Hwa High School

60 Days Without My Smartphone

班 級： 國中部 二年德班

姓 名： 溫宜蓁

Summary of the Reading

In this article, a man was jumping rope when his mobile phone fell out of his pocket. Half an hour later, he found out that only one tenth of the screen was working, so he decided to go to the mobile phone store. However, he did not go to the store until one month later. During the days without his smartphone, he found out some good things.

Reflection on the Reading

I think it is difficult for me to live without my smartphone for 60 days. People now rely too much on smartphones. At first, we want to control the phones, but it turned out that the phones control us. People use their phones whenever they are bored. Take a friend of mine for example. As soon as she is free, she will read comics, chat on Messenger, or watch videos on her phone. She uses her phone all the time. However, this makes it difficult for her to communicate with others in the real world.

I have also been controlled by my phone. When I do homework, I use my phone to read messages. This has greatly reduced my efficiency. Smartphones have a very big influence on us. I can't live without my phone, but I will certainly try to live a life without it for a moment. This will be a big challenge for me.

優良作品集

指導老師

張心怡老師

Cynthia's

Ta Hwa High School
Ta Hwa High School

Ta Hwa High School

Ta Hwa High School

African Giant Frog

班 級：國中部 二年智班

姓 名：徐生達

Summary of the Reading

African giant frogs are the largest frogs in the world, and they inhabit the western half of equatorial Africa. This kind of frog is really huge and can weigh more than three kilograms!

African giant frogs can bounce more than three meters in a single jump, making them difficult to capture. African giant frogs dig incubation ponds during the speech time at the bottom of the stream and spawn there. In addition, they sometimes have to move huge rocks, and it is known that they may have used their strong hind legs.

Reflection on the Reading

This article made me realize that it is possible to accomplish big dreams by doing small things. We shouldn't give up on accomplishing our dreams. Although the African giant frogs are small, they can kick away rocks. Everyone has his own unique traits, good or bad. We shouldn't laugh at people because of their defects. Instead, we should give them support and help. I didn't expect such a little article to make me realize the differences between us. It is impossible for everyone to have the same lives. Some people may have only one hand and one foot. Think on the other side, even if they are not good at something, they might be stronger than you. One day, you may need his help. We should live with gratitude and not harm others. To help people, it is important to ask yourself if your words and actions may hurt others or make others feel bad. Hence, we will make the world better and better.

優良作品集

指導老師

許晃銓老師

Allen's

Ta Hwa High School

Ta Hwa High School

Ta Hwa High School

Ta Hwa High School

60 Days Without My Smartphone

班 級：國中部 二年智班

姓 名：陳沁筠

Summary of the Reading

This article is about the protagonist's broken mobile phone. He broke it when he was jumping rope. He decided not to fix his phone for 24 hours. During the period when he didn't use his mobile phone, he found something strange. He found his mind in a strange, peaceful state. Then, a week later, and even up to 60 days later, he still spent his days without his mobile phone. However, during this period, he found three benefits of not using his mobile phone, namely:

1. You will become bored

He found it easier to think through the time when he felt bored without a mobile phone, which would be a great way to make a breakthrough in business ideas or plans.

2. You will be able to dramatically reduce your "work" hours

You can concentrate on your work without a mobile phone, and reduce the time spent on your phone. For example, you will not waste a lot of time on scrolling pictures.

3. You will boost your mental well-being

Without mobile phones, we will see less negative news and comments. Instead, we can help people with questions and communicate with others.

Reflection on the Reading

In this high-tech society, mobile phones have become indispensable partners to people. Although mobile phones can help us receive information and contact our family and friends, they can also bring us many negative impacts. For example, when we rely too much on mobile phones, we believe we can't live without it and get obsessed with smart phones. In fact, I think we should try not to use mobile phones. We will have a more peaceful state of mind when we are not addicted to mobile phones. If we do this, we can think about our free time. I believe that our feelings for the outer world will be enhanced greatly. The use of mobile phones has brought advantages and disadvantages. Although we can get tasks done more conveniently, I suggest that we should leave our mobile phones alone. That will definitely change our lives. I hope I can have a peaceful state of mind without using my mobile phone in the future. By doing so, I believe that I can not only make my life easier but also do things more efficiently.

60 Days Without My Smartphone

班 級：國中部 二年智班

姓 名：傅芷萱

Summary of the Reading

A man was jumping rope. He accidentally dropped his phone and caused the screen to crack. Even so, the music kept playing, so he didn't mind. But thirty minutes later, only one-tenth of the screen was working, and the rest was pitch-black. He decided not to go to the phone store for 24 hours. He felt so peaceful on that day that he did not fix his phone for one week. Then, it went up from one week to 60 days. During that time, he noticed three benefits. First, "You'll become bored." Boredom is something we avoid at all costs. But boredom is the perfect way to make a major breakthrough on a business idea or project. Second, "You'll be able to reduce dramatically your working hours." Without smartphones, we will be less distractive. Consequently, our working hours will be used more efficiently. Third, "Your mental well-being will receive a boost." Without a cellphone, we will have a lack of negative news and comments. Although that will cause a dramatic boost in our mental well-being, the biggest reason it will be boosted is because we truly connect to people.

Reflection on the Reading

In the digital age, we often use smartphones. But with the development of smartphones, we become more vulnerable when we lose it. Although it is just a small smartphone, it can have a big impact on us. Maybe we can try to kill time in a fun way without using smartphones. During specific "leisure time" activities, our physical and mental health will be improved. This helps us to truly connect with people. In addition, we can make our work time more relaxing when we reduce our time spent on using mobile phones. It is because we usually rely too much on smartphones to solve big and small problems in life and use it to entertain ourselves. Electromagnetic waves and nearsightedness harm people greatly because there is no prohibition of using them. Maybe one day, our smartphone might be broken, like the man in the article, and we can also try not to use our smartphones for 60 days!

60 Days without My Smartphone

班 級：國中部 二年智班

姓 名：楊詠婷

Summary of the Reading

In the first paragraph, the author accidentally dropped his phone on the hardwood floor while jumping rope, and the screen cracked. The next morning, he decided to wait 24 hours before going to the phone store. That day, he felt a strange sense of calmness. As a result, he didn't go to the mobile phone store for a whole week. It was his record for not using a smartphone for 60 days.

The author noticed three benefits. First, "you'll become bored." While queuing up, everyone stared down at their mobile phone except him. Secondly, "you'll be able to dramatically reduce your 'work' hours." He found it easier to concentrate on his work when he kept away from his phone. Without his smartphone, he spent less time on distracting stuff. Also, he got more efficient and productive while doing his work. Third, "your mental well-being will be enhanced and boosted greatly." If you don't have a cell phone, you will not see negative news and comments. This has helped the author improve his mental health greatly. Nowadays, socializing through direct messaging and other communication apps have become more and more popular.

Reflection on the Reading

Smartphones are one of the essential things to you and me in this high-tech society. I suppose that smartphones are important and convenient. We can search for information to solve our problems and also find some good suggestions on the Internet by using smartphones. In addition to the benefits mentioned above, smartphones can also be used for recording everything we do every day. In addition, smartphones can even replace alarm clocks to remind us the things on our to-do list. Thus, it is a very convenient gadget.

My mobile phone helps me to kill time. For example, we can watch movies and videos in our spare time. Smartphones are very convenient to use. With mobile phones, we can contact relatives and friends instead of writing letters as the traditional way. But nowadays, they are overly used by young people, which causes great harm to their eyes.

Smartphones are quite wonderful, but we cannot use them all the time because it will hurt our eyes. Then we have to wear glasses. However, glasses are very troublesome things, and it is better not to wear them. This is what I learned from the article.

60 Days Without My Smartphone

班 級：高中部 一年忠班

姓 名：吳芸瑄

Summary of the Reading

In this age of information explosion, almost everyone has a cell phone. After the author quit using his cell phone for sixty days, he found three benefits.

1. You will feel bored, and then you will have a variety of thoughts in your head. This not only allows us to reduce the use of mobile phones, but also allows us to use our brains.

2. The study found out that many people would use their phones once every 10 minutes. After leaving our phones behind, we can focus more on our work or homework, and leave more time to do our own things.

3. When there is no negative news or comments, your mind's well-being will be greatly boosted.

Reflection on the Reading

After reading this article, I feel the impact mobile phones have on everyone who always stares at mobile phones. No one cares about the people around, which makes the world more and more indifferent. After you put down your phone, you have more time to care about either the people or the things around you. Besides, we have more time to get along with family or friends. Mobile phones are very convenient, but the messages can be colder than the words said by humans. On the other hand, it is often very difficult to focus on our work. When we have a mobile phone, we are distracted because we often check it. We can bring warmth to our world by reducing the time of using cell phones.

Coco Gauff:

Tennis's Next Superstar?

班 級：高中部 一年忠班

姓 名：陳敏瑄

Summary of the Reading

A young tennis player – Cori “Coco” Gauff – had a chance to meet and surprisingly, talk to her idol, Serena Williams.

Gauff was born on March 13, 2004. At the age of 4, she developed an interest in tennis after watching Serena Williams win the Australian Open on TV. Aged 7, Gauff showed a talent for tennis. After Gauff’s parents moved to Florida, where Gauff would get more opportunities, they devoted themselves to Gauff 's education and tennis training.

When young Gauff turned 10, she started training at a tennis center run by Serena's coach, Patrick Mouratoglou. He still remembers the first time he met Gauff. He said, “She impressed me with her determination and fighting spirit.” Convinced of her talent, Mouratoglou sponsored Gauff to attend an academy in France. While she was preparing to go to the academy in 2019, she received a call that changed her plans, and even her whole life!

Wimbledon organizers offered Gauff an entry to the tournament as a wild card. This made her one of the youngest players to ever be qualified. Before she knew it, she was on her way to London. After arriving in the UK, she received another surprise. For her Wimbledon debut, she would be playing against her lifelong hero, Venus Williams! The female tennis legend is 24 years older than Gauff .

The world watched with amazement as young Gauff beat Williams in two straight sets! Afterwards, Gauff shook Williams’s hand, thanked her and said, “I wouldn't be here if it wasn't for you.” She then walked to her chair, dropped to her knees and thanked God. Even in the midst of her big win, it was important for Gauff to show her appreciation. The young player once said, “I try to stay humble and just focus on training and getting better.”

優

良

作

品

集

Reflection on the Reading

As we idolize star players, do we notice the effort behind their success? Coco Gauff is a young tennis player who is praised for her talent, hard work and character. Meanwhile, Gauff's story reminds me of last December, when we celebrated Christmas by performing an English drama, *Oliver Twist*, at school. I accepted the task of leading the makeup team. Being a professional makeup artist is my dream job, so I spent a lot of time preparing, not only in school but also after school every day. Although we were very tired, we enjoyed it. As Thomas Edison said: Genius is one percent inspiration and ninety-nine percent perspiration. Just like Gauff, I think hard work is very important and very helpful for our future. Even if we do not succeed immediately, we can learn meaningful experiences or lessons from "unsuccessful" situations. Moreover, learning from failure will surely benefit us in the future. If we see a red light on the road, we must stop and rest for a while. When the green light is on, we continue to drive forwards until we reach the finish line. As long as we fight, we will achieve success someday. Whether it comes to working or studying, we must train ourselves, like Gauff did. Success is not an accident; it is actually a choice.

Ta Hwa High School
Ta Hwa High School
Ta Hwa High School

Ta Hwa High School

Ice-making Submarines?

班 級：高中部 一年忠班

姓 名：江彩濤

Summary of the Reading

An Indonesian design team designed a new type of submarine. The original intention of this submarine was to create ice in the Polar Regions. With the worsening global warming, whether in winter or in summer, the temperature in the Polar Regions has been constantly rising, since the ice is melting. That is why the team designed this submarine. However, this simple-looking design has been repeatedly criticized because it is not complete enough. One of the criticisms pointed out that there was no answer to the question of how much energy was in need to desalinate and freeze the water. Another was that the amount of heat generated by the freezing process would result in warming. Although the chemical concept of this design is not praised, the team's spirit and eagerness to work for the Earth is worth learning for people worldwide.

Reflection on the Reading

In terms of this article, I know that the temperature in the Polar Regions is getting higher and higher year after year. This is because of the serious global warming that affects all of us living on the Earth, not to mention the Polar Regions, where ice is melting. The climate changes in Summer and Spring is not obvious in Taiwan. This is also a message sent to people by nature. People always talk about energy saving and carbon reduction, but how many people can actually take action? It is impossible to turn the current Earth back to its original outlook. Yet, as luck would have it, what we can do now is, with our abilities, to reduce the damage to the environment.

Alternatives to Plastic Straws

班 級：高中部 一年忠班

姓 名：馮子維

Summary of the Reading

Plastic straws may pose a danger to the environment. They may be small, but millions of plastic straws that are used and discarded daily add up to a huge problem. Bamboo are fast-growing and plentiful. Multiple companies start learning how to produce bamboo straws without the use of chemicals. Bamboo straws can be used again and again. When they wear out, they break down easily. Glass straws can also be reused. They are available in a variety of lengths, colors and widths. Thus, consumers have many options to choose from. Straws made of metal are easy to clean. Many water bottles are equipped with built-in straws. If you keep using it repeatedly, the ocean would be less polluted. Water bottles can also replace disposable cups, and they can be economical if you choose to fill the bottles with water rather than buying drinks. Plastic straws are far from the only way to enjoy your favorite drink. Giving plastic straws up is an easy way to help take care of our planet

Reflection on the Reading

After reading this article, I think plastics are not very environmentally friendly. Although it is very convenient, it will cause more pollution to the environment. Nevertheless, we still use plastic straws, I think such behavior is incorrect, so we need to find something that can be reused instead of continuing to use plastics. For example, iron and glass can be reused. If these two things can replace plastic, it can reduce the amount of garbage on the planet. The largest waste among all plastics is straws. This is because most straws are only used once and are then thrown away. In the end, I hope everyone in this world can not only use fewer plastic products, but also reuse things to make our planet cleaner and healthier.

The Secret Garden

班 級：高中部 一年勤班

姓 名：吳侑霖

Summary of the Reading

Mary was born in a wealthy family, but she was not happy. She even didn't know how to dress herself and demanded people to serve her. She heard about a secret garden at home, which had been her dead aunt's favorite. However, this garden took her aunt's life, so her uncle buried the key to the garden under the ground, and no one could find it. May's uncle often traveled because he could not accept the fact that his wife is dead.

Later, Mary found the key to the secret garden, and life became fun since then. At the same time, she found out that her uncle had a son named Colin. Colin's life was very similar to that of Mary's in the past: their parents didn't care for them since their childhood and they often fell ill in bed. Colin felt very lonely in such an environment, so he had a distorted personality and a weird temper, just like Mary. Mary and her friends led Colin out of this haze, using the warmth of the sunshine and care to change Colin. And Colin's body became stronger because of the warmth and he did not lie in bed for a long time.

Reflection on the Reading

I think this is true about children. Mary, like many people, made herself arrogant and weird because of the lack of her parents' love and care. Later, she began to make some friends, which gradually opened her heart. Not only did she get rid of her bad temper, but her personality also became cheerful. Mary discovered that the secret garden was fun. At the same time, she found that her uncle had a son named Colin. Colin's life was similar to that of Mary's. Mary decided to help him get back to a normal life. Mary and Colin became weird because of their plight, but got better because they helped each other. This tells us that people are not alone, and that everyone is taking care of each other.

Iguazu National Park

班 級：高中部 一年勤班

姓 名：曾金詡

Summary of the Reading

This book describes the beautiful scenery of Iguazu National Park. It says that if you are alone in the jungle, you will not only hear wonderful bird singing but also see many reptiles. If you continue to go forward, you will hear the sound of water Louder. Among them is the Iguazu Falls at the junction of Brazil and Argentina. The majestic waterfall surprises visitors. If you are not afraid of wetness, you can take a speedboat and sail into the rapids of the waterfall. Then, tourists can also walk along the wooden path.

Reflection on the Reading

After reading this article, I really admire the author who described the national park of Iguazu to the fullest, such as the birdsongs and colorful butterflies. With the details about the place, I was very surprised that the original Iguazu Falls is 2.7 kilometers wide. I really want to visit Iguazu Falls because the scenery there is very beautiful. I can also take photos of my favorite speedboat there. I really can't imagine how the scenery will look. You can even walk along the wooden path. During the walk, you can easily enjoy the panoramic view. After reading this article, I realized that I was a frog at the bottom of the well. I don't know that there are many beautiful places in the world. I am really ignorant. Although Iguazu Falls is a little distant from where we live, I hope that I can visit this beautiful place in the future.

Muhammad Yunus: Banker to the Poor

班 級：高中部 一年勤班

姓 名：古沛民

Summary of the Reading

In the 1970s, Yunus began providing small, low-interest loans to rural craftspeople. Instead of demanding collateral, he trusted that these people would pay him back. The artists used the loans to buy supplies, made a small profit by selling their products and paid back the loans. Microlending was born! Yunus went on to found a number of organizations to help the poor, especially through microlending. The Grameen Bank (“Village Bank”), which Yunus founded, became a model for microlending all around the world. So effective and influential were his efforts that Yunus received the Nobel Peace Prize in 2006. He has also received dozens of other humanitarian awards, along with at least 60 honorary university degrees.

Reflection on the Reading

I think Muhammad Yunus is a great person. Poor people have hard lives and many banks think that loaning money to poor people is too risky. To get money in need, the poor then fall victim to loan sharks, who lend at very high rates of interests which may consume future income. These loaning issues often worsen the cycle of poverty and debt. Muhammad Yunus, saddened by the plight of the poor in his country, Bangladesh, decided to break this cycle. If this happens to me, I can never do this. It is too difficult for me. Although I wouldn't be like Muhammad Yunus, who has a “Bank to the Poor,” I could do something to help them. For instance, donating a little money or unwanted clothes to the children in remote areas. These actions can help them. When Muhammad Yunus saw the plight of poor people in his home country, Bangladesh, he decided to help them. I admire him very much, since his way of microlending has changed the world.

60 Days Without My Smartphone

班 級：高中部 一年勤班

姓 名：徐得順

Summary of the Reading

In this article, a man was jumping rope and his smartphone fell to the ground, but the song was still playing. Half an hour later, he found the phone's screen seriously damaged, and then he decided to go to the phone repair shop. That day, he felt peaceful, so he didn't go to the shop, until a month later. He suggested everyone to stop using their smartphones. He even thought that boredom was a good way not only to make his plan much better but also to have people relax. When you don't have your smartphone with you, you can make good use of your time at work.

Reflection on the Reading

This article shows a common problem in the modern world. Everybody owns a smartphone, which has an impact on our life. Because smartphones can do many things, we can't live without smartphones. Many people do not turn off their smartphones every day. Nevertheless, something changes the writer's opinions. He does not use his phone for a month. During this time, the writer felt relaxed. If he puts down his smartphone, he will feel relaxed every day and his body will be even healthier. In this way, I think we can put down our smartphones and do something meaningful, like playing with our friends or reading books. This would be a good thing for us.





發行人

張佩瑜

總編輯

郭玫君

副總編輯

杜慧玲 徐瑞鎂

編輯委員

邱秀春 鍾幸純 陳貞如 范雙鳳 彭淑惠
張慧心 陳慈忻 廖紫伶 陳玫君 晏其方
羅曉筠 李以英 許晃銓 張心怡
李修齊同學

封面設計與編排 手繪插畫

王淑華

資料整理

張玉美

地址 / 電話

桃園市楊梅區三民路二段200號 / 03-4820506

印刷

精瑩企業有限公司

出版日期

中華民國109年6月



悅讀
Reading

圖書館暨語文領域教學研究會 編印